

American College of Cardiology  
20<sup>th</sup> Congress 2017

**Observation Medicine ECG  
Instructor Workshop, Session 3**

**Serial 12 Lead ECG Interpretation  
Part 2**

**By: Wayne W Ruppert, CVT, CCCC, NREMT-P**

# About this Curriculum:

*This curriculum is designed to provide nurses with evidence-based education and recommended practices for identifying changes in serial ECGs, and identifying ECG changes consistent with Acute Coronary Syndrome.*

# **Observation Medicine ECG Course**

## **BASIS:**

- **Current ACC/AHA Guidelines and Recommendations**
- **Multiple additional recent Evidence-Based Publications**
- **ECGs from case files of the author, Wayne Ruppert**
- **Graphic art / images from published textbooks authored by Wayne Ruppert**

# Observation Medicine ECG Workshop

## Version 1 - Today

- Acute Coronary Syndrome



# Observation Medicine ECG Workshop

## Version 2 - Future

- Acute Coronary Syndrome
- Atrial Fibrillation
- Heart Failure
- QT syndrome abnormalities



# Bayfront Health Dade City



- **Wayne Ruppert, Cardiovascular Coordinator**  
**Bayfront Health Dade City, Dade City, Florida**  
**Community Health Systems**

# Wayne Ruppert bio:

- Cardiovascular Coordinator 2012-present (coordinated 4 successful accreditations)
- Interventional Cardiovascular / Electrophysiology Technologist, 1995-Present.
- Author of: “[12 Lead ECG Interpretation in Acute Coronary Syndrome with Case Studies from the Cardiac Cath Lab](#),” 2010, TriGen publishing / Ingram Books
- Author of: “[STEMI Assistant](#),” 2014, TriGen publishing / Ingram Books
- Florida Nursing CE Provider # 50-12998
- 12 Lead ECG Instructor, 1994-present (multiple hospitals, USF College of Medicine 1994)
- Website: [www.ECGtraining.org](http://www.ECGtraining.org)

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12 LEAD ECG IN ACS

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ECG ID OF SADS

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BIO OF WAYNE RUPPERT

TESTIMONIALS

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[Download A-Fib / Flutter Flowchart Emerg Care BHDC](#)

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[Download 12 Lead ECG in ACS Handout](#)

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[Wayneruppert@aol.com](mailto:Wayneruppert@aol.com)

# Suggested **Prerequisite Knowledge:**

## **Basic ECG Rhythm Interpretation Skills.**

***This course does not teach how to interpret basic ECG rhythms.*** Although it is not necessary to know Basic ECG Rhythms to understand the material in this course, it is strongly suggested that this course be used as “the next level” of education for health care providers who are already proficient in basic single-lead ECG rhythm strip interpretation.

# Objectives (Part 2):

- Evaluation of the ECG for ACS
  - Wide QRS Complexes (R & LBBB patterns)
  - Normal Duration QRS Complexes
- Serial ECG Timing Strategies
- Indicators of Evolving Ischemia / STEMI
  - With Case Studies
- Review practice ECGs
- Discuss future “Observation Medicine ECG Proficiency Exam”

**Evaluating the ECG for ACS:**

**A TWO-STEP process:**



# Evaluating the ECG for ACS:

**A TWO-STEP process:**

**STEP 1: Evaluate QRS Width**

# Evaluating the ECG for ACS:

## A TWO-STEP process:

**STEP 1: Evaluate QRS Width**

**STEP 2: Evaluate J Points, ST-Segment and T waves  
in EVERY Lead**



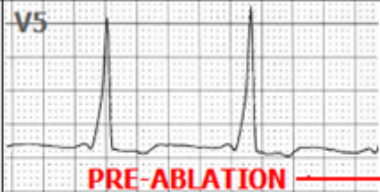

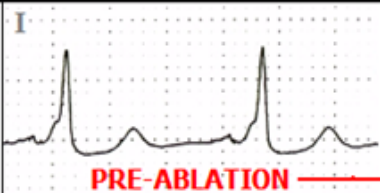
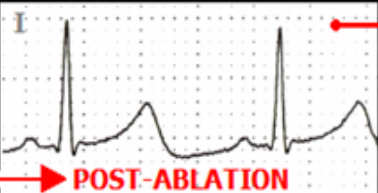
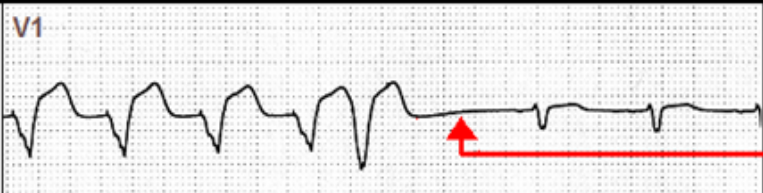
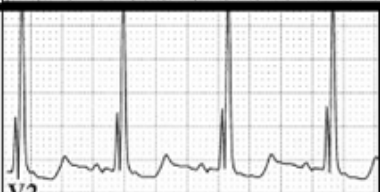
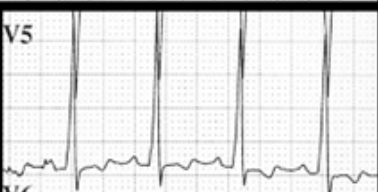
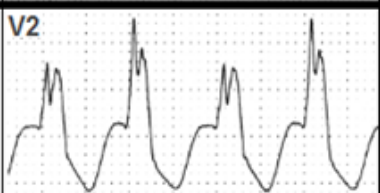
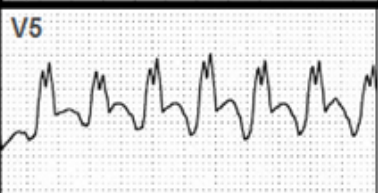
## STEP 1 – evaluate QRS width:

- QRS is **ABNORMALLY WIDE (>120 ms)**,
  - indicates **DEPOLARIZATION ABNORMALITY** (e.g. “bundle branch block, Wolff-Parkinson-White Syndrome, etc).

## STEP 1 – evaluate QRS width:

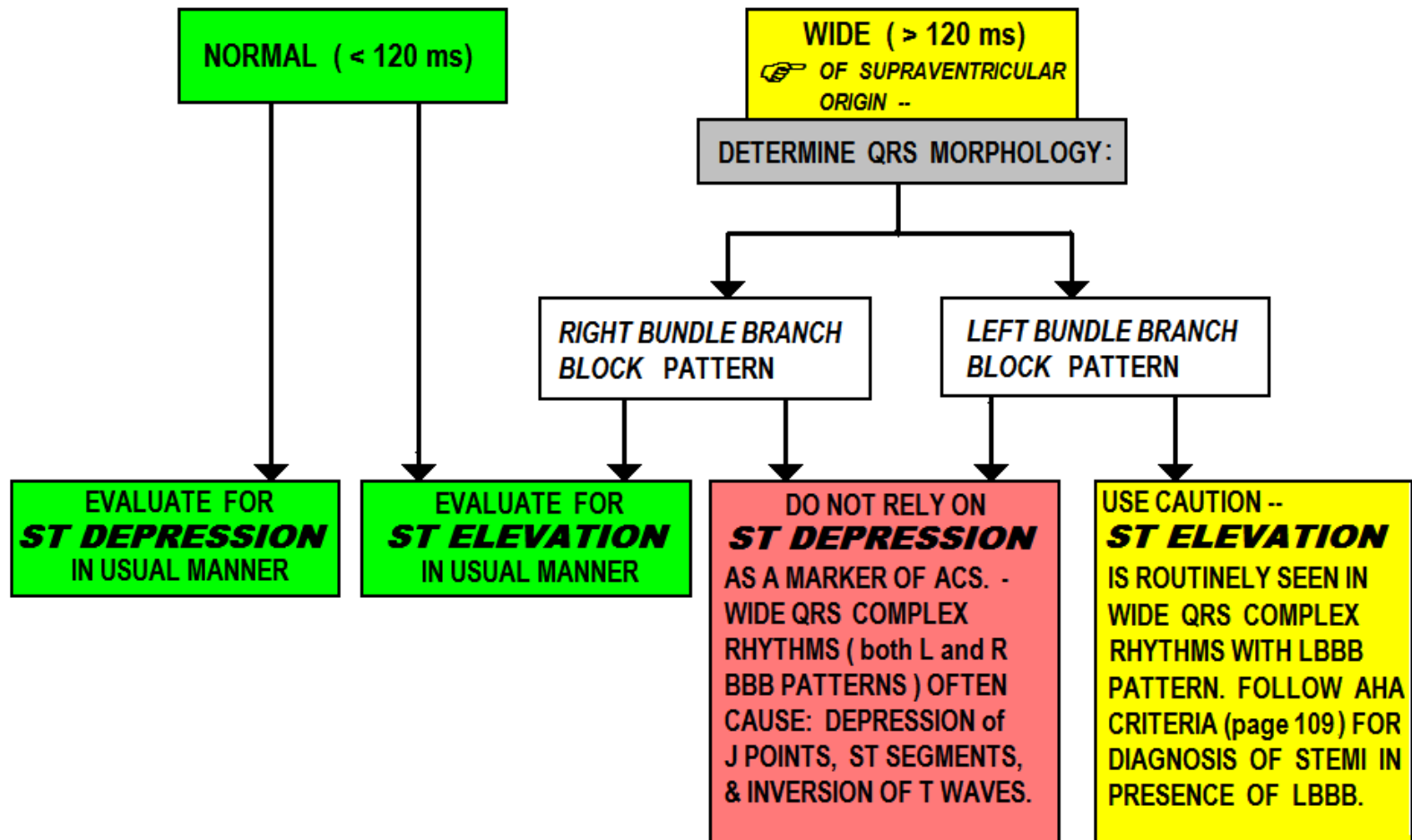
- QRS is **ABNORMALLY WIDE** ( $>120$  ms),
  - indicates **DEPOLARIZATION ABNORMALITY** (e.g. “bundle branch block, Wolff-Parkinson-White Syndrome, etc).
  - **DEPOLARIZATION ABNORMALITIES** in turn cause **REPOLARIZATION ABNORMALITIES**, which alters the: *J Points, ST-Segments and/or T Waves.*

## CONDITIONS THAT INCREASE QRS DURATION RESULT IN SECONDARY REPOLARIZATION ABNORMALITIES:

RIGHT BUNDLE BRANCH BLOCK			LEFT BUNDLE BRANCH BLOCK
W-P-W BYPASS TRACT, LEFT LATERAL WALL 49 y/o MALE			SAME PATIENT AS ON LEFT - IMMEDIATELY AFTER RF ABLATION OF BYPASS TRACT
W-P-W BYPASS TRACT, RIGHT ANTERIOR/ LATERAL WALL 14 y/o MALE			SAME PATIENT AS ON LEFT - IMMEDIATELY AFTER RF ABLATION OF BYPASS TRACT
PACEMAKER - RIGHT VENTRICULAR APEX			PACEMAKER TURNED OFF HERE
RIGHT VENTRICULAR HYPERTROPHY ( Strain Pattern )			LEFT VENTRICULAR HYPERTROPHY ( Strain Pattern )
VENTRICULAR TACHYCARDIA FOCUS: LEFT FASCICULAR, 17 y/o FEMALE			VENTRICULAR TACHYCARDIA- FOCUS: RIGHT VENTRICULAR APEX

# Evaluating the ECG for ACS:

## STEP 1 - EVALUATE WIDTH OF QRS:



**Wide QRS present:  
QRSd > 120ms**

- **Determine RIGHT vs. LEFT Bundle Branch Block Pattern**

# Simple “Turn Signal Method” . . .

## THE “TURN SIGNAL METHOD” for identifying BUNDLE BRANCH BLOCK

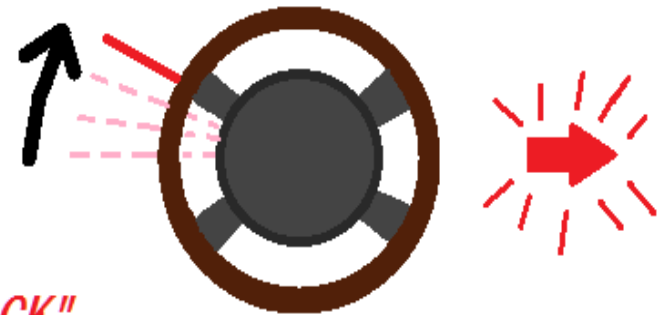
V1

USE LEAD V1 for this technique

To make a **RIGHT TURN**  
you push the turn signal lever **UP** . . . .

THINK:

*“QRS points UP = RIGHT BUNDLE BRANCH BLOCK”*

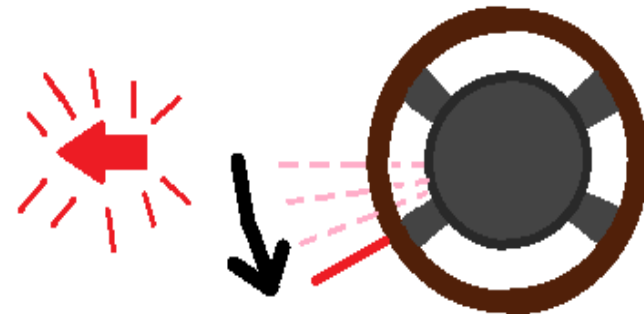


V1

To make a **LEFT TURN**  
you push the turn signal lever **DOWN** . . . .

THINK:

*“QRS points DOWN = LEFT BUNDLE BRANCH BLOCK”*

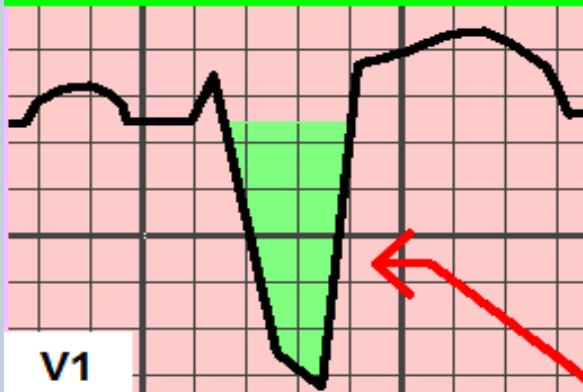




# “Terminal Phase of QRS Method”...

## DIAGNOSING BUNDLE BRANCH BLOCK

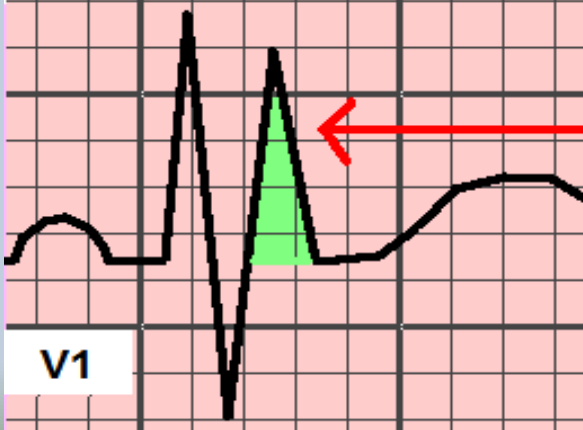
### L.B.B.B.



### USING LEAD V1

- QRS WIDER THAN 120 ms
- BEAT IS SUPRAVENTRICULAR IN ORIGIN
- TERMINAL PHASE OF QRS COMPLEX (LAST DEFLECTION)

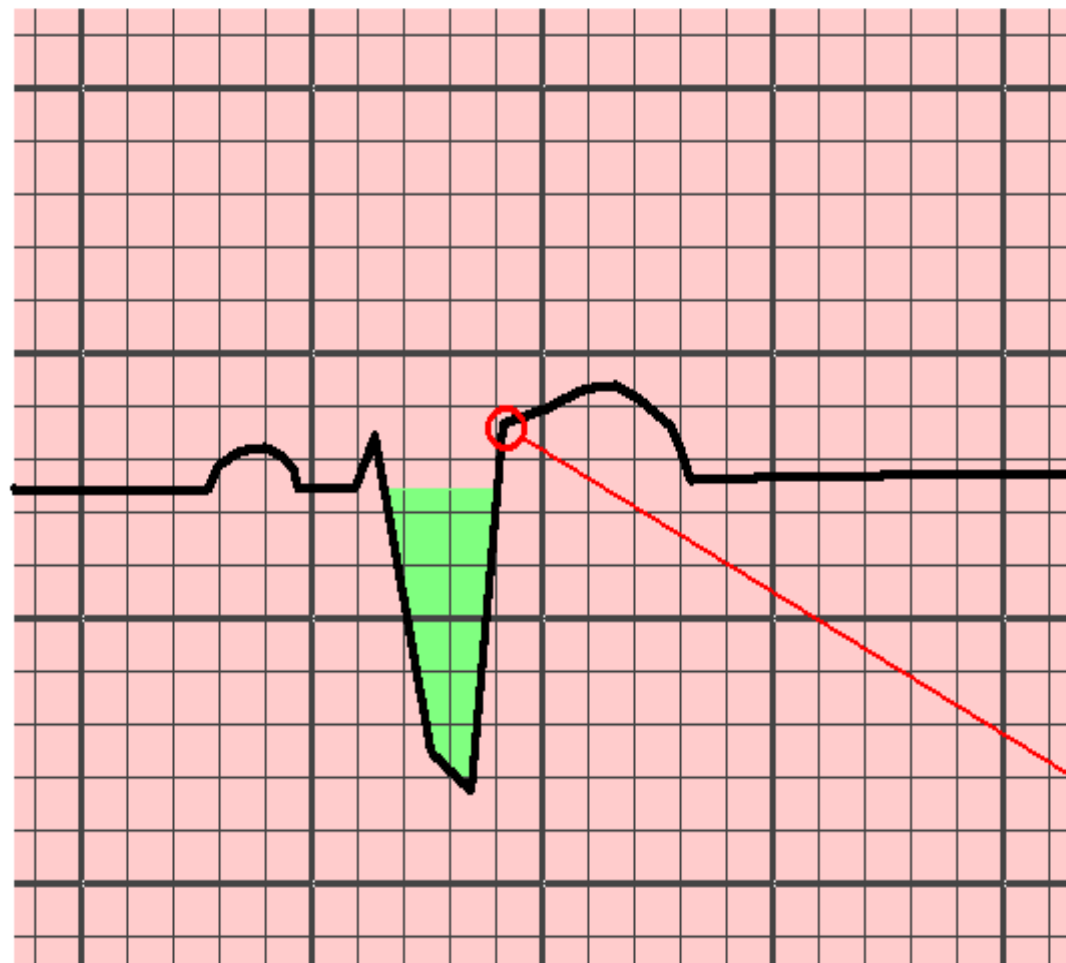
### R.B.B.B.



NEGATIVE = LEFT BUNDLE  
BRANCH BLOCK

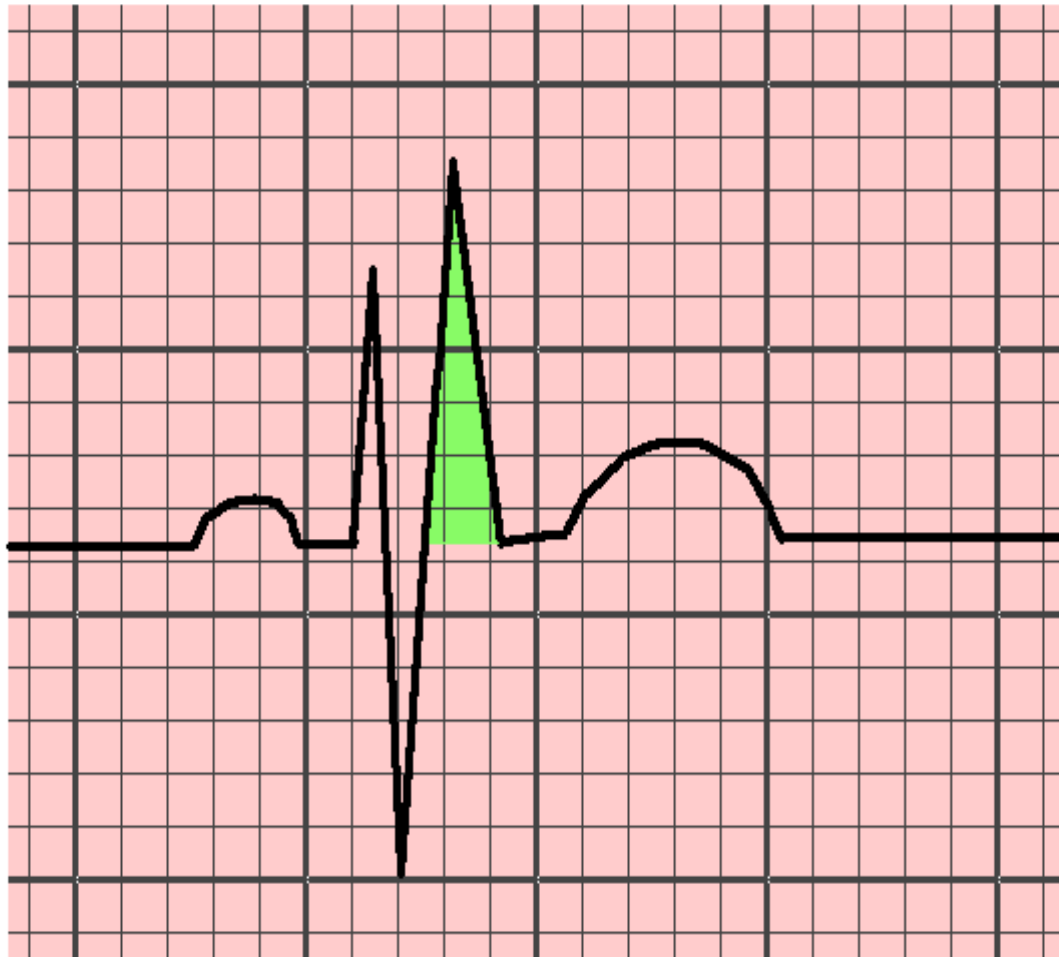
POSITIVE = RIGHT BUNDLE  
BRANCH BLOCK

## DIAGNOSING LBBB IN LEAD V1:



- QRS GREATER THAN 120 ms (.12)
- EVIDENCE THAT THIS IS NOT VENTRICULAR BEAT
- TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS NEGATIVE DEFLECTION
- S-T SEGMENTS ARE NORMALLY ALWAYS ELEVATED !

## DIAGNOSING RBBB IN LEAD V1:



- **WIDER THAN 120 ms (.12)**  
**(or 3 little boxes)**
- **TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS POSITIVE DEFLECTION**

# DIAGNOSING BUNDLE BRANCH BLOCK

USING LEADS V1, V2, and V5, V6:

LOCATING RsR' or RR' COMPLEXES:

V1



V2



**RIGHT BUNDLE  
BRANCH BLOCK**

V5



V6



**LEFT BUNDLE  
BRANCH BLOCK**

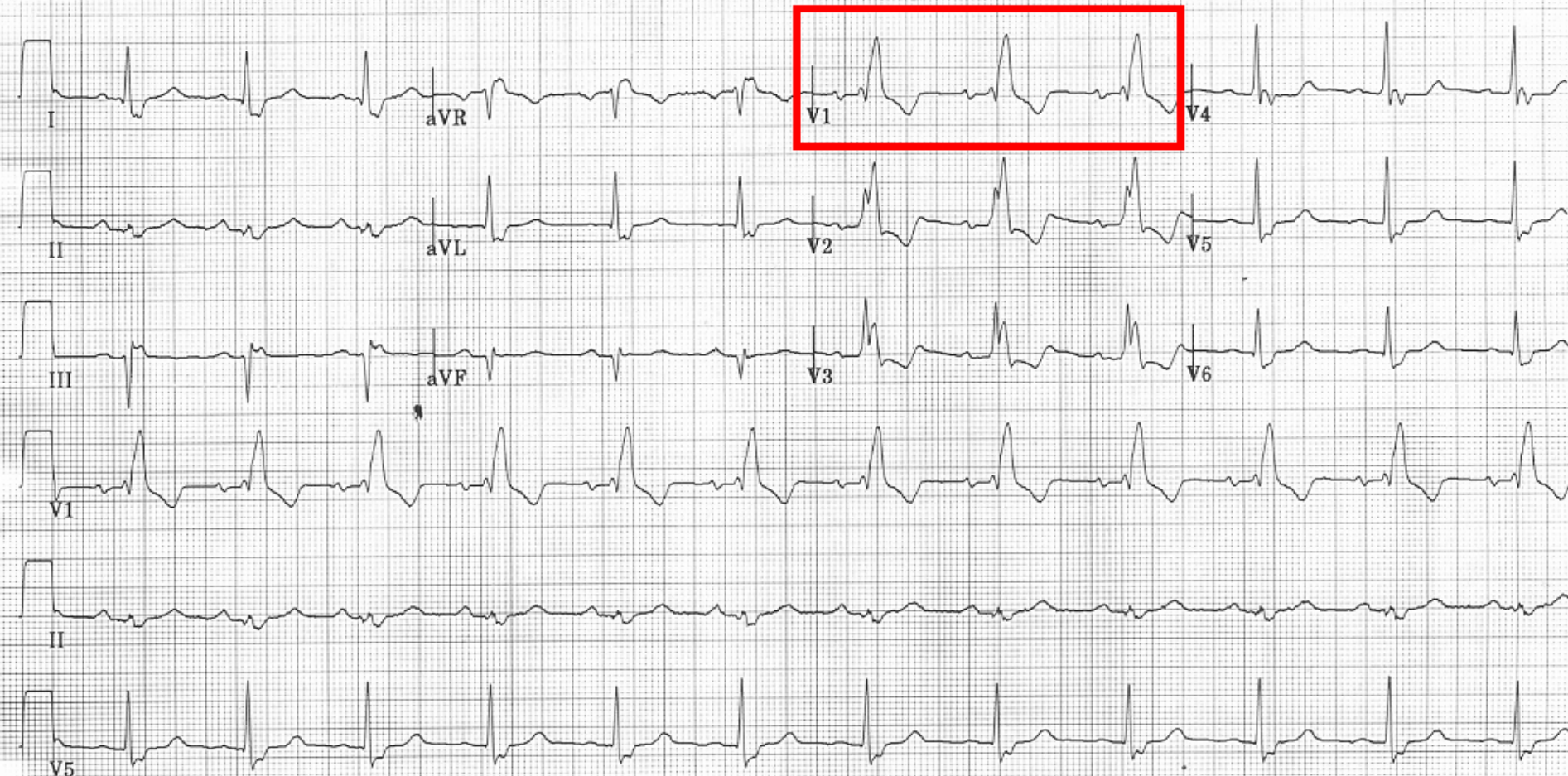
74years		Vent. rate	72 bpm	Normal sinus rhythm
Male	Caucasian	PR interval	186 ms	Left axis deviation
		QRS duration	166 ms	Right bundle branch block
Room:		QT/QTc	436/477 ms	Inferior infarct, age undetermined
Loc: 0	Opt:	P-R-T axes	57 -32 32	Abnormal ECG

Technician: WR

Referred by:

Unconfirmed

D.O.S.:





**TERMINAL PHASE OF QRS IS**  
**POSITIVE**



**= RIGHT BUNDLE  
BRANCH BLOCK**

09:16:40

74 yr  
Female Caucasian

Vent. rate	64	BPM
PR interval	188	ms
QRS duration	152	ms
QT/QTc	472/486	ms
P-R-T axes	78 3	106

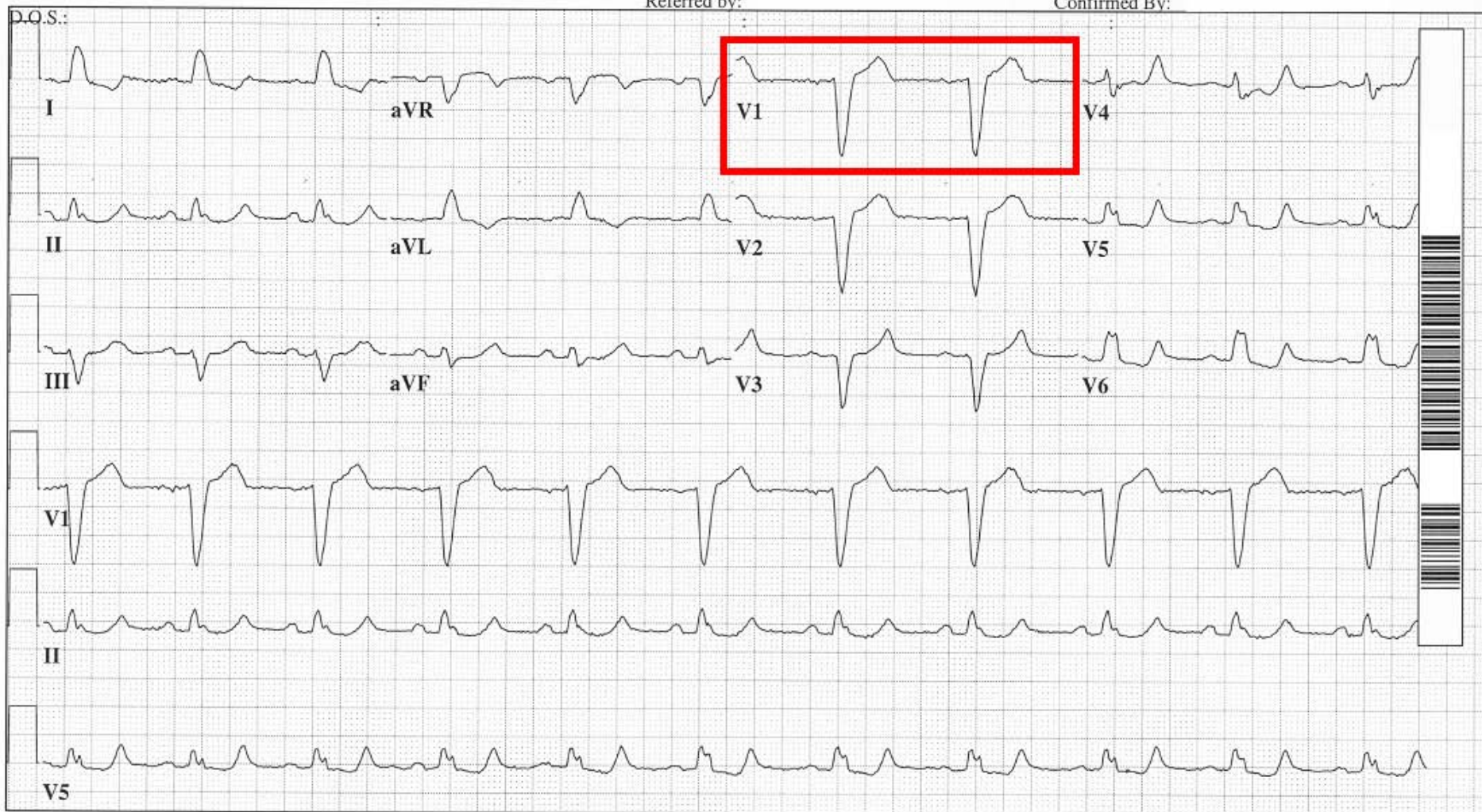
Normal sinus rhythm  
Left bundle branch block  
Abnormal ECG  
When compared with ECG of 28-MAY-2003 06:36,

EKG #WR03029959

Technician: WW

Referred by:

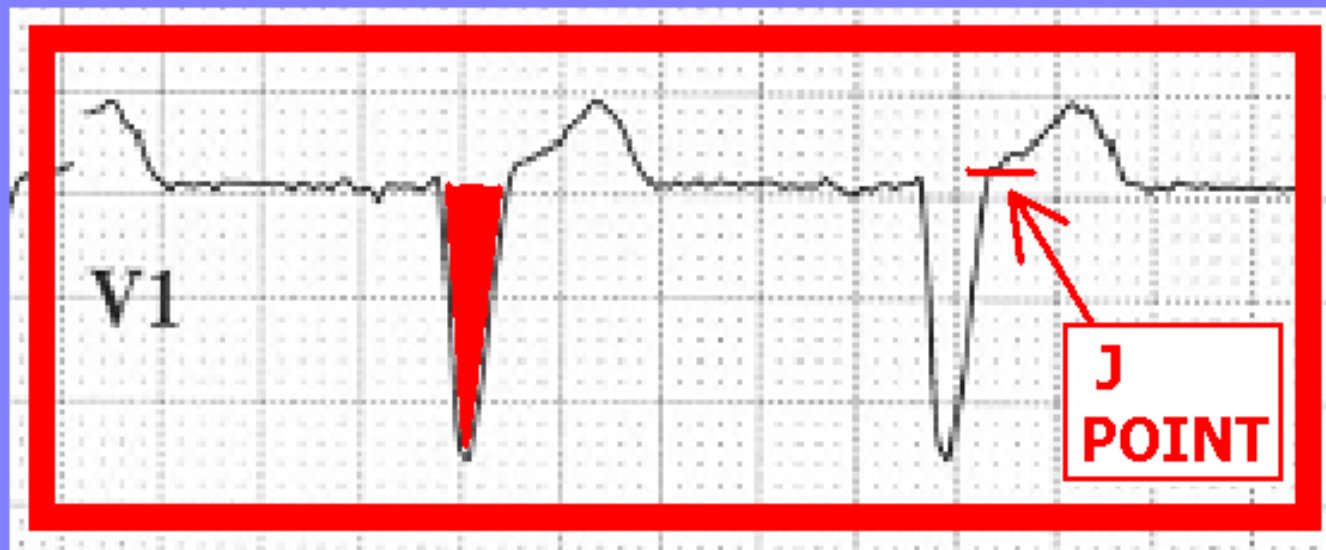
Confirmed By:



25mm/s 10mm/mV 40Hz 005C 12SL 229 CID: 0

EID:5 EDT:

**TERMINAL PHASE OF QRS IS  
NEGATIVE**



**= LEFT BUNDLE  
BRANCH BLOCK**



## **Wide QRS present: (QRSd > 120ms)**

- **When RIGHT Bundle Branch Block pattern is present:**
  - **Precordial Leads typically demonstrate ST Depression and T wave Inversion**

74 years		Vent. rate	72 bpm	Normal sinus rhythm
Male	Caucasian	PR interval	186 ms	Left axis deviation
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Loc: 0	Opt:	P-R-T axes	57 -32 32	Abnormal ECG

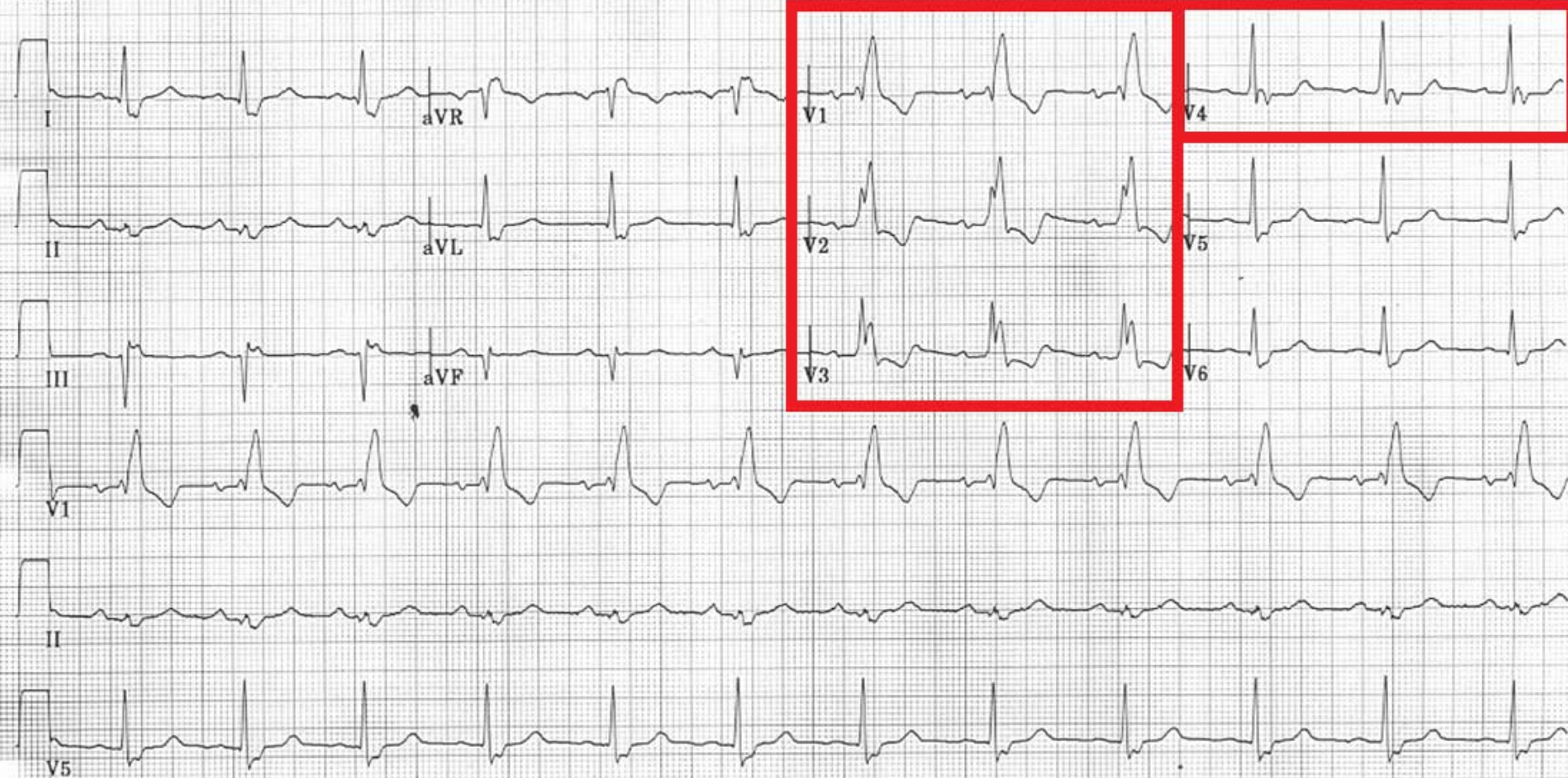
Technician: WR

***RBBB causes ST Depression,  
T Wave Inversion, ANTERIOR  
Leads ( V1 - V4 ).***

D.O.S.:

Referred by:

Unconfirmed



## Wide QRS present: (QRSd > 120ms)

- **When RIGHT Bundle Branch Block pattern is present:**
  - Precordial Leads typically demonstrate ST Depression and T wave Inversion
  - **DOES NOT MASK STEMI; *when ST Elevation is noted, CONSIDER STEMI !!***



RBBB with CHEST PAIN - CASE 1: ST ELEVATION IN LEADS V1 - V4

48 yr  
Male Caucasian  
Room:ATL  
Loc:3 Option:23

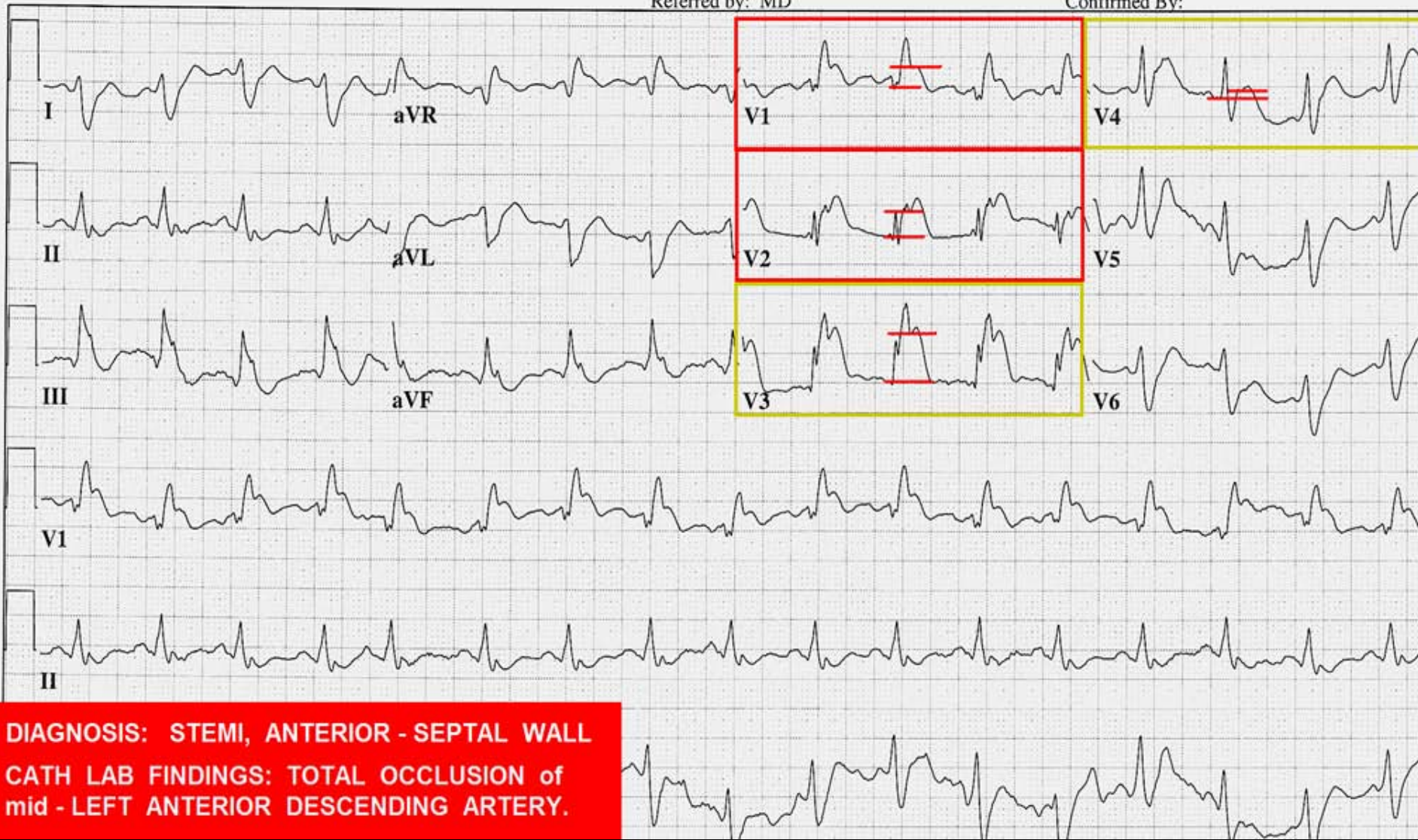
Vent. rate 102 BPM  
PR interval 130 ms  
QRS duration 168 ms  
QT/QTc 400/521 ms  
P-R-T axes 60 114 -19

Sinus tachycardia with Premature supraventricular complexes and Fusion complexes  
**Right bundle branch block**  
ST elevation consider anterior injury or acute infarct  
\*\*\*\*\* ACUTE MI \*\*\*\*\*  
Abnormal ECG ...

Technician: W Ruppert

Referred by: MD

Confirmed By:



**DIAGNOSIS: STEMI, ANTERIOR - SEPTAL WALL**  
**CATH LAB FINDINGS: TOTAL OCCLUSION of mid - LEFT ANTERIOR DESCENDING ARTERY.**

**RBBB with CHEST PAIN - CASE 2: ST ELEVATION LEADS II, III, aVF - WITH RECIPROCAL ST DEPRESSION in LEADS V1 - V6**

25 yr  
Male Caucasian  
Vent. rate 67 BPM  
PR interval 258 ms  
QRS duration 136 ms  
QT/QTc 398/420 ms  
P-R-T axes 44 94 82  
Loc:3 Option:23

Sinus rhythm with 1st degree A-V block

**Right bundle branch block**

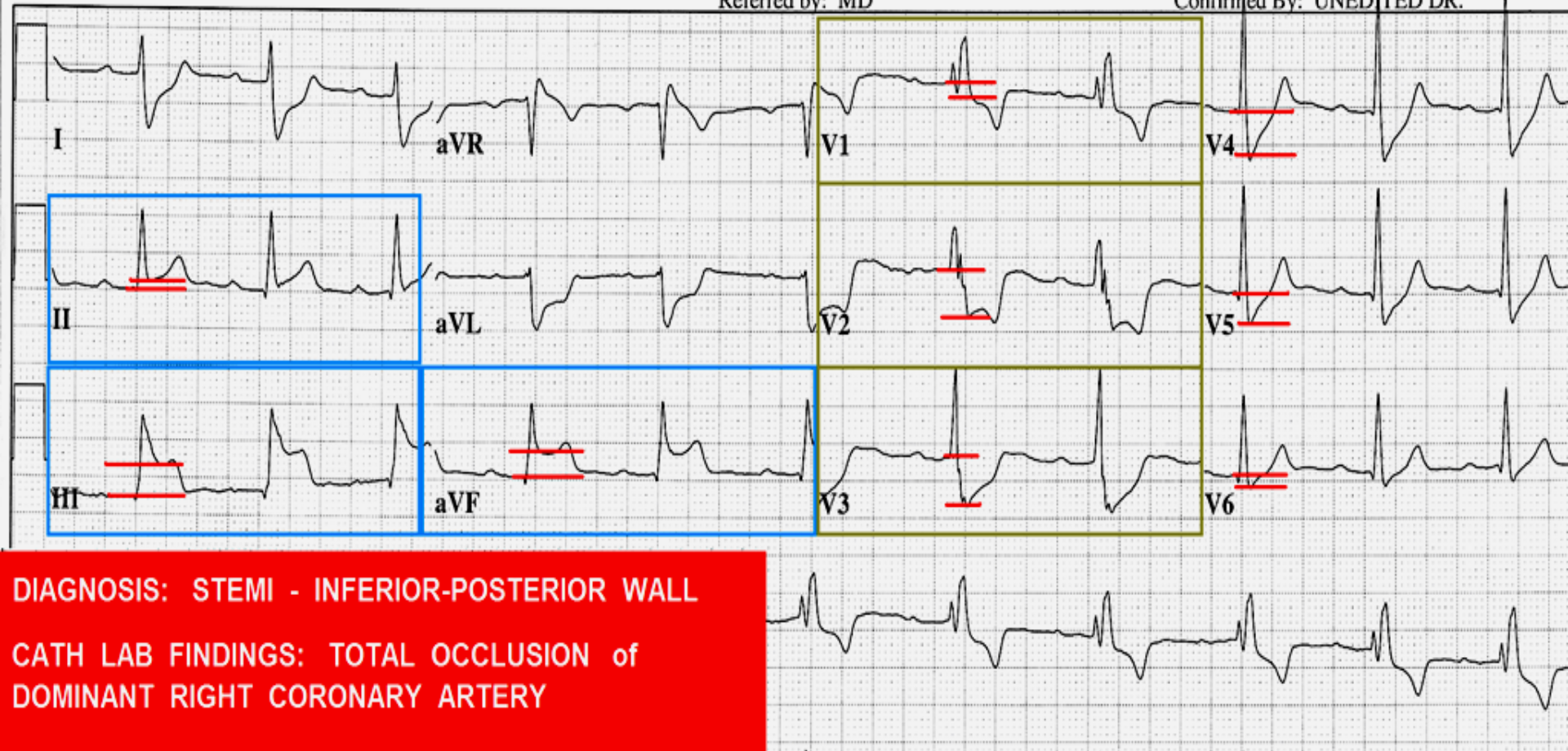
ST elevation consider inferior injury or acute infarct

\*\*\*\*\* ACUTE MI \*\*\*\*\*

Abnormal ECG

Referred by: MD

Confirmed By: UNED/ TED DR.



**DIAGNOSIS: STEMI - INFERIOR-POSTERIOR WALL**

**CATH LAB FINDINGS: TOTAL OCCLUSION of  
DOMINANT RIGHT CORONARY ARTERY**



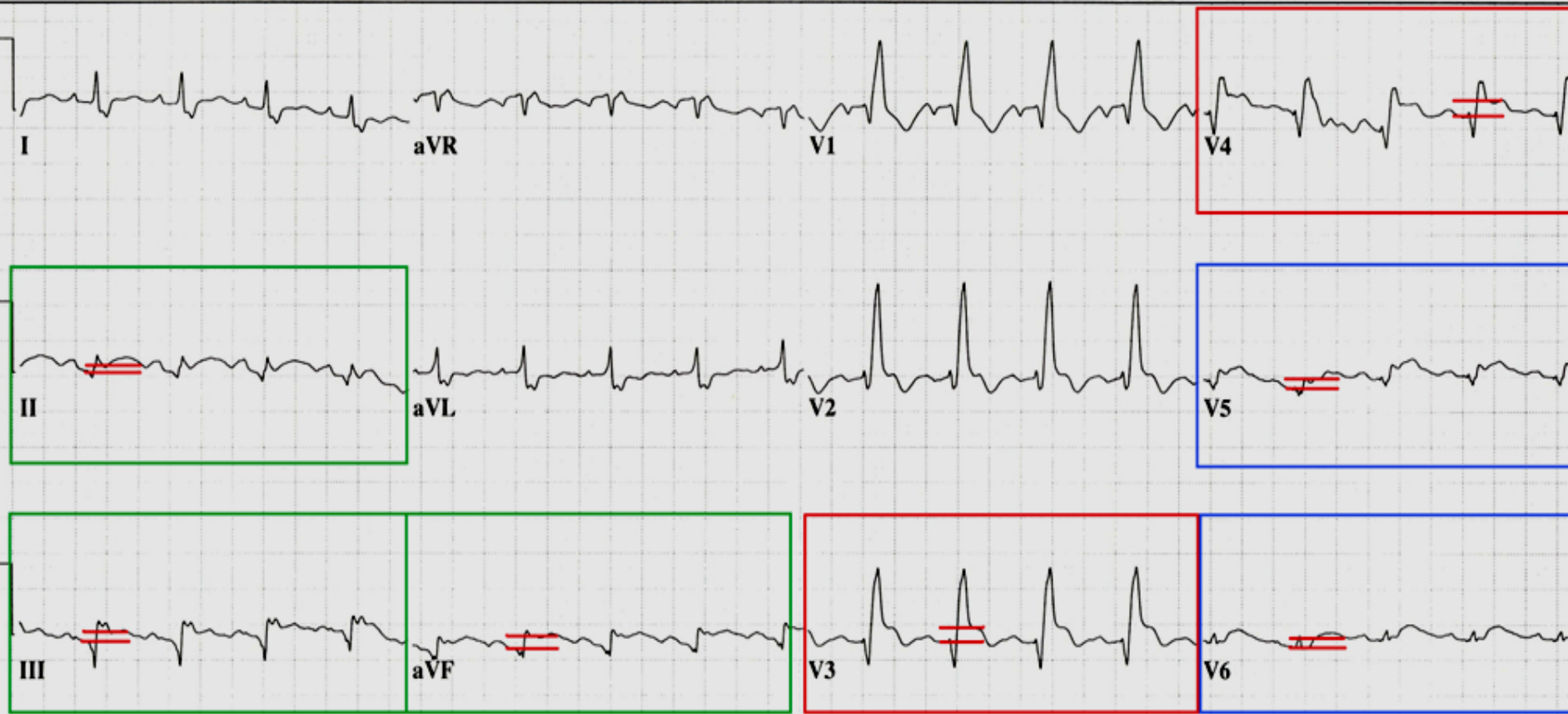
**RBBB with CHEST PAIN - CASE 3: ST ELEVATION V3 - V6, II, III, aVF**

75 yr  
Male      Caucasian  
  
Room:CS-19  
Loc:6      Option:41

Vent. rate      110    BPM  
PR interval      170    ms  
QRS duration      148    ms  
QT/QTc      366/495    ms  
P-R-T axes      57 19    69

Sinus tachycardia  
Right bundle branch block  
Lateral infarct , possibly acute  
Inferior infarct , possibly acute  
Anterior injury pattern  
Abnormal ECG

ACUTE LATERAL - INFERIOR - ANTERIOR AMI  
CATH LAB FINDINGS: OCCLUDED VEIN GRAFT  
TO THE CIRCUMFLEX DISTRIBUTION  
(DOMINANT CIRCUMFLEX)



# **Wide QRS present:**

(QRSd > 120ms)

- **When LBBB QRS pattern is present:**

# **Wide QRS present:**

**(QRSd > 120ms)**

- **When LBBB QRS pattern is present:**
  - **ST-Segment Elevation is typically noted in Preordial Leads**



# Wide QRS present:

(QRSd > 120ms)

- **When LBBB QRS pattern is present:**
  - ST-Segment Elevation is typically noted in Preordial Leads
  - *Can cause up to 5mm of J Point Elevation in normally calibrated ECG (1mm=10mv)*

# Wide QRS present:

(QRSd > 120ms)

- **When LBBB QRS pattern is present:**
  - ST-Segment Elevation is typically noted in Precordial Leads
  - *Can cause up to 5mm of J Point Elevation in normally calibrated ECG (1mm=10mv)*
  - *Does NOT typically cause ST elevation in INFERIOR Leads (II, III and AVF).*

# Diagnosis of STEMI with LBBB pattern:

## 2013 ACC/AHA Guideline for Management of STEMI

- *ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes*

# Diagnosis of STEMI with LBBB pattern:

## 2013 ACC/AHA Guideline for Management of STEMI

- *ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes*
- *ST Elevation of 0.5mv (5mm) or more in leads with Negative Deflection QRS complexes*

# Diagnosis of STEMI with LBBB pattern:

## 2013 ACC/AHA Guideline for Management of STEMI

- *ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes*
- *ST Elevation of 0.5mv (5mm) or more in leads with Negative Deflection QRS complexes*
- *ST Segment Changes as compared with those of older ECGs with LBBB*

# Diagnosis of STEMI with LBBB pattern:

## 2013 ACC/AHA Guideline for Management of STEMI

- *ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes*
- *ST Elevation of 0.5mv (5mm) or more in leads with Negative Deflection QRS complexes*
- *ST Segment Changes as compared with those of older ECGs with LBBB*
- ***Convex ST Segment***

## A.H.A. ACLS GUIDELINES

1. If patient has a **CONFIRMED HISTORY** of **LBBB**,  
rely on:

- **CARDIAC MARKERS**
- **SYMPTOMS**
- **RISK FACTOR PROFILE**
- **HIGH INDEX OF SUSPICION**

**for diagnosis of STEMI**

2. If patient has:

a) previously **NORMAL ECGs** (no **LBBB**)

-- or --

b) no old ECGs available for comparison

consider diagnosis as **STEMI** until proven  
otherwise.



78 yr  
Female Black  
Room: ICU5  
Loc: 6 Option: 19

Vent. rate 94 BPM  
PR interval 202 ms  
QRS duration 160 ms  
QT/QTc 388/485 ms  
P-R-T axes 91 -23 87

Normal sinus rhythm with occasional Premature ventricular complexes  
Left bundle branch block  
Abnormal ECG

- Normal arteries
- Normal LV Function
- No hypertrophy

Technician: EKG CLASS #WR03602718

Referred by:







## **HELPFUL INDICATORS FOR ECG DIAGNOSIS OF STEMI in the presence of LBBB:**

- ST ELEVATION > 5 mm
- COMPARE J POINT, ST SEGMENTS and T WAVES of previous ECG with LBBB to NEW ECG.
- CONVEX ST SEGMENT = poss. MI  
CONCAVE ST SEGMENT = normal
- CONCORDANT ST changes ( 1 mm or > ST DEPRESSION V1 - V3 or ST ELEVATION LEADS II, III, AVF )
- ST ELEVATION in LEADS II, III, and/or AVF

**“Electrocardiographic Diagnosis of Evolving Acute Myocardial Infarction in the Presence of Left Bundle-Branch Block” Birnbaum et al, N Engl J Med 1996; 334:481-487**

*Be advised that in patients with*

**Left Bundle Branch Block  
Combined with  
Ventricular Hypertrophy,**

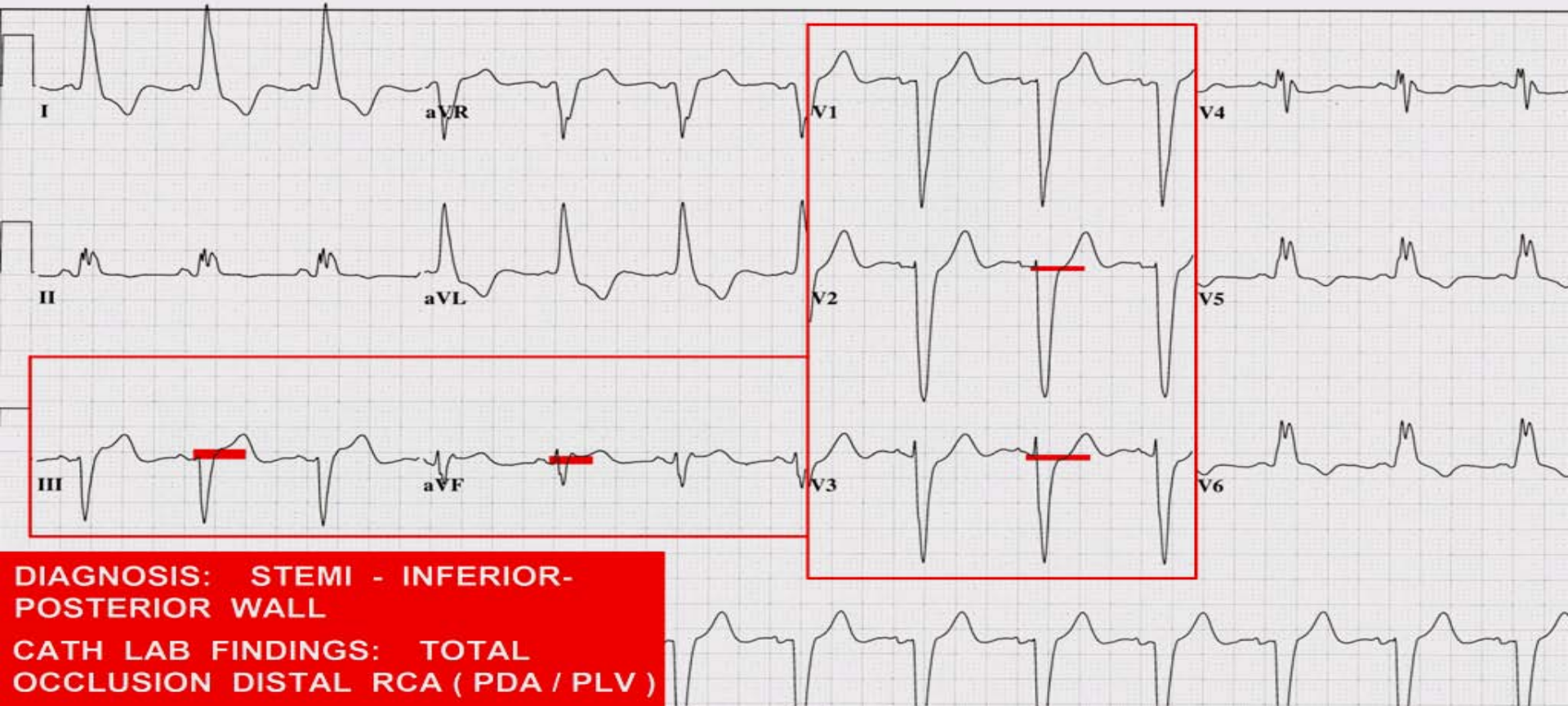
*The J Point elevation can exceed 0.5 mv  
(5mm) above the iso-electric line in patients  
without ACS.*

# LBBB with CHEST PAIN - CASE 1: PRESENTING EKG

58 yr  
Female  
Hispanic  
Room: ER  
Loc: 3  
Option: 23

Vent. rate 77 BPM  
PR interval 128 ms  
QRS duration 158 ms  
QT/QTc 454/513 ms  
P-R-T axes 43 -11 150

Normal sinus rhythm  
Left bundle branch block  
Abnormal ECG

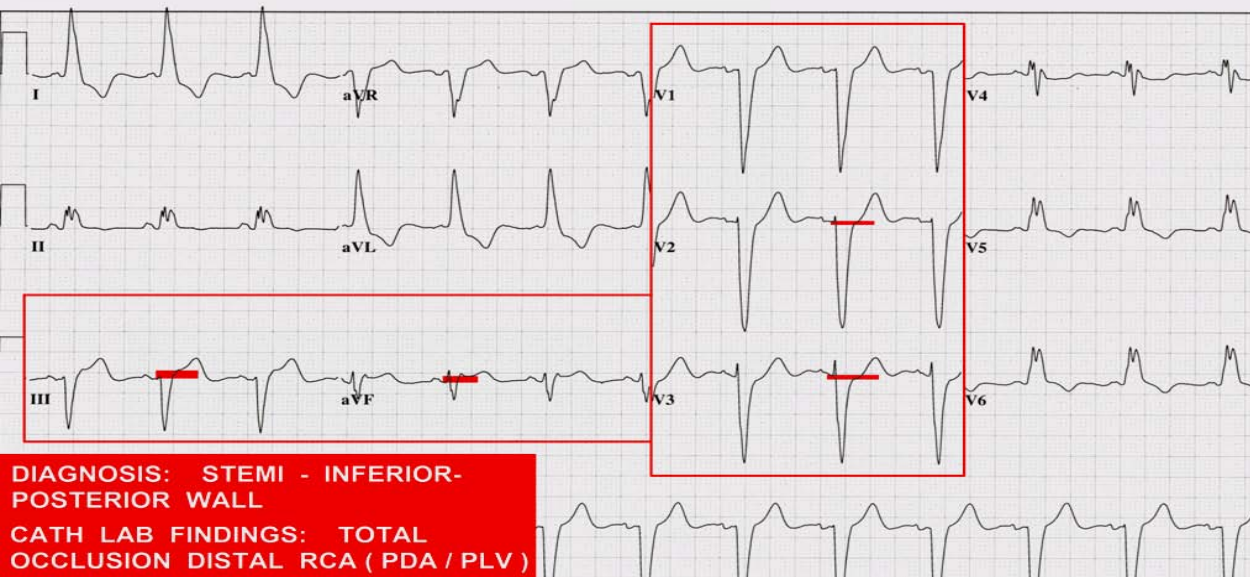


# LBBB with CHEST PAIN - CASE 1 : PRESENTING EKG

58 yr  
Female Hispanic  
Room:ER  
Loc:3 Option:23

Vent. rate 77 BPM  
PR interval 128 ms  
QRS duration 158 ms  
QT/QTc 454/513 ms  
P-R-T axes 43 -11 150

Normal sinus rhythm  
Left bundle branch block  
Abnormal ECG

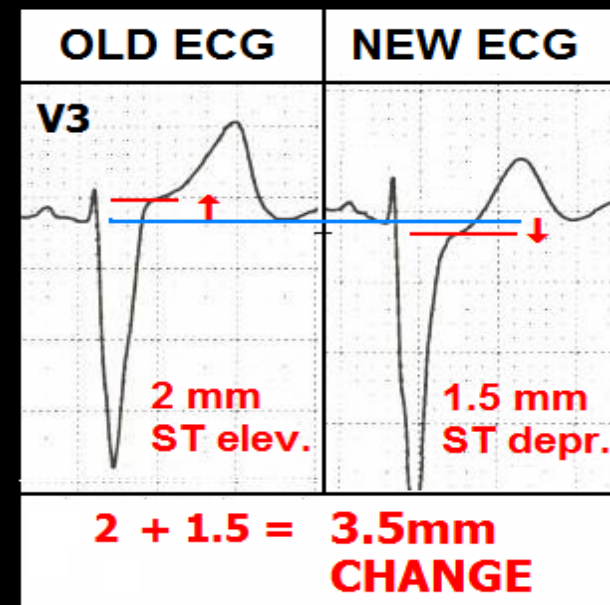
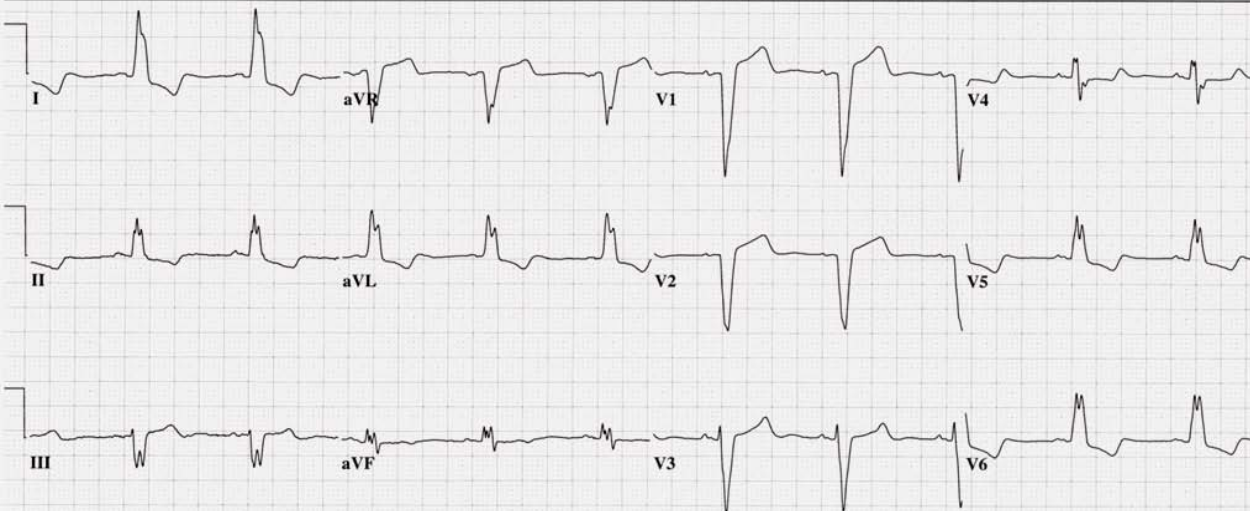


## LBBB with CHEST PAIN - CASE 1 : EKG RECORDED 7 MONTHS AGO

57 yr  
Female Hispanic  
Room:416B  
Loc:6 Option:39

Vent. rate 63 BPM  
PR interval 140 ms  
QRS duration 142 ms  
QT/QTc 462/472 ms  
P-R-T axes 48 10 191

\*\*\* AGE AND GENDER SPECIFIC ECG ANALYSIS \*\*\*  
 Normal sinus rhythm  
 Left bundle branch block  
 Abnormal ECG  
 When compared with ECG of 22-JAN-2005 11:15.



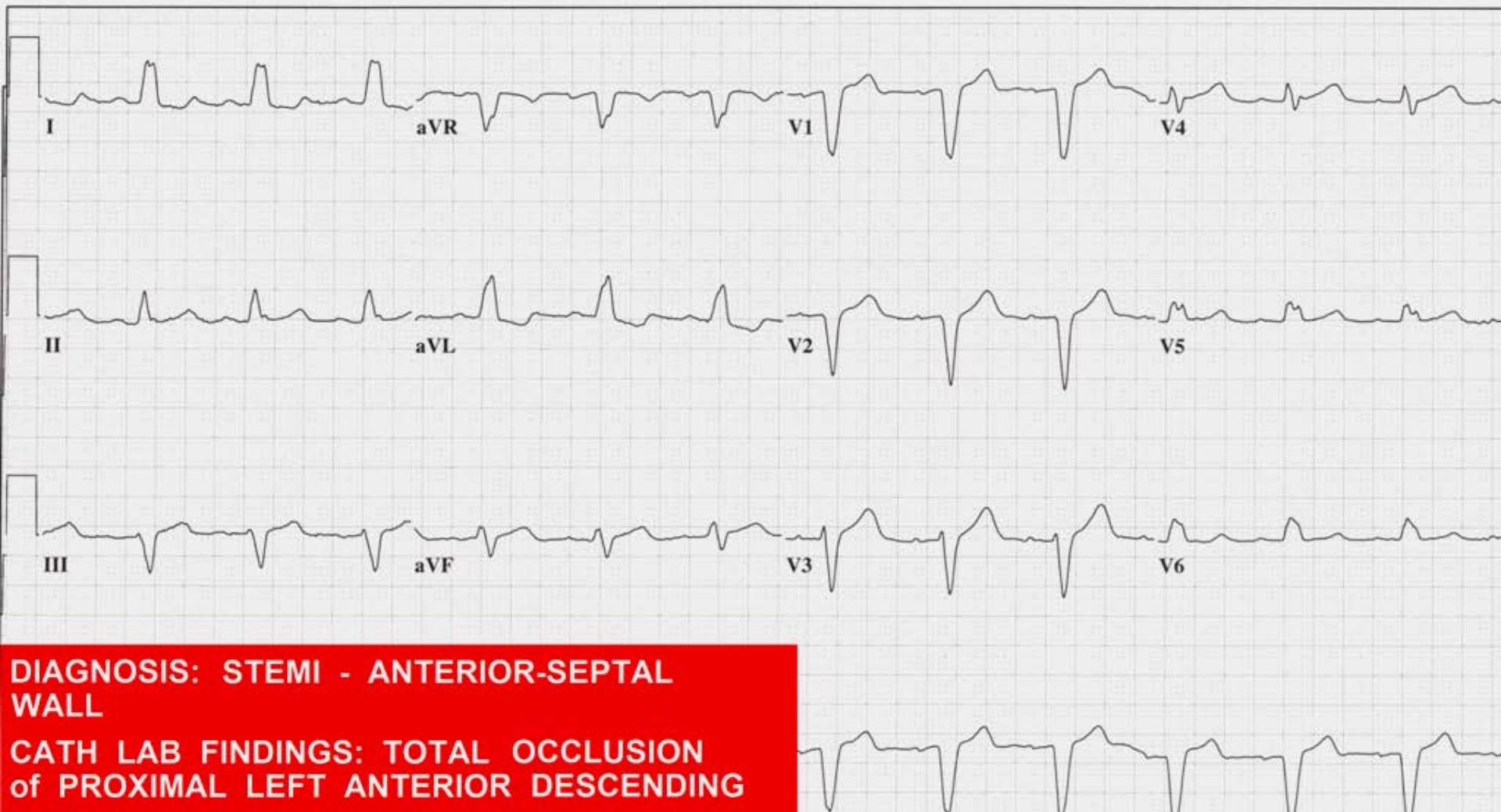


# LBBB with CHEST PAIN - CASE 2 : NEW ONSET of LBBB

46 yr  
Male Caucasian  
Room:ER  
Loc:3 Option:23

Vent. rate	77	BPM
PR interval	172	ms
QRS duration	142	ms
QT/QTc	446/504	ms
P-R-T axes	38 0	92

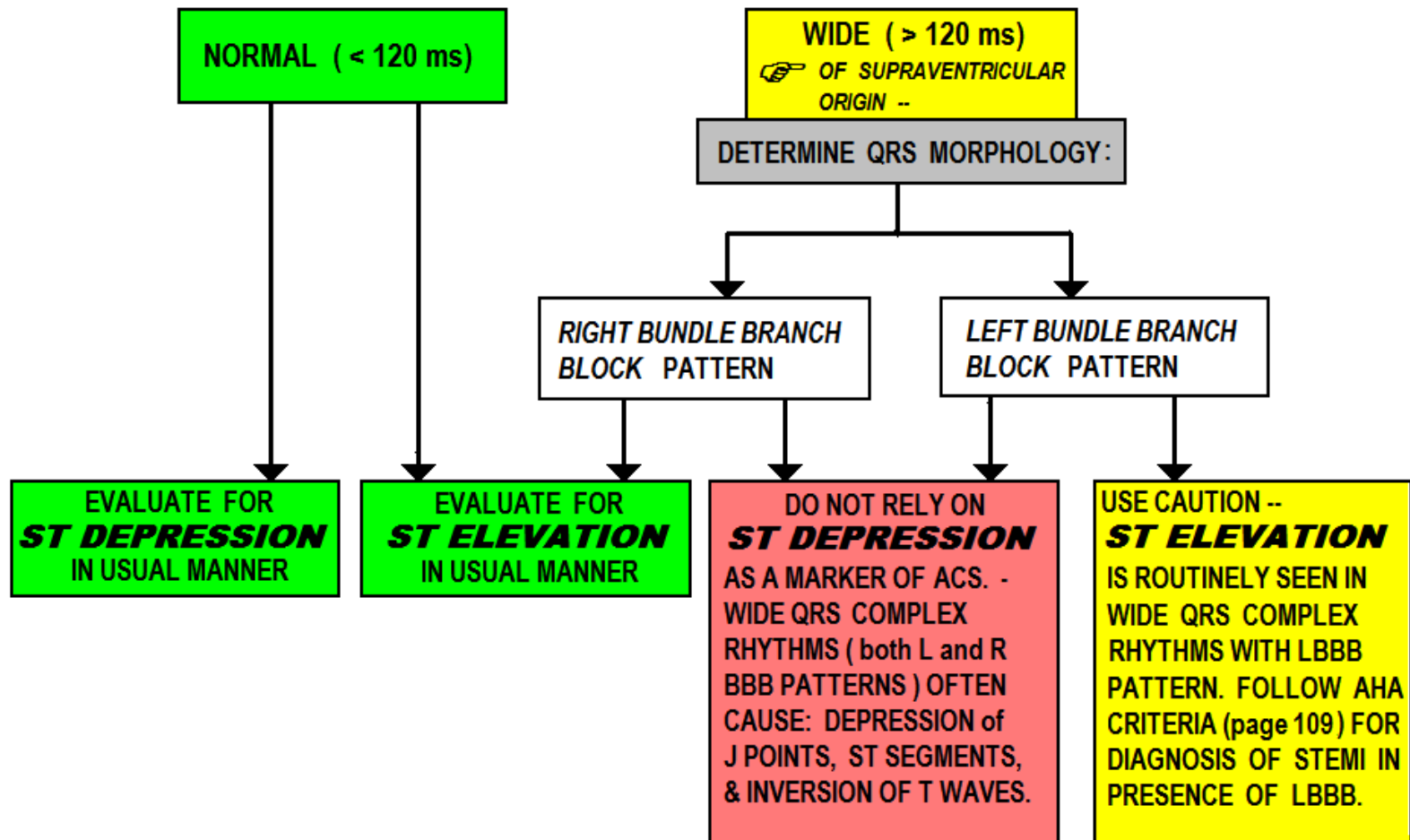
Normal sinus rhythm  
Left bundle branch block  
Abnormal ECG





# Evaluating the ECG for ACS:

## STEP 1 - EVALUATE WIDTH OF QRS:



# Evaluating the ECG for ACS:

## *Patients with Normal Width QRS (QRSd < 120ms)*

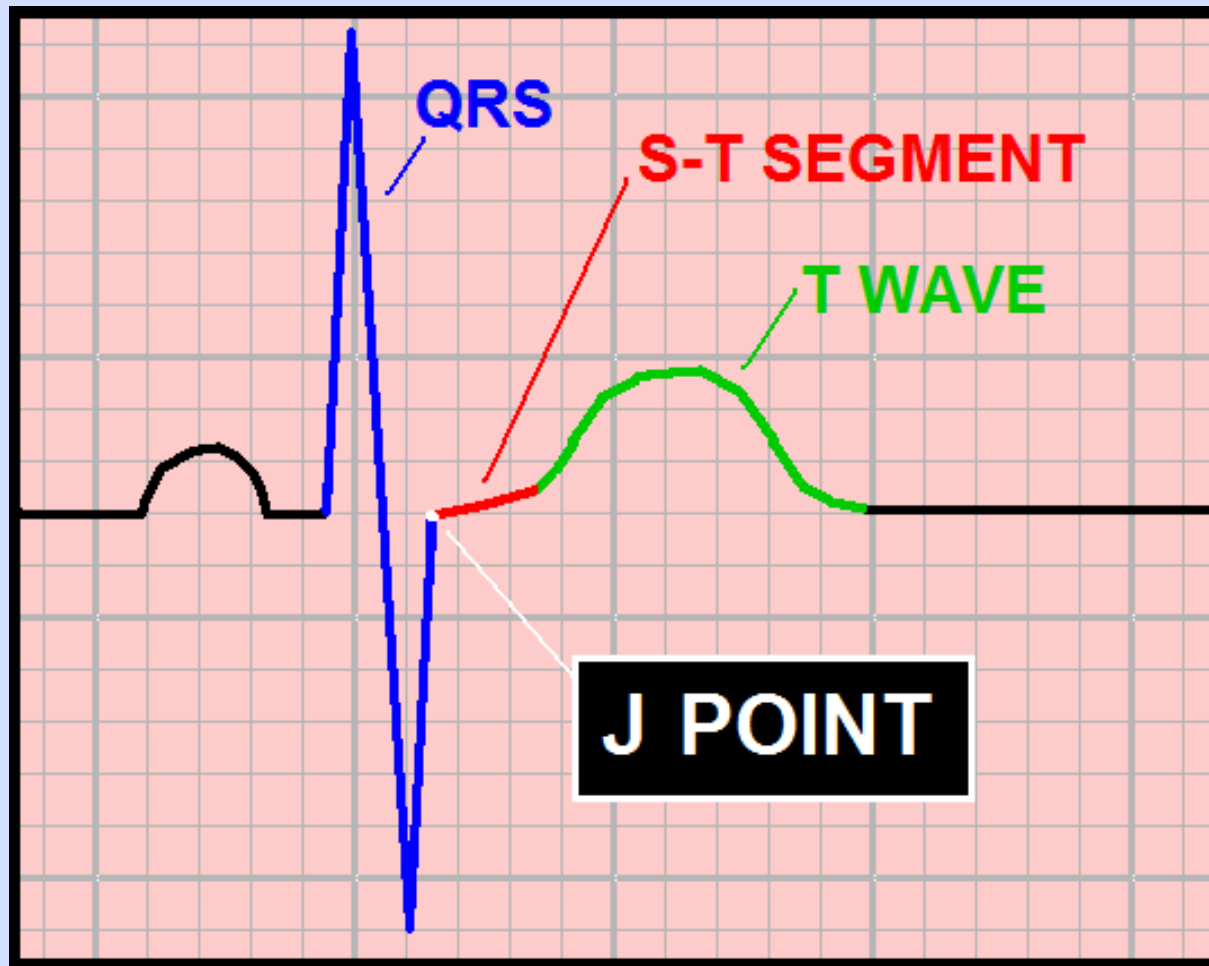
### STEP 2 - EVALUATE the EKG for ACS

THE EKG MARKERS USED FOR DETERMINING THE PRESENCE OF ACUTE CORONARY SYNDROME INCLUDE:

- J POINTS
- ST SEGMENTS
- T WAVES

CAREFULLY SCRUTINIZE THESE MARKERS IN EVERY LEAD OF THE 12 LEAD EKG, TO DETERMINE IF THEY ARE *NORMAL* or *ABNORMAL*.

# Defining NORMAL – QRS <120ms:

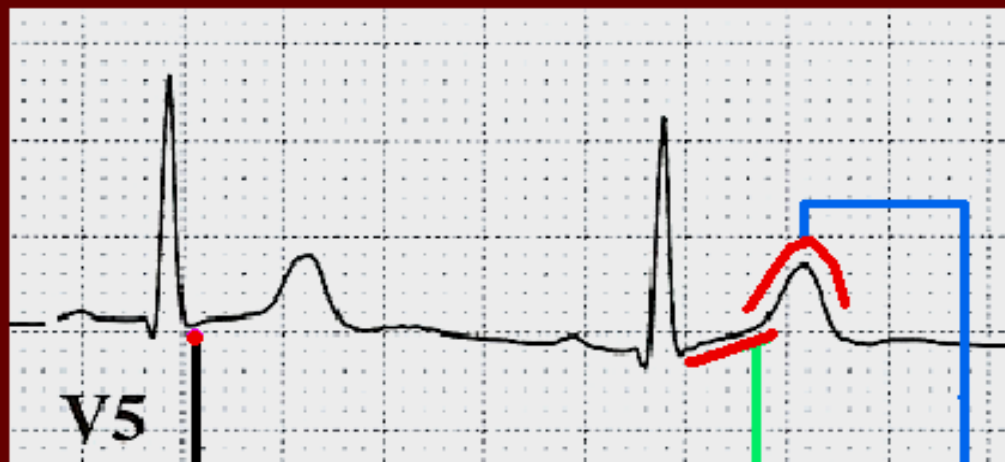


When QRS duration is NORMAL (  $< 120$  ms ):

# NORMAL ST - T WAVES

- WHEN QRS WIDTH IS NORMAL (  $< 120$  ms )

## ASSESS:



- J POINT: ISOELECTRIC ( or  $< 1$  mm dev. )
- ST SEG: SLIGHT, POSITIVE INCLINATION
- T WAVE: UPRIGHT, POSITIVE



***in EVERY LEAD EXCEPT aVR !!***

# THE J POINT SHOULD BE ..

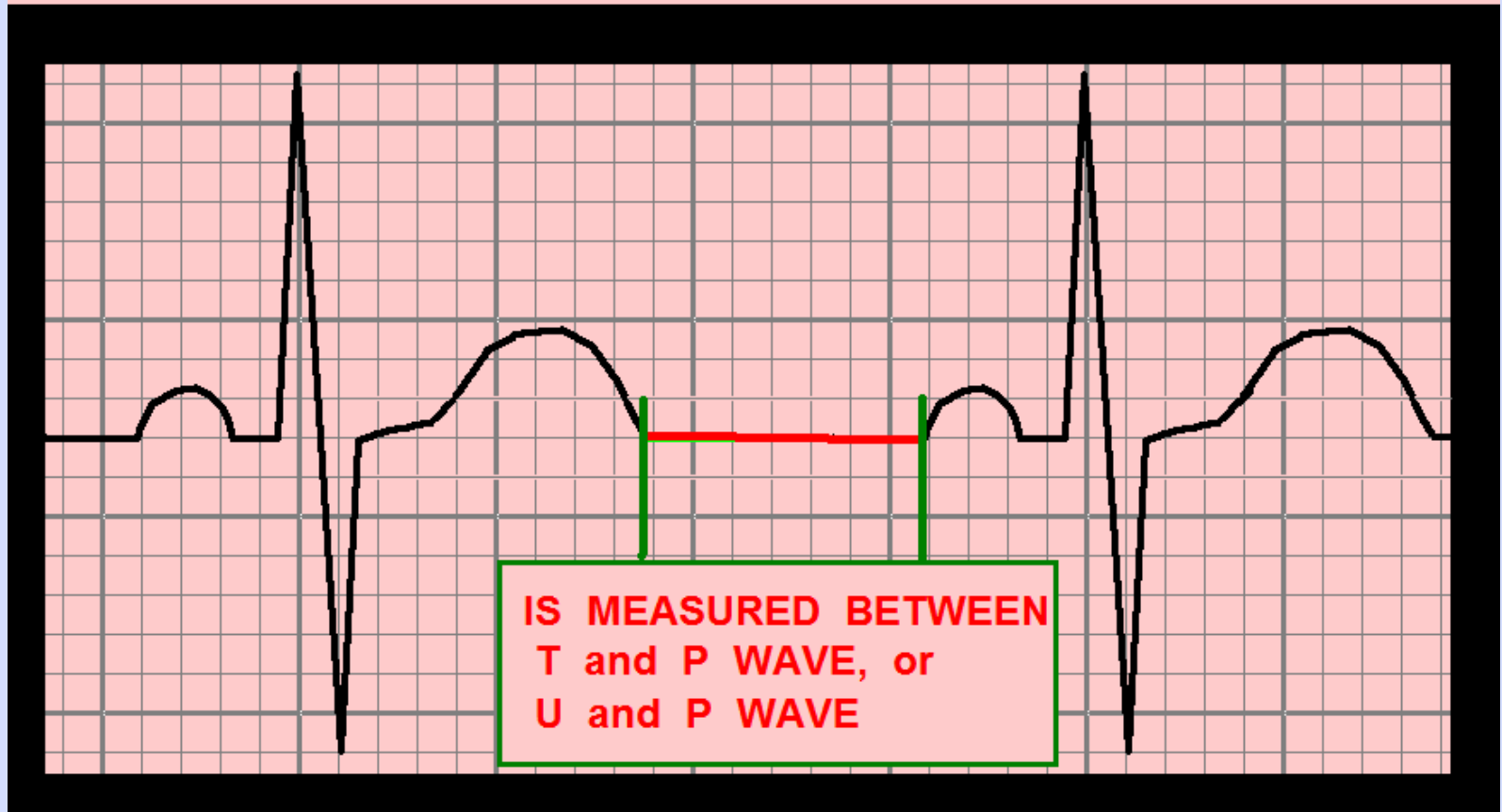


WITHIN  
1 mm  
ABOVE

OR

BELOW  
the  
ISOELECTRIC  
LINE

# THE ISOELECTRIC LINE



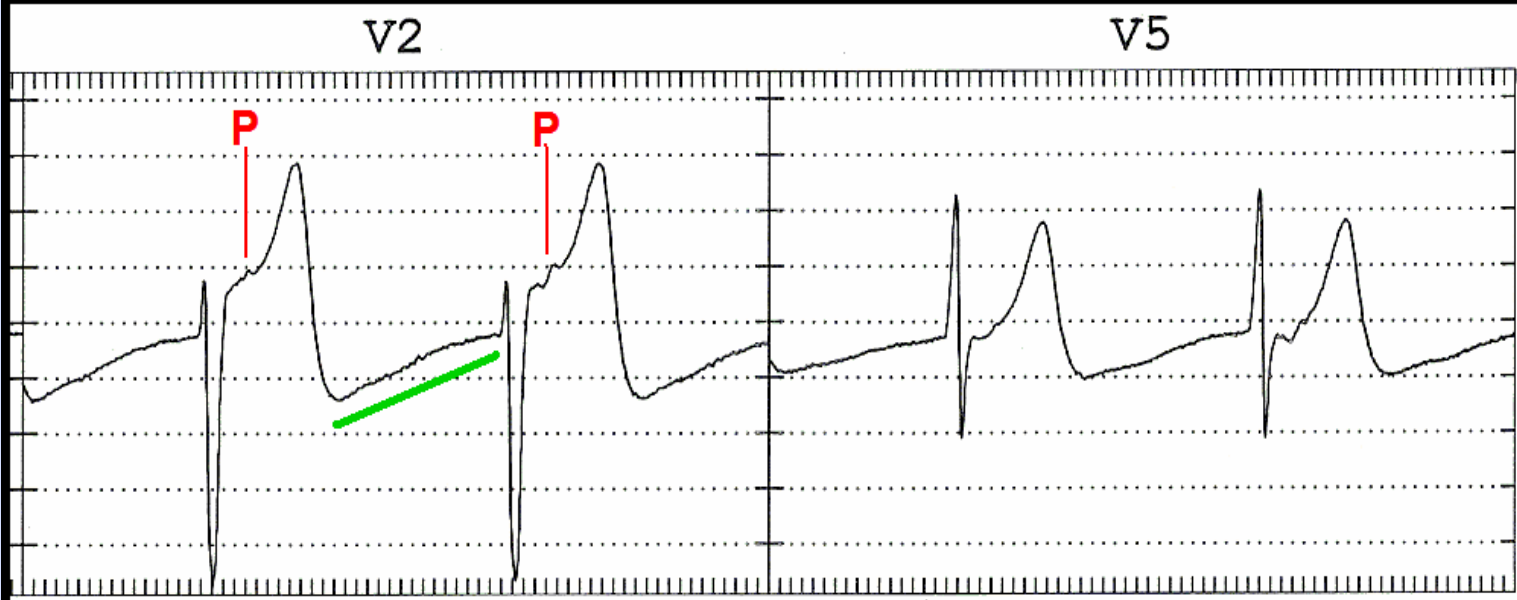
...the “flat line” between ECG complexes,  
when there is no detectable electrical  
activity . . .



# The Isoelectric Line - *it's not always isoelectric !*

## THE ISOELECTRIC LINE

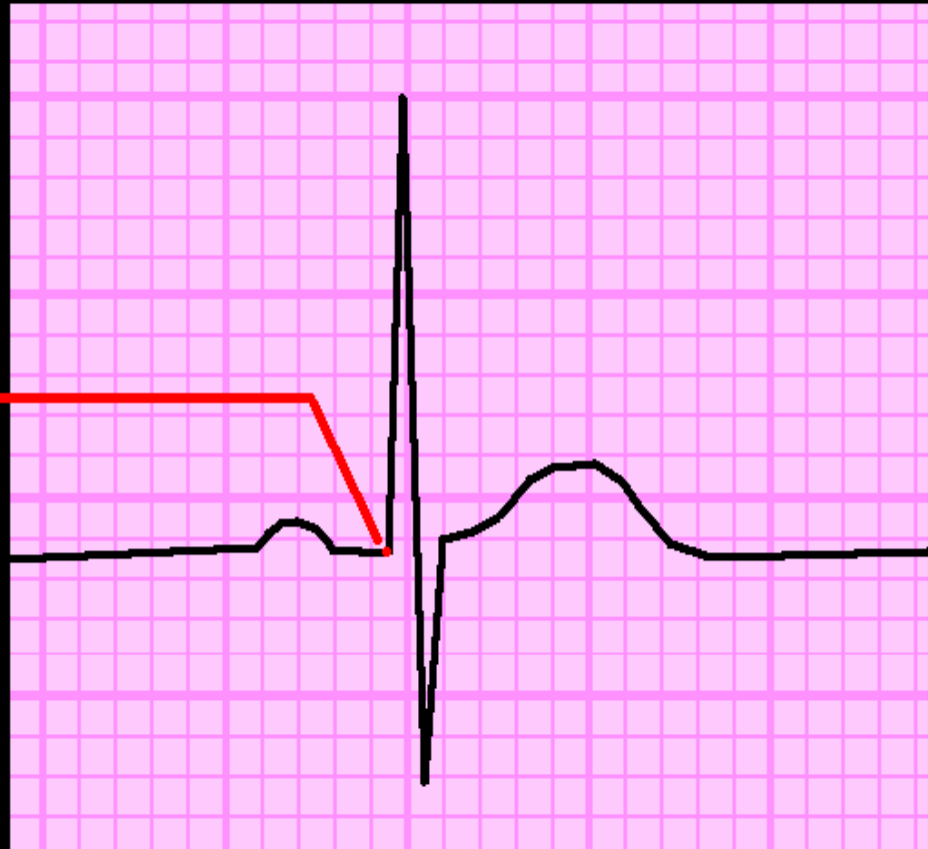
EKG from 13 y/o girl in ACCELERATED JUNCTIONAL RHYTHM.  
note: upsloping T-P interval, and P buried in T waves.



# THE P-Q JUNCTION

. . . is the POINT  
where the P-R  
SEGMENT ends  
and the QRS  
COMPLEX BEGINS.

Used for POINT  
OF REFERENCE  
for measurement of  
the J-POINT and  
the S-T SEGMENT –



— as per the A.H.A., A.C.C., and WANG, ASINGER, and  
MARRIOTT, N.E.J.M. vol. 349:2128-2135 Nov. 27, 2003

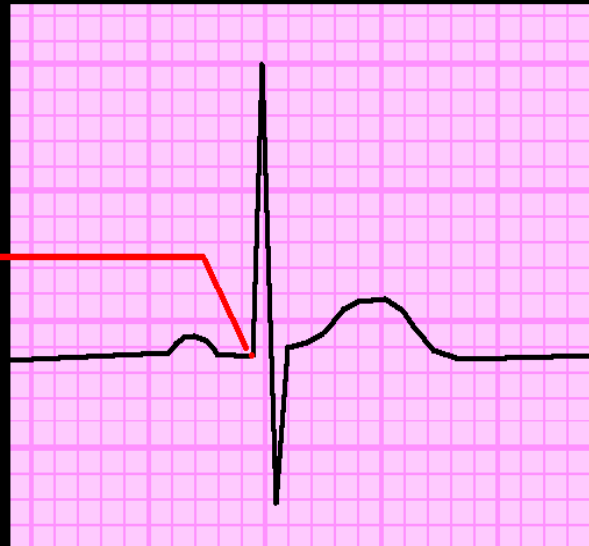
Use the P-Q junction as a reference point for measuring the J Point and ST-Segment when “iso-electric line is

not  
iso-electric !

### THE P-Q JUNCTION

... is the POINT where the P-R SEGMENT ends and the QRS COMPLEX BEGINS.

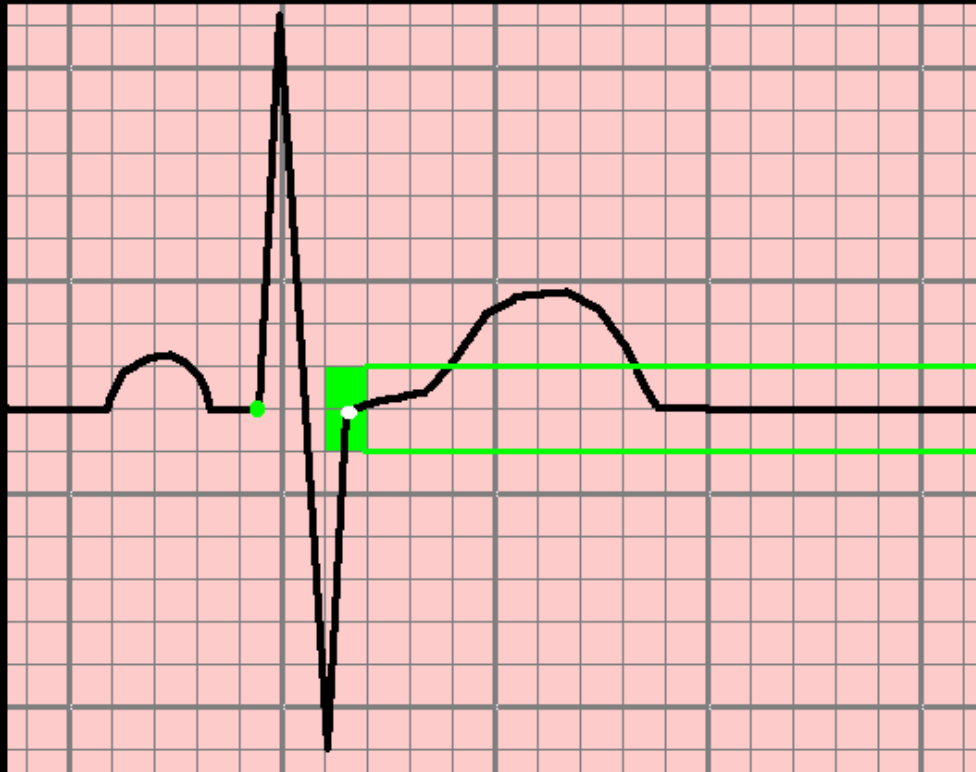
Used for POINT OF REFERENCE for measurement of the J-POINT and the S-T SEGMENT -



— as per the A.H.A., A.C.C., and WANG, ASINGER, and MARRIOTT, N.E.J.M. vol. 349:2128-2135 Nov. 27, 2003

# Defining NORMAL:

**THE J POINT SHOULD BE ..**

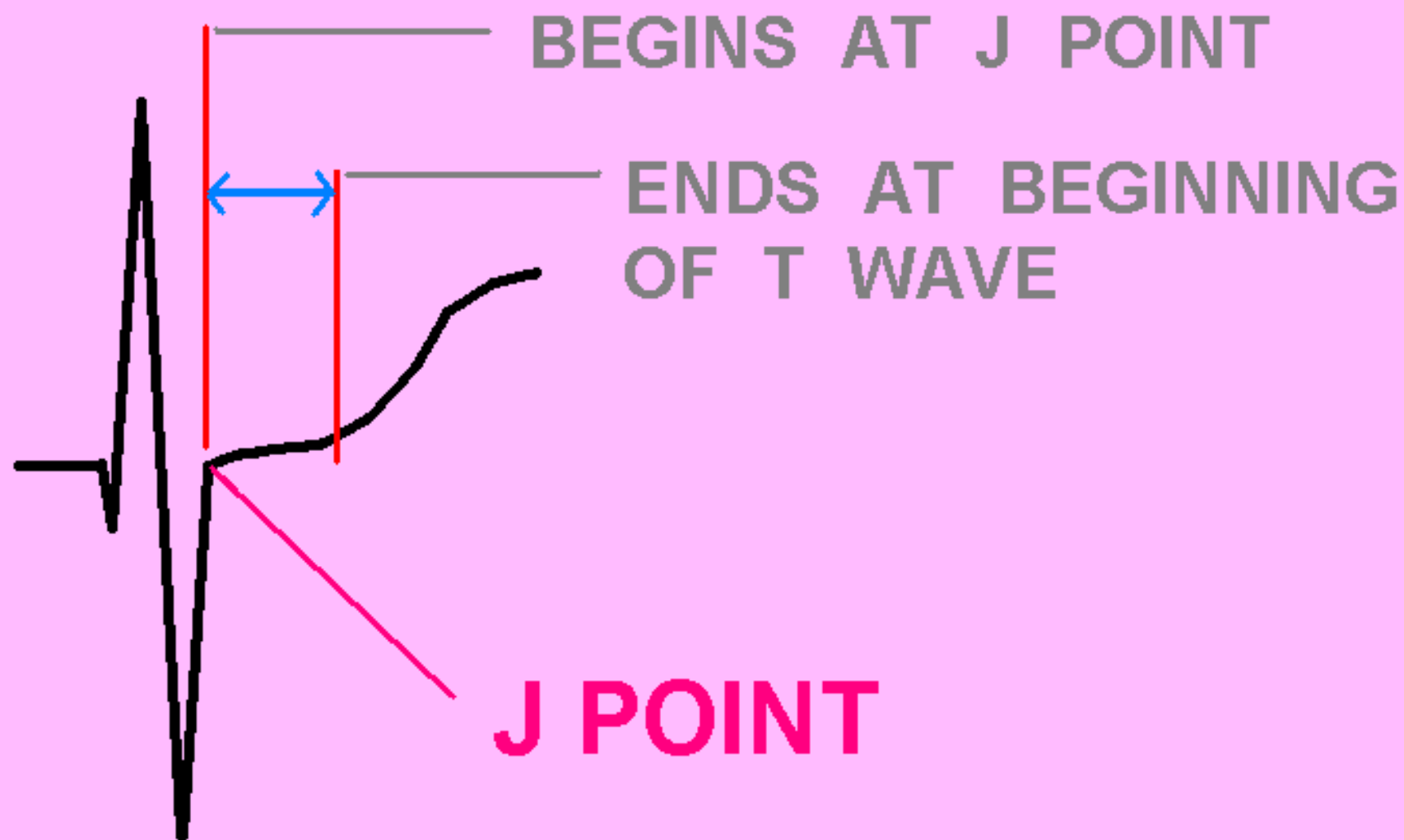


**WITHIN  
1 mm  
ABOVE**

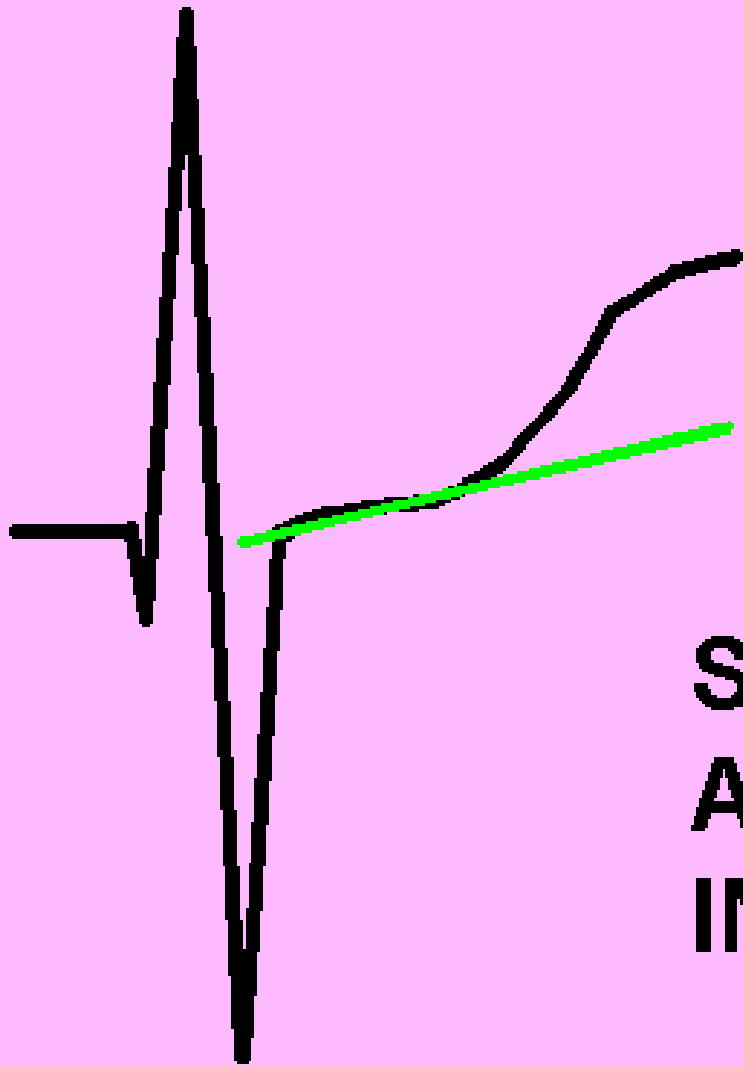
**OR**

**BELOW  
THE  
P-Q  
JUNCTION**

# THE S-T SEGMENT



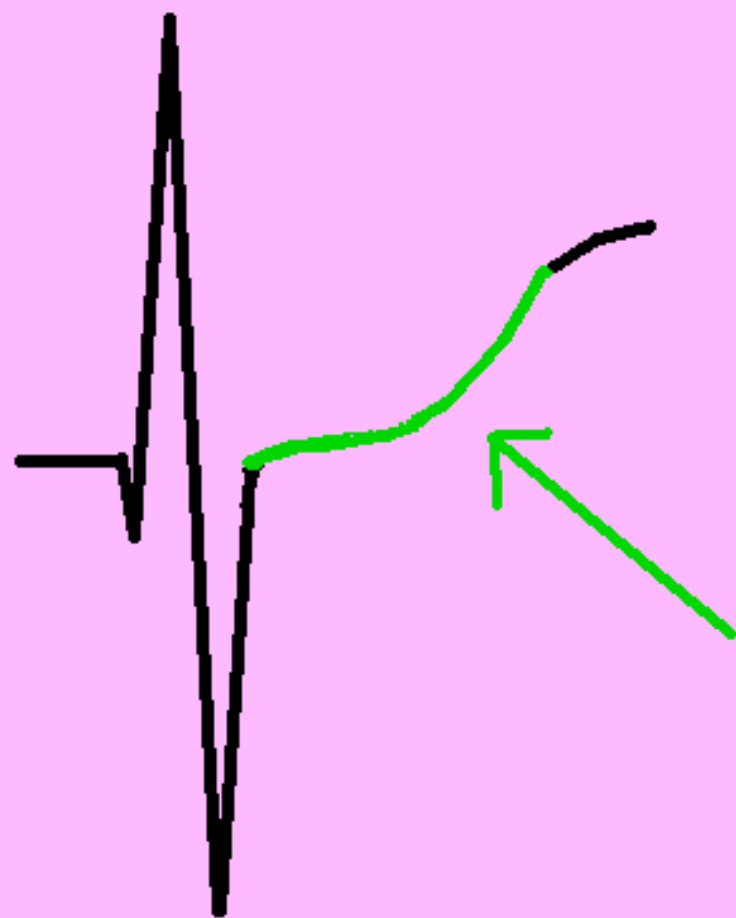
# THE S-T SEGMENT



**SHOULD HAVE  
A "SLIGHT POSITIVE"  
INCLINATION**

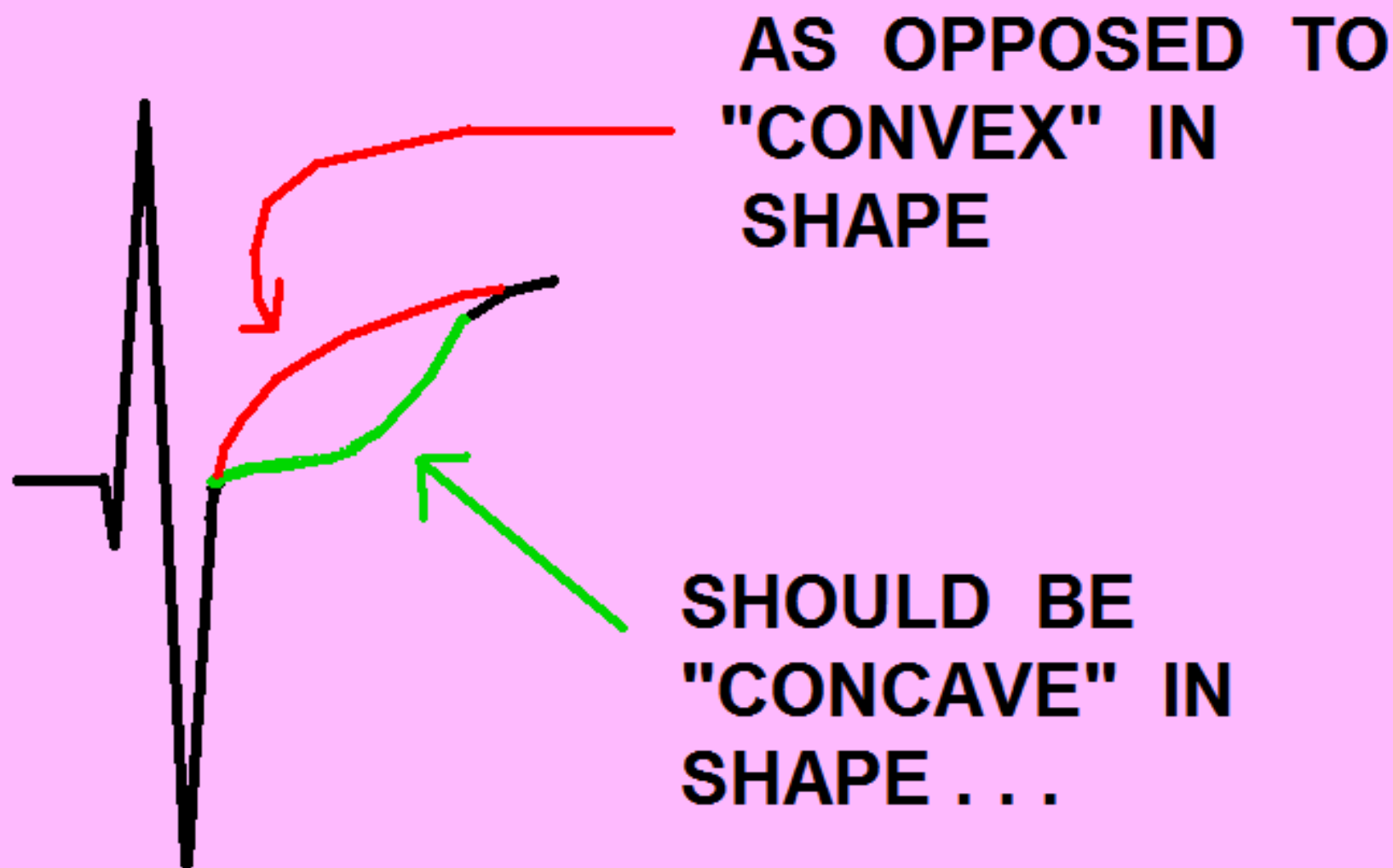


# THE S-T SEGMENT

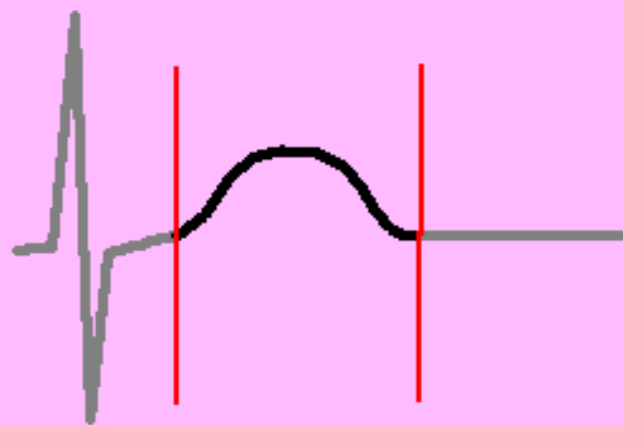


SHOULD BE  
"CONCAVE" IN  
SHAPE . . .

# THE S-T SEGMENT

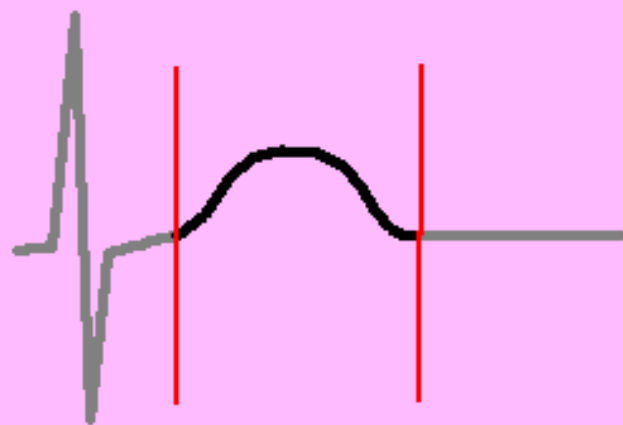


# THE T WAVE



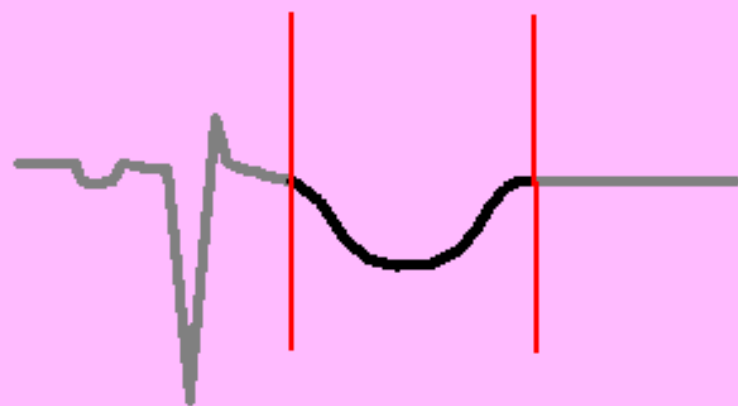
- SHOULD BE A "NICE," ROUNDED, CONVEX SHAPE
- SHOULD BE SYMMETRICAL

# THE T WAVE



- SHOULD BE A "NICE," ROUNDED, CONVEX SHAPE
- SHOULD BE SYMMETRICAL
- SHOULD BE UPRIGHT IN ALL LEADS, EXCEPT AVR

# THE T WAVE

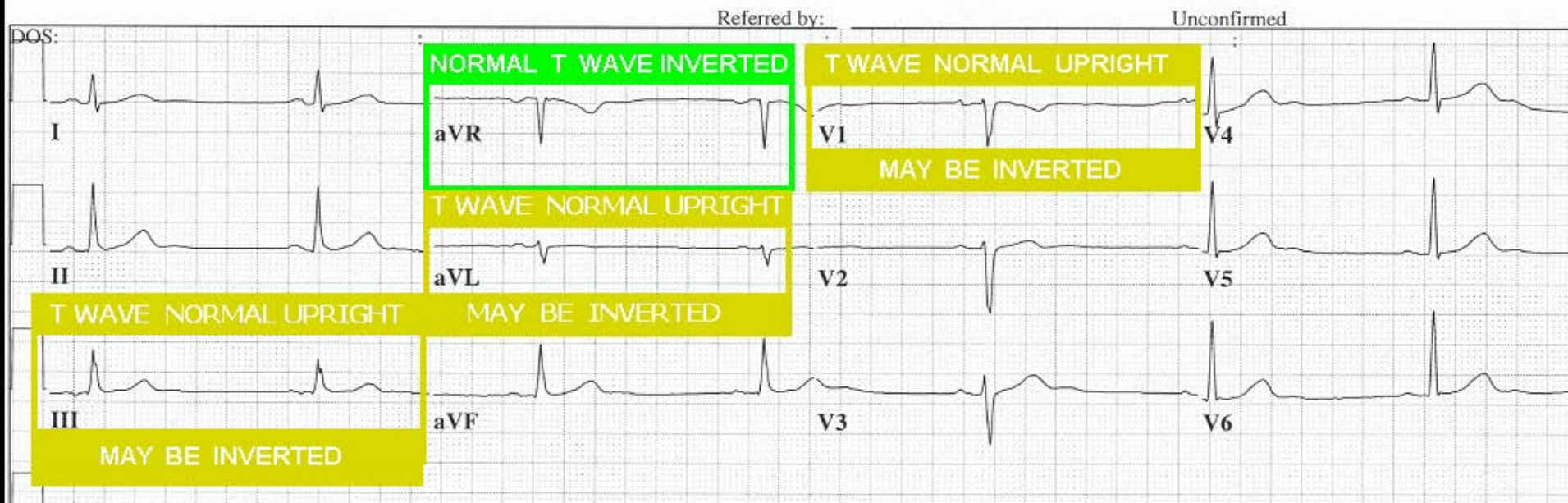


**LEAD  
AVR**

- REMEMBER, IN LEAD AVR  
*EVERYTHING*  
IS  
"UPSIDE-DOWN"

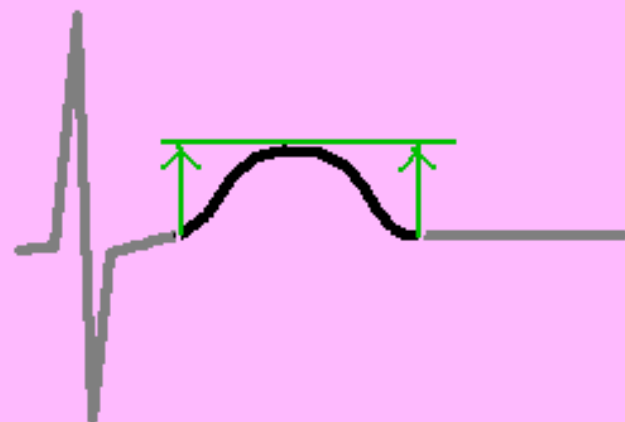
# Normal Variants: *T Wave Inversion*

**Leads where the T WAVE may be  
INVERTED:**





# THE T WAVE



## AMPLITUDE GUIDELINES:

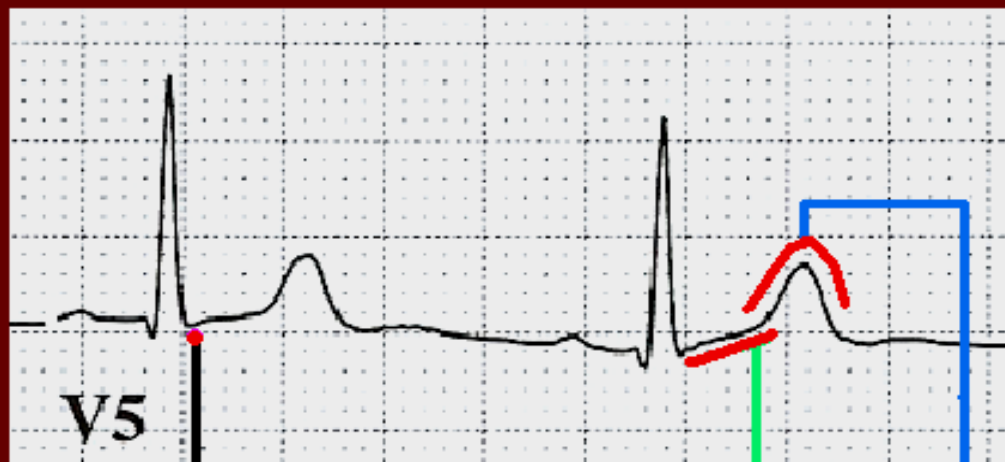
- IN THE LIMB LEADS, SHOULD BE LESS THAN 1.0 mv ( 10 mm )
- IN THE PRECORDIAL LEADS, SHOULD BE LESS THAN 0.5 mv ( 5 mm )
- SHOULD NOT BE TALLER THAN R WAVE IN 2 OR MORE LEADS.

When QRS duration is NORMAL (  $< 120$  ms ):

# NORMAL ST - T WAVES

- WHEN QRS WIDTH IS NORMAL (  $< 120$  ms )

## ASSESS:



- J POINT: ISOELECTRIC ( or  $< 1$  mm dev. )
- ST SEG: SLIGHT, POSITIVE INCLINATION
- T WAVE: UPRIGHT, POSITIVE



***in EVERY LEAD EXCEPT aVR !!***

**ECG Indicators  
of ACS  
in Patients with  
*Normal Width* QRS Complexes  
(QRS duration < 120 ms)**

## Multiple patterns of ABNORMAL:

- J Point
- ST-Segment
- T Wave

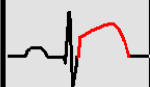
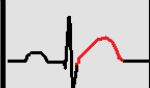
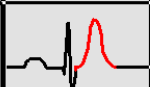
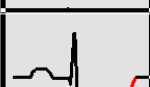

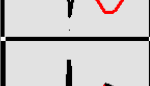

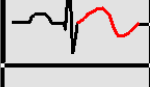
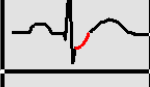
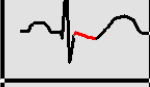

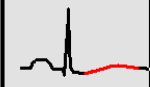
configurations may indicate  
ACS.

Remember, “IF IT’S NOT  
NORMAL, it’s  
**ABNORMAL !**”

BOOK PAGE: 83

## **EKG PATTERNS of ACS & ISCHEMIA**

-- J POINT, ST SEGMENT, and T WAVE ABNORMALITIES --

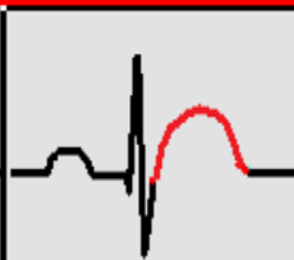
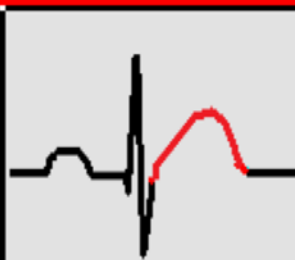
!	S-T SEGMENT ELEVATION at J POINT		- ACUTE MI - ACUTE PERICARDITIS / MYOCARDITIS - EARLY REPOLARIZATION
!	FLAT or CONVEX J-T APEX SEGMENT		- ACUTE MI - ISCHEMIA
!	HYPER-ACUTE T WAVE		- HYPERKALEMIA - TRANSMURAL ISCHEMIA - ACUTE MI - HYPERTROPHY
!	DEPRESSED J pt. DOWNSLOPING ST and INVERTED T		- ACUTE (NON-Q WAVE) MI - ACUTE MI - (RECIPROCAL CHANGES) - ISCHEMIA
	INVERTED T WAVE		- MYOCARDITIS - ELECTROLYTE IMBAL. - ISCHEMIA
	SHARP S-T T ANGLE		- ACUTE MI (NOT COMMON) - ISCHEMIA
	BI-PHASIC T WAVE (WELLEN'S)		- SUB-TOTAL LAD LESION - VASOSPASM - HYPERTROPHY
	DEPRESSED J POINT with UPSLOPING ST		- ISCHEMIA
	DOWNSLOPING S-T SEGMENT		- ISCHEMIA
?	FLAT S-T SEGMENT > 120 ms		- ISCHEMIA
?	LOW VOLTAGE T WAVE WITH NORMAL QRS		- ISCHEMIA
?	U WAVE POLARITY OPPOSITE THAT OF T WAVE		- ISCHEMIA

# ***PATTERNS of ACS & ISCHEMIA***

-- J POINT, ST SEGMENT, and T WAVE ABNORMALITIES --



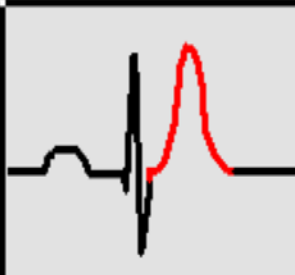
FLAT or CONVEX  
J-T APEX  
SEGMENT



***ACUTE MI***  
***EARLY PHASE***



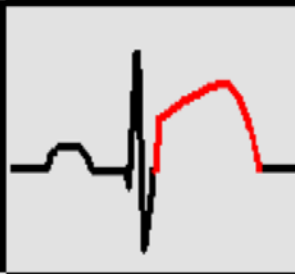
HYPER-ACUTE  
T WAVE



***ACUTE MI***  
***EARLY PHASE***



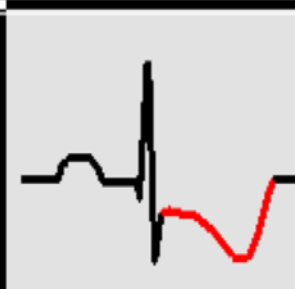
S-T SEGMENT  
ELEVATION at  
J POINT



***ACUTE MI***



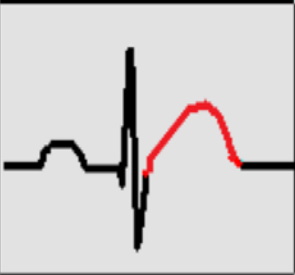
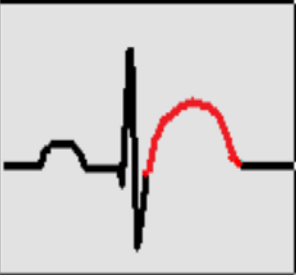
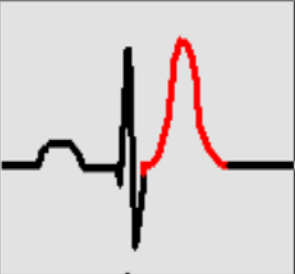
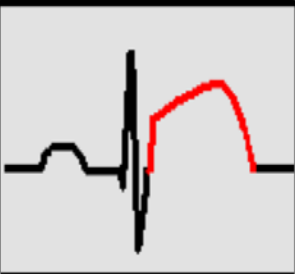
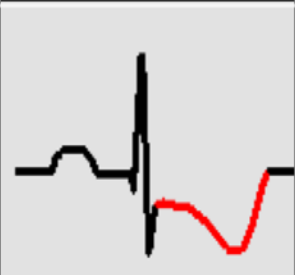
DEPRESSED J pt.  
DOWNSLOPING ST  
and INVERTED T



- ***ACUTE (NON-Q WAVE) MI***  
- ***ACUTE MI - (RECIPROCAL CHANGES)***  
- ***ISCHEMIA***

# ***PATTERNS of ACS & ISCHEMIA***

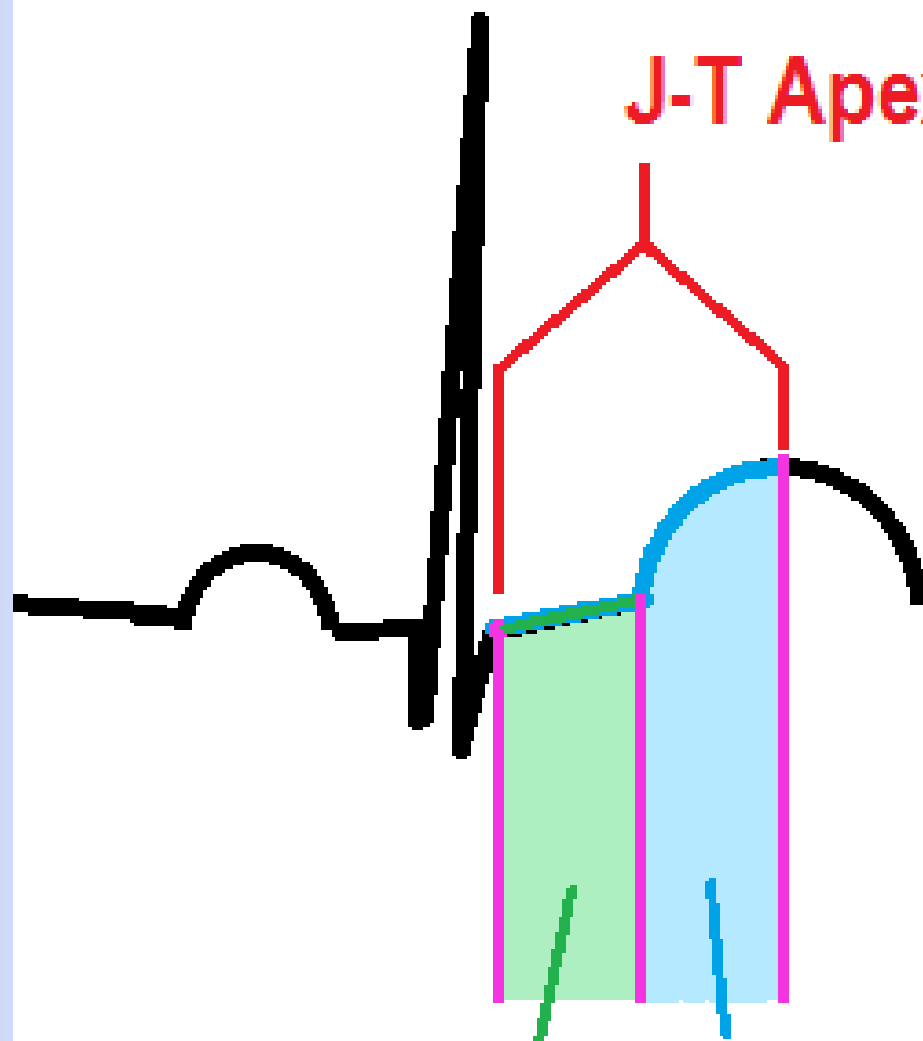
-- J POINT, ST SEGMENT, and T WAVE ABNORMALITIES --

! FLAT or CONVEX J-T APEX SEGMENT			<b><i>ACUTE MI</i></b> <b><i>EARLY PHASE</i></b>
! HYPER-ACUTE T WAVE			<b><i>ACUTE MI</i></b> <b><i>EARLY PHASE</i></b>
! S-T SEGMENT ELEVATION at J POINT			<b><i>ACUTE MI</i></b>
! DEPRESSED J pt. DOWNSLOPING ST and INVERTED T			<b>- ACUTE (NON-Q WAVE) MI</b> <b>- ACUTE MI - (RECIPROCAL CHANGES)</b> <b>- ISCHEMIA</b>

# ***ECG Patterns associated with “EARLY PHASE MI:”***

- ***J-T Apex abnormalities***
- ***Hyper-Acute T Waves***
- ***ST-T Wave Changes***



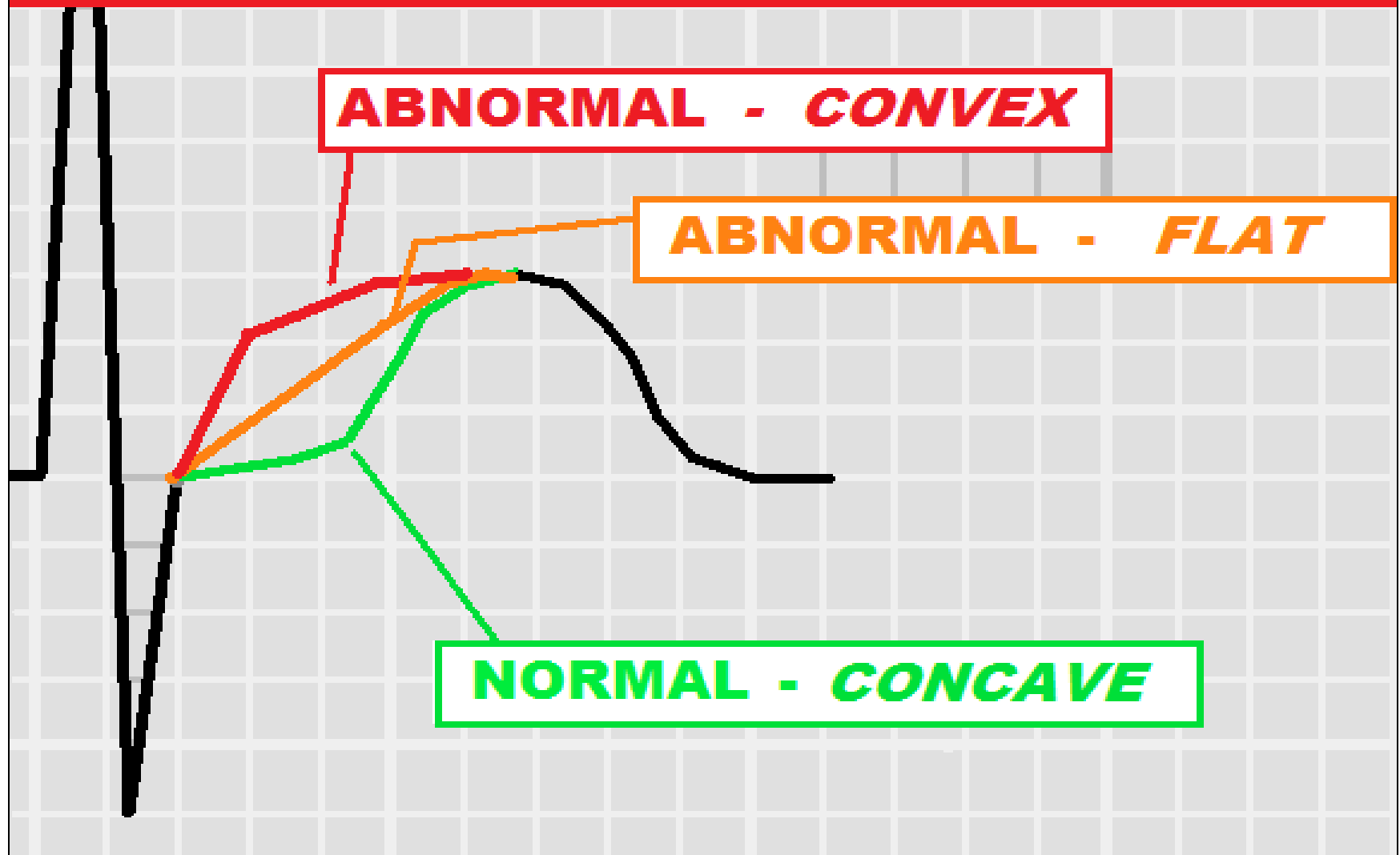


J-T Apex Segment

ST-Segment

T wave: origin to apex

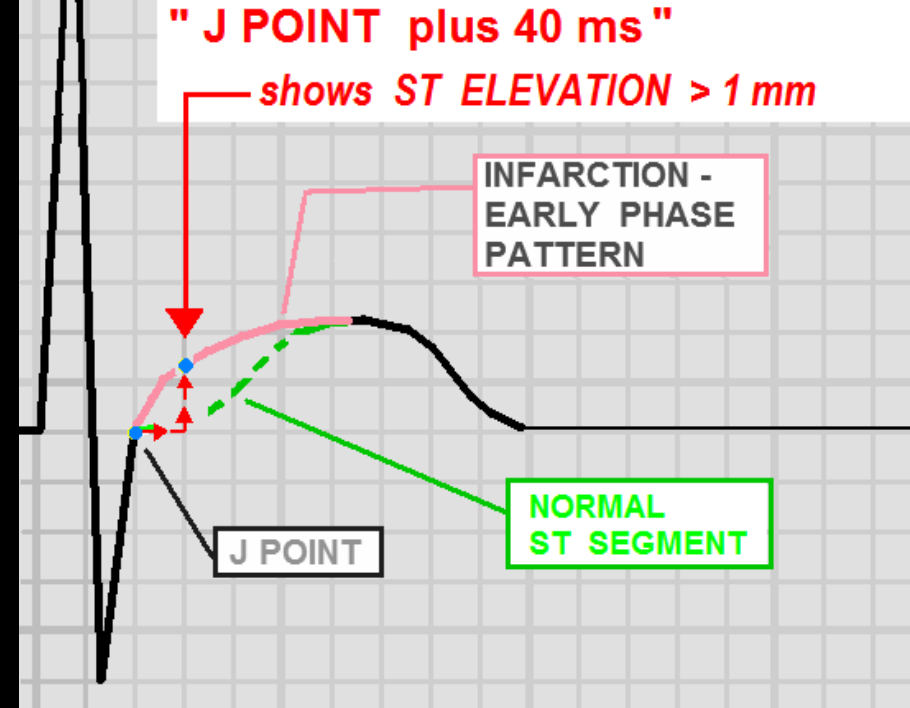
# J - T APEX SEGMENT VARIATIONS



***PATTERNS of EARLY INFARCTION***  
**-- FLAT and CONVEX J-T APEX SEGMENTS**

# WHEN EVALUATING for ST SEGMENT ELEVATION .....

From:  
AMERICAN HEART ASSOCIATION  
ACLS 2005 REVISIONS

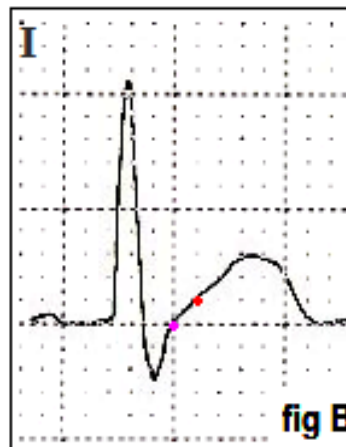


During **NORMAL STATES** of **PERFUSION**, the **J POINT** is **ISOELECTRIC** and the **ST SEGMENT** has a **CONCAVE** appearance. When measured 40 ms beyond the **J POINT** (noted by the **RED DOT**), the **ST SEGMENT** elevation is less than 1mm.

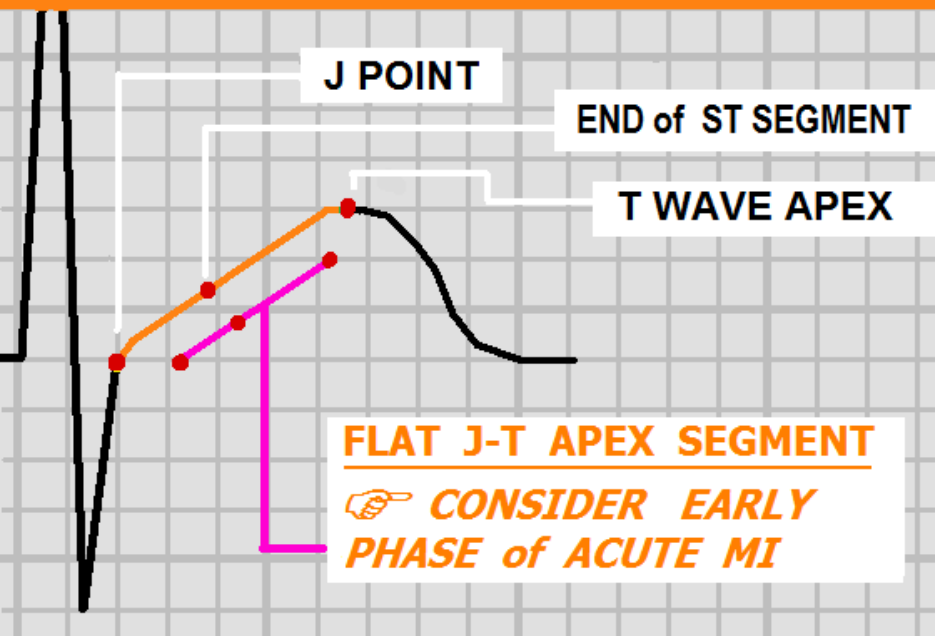
Both figures were recorded from a 54 year old male while resting (figure A), and during PTCA of the Left Anterior Descending artery (figure B).



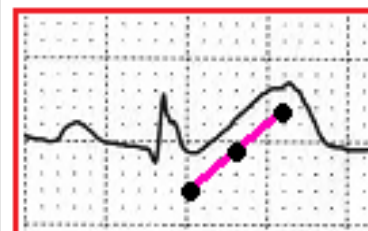
During a 20 second **BALLOON OCCLUSION** of the patient's LAD during routine PTCA, the ST segment assumes a **CONVEX** shape. When measured 40 ms beyond the **J POINT**, the ST segment is elevated > 1 mm. This phenomenon is seen routinely in the cath lab prior to the occurrence of **ST ELEVATION** at the **J POINT** during PTCA and STENTING.



## ABNORMAL J-T APEX SEGMENT



LEAD II

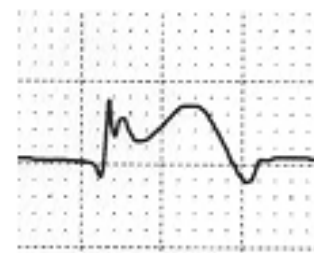


1839 hrs

41 y/o FEMALE

In ER C/O CHEST PAIN  
x 30 minutes.

- **FLAT J-T APEX SEGMENT**
- **NO ST ELEVATION at J POINT!**



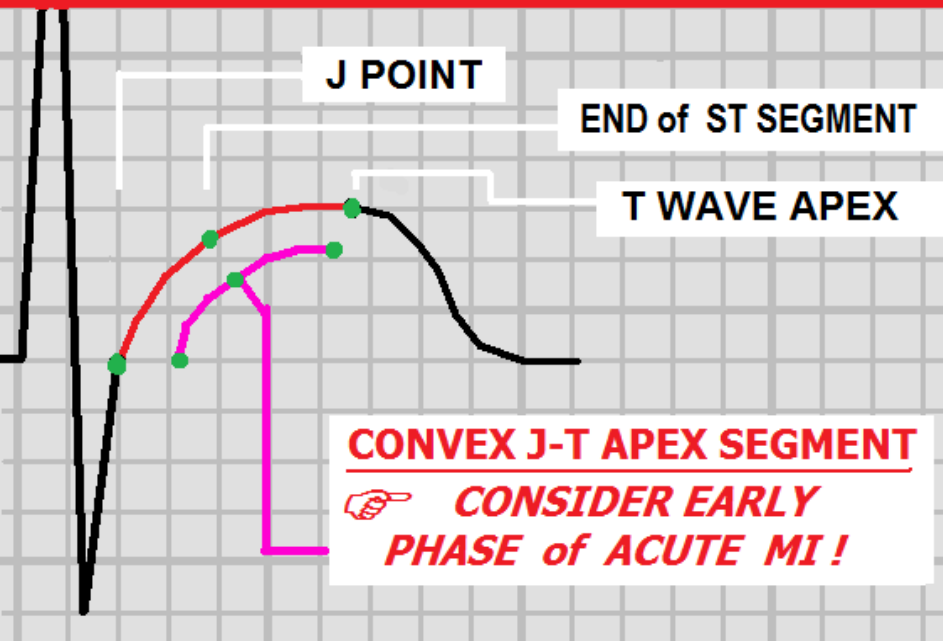
1850 hrs

**STEMI - INFERIOR WALL**

11 MINUTES LATER, S-T  
ELEVATION at the J POINT  
IS NOTED.

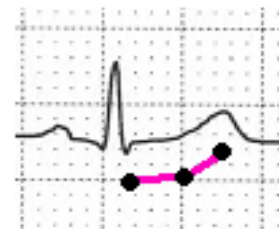
- **CATH LAB FINDINGS:**  
**TOTAL OCCLUSION of the**  
**RIGHT CORONARY ARTERY**

# ABNORMAL J-T APEX SEGMENT



LEAD I

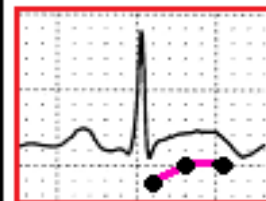
53 y/o MALE



1 yr. PRIOR TO MI

NORMAL EKG

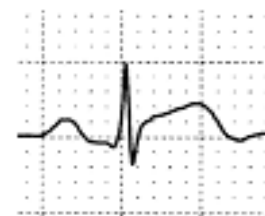
CONCAVE J - T APEX SEGMENT



0732 hrs

**STEMI LATERAL WALL**

- **CONVEX J-T APEX SEGMENT**
- **MINIMAL ST ELEVATION at J POINT**



0747 hrs

15 MINUTES LATER, S-T ELEVATION at the J POINT IS NOTED.

- **CATH LAB FINDINGS: TOTAL OCCLUSION OF CIRCUMFLEX ARTERY**

## CASE STUDY: ABNORMAL J-T APEX SEGMENTS

### CHIEF COMPLAINT and SIGNIFICANT HISTORY:

56 y/o MALE presents to ED with complaint of "INTERMITTENT SUBSTERNAL & SUB-EPIGASTRIC PRESSURE" x 3 HOURS. PMHx of ESOPHAGEAL REFLUX. NO other significant past medical history.

### RISK FACTOR PROFILE:

- 💣 FAMILY HISTORY - father died of MI at age 62
- ☑ PREVIOUS CIGARETTE SMOKER - quit 15 years ago.
- ☑ CHOLESTEROL - DOES NOT KNOW; "never had it checked."
- ☑ OBESITY

**PHYSICAL EXAM:** Patient supine on exam table, mildly anxious, currently complaining of "mild indigestion," skin is warm, pale, dry; REST OF EXAM is UNREMARKABLE.

**VITAL SIGNS:** BP 142/94, P 80, R 20, SAO2 98%

**LABS:** JUST OBTAINED, RESULTS NOT AVAILABLE YET.



56 yr  
Male      Caucasian  
Room:A9  
Loc:3      Option:23

Vent. rate      80      BPM  
PR interval      154      ms  
QRS duration      78      ms  
QT/QTc      380/438      ms  
P-R-T axes      51      -24      38

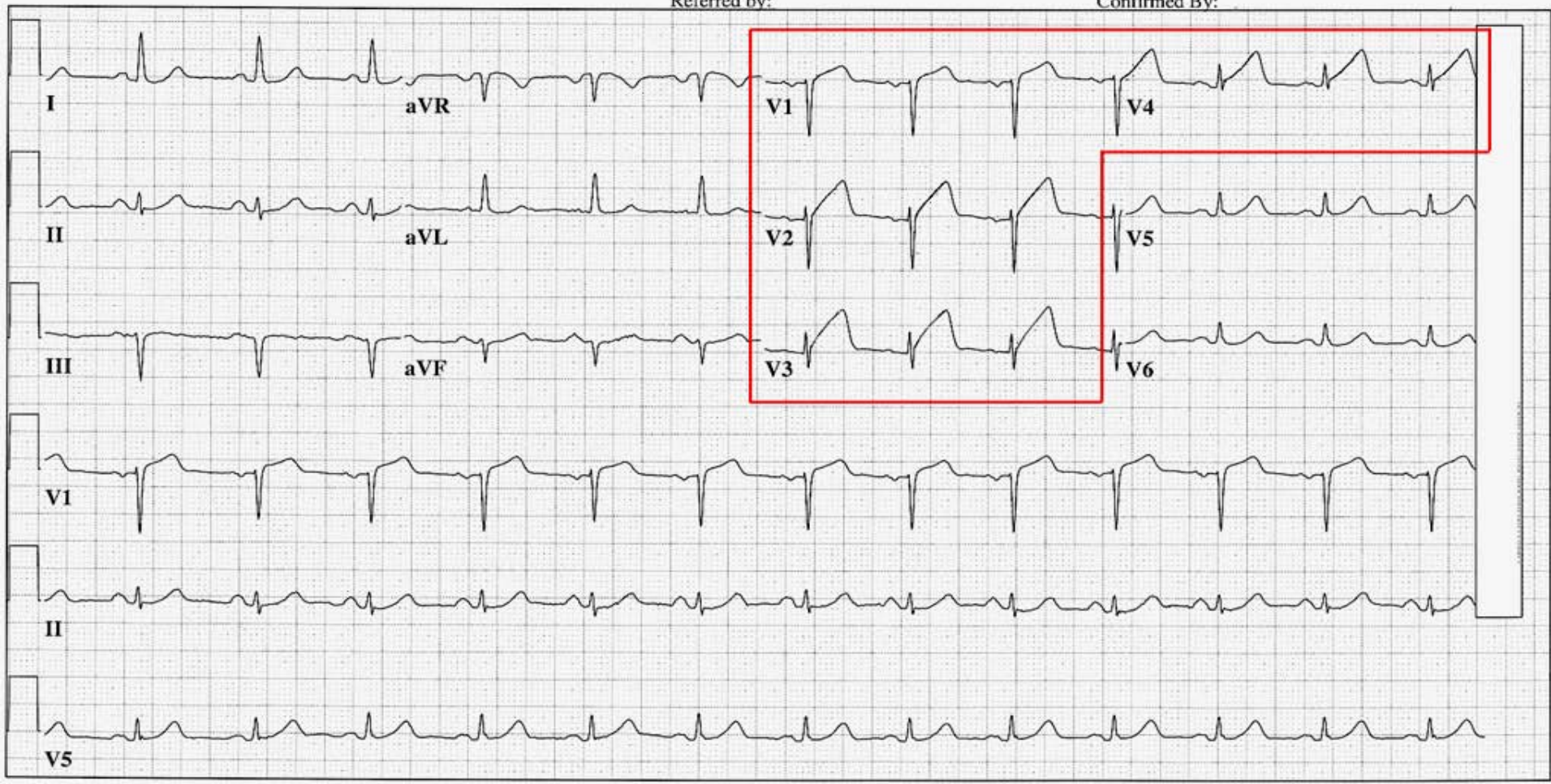
**\*\*UNEDITED COPY – REPORT IS COMPUTER GENERATED ONLY, WITHOUT  
PHYSICIAN INTERPRETATION**

Normal sinus rhythm  
Normal ECG  
No previous ECGs available

Technician: W Ruppert

Referred by:

Confirmed By:



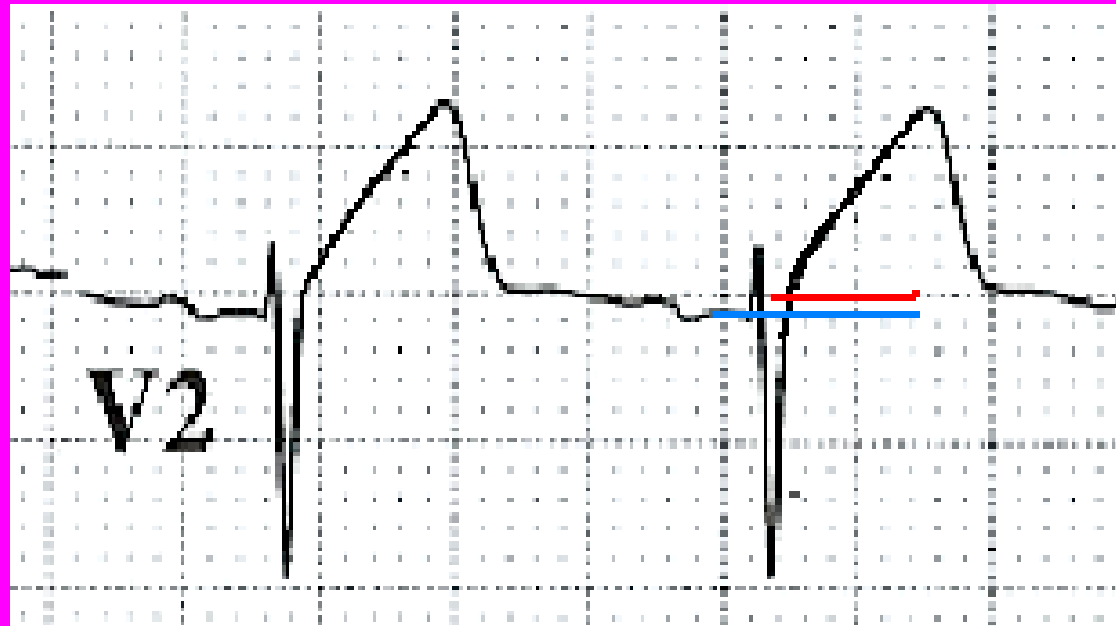
25mm/s    10mm/mV    40Hz    005C    12SL 235    CID: 3

EID:10 EDT:

**ECG COMPUTER DOES NOT NOTICE THE CONVEX J-T APEX SEGMENTS !**



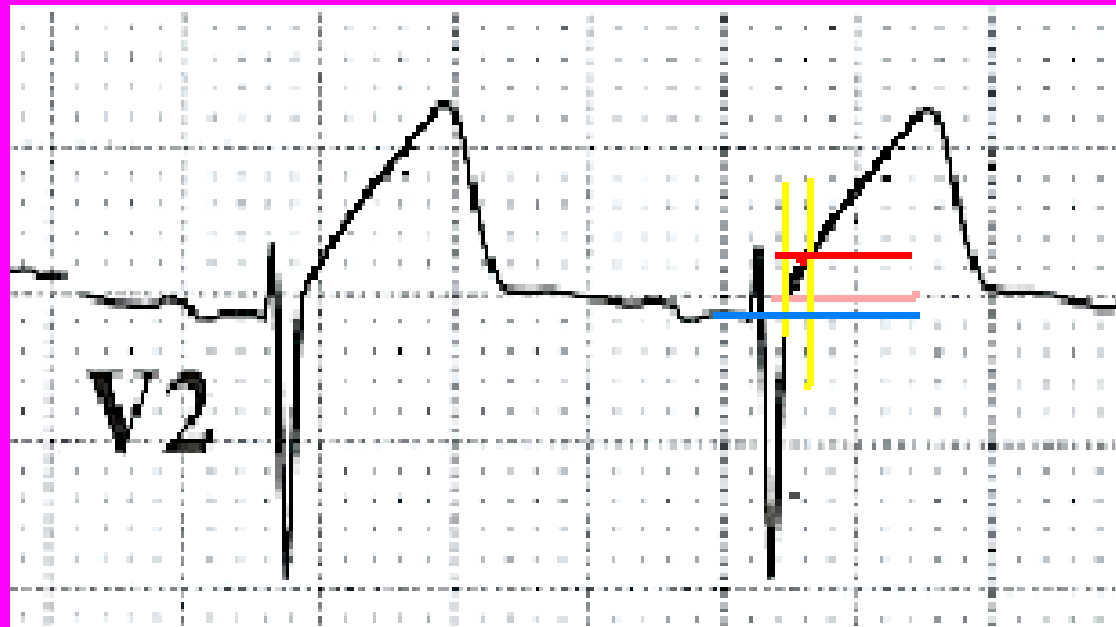
# measurement of S-T elevation



S-T elevation at J point = 0.5 mm

**ACUTE MI = S-T elev. > 1.0 mm**

# measurement of S-T elevation by "J point + .04" method

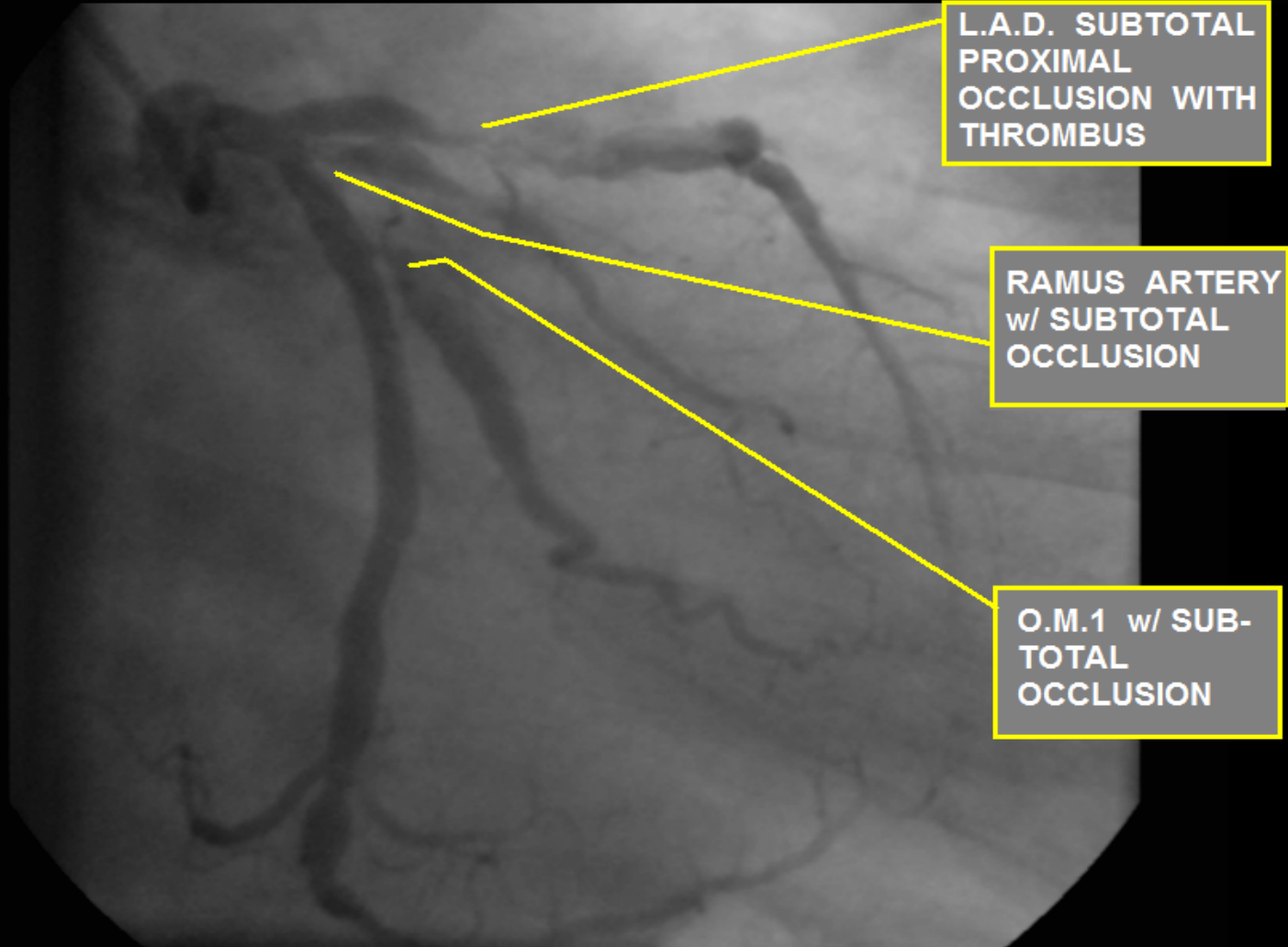


S-T elevation at J point = 0.5 mm

S-T elevation at J + .04 = 2.0 mm

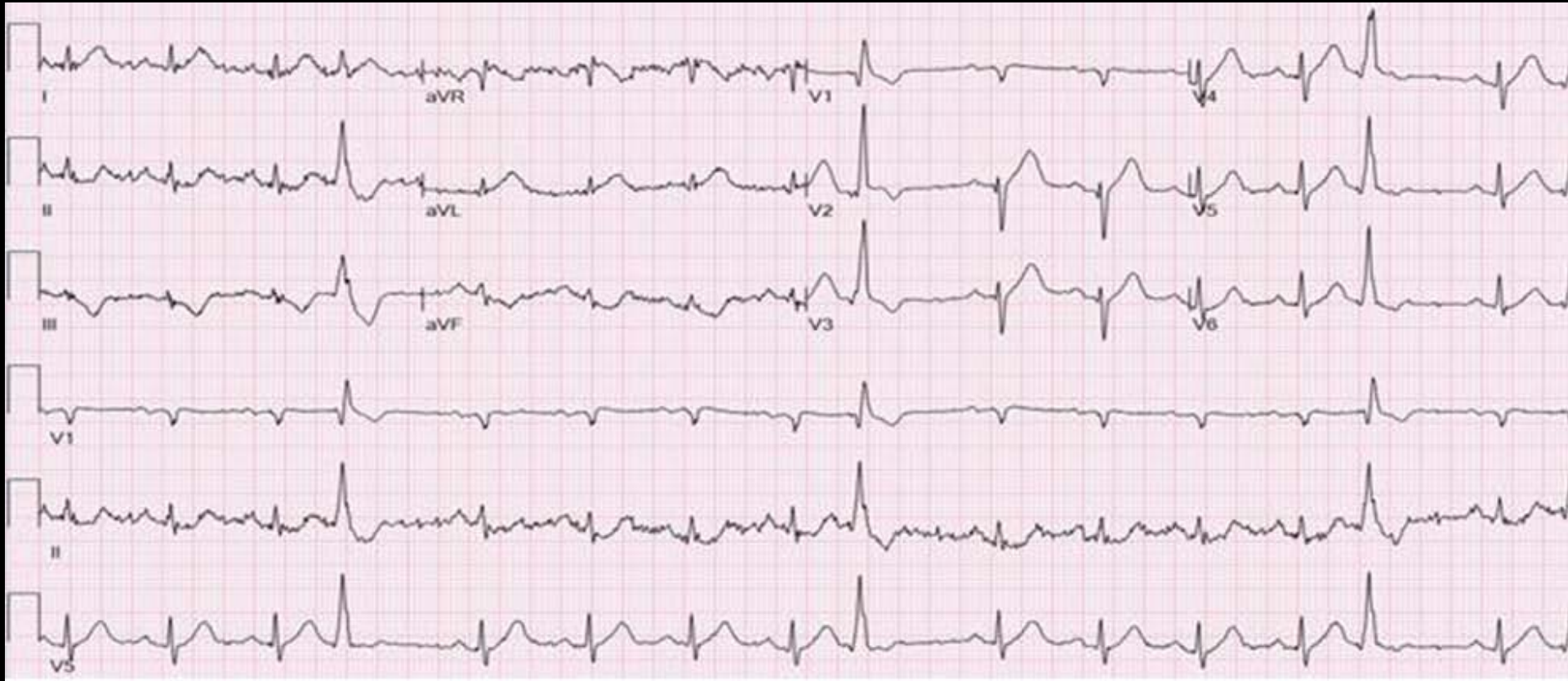
**ACUTE MI = S-T elev. > 1.0 mm**

# CASE STUDY: 56 y/o male with INTERMITTENT "CHEST HEAVINESS" . . . .



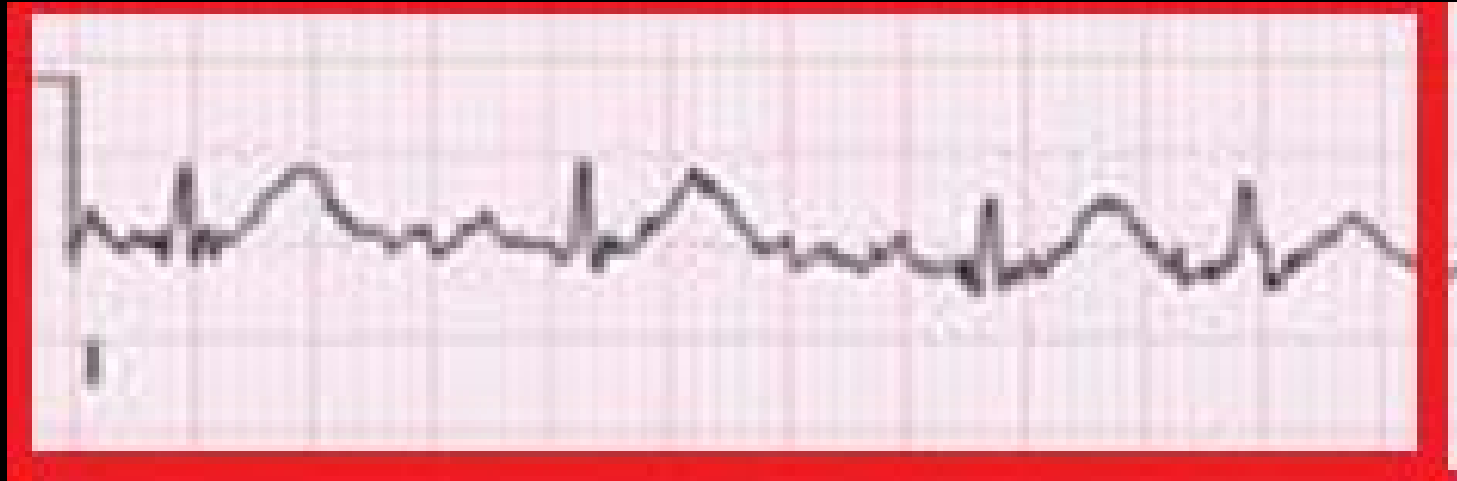
**TREATMENT PLAN : EMERGENCY CORONARY ARTERY BYPASS SURGERY ( 4 VESSEL )**

## J-T Apex Abnormality – Case 2: 44 y/o male with substernal CP x 30 min . . .



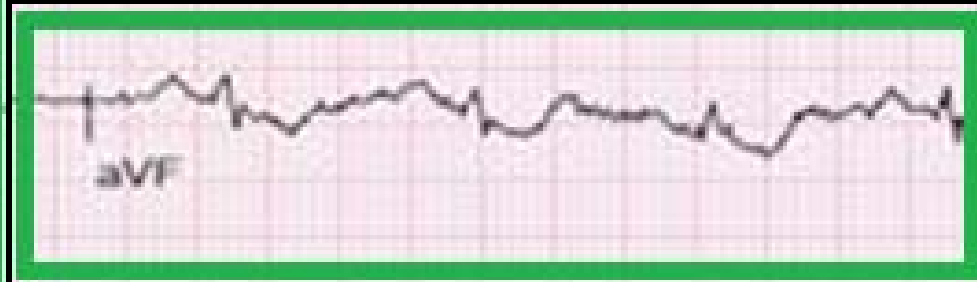
*A special “thanks!”* to Chelsie Carter, RN, BSN,  
Cardiovascular Coordinator Mountainview Regional  
Medical Center, Las Cruces, New Mexico

# Flattening of J-T Apex segment . . . .



ST-Segment Depression, Inferior Leads  
II, III and AVF.

Consistent with “Reciprocal ST Depression”  
from STEMI (on opposite side of myocardium)

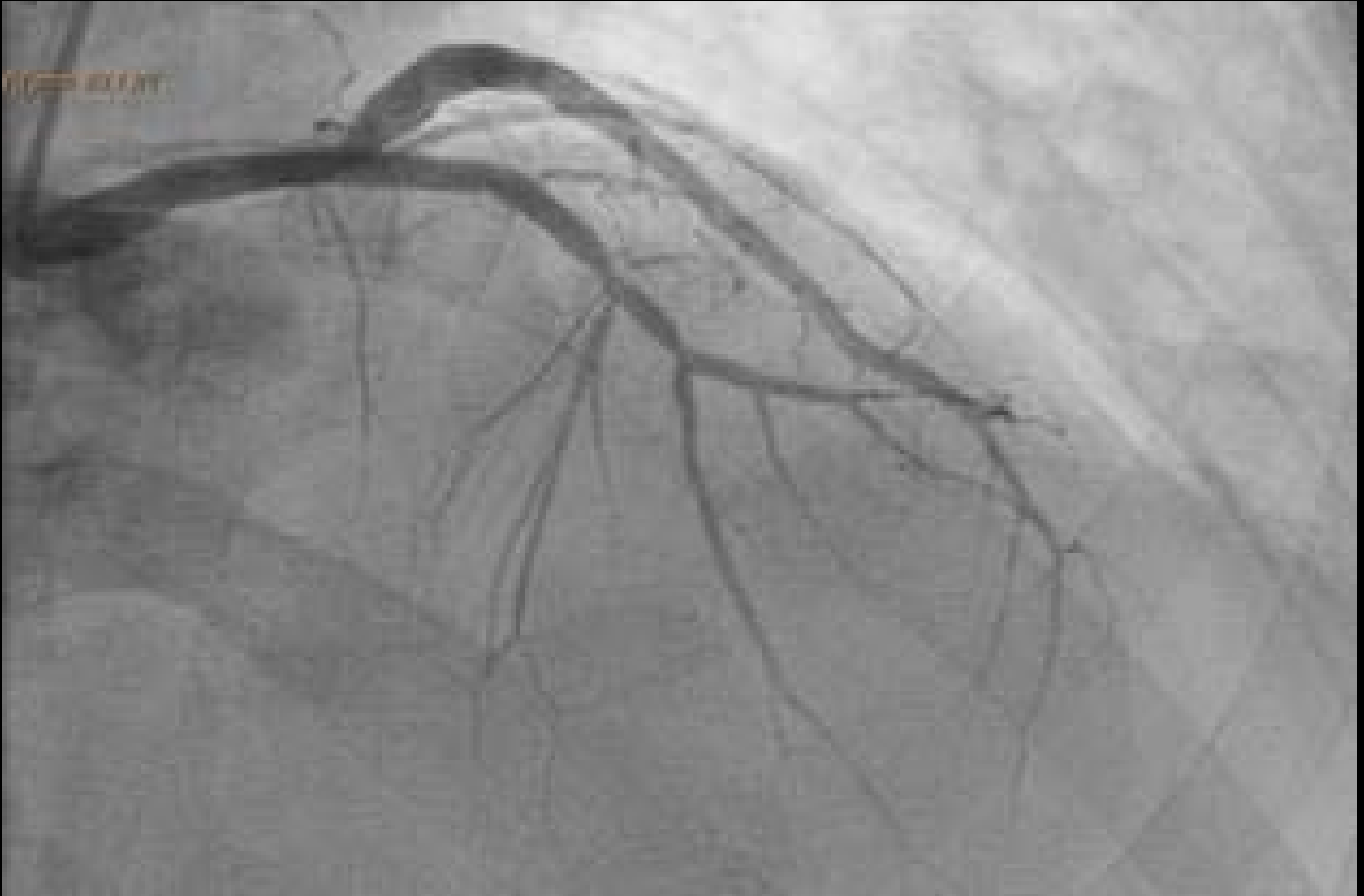


# Proximal Total Occlusion of LAD Artery



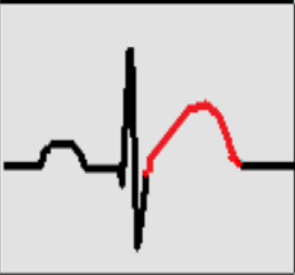
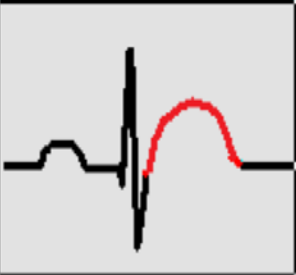
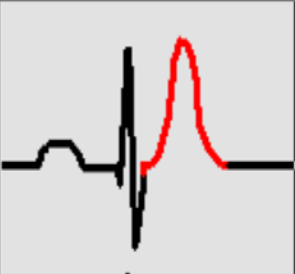
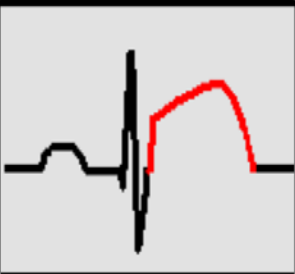
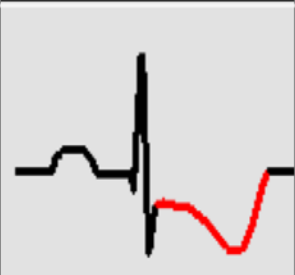


# Post-PCI / Stent, Proximal LAD lesion, 44 y/o male:



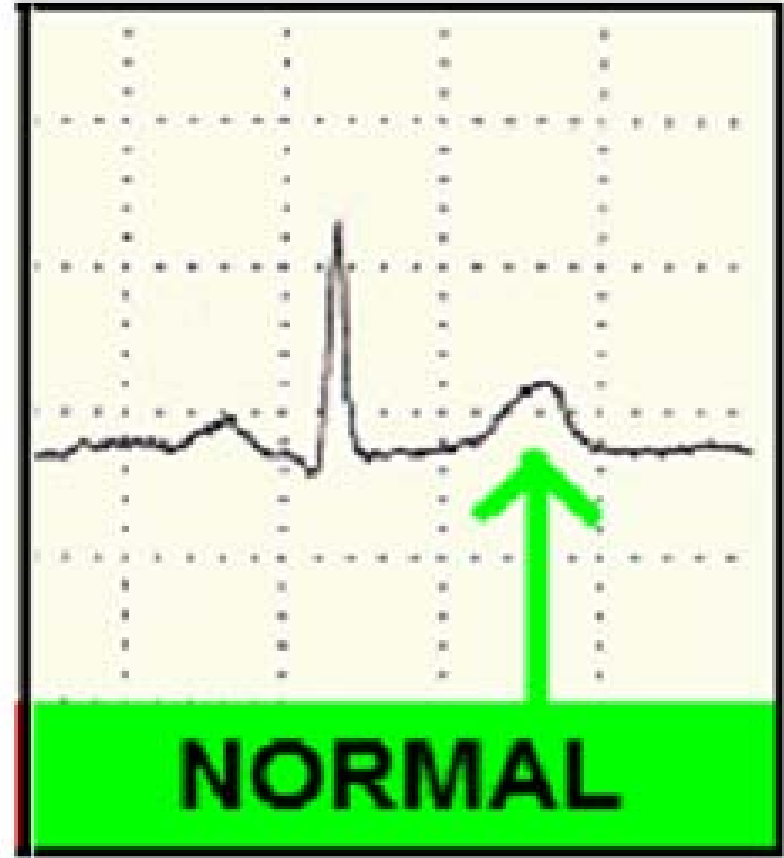
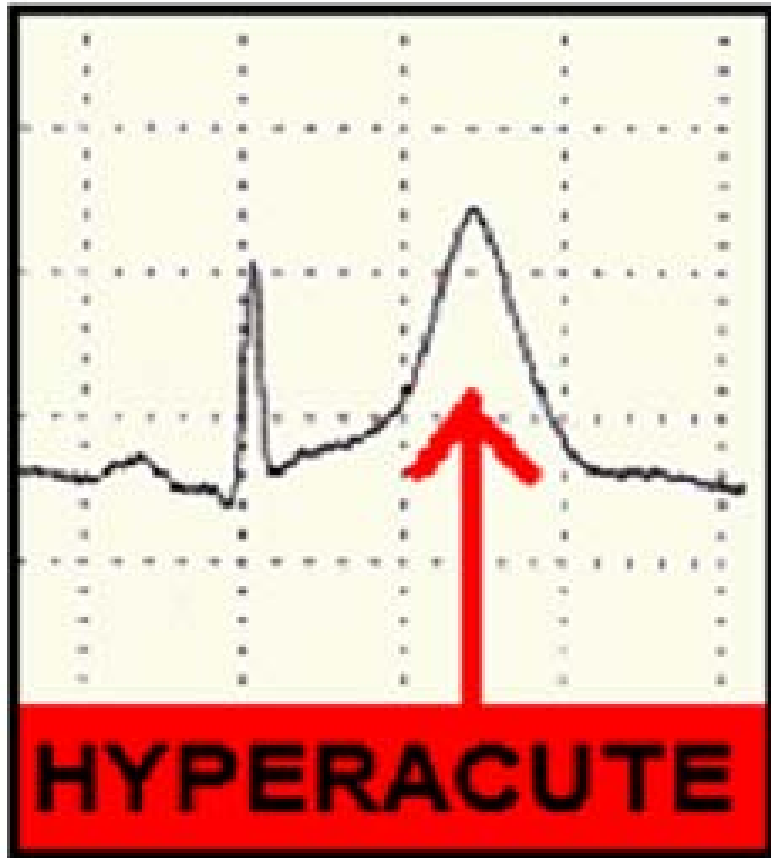
# ***PATTERNS of ACS & ISCHEMIA***

-- J POINT, ST SEGMENT, and T WAVE ABNORMALITIES --

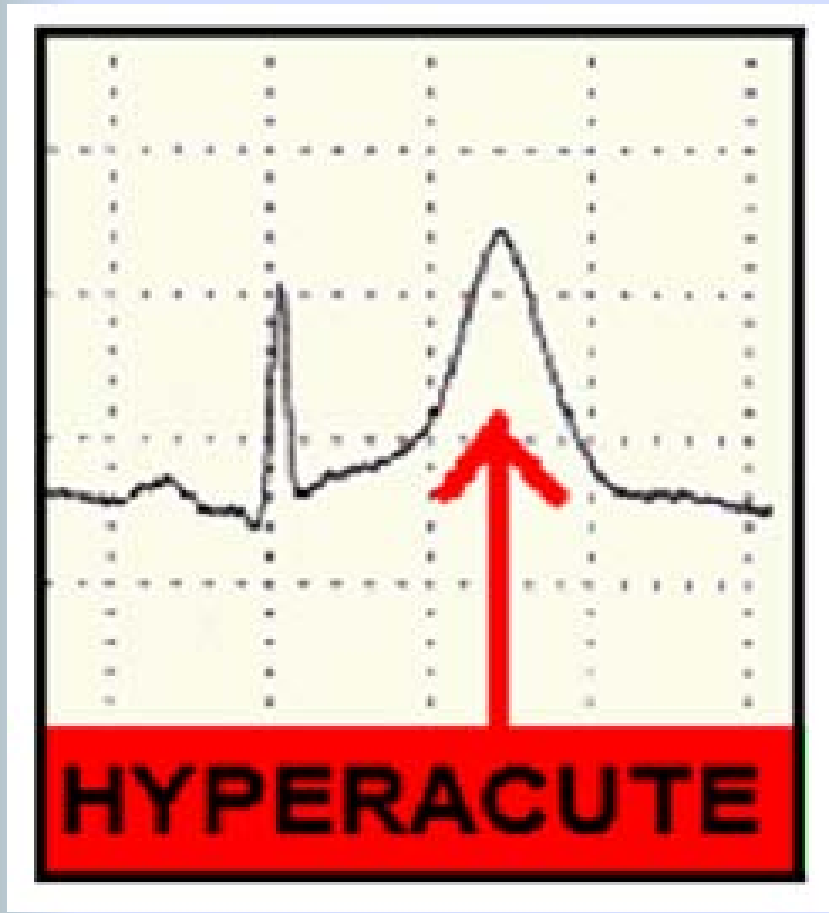
!	FLAT or CONVEX J-T APEX SEGMENT			<b><i>ACUTE MI</i></b> <b><i>EARLY PHASE</i></b>
!	HYPER-ACUTE T WAVE			<b><i>ACUTE MI</i></b> <b><i>EARLY PHASE</i></b>
!	S-T SEGMENT ELEVATION at J POINT			<b><i>ACUTE MI</i></b>
!	DEPRESSED J pt. DOWNSLOPING ST and INVERTED T			<b>- ACUTE (NON-Q WAVE) MI</b> <b>- ACUTE MI - ( RECIPROCAL CHANGES )</b> <b>- ISCHEMIA</b>



# T waves should not be HYPERACUTE

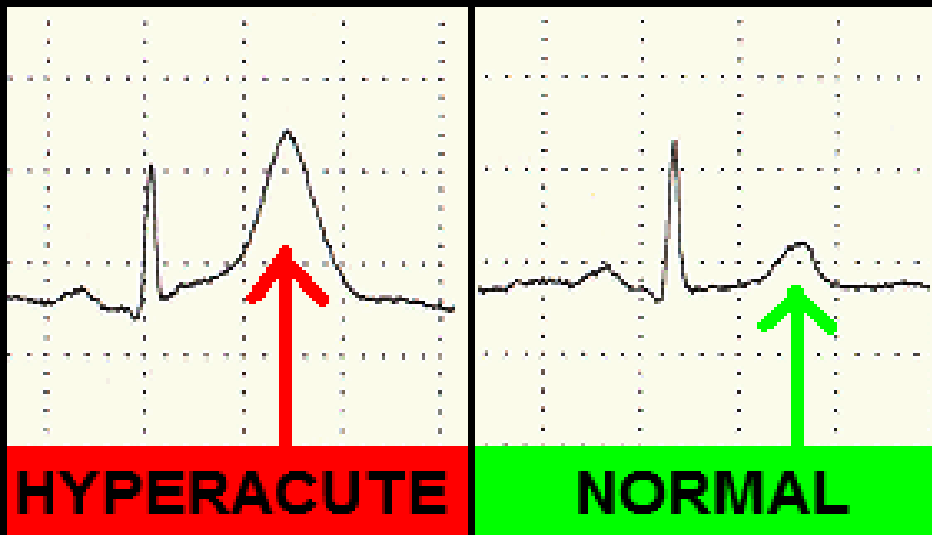


# HYPERACUTE T Waves may indicate:



- **Early phase Acute MI**
- **Transmural ischemia** (usually seen in one region of the ECG)
- **Hyperkalemia** (seen globally across ECG)
- **Hypertrophy**

# HYPERACUTE T WAVES



BOOK PAGE: 88

## HYPER-ACUTE T WAVES - COMMON ETIOLOGIES:



CONDITION: \_\_\_\_\_

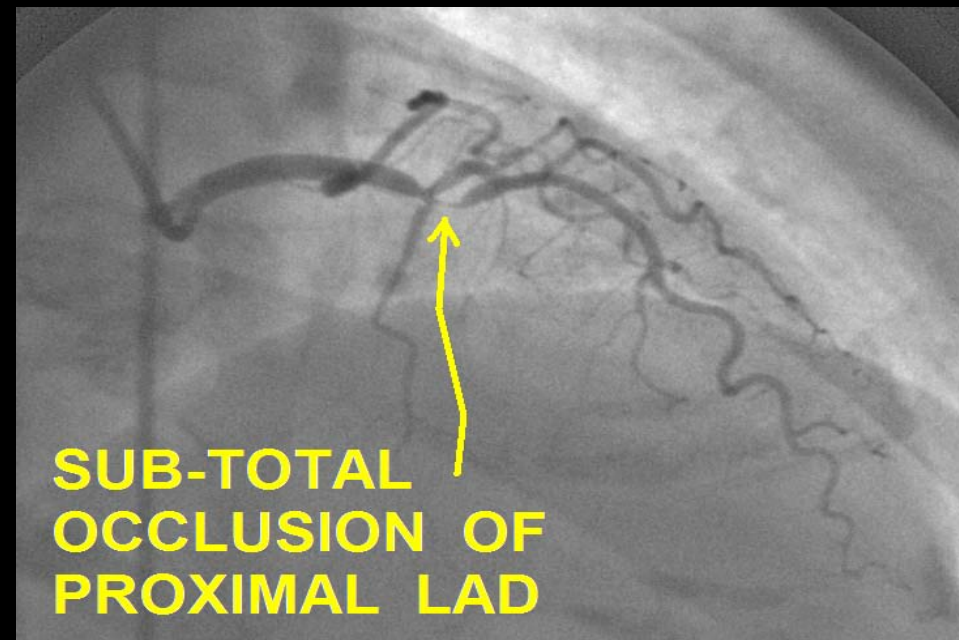
SEE PAGE(S): \_\_\_\_\_

 **HYPERKALEMIA** — XX - XX

 **ACUTE MI** — XX - XX

 **TRANS-MURAL  
ISCHEMIA** — XX - XX

 **HYPERTROPHY** — XX - XX



# Helpful Clue: Hyper-Acute T Waves

- **GLOBAL Hyper-acute T Waves** (in leads viewing multiple myocardial regions / arterial distributions) **favours HYPERKALEMIA**



Room:

Vent. rate	57 bpm
PR interval	150 ms
QRS duration	102 ms
QT/QTc	472/459 ms
P-R-T axes	76 70 58

ID:

23-Nov-

REGIONAL MEDICAL CENTER

Sinus bradycardia  
Possible Left atrial enlargement  
Borderline ECG

Technician:  
Test ind:

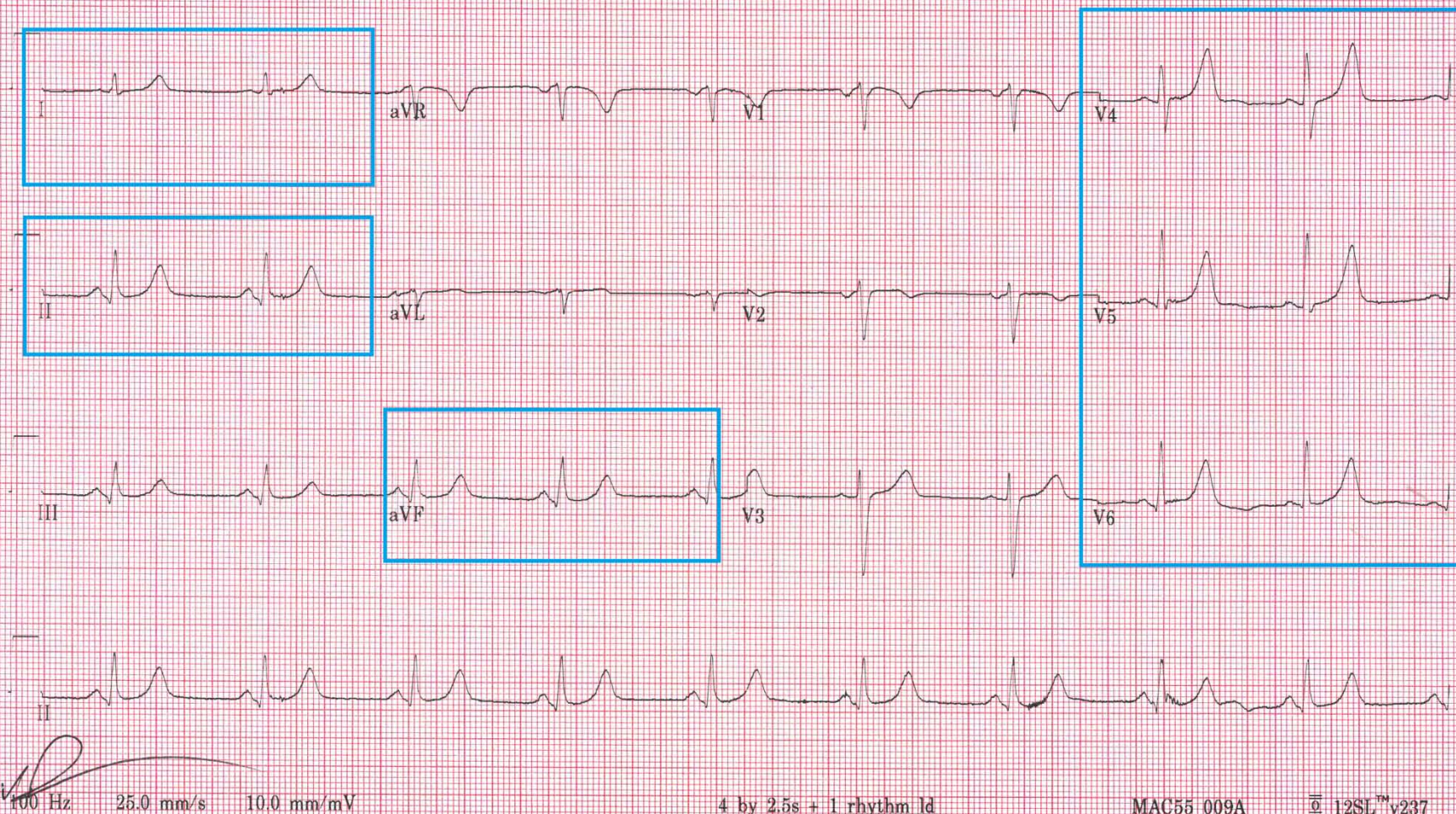
ER ATTENDING REVIEW  
NO STEMI  
TIME 1511

**K+ = 6.7**

Referred by:

Unconfirmed

LOCATION:





# Helpful Clue: Hyper-Acute T Waves

- **GLOBAL Hyper-acute T Waves** (in leads viewing multiple myocardial regions / arterial distributions) **favors HYPERKALEMIA**
- **Hyper-acute T Wave noted in ONE ARTERIAL DISTRIBUTION** ( Anterior / Lateral / Inferior ) favors **TRANSMURAL ISCHEMIA / Early Phase Acute MI**

## CASE STUDY: HYPERACUTE T WAVES

### CHIEF COMPLAINT and SIGNIFICANT HISTORY:

30 y/o male presents to ER via EMS, c/o sudden onset of dull chest pain x 40 min. Pain level varies, not effected by position, movement or deep inspiration. No associated symptoms.

**RISK FACTOR PROFILE:** NONE. CHOLESTEROL UNKNOWN.

**PHYSICAL EXAM:** Patient is supine on exam table, CAO x 4, anxious, restless, skin pale, cool, dry. Patient c/o chest pressure, "7" on 1 - 10 scale, uneffected by position, movement, deep inspiration. Lungs clear. HS: NL S1, S2, no rubs, murmurs, gallops

**VITAL SIGNS:** BP 136/88 P 90 R 20 SAO2 98%

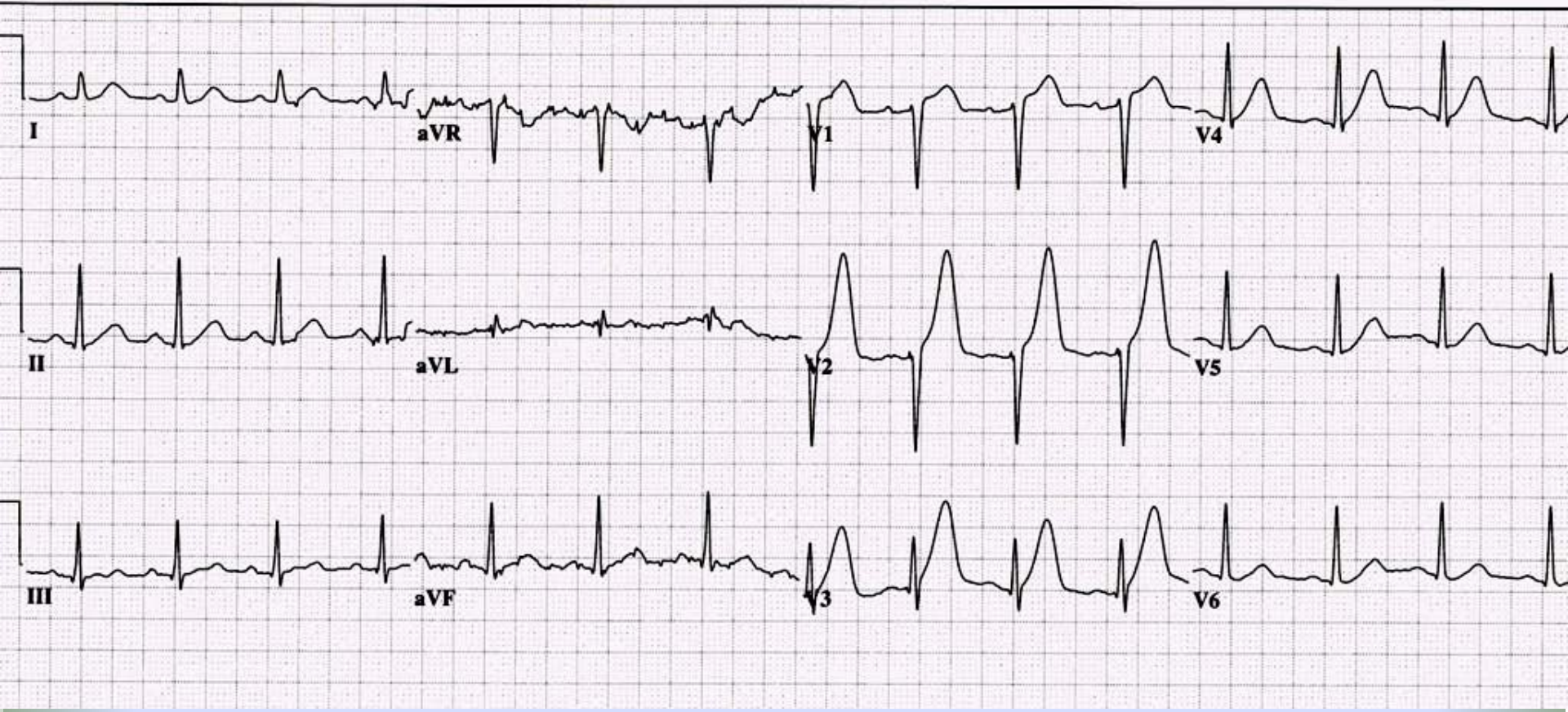
**DIAGNOSTIC TESTING:** 1st TROPONIN I - ultra: <0.07

30 yr  
Male      Black  
  
Room: ER  
Loc:      Option:

Vent. rate	88	BPM
PR interval	164	ms
QRS duration	90	ms
QT/QTc	370/447	ms
P-R-T axes	61 62	53

Normal sinus rhythm  
Normal ECG  
No previous ECGs available

← NOTE COMPUTER INTERPRETATION



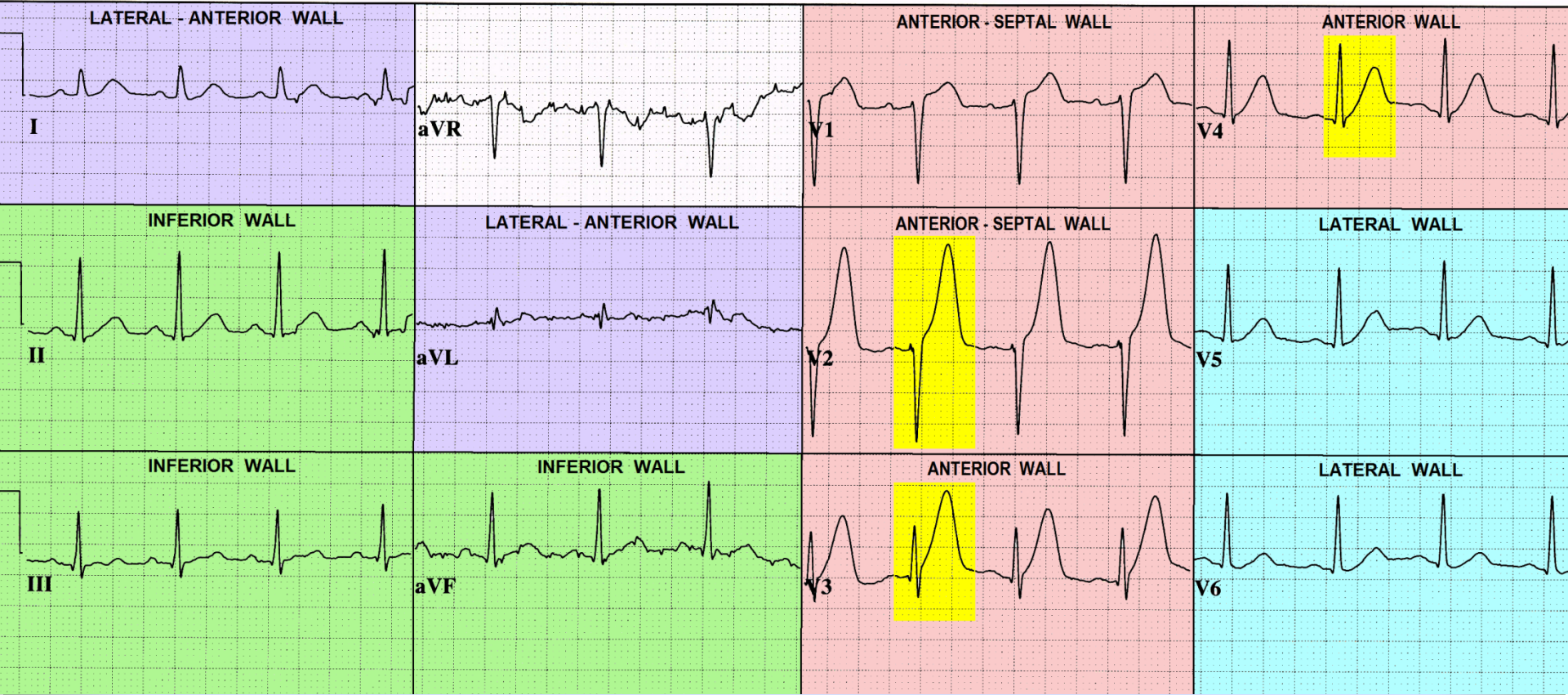
30 yr  
Male      Black  
  
Room: ER  
Loc:      Option:

Vent. rate                      88    BPM  
PR interval                    164    ms  
QRS duration                 90    ms  
QT/QTc                        370/447    ms  
P-R-T axes                    61   62   53

Normal sinus rhythm  
Normal ECG  
No previous ECGs available

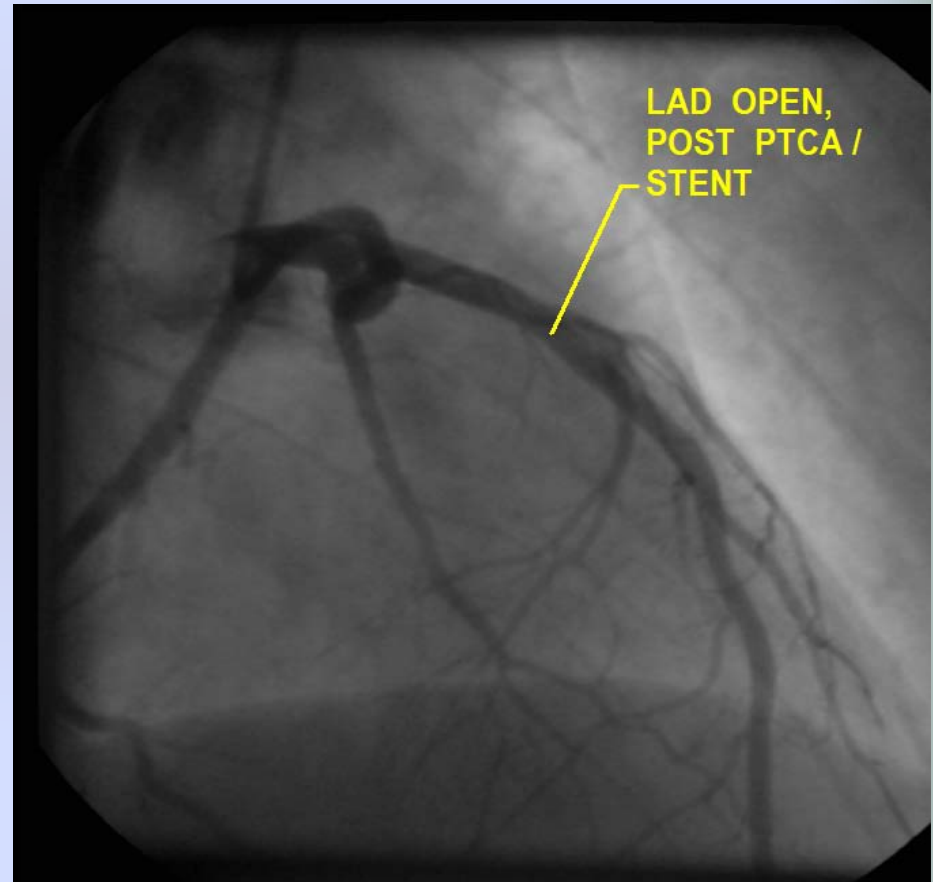
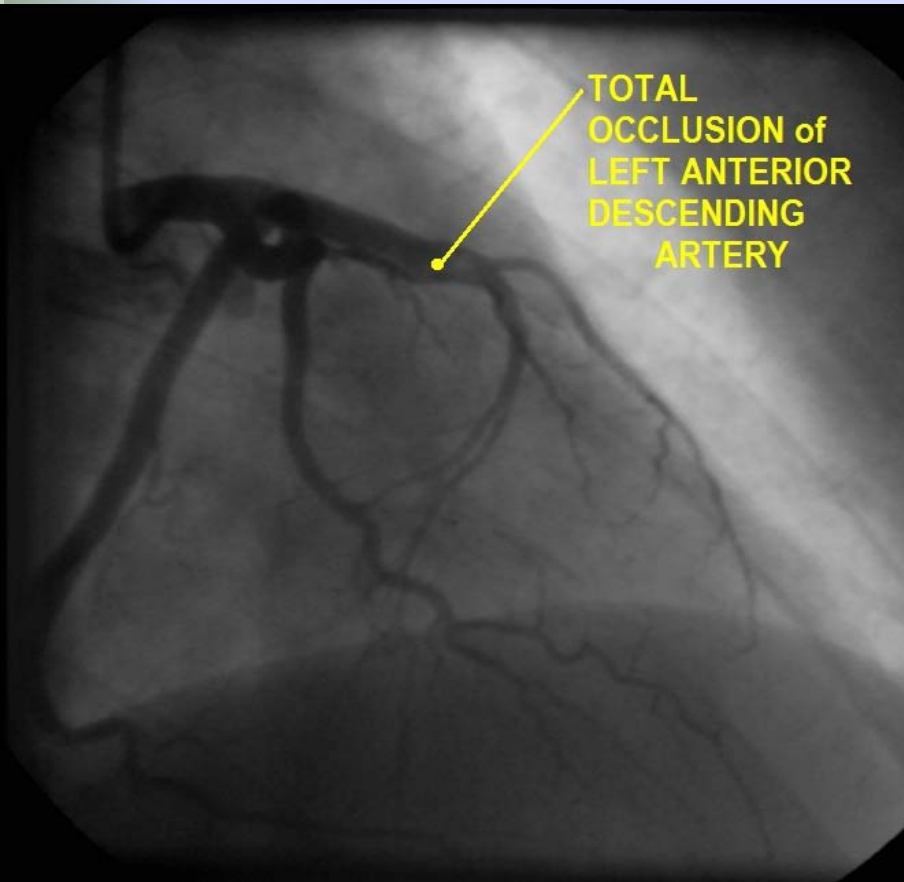
**HIGHLIGHTED AREAS =  
HYPERACUTE T WAVES**

**CORONARY ARTERIAL DISTRIBUTIONS:**  
**V1 - V4 = LEFT ANTERIOR DESCENDING ( LAD )**  
**I, AVL = DIAGONAL (DIAG) off the LAD or**  
**OBTUSE MARGINAL (OM) off CIRCUMFLEX (CX)**  
**V5, V6 = CIRCUMFLEX**  
**II, III, AVF = RIGHT CORONARY ARTERY or CX**





## Cath Lab findings:



# Dynamic ST-T Wave Changes:

- Other than HEART RATE related variations (which affect intervals), ***J Points, ST-Segments and T Waves SHOULD NOT CHANGE.***

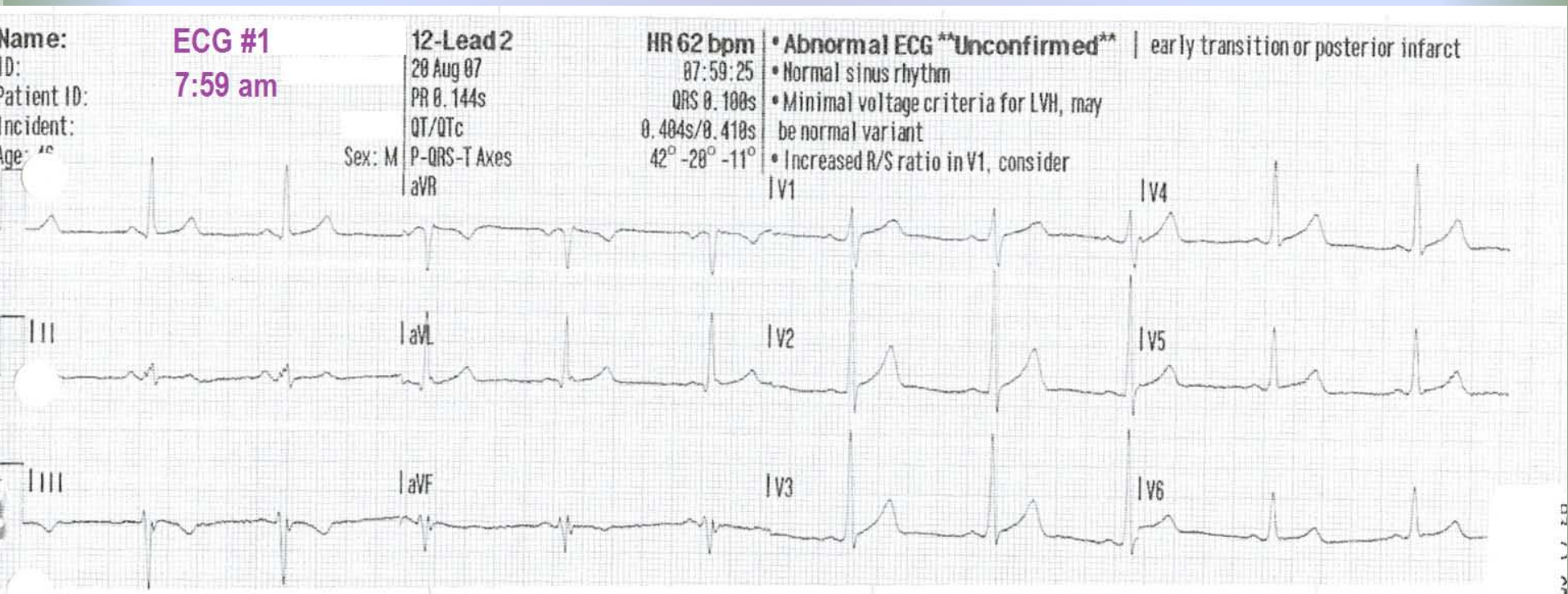
# Dynamic ST-T Wave Changes:

- Other than HEART RATE related variations (which affect intervals), ***J Points, ST-Segments and T Waves SHOULD NOT CHANGE.***
- **When changes to J Points, ST-Segments and/or T waves are NOTED, consider EVOLVING MYOCARDIAL ISCHEMIA and/or EARLY PHASE MI, until proven otherwise.**



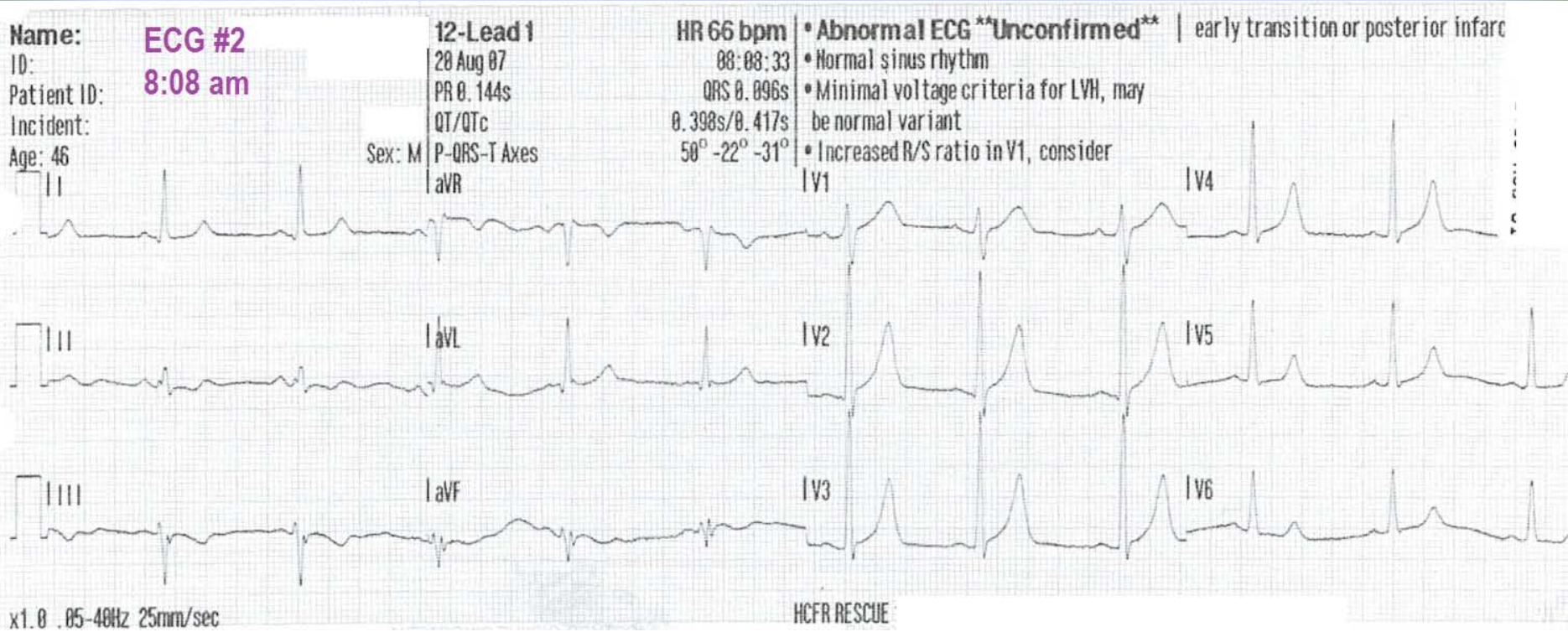
# 46 year old male

- Exertional dyspnea X “several weeks”
- Intermittent chest pressure X last 3 hours.  
Currently pain free.



# 46 year old male: ECG 1

- Chest pressure has returned, “5” on 1-10 scale. 2<sup>nd</sup> ECG obtained due to “change in symptoms”:

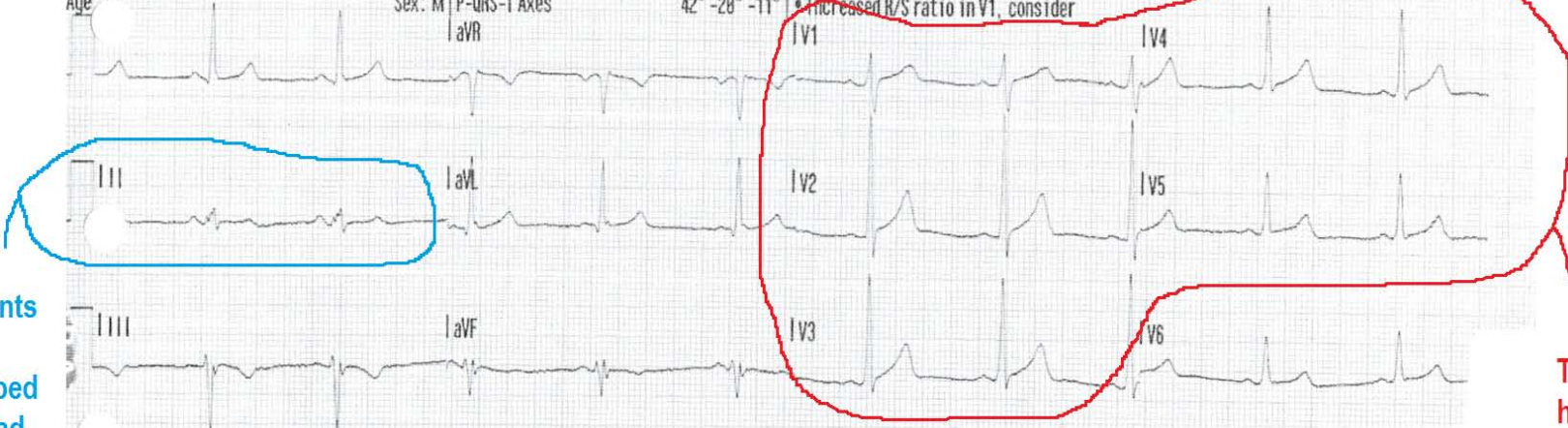




Name: **ECG #1** 12-Lead 2  
 ID: 28 Aug 07  
 Patient ID: 7:59 am  
 Incident: PR 0.144s  
 Age: 46 QT/QTc  
 Sex: M P-QRS-T Axes  
 aVR

HR 62 bpm  
 07:59:25  
 QRS 0.100s  
 0.404s/0.410s  
 42° -28° -11°

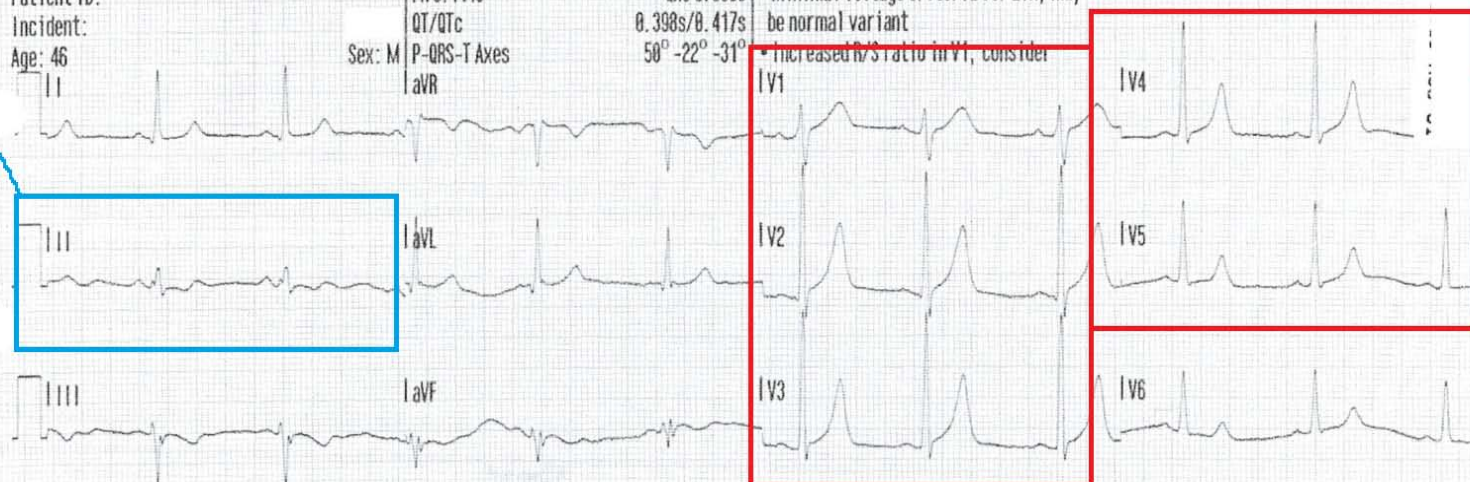
• **Abnormal ECG \*\*Unconfirmed\*\*** | early transition or posterior infarct  
 • Normal sinus rhythm  
 • Minimal voltage criteria for LVH, may be normal variant  
 • Increased R/S ratio in V1, consider



Name: **ECG #2** 12-Lead 1  
 ID: 28 Aug 07  
 Patient ID: 8:08 am  
 Incident: PR 0.144s  
 Age: 46 QT/QTc  
 Sex: M P-QRS-T Axes  
 aVR

HR 66 bpm  
 08:08:33  
 QRS 0.096s  
 0.398s/0.417s  
 50° -22° -31°

• **Abnormal ECG \*\*Unconfirmed\*\*** | early transition or posterior infarct  
 • Normal sinus rhythm  
 • Minimal voltage criteria for LVH, may be normal variant  
 • Increased R/S ratio in V1, consider



x1.0 0.05-40Hz 25mm/sec

HCFR RESCUE

**7:59 am**

**8:08 am**



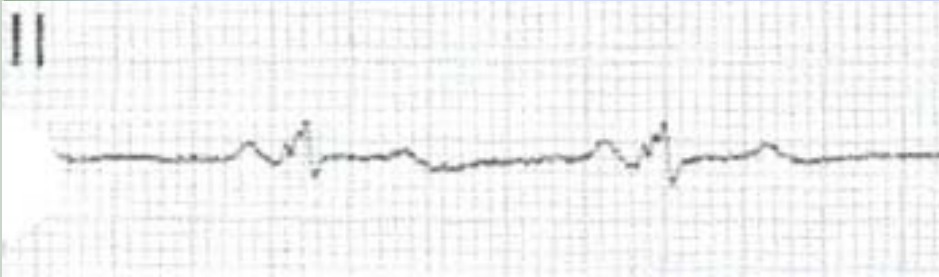
**↑ 2.5mm**

**↑ 3.0 mm**

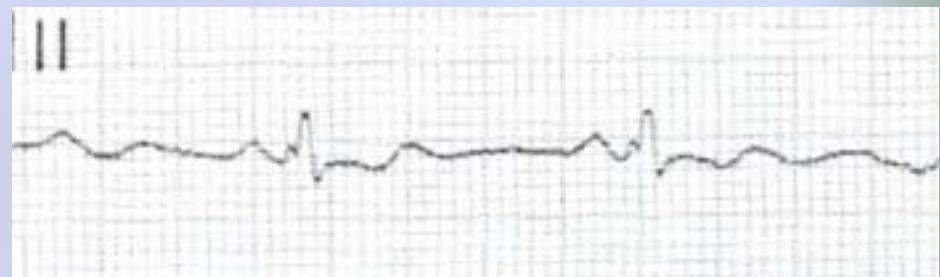
**↑ 4.0 mm**

# ST-Segment Depression

**7:59 am**

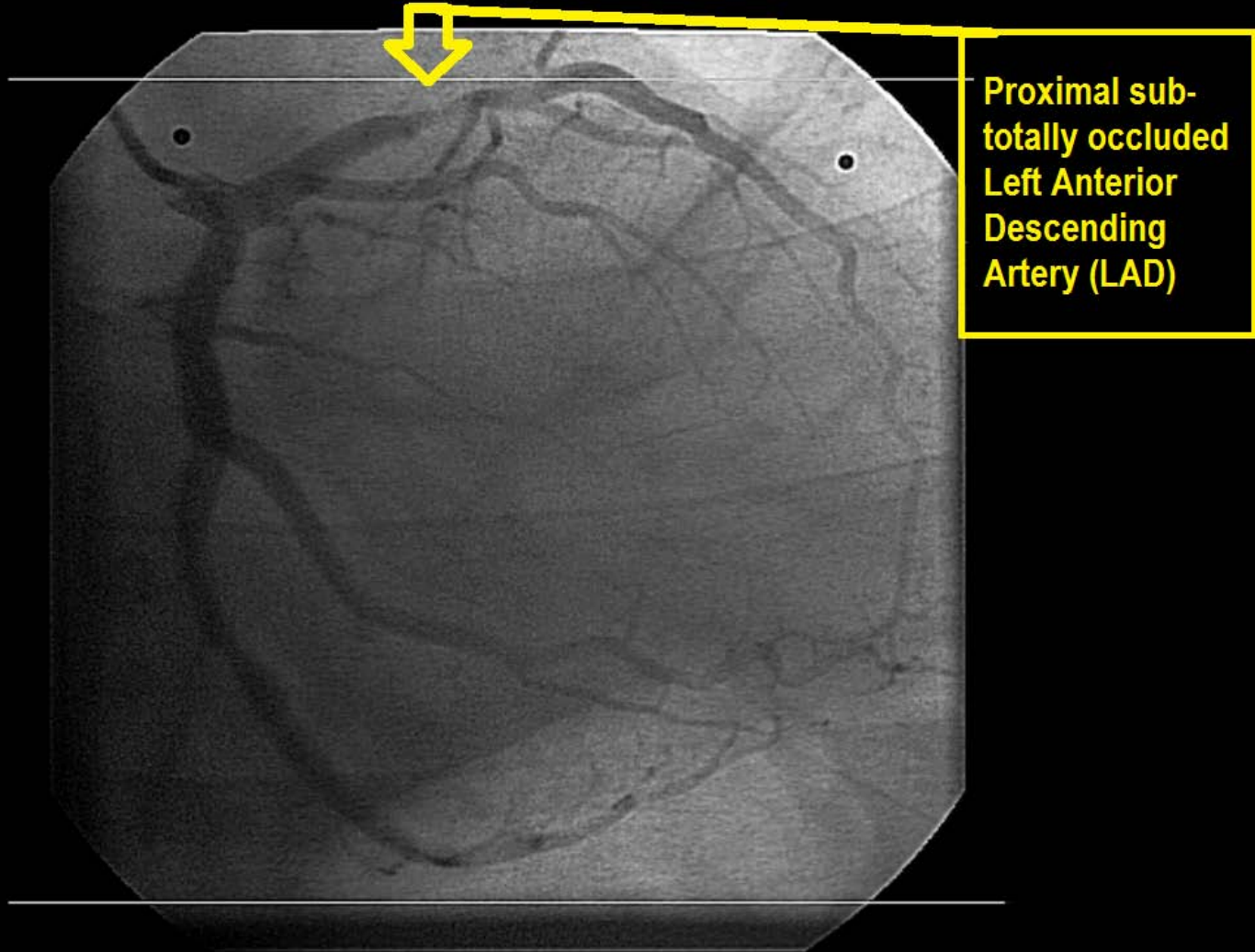


**8:08 am**

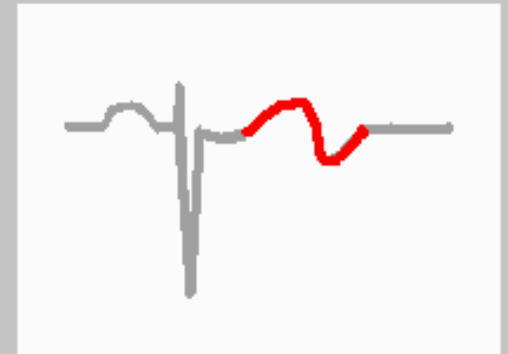




# Cath Lab Angiography:



# ISCHEMIA

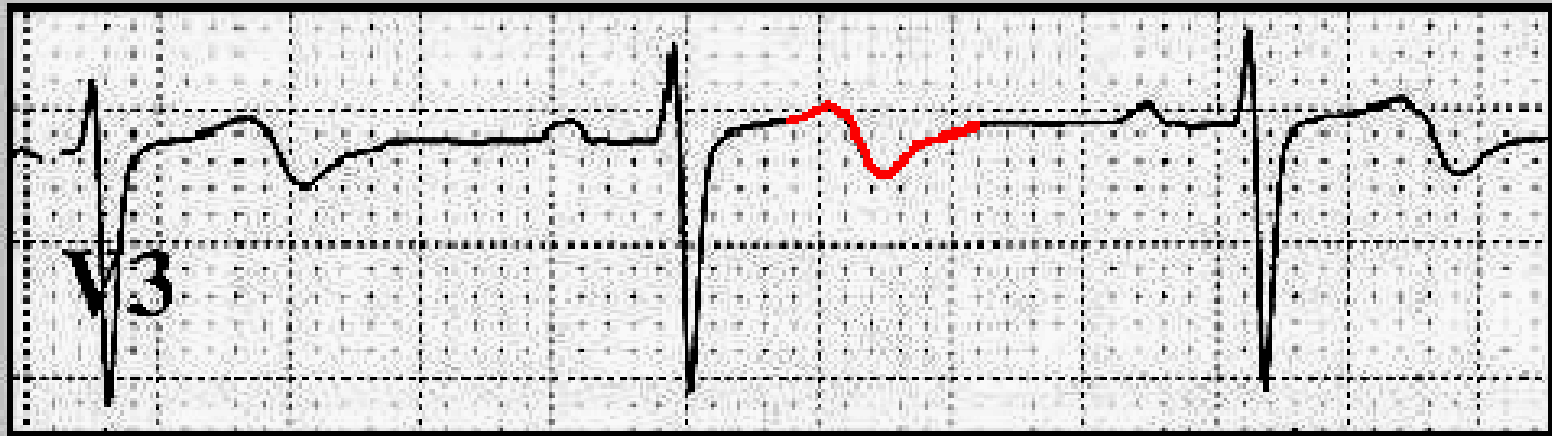


## *BI-PHASIC T WAVE*

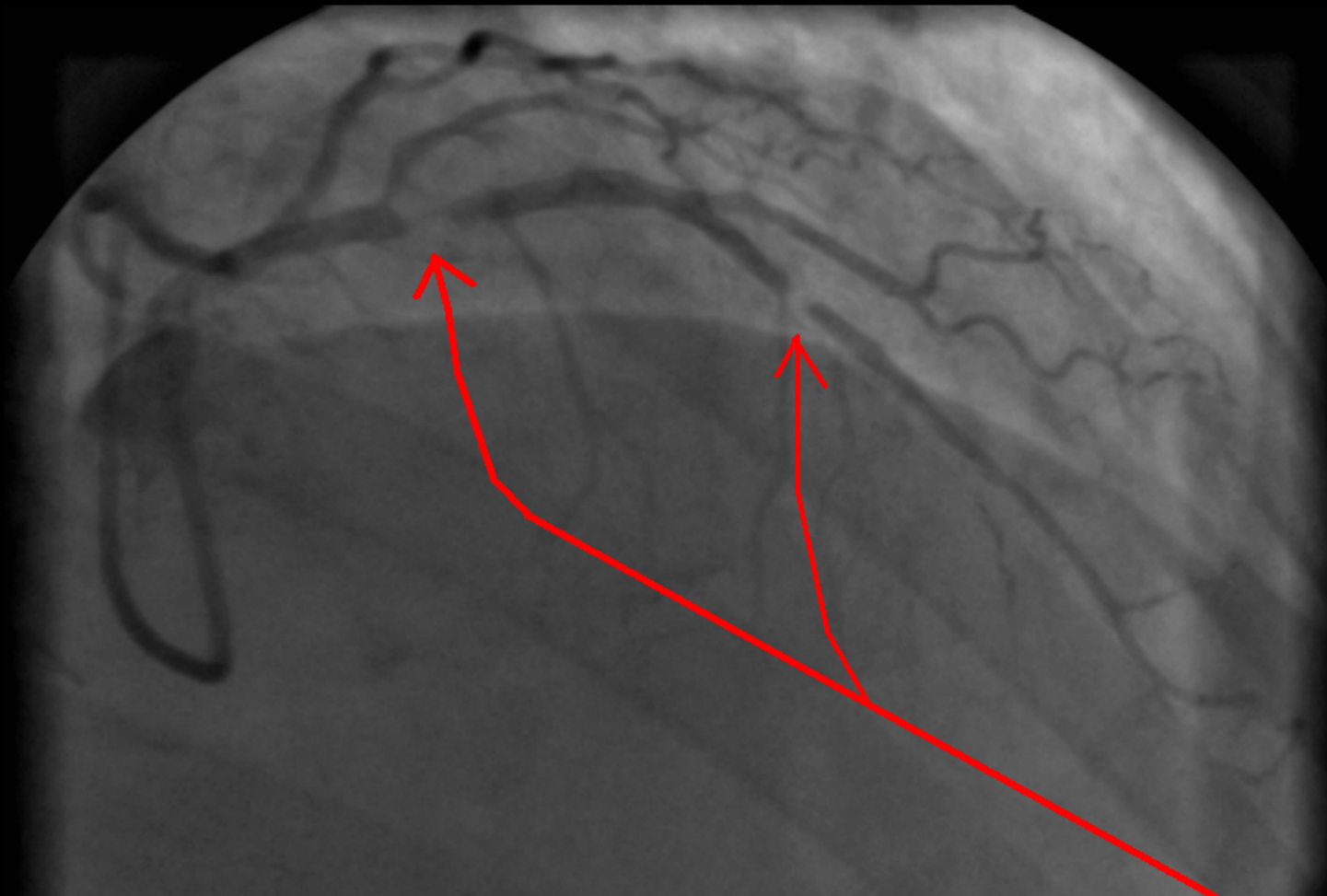
- SUB-TOTAL OCCLUSION of LEFT ANTERIOR DESCENDING ARTERY ( when noted in V1-V4 )
- LEFT VENTRICULAR HYPERTROPHY
- COCAINE INDUCED VASOSPASM



# BI-PHASIC T WAVES



**58 y/o MALE WITH SUB-TOTAL  
OCCLUSIONS OF THE LEFT  
ANTERIOR DESCENDING ARTERY**



**58 y/o MALE WITH "WELLEN'S  
WARNING." PT HAS SUB-TOTALLY  
OCCLUDED LAD X 2**

# **Classic “Wellen’s Syndrome:”**

- **Characteristic T wave changes**
  - Biphasic T waves
  - Inverted T waves
- **History of anginal chest pain**
- **Normal or minimally elevated cardiac markers**
- **ECG without Q waves, without significant ST-segment elevation, and with normal precordial R-wave progression**

# **Wellen's Syndrome ETIOLOGY:**

- **Critical Lesion, Proximal LAD**
- **Coronary Artery Vasospasm**
- **Cocaine use (vasospasm)**
- **Increased myocardial oxygen demand**
- **Generalized Hypoxia / anemia / low H&H**

# Wellen's Syndrome EPIDEMIOLOGY & PROGNOSIS:

- Present in 14-18% of patients admitted with unstable angina
- 75% patients not treated developed extensive Anterior MI within 3 weeks.
- *Median Average time from presentation to Acute Myocardial Infarction – 8 days*

Sources: [H Wellens et. Al, Am Heart J 1982; v103\(4\) 730-736](#)

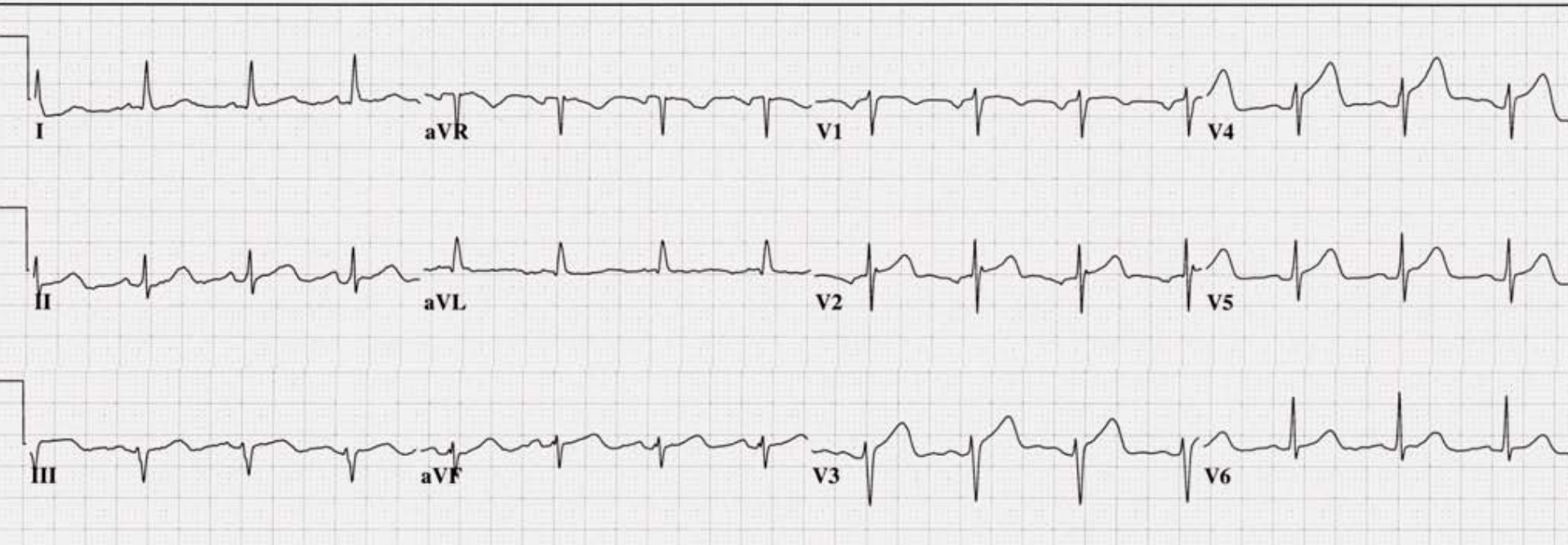
# Wellen's Syndrome Case Study

- 33 y/o male
- Chief complaint “sharp, pleuritic quality chest pain, intermittent, recent history lower respiratory infection with productive cough.”
- ED physician attributed the ST elevation in precordial leads to “early repolarization,” due to patient age, gender, race (African American) and concave nature of ST-segments.

# Wellen's Syndrome Case Study

## SERIAL EKG CASE STUDY 1 - EKG #1 @ 06:22 HOURS

33 yr		Vent. rate	89	BPM	Normal sinus rhythm
Male	Black	PR interval	158	ms	Possible Left atrial enlargement
		QRS duration	80	ms	Borderline ECG
		QT/QTc	366/445	ms	No previous ECGs available
Loc:3	Option:23	P-R-T axes	60 -5	65	





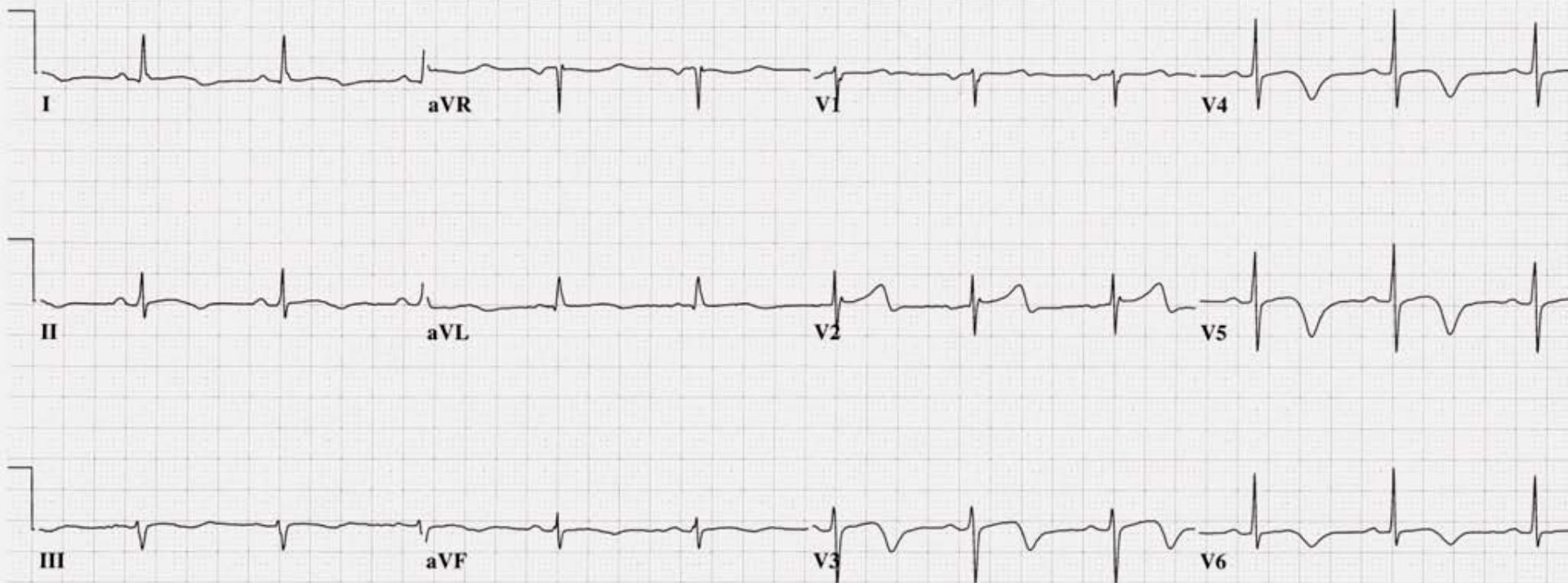
# Wellen's Syndrome Case Study

## SERIAL EKG CASE STUDY 1 - EKG # 2 @ 09:42 HOURS

33 yr  
Male      Black  
Room:A13  
Loc:3      Option:23

Vent. rate      67    BPM  
PR interval      160    ms  
QRS duration      82    ms  
QT/QTc      512/541    ms  
P-R-T axes      44 0    54

\*\*\*UNEDITED COPY: REPORT IS COMPUTER GENERATED ONLY, WITHOUT PHYSICIAN INTERPRETATION".  
Normal sinus rhythm  
T wave abnormality, consider anterolateral ischemia  
Prolonged QT  
Abnormal ECG



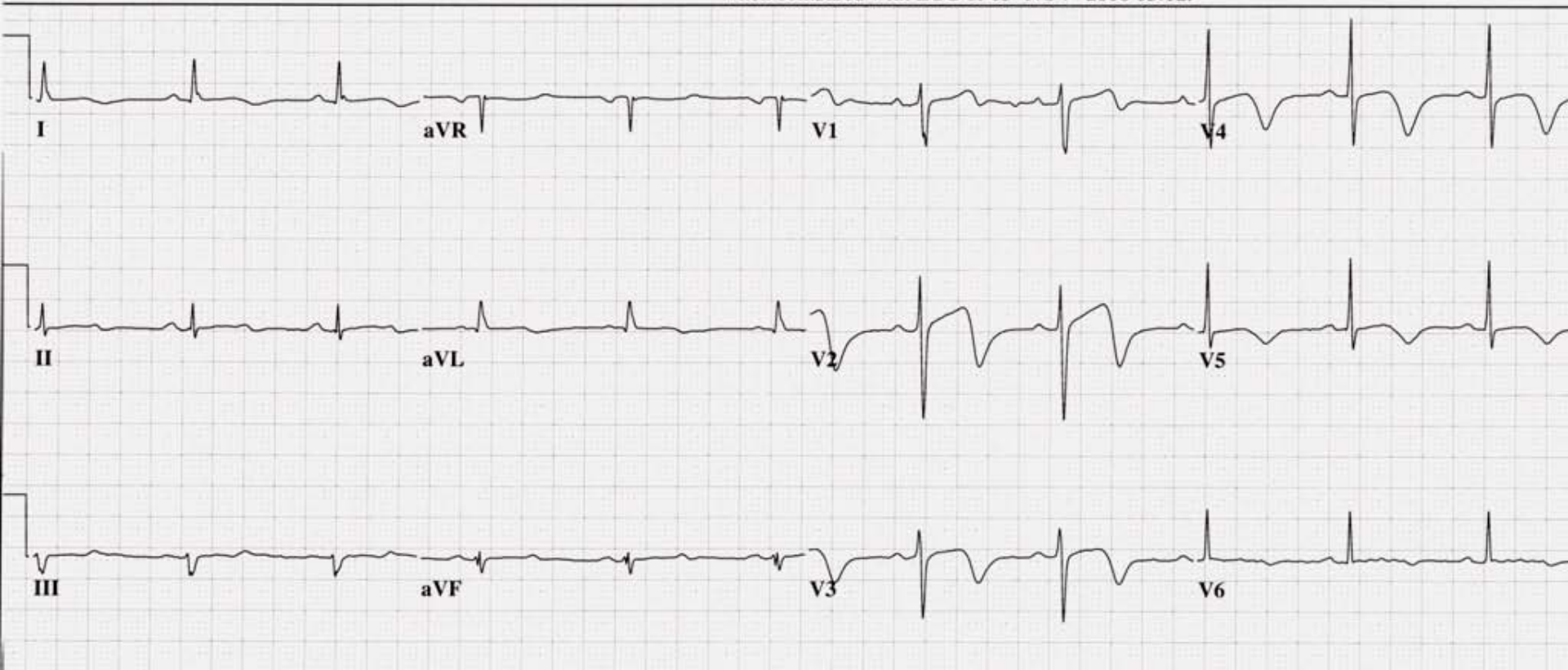
***DYNAMIC ST-T Wave Changes  
ARE PRESENT !!***

**NOW**  
*is the time for the*  
**STAT CALL**  
*to the*  
**CARDIOLOGIST !!!!**

# Wellen's Syndrome Case Study

## SERIAL EKG CASE STUDY 1 - EKG # 3 @ 12:12 HOURS

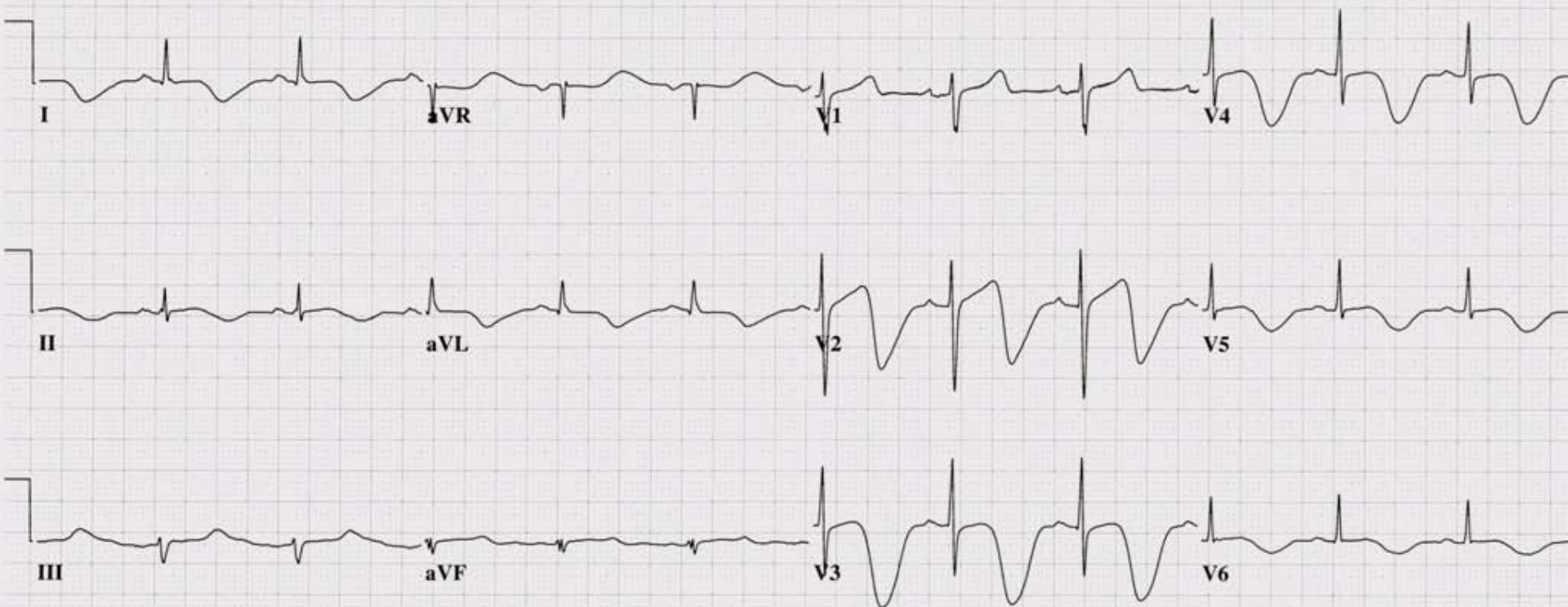
33 yr		Vent. rate	64	BPM	Normal sinus rhythm
Male	Black	PR interval	160	ms	Marked T wave abnormality, consider anterolateral ischemia
		QRS duration	84	ms	Prolonged QT
		QT/QTc	514/530	ms	Abnormal ECG
Loc:7	Option:35	P-R-T axes	45 3	91	When compared with ECG of 05-NOV-2008 05:12.



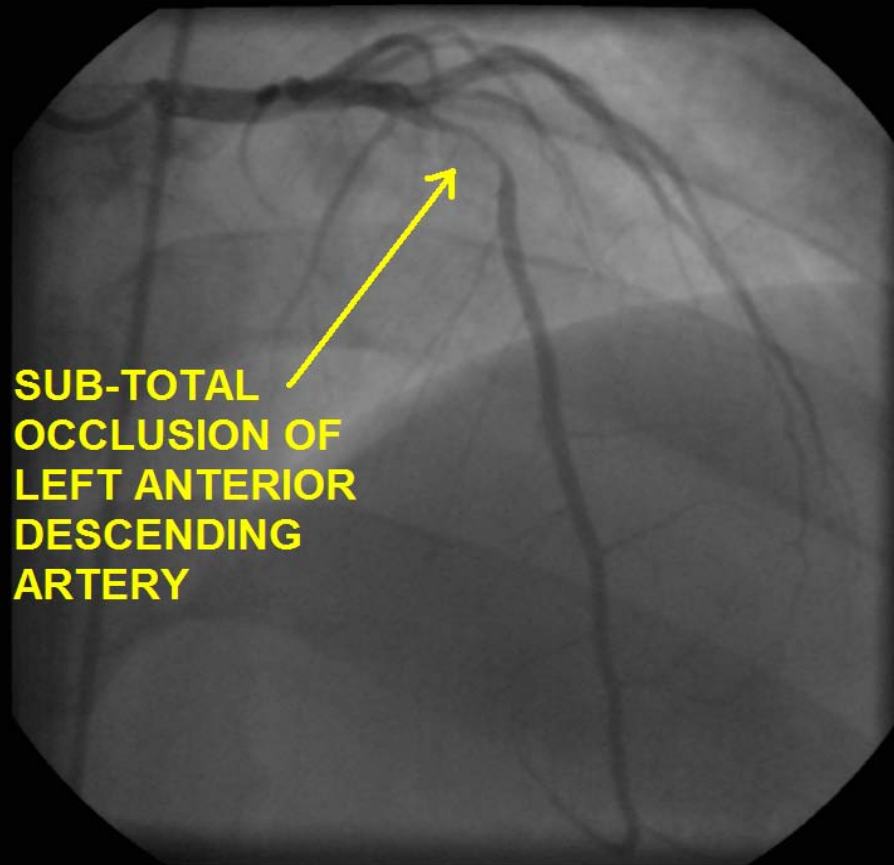
# Wellen's Syndrome Case Study

## SERIAL EKG CASE STUDY 1 - EKG # 4 @ 15:37 HOURS

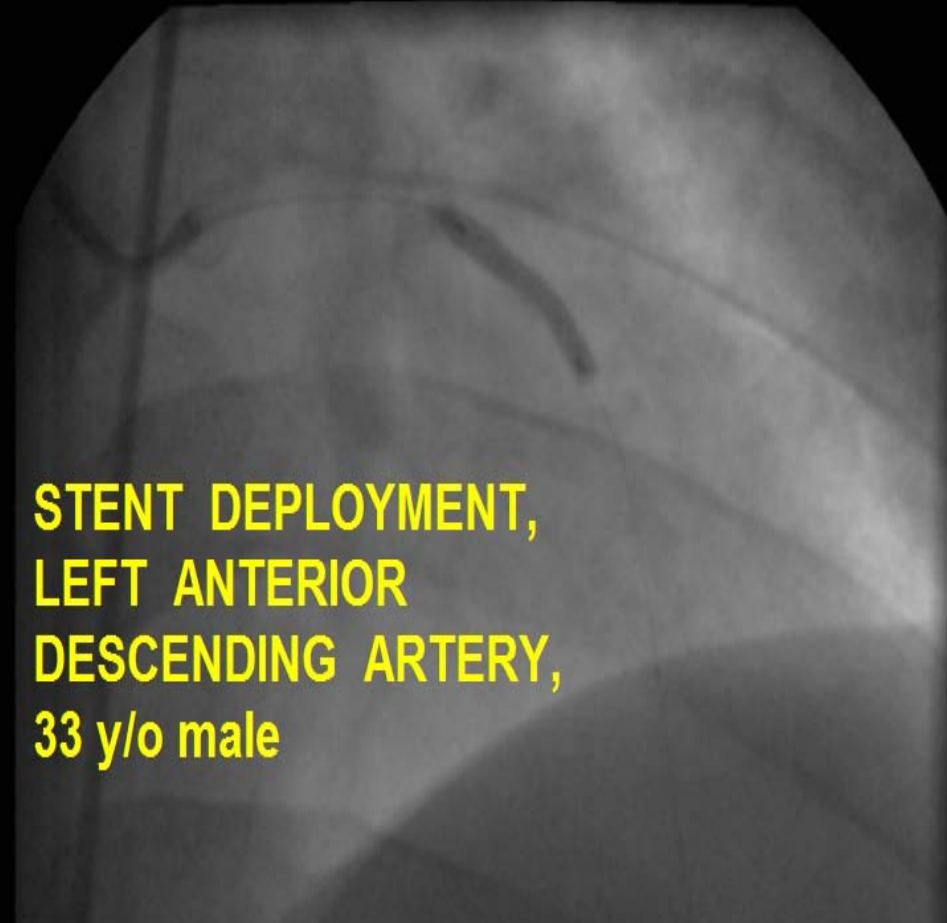
33 yr		Vent. rate	71	BPM	Normal sinus rhythm
Male	Black	PR interval	144	ms	Marked T wave abnormality, consider anterolateral ischemia
		QRS duration	74	ms	Prolonged QT
Room:405A		QT/QTc	600/652	ms	Abnormal ECG
Loc:5	Option:39	P-R-T axes	20 1	160	



# Wellen's Syndrome Case Study



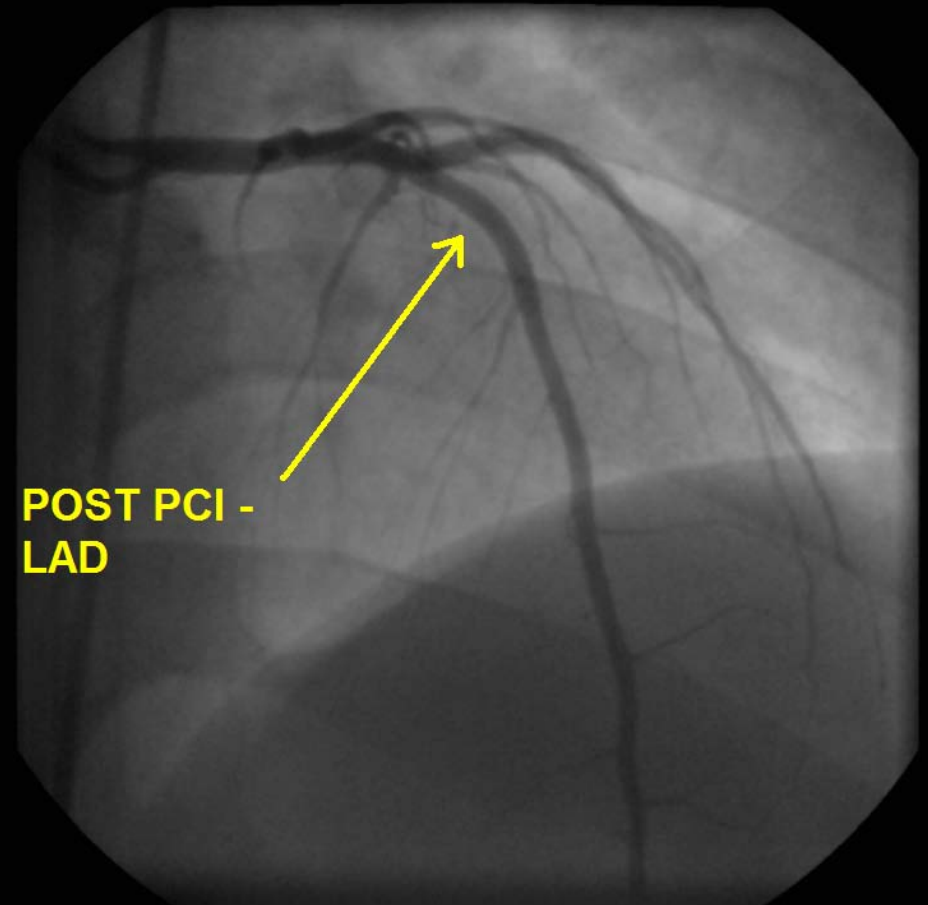
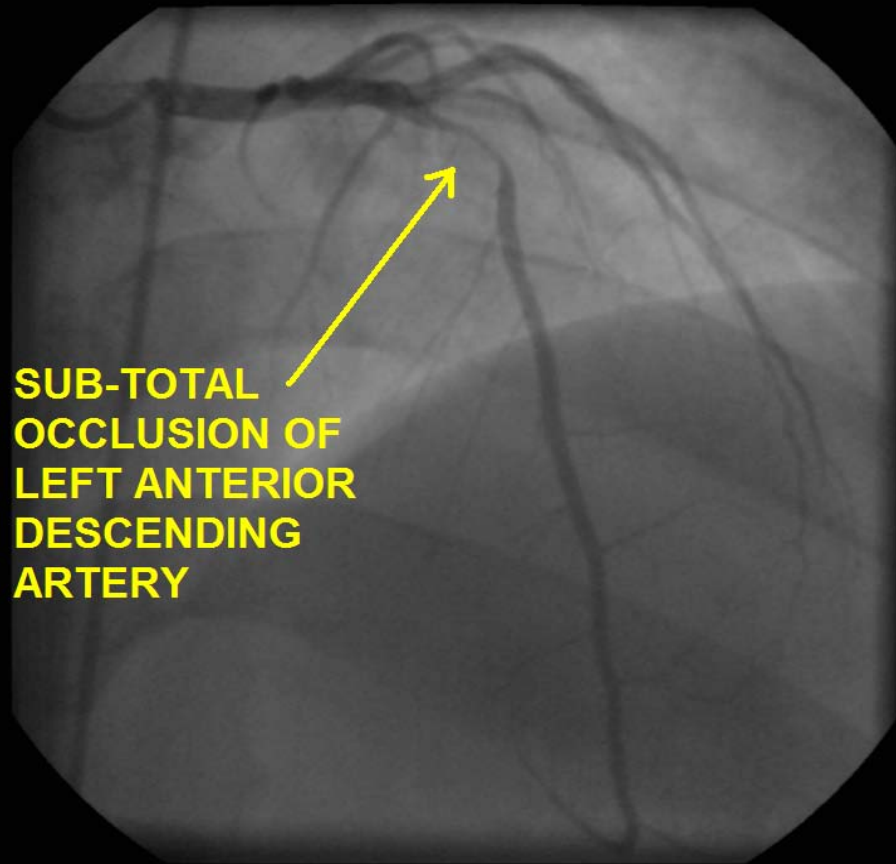
**SUB-TOTAL  
OCCLUSION OF  
LEFT ANTERIOR  
DESCENDING  
ARTERY**



**STENT DEPLOYMENT,  
LEFT ANTERIOR  
DESCENDING ARTERY,  
33 y/o male**



# Wellen's Syndrome Case Study



# Additional Resources:

- [Wellen's Syndrome, NEJM case study](#)

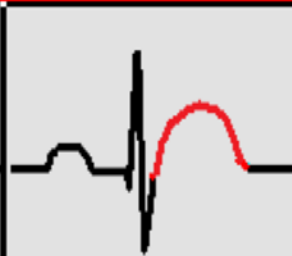
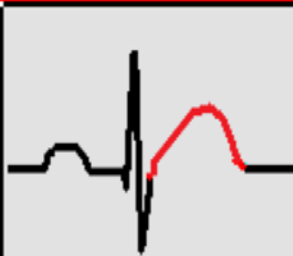


# ***PATTERNS of ACS & ISCHEMIA***

-- J POINT, ST SEGMENT, and T WAVE ABNORMALITIES --



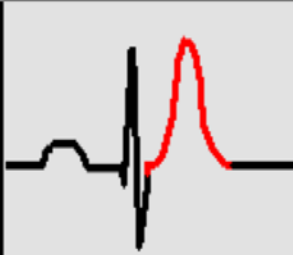
FLAT or CONVEX  
J-T APEX  
SEGMENT



***ACUTE MI***  
***EARLY PHASE***



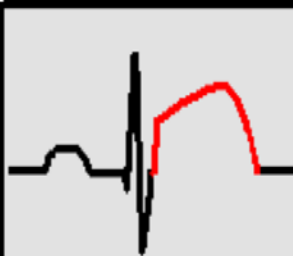
HYPER-ACUTE  
T WAVE



***ACUTE MI***  
***EARLY PHASE***



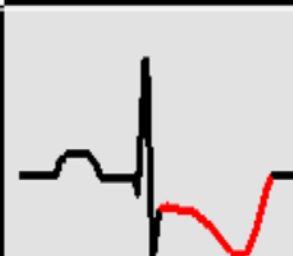
S-T SEGMENT  
ELEVATION at  
J POINT



***ACUTE MI***



DEPRESSED J pt.  
DOWNSLOPING ST  
and INVERTED T



- ***ACUTE (NON-Q WAVE) MI***  
- ***ACUTE MI - (RECIPROCAL CHANGES)***  
- ***ISCHEMIA***



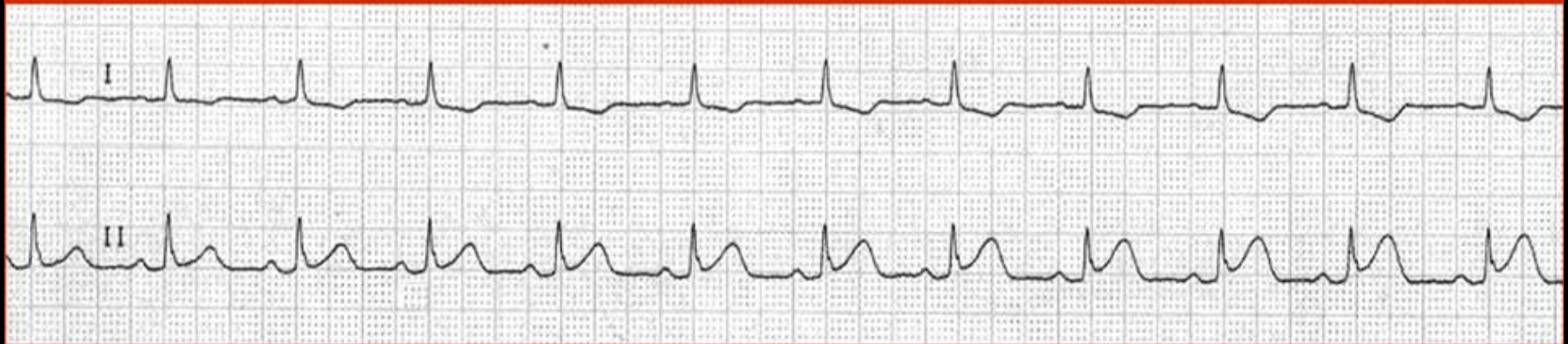
# Abnormal ST Elevation Criteria: ACC/AHA 2009 “Standardization and Interpretation of the ECG, Part VI Acute Ischemia and Infarction,” Galen Wagner, et al

## **Recommendations**

1. For men 40 years of age and older, the threshold value for abnormal J-point elevation should be 0.2 mV (2 mm) in leads  $V_2$  and  $V_3$  and 0.1 mV (1 mm) in all other leads.
2. For men less than 40 years of age, the threshold values for abnormal J-point elevation in leads  $V_2$  and  $V_3$  should be 0.25 mV (2.5 mm).
3. For women, the threshold value for abnormal J-point elevation should be 0.15 mV (1.5 mm) in leads  $V_2$  and  $V_3$  and greater than 0.1 mV (1 mm) in all other leads.
4. For men and women, the threshold for abnormal J-point elevation in  $V_3R$  and  $V_4R$  should be 0.05 mV (0.5 mm), except for males less than 30 years of age, for whom 0.1 mV (1 mm) is more appropriate.
5. For men and women, the threshold value for abnormal J-point elevation in  $V_7$  through  $V_9$  should be 0.05 mV (0.5 mm).
6. For men and women of all ages, the threshold value for abnormal J-point depression should be  $-0.05$  mV ( $-0.5$  mm) in leads  $V_2$  and  $V_3$  and  $-0.1$  mV ( $-1$  mm) in all other leads.

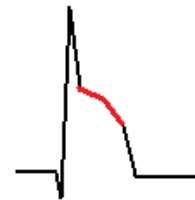
# ***ST SEGMENT ELEVATION:***

**S-T SEGMENTS ELEVATE WITHIN SECONDS OF CORONARY ARTERY OCCLUSION:**

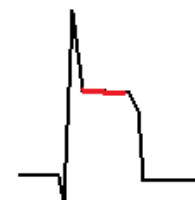


**IN THIS CASE, a normal response to balloon occlusion of the RIGHT CORONARY ARTERY during PTCA in the CARDIAC CATH LAB**

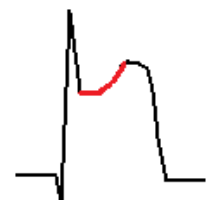
**3 COMMON PATTERNS of  
ST SEGMENT ELEVATION  
From ACUTE MI:**



**DOWNSLOPING  
S-T SEGMENT**



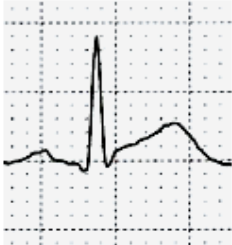


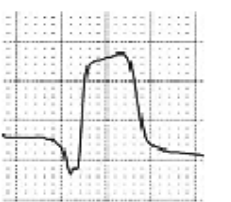
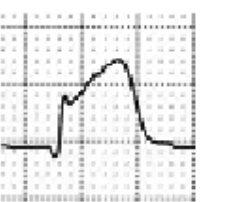
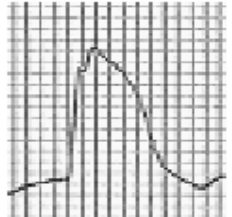
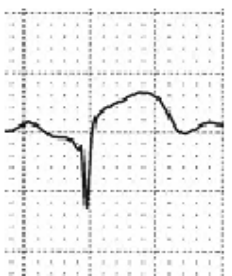
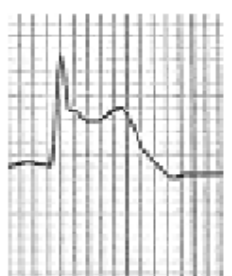
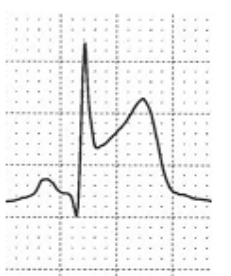
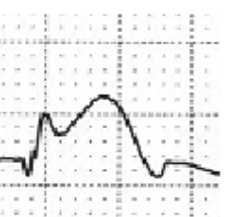
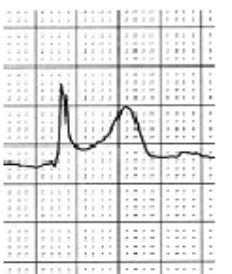
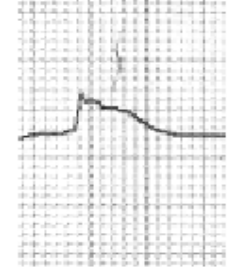
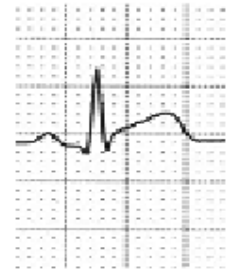
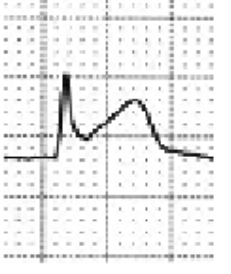
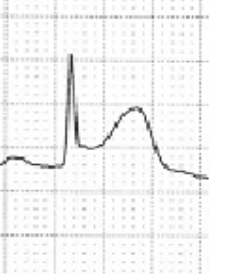
**FLAT  
S-T SEGMENT**



**UPSLOPING  
S-T SEGMENT**

## ***ST SEGMENT ELEVATION in ACUTE MI:***

The following samples are from patients with ACUTE MI, as confirmed by discovery of total arterial occlusion in the Cardiac Cath Lab:

 <p>V5 - ANTERIOR LATERAL MI</p>	 <p>V4 - ANTERIOR LATERAL MI</p>	 <p>aVL - ANTERIOR LATERAL MI</p>	<p><b>"TOOMBSTONE" PATTERN</b></p>  <p>V2 - ANTERIOR LATERAL MI</p>	<p><b>"FIREMAN'S HAT" PATTERN</b></p>  <p>V3 - ANTERIOR LATERAL MI</p>
<p><b>"TOOMBSTONE" PATTERN</b></p>  <p>V4 - ANTERIOR LATERAL MI</p>	 <p>V5 - ANTERIOR LATERAL MI</p>	 <p>V5 - ANTERIOR LATERAL MI</p>	 <p>II - INFERIOR POSTERIOR MI</p>	<p><b>"FIREMAN'S HAT" PATTERN</b></p>  <p>aVF - INFERIOR POSTERIOR MI</p>
 <p>III - INFERIOR MI</p>	 <p>III - INFERIOR POSTERIOR MI</p>	 <p>III - INFERIOR MI</p>	 <p>III - INFERIOR MI</p>	 <p>II - INFERIOR POSTERIOR MI</p>

**Reciprocal S-T Segment Depression *may* or *may not* be present during STEMI.**

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**The presence of S-T Depression on an EKG which exhibits significant S-T elevation is a fairly reliable indicator that STEMI is the diagnosis.**



**Reciprocal S-T Segment Depression *may* or *may not* be present during STEMI.**

**The presence of S-T Depression on an EKG which exhibits significant S-T elevation is a fairly reliable indicator that STEMI is the diagnosis.**

**However the *lack of Reciprocal S-T Depression* DOES NOT rule out STEMI.**



# ACUTE MI

## COMPLICATIONS TO ANTICIPATE FOR ALL MI PATIENTS :

---



**LETHAL DYSRHYTHMIAS**



**CARDIAC ARREST**



**FAILURE OF STRUCTURE(S)  
SERVED BY THE BLOCKED ARTERY**

# *STEMI*

- **Correlation of ECG Leads with Coronary Arterial Anatomy and the STRUCTURES SERVED by the OCCLUDED ARTERY . . . .**

# *STEMI*

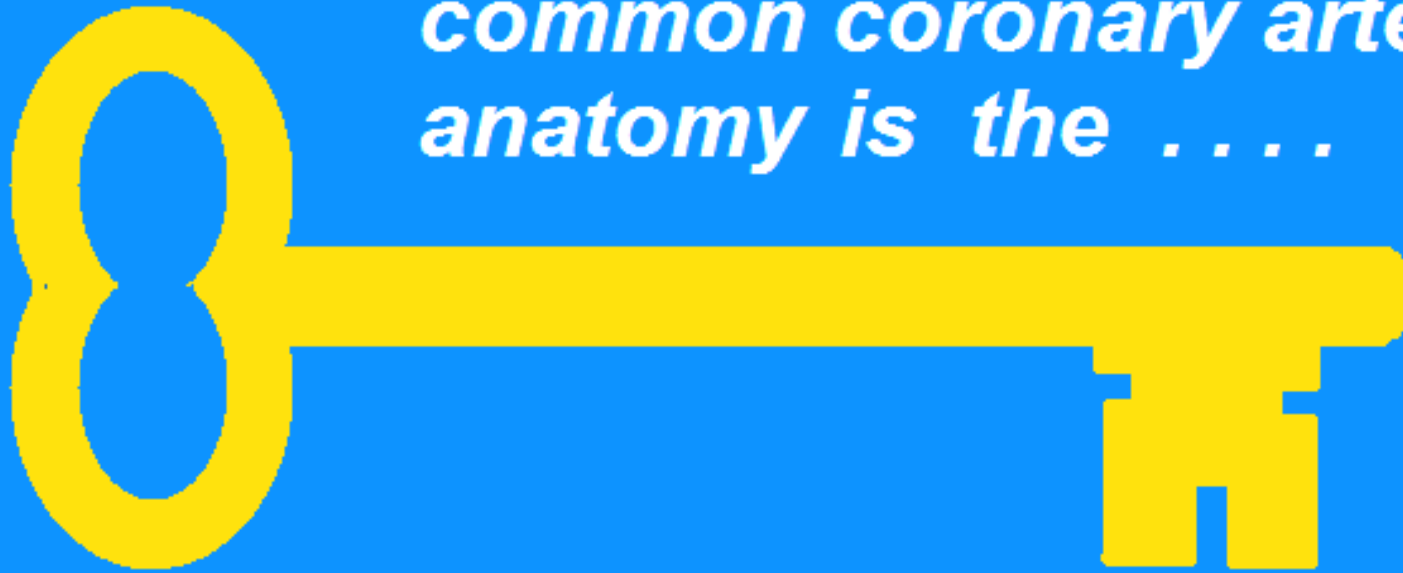
- **Correlation of ECG Leads with Coronary Arterial Anatomy and the STRUCTURES SERVED by the OCCLUDED ARTERY . . . .**

**. . . . . Will serve as a “crystal ball,” allowing you to ANTICIPATE complications of STEMI . . . .**

# *STEMI*

- **Correlation of ECG Leads with Coronary Arterial Anatomy and the STRUCTURES SERVED by the OCCLUDED ARTERY . . . .**  
    . . . . . Will serve as a “crystal ball,” allowing you to **ANTICIPATE** complications of STEMI . . . .  
    . . . . . **BEFORE they occur !!**

*"Having knowledge of  
common coronary artery  
anatomy is the . . . .*



*to understanding the **PHYSIOLOGICAL  
CHANGES** that occur during **ACUTE MI.**"*

***"an INVALUABLE ASSET for ALL MEDICAL  
PROFESSIONALS who  
provide direct care to STEMI patients !"***

# INTERPRET THE EKG, THEN:

- KEY IDENTIFY THE AREA OF THE HEART WITH A PROBLEM...
- KEY RECALL THE ARTERY WHICH SERVES THAT REGION...
- KEY RECALL OTHER STRUCTURES SERVED BY THAT ARTERY...
- KEY ANTICIPATE FAILURE OF THOSE STRUCTURES...
- KEY INTERVENE APPROPRIATELY!

3 STEMI Case Studies,  
excerpts from “12 Lead  
ECG Interpretation in ACS  
with Case Studies from  
the Cardiac Cath Lab.”








## CASE STUDY 1 - STEMI

### CHIEF COMPLAINT and SIGNIFICANT HISTORY:

72 y/o male, c/o CHEST "HEAVINESS," started 20 minutes before calling 911. Pain is "8" on 1-10 scale, also c/o mild shortness of breath. Has had same pain "intermittently" x 2 weeks.

### RISK FACTOR PROFILE:

-  FAMILY HISTORY - father died of MI at age 77
-  FORMER CIGARETTE SMOKER - smoked for 30 year - quit 27 years ago
-  DIABETES - oral meds and diet controlled
-  HIGH CHOLESTEROL - controlled with STATIN meds
-  AGE: OVER 65

**PHYSICAL EXAM:** Patient calm, alert, oriented X 4, skin cool, dry, pale.  
No JVD, Lungs clear bilaterally. Heart sounds normal S1, S2. No peripheral edema.

**VITAL SIGNS:** BP: 100/64, P: 75, R: 20, SAO2: 94%

**LABS:** FIRST TROPONIN: 6.4

72 yr  
Male      Caucasian

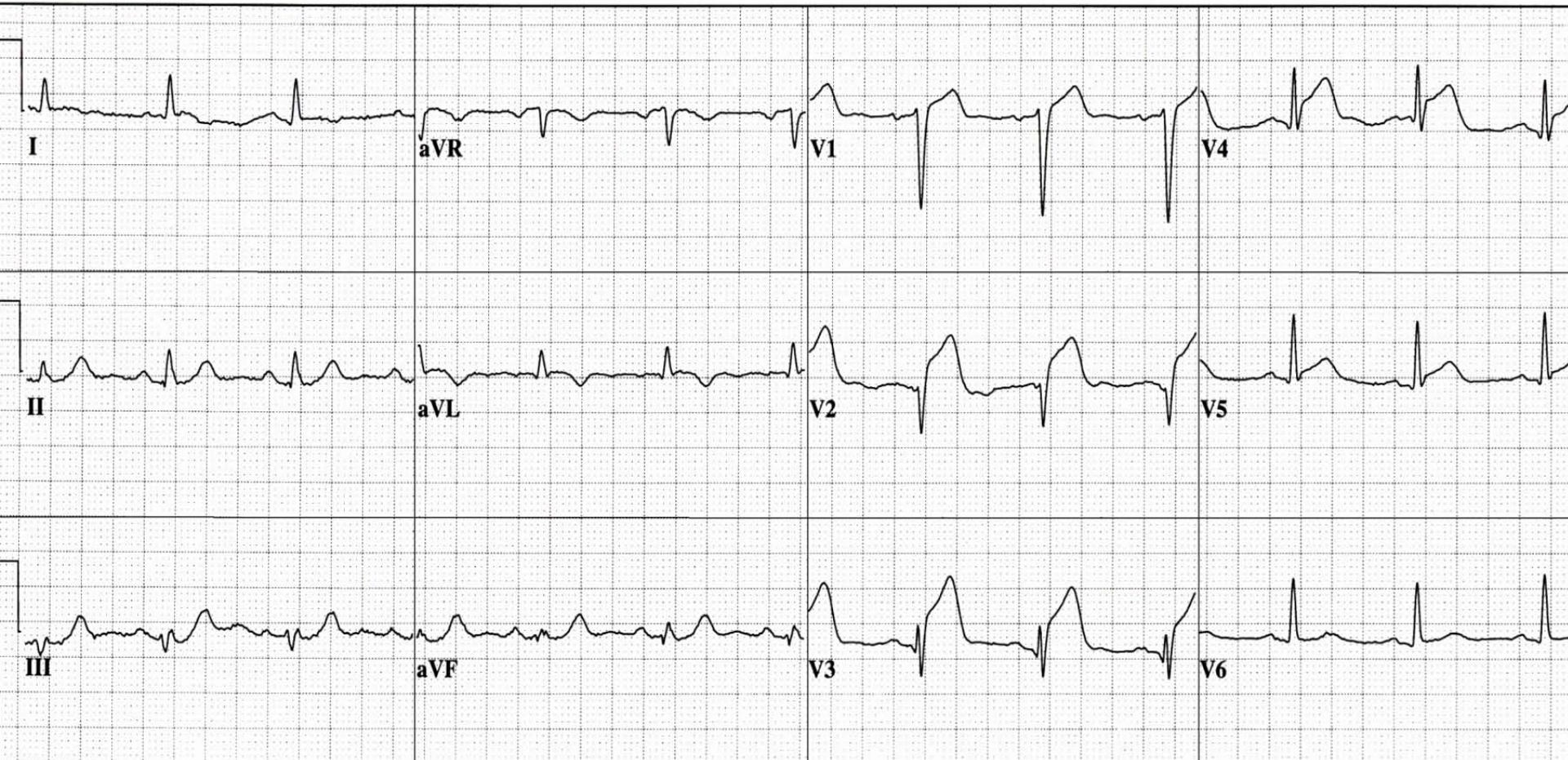
Loc:3      Option:23

Vent. rate	75	BPM
PR interval	162	ms
QRS duration	98	ms
QT/QTc	382/426	ms
P-R-T axes	72 13	83



**EVALUATE EKG for indicators of ACS:**

- ST SEGMENT ELEVATION / DEPRESSION
- HYPERACUTE T WAVES
- CONVEX ST SEGMENTS
- OTHER ST SEGMENT / T WAVE ABNORMALITIES





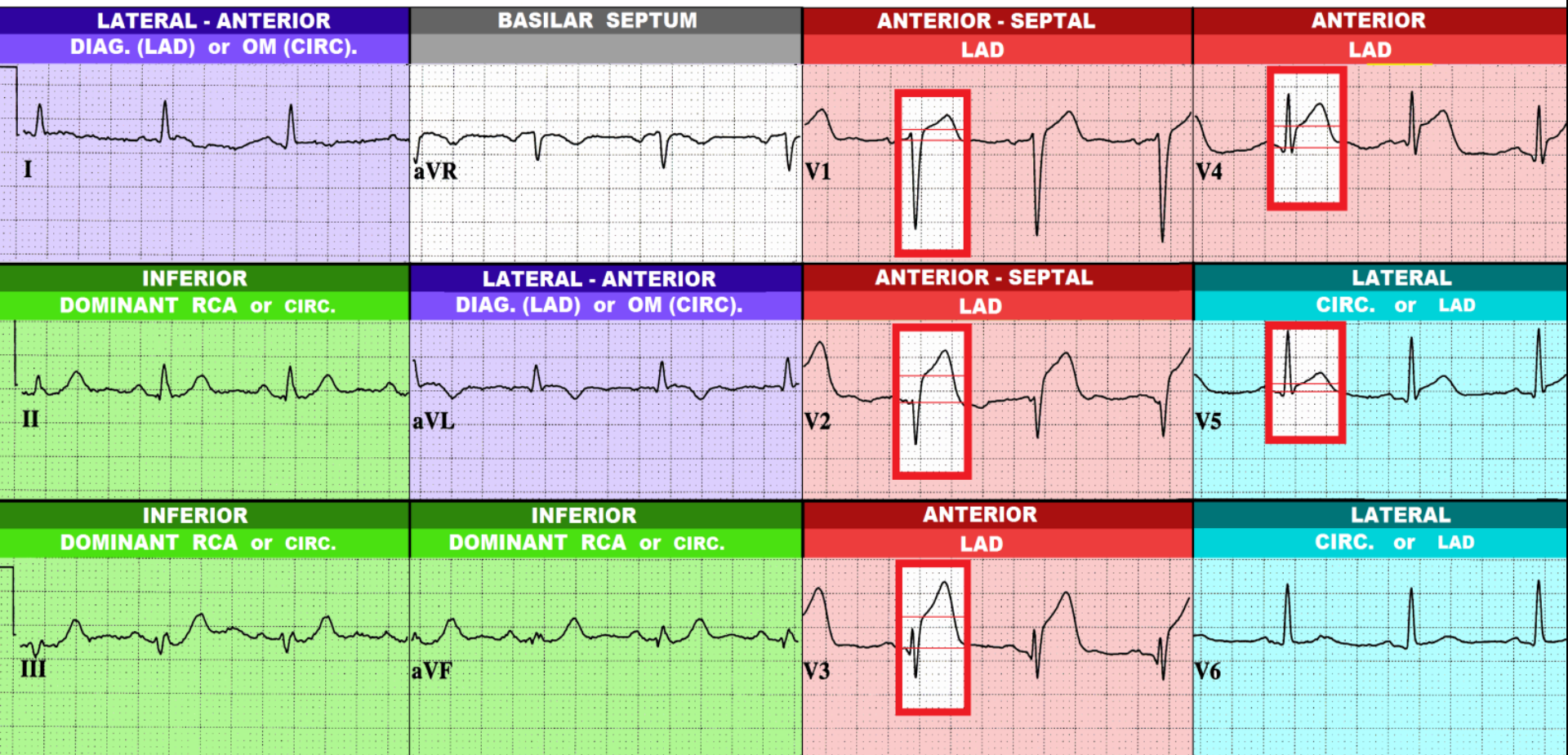
72 yr  
Male  
Caucasian  
Vent. rate 75 BPM  
PR interval 162 ms  
QRS duration 98 ms  
QT/QTc 382/426 ms  
P-R-T axes 72 13 83  
Loc: Option:2

Normal sinus rhythm

Anteroseptal infarct, possibly acute  
\*\*\*\*\* ACUTE MI \*\*\*\*\*

Abnormal ECG

ST SEGMENT ELEVATION

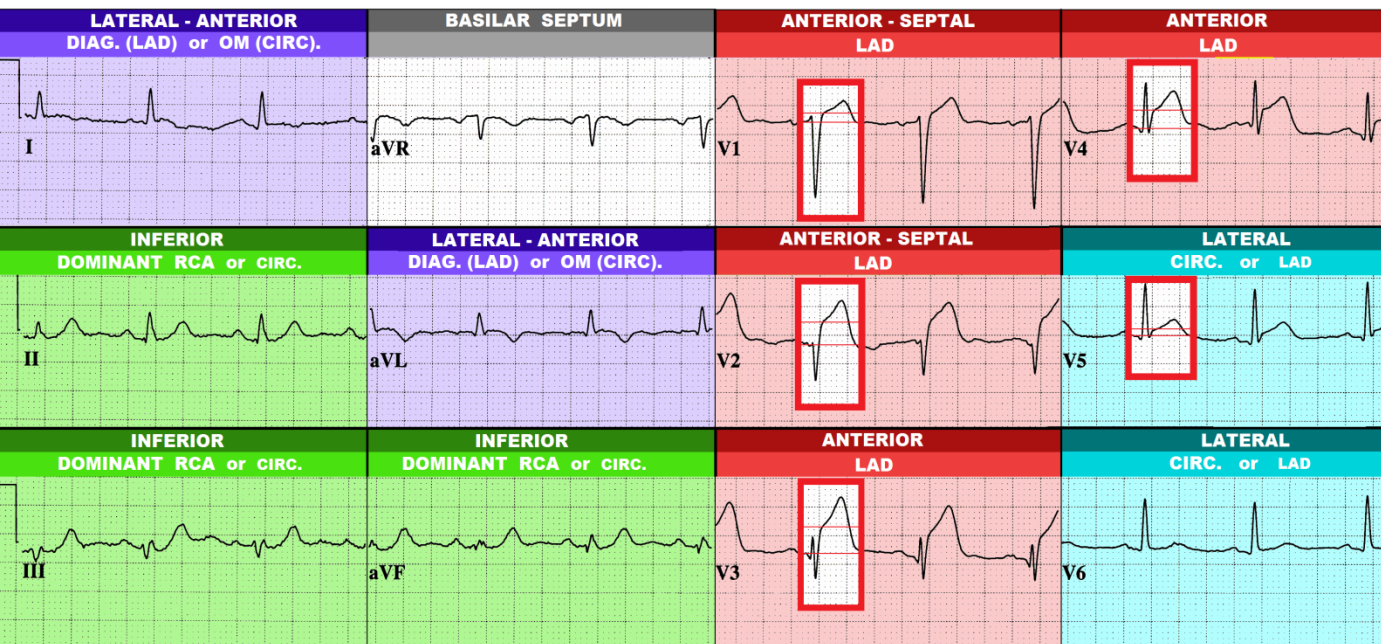


**Note: There is NO Reciprocal ST Depression on this STEMI ECG !**

72 yr Male Caucasian  
 Vent. rate 75 BPM  
 PR interval 162 ms  
 QRS duration 98 ms  
 QT/QTc 382/426 ms  
 P-R-T axes 72 13 83

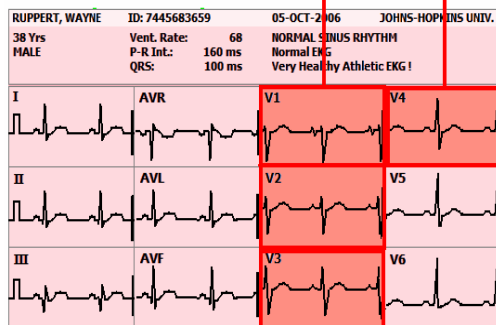
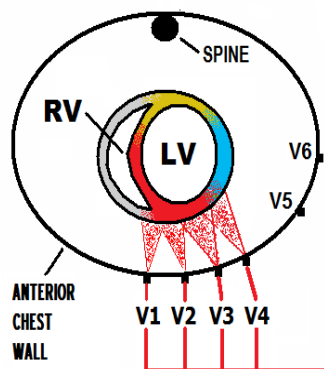
Normal sinus rhythm  
 Anteroseptal infarct, possibly acute  
 \*\*\*\*\* ACUTE MI \*\*\*\*\*  
 Abnormal ECG

ST SEGMENT ELEVATION



## V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE

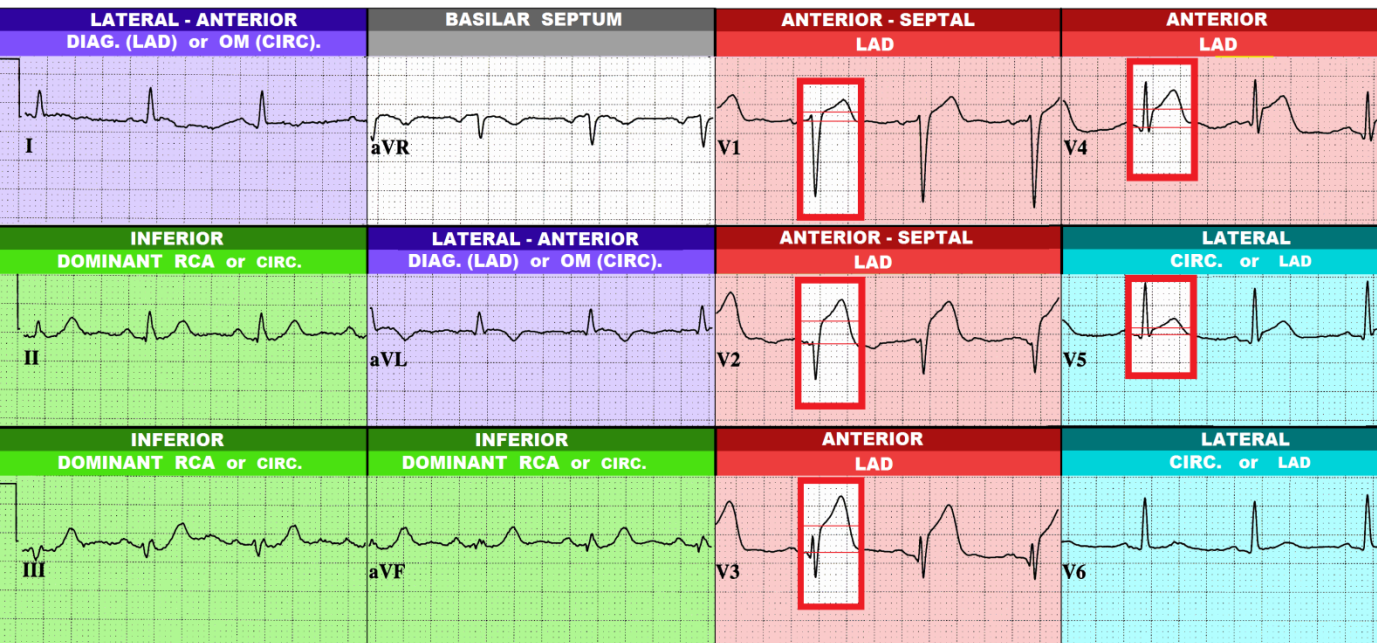
V1, V2 - ANTERIOR / SEPTAL  
 V3, V4 - ANTERIOR



72 yr Male Caucasian  
 Vent. rate 75 BPM  
 PR interval 162 ms  
 QRS duration 98 ms  
 QT/QTc 382/426 ms  
 P-R-T axes 72 13 83

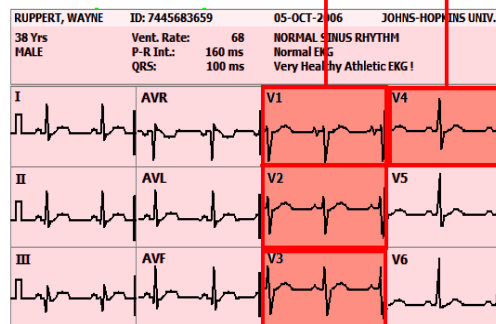
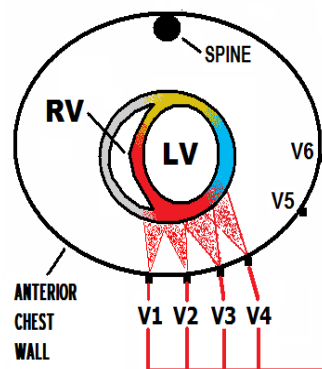
Normal sinus rhythm  
 Anteroseptal infarct, possibly acute  
 \*\*\*\*\* ACUTE MI \*\*\*\*\*  
 Abnormal ECG

ST SEGMENT ELEVATION

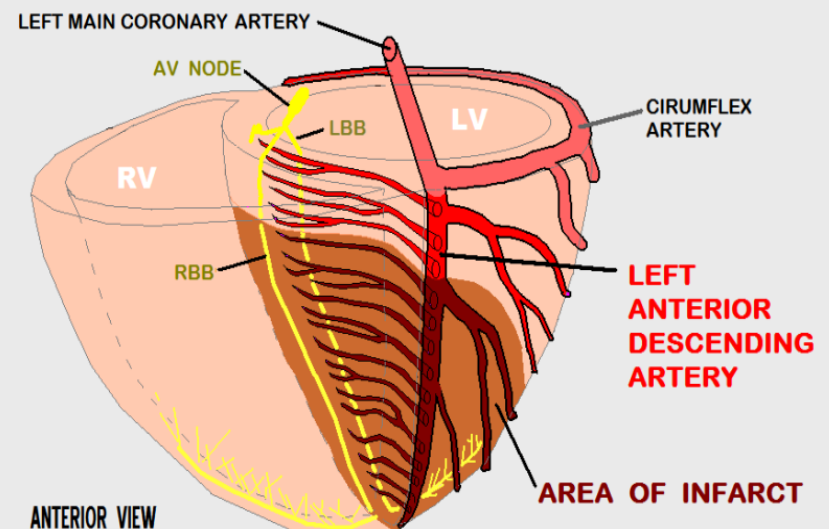


## V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE

V1, V2 - ANTERIOR / SEPTAL  
 V3, V4 - ANTERIOR



## OCCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY





# OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY

LEFT MAIN CORONARY ARTERY

AV NODE

LBB

LV

CIRUMFLEX ARTERY

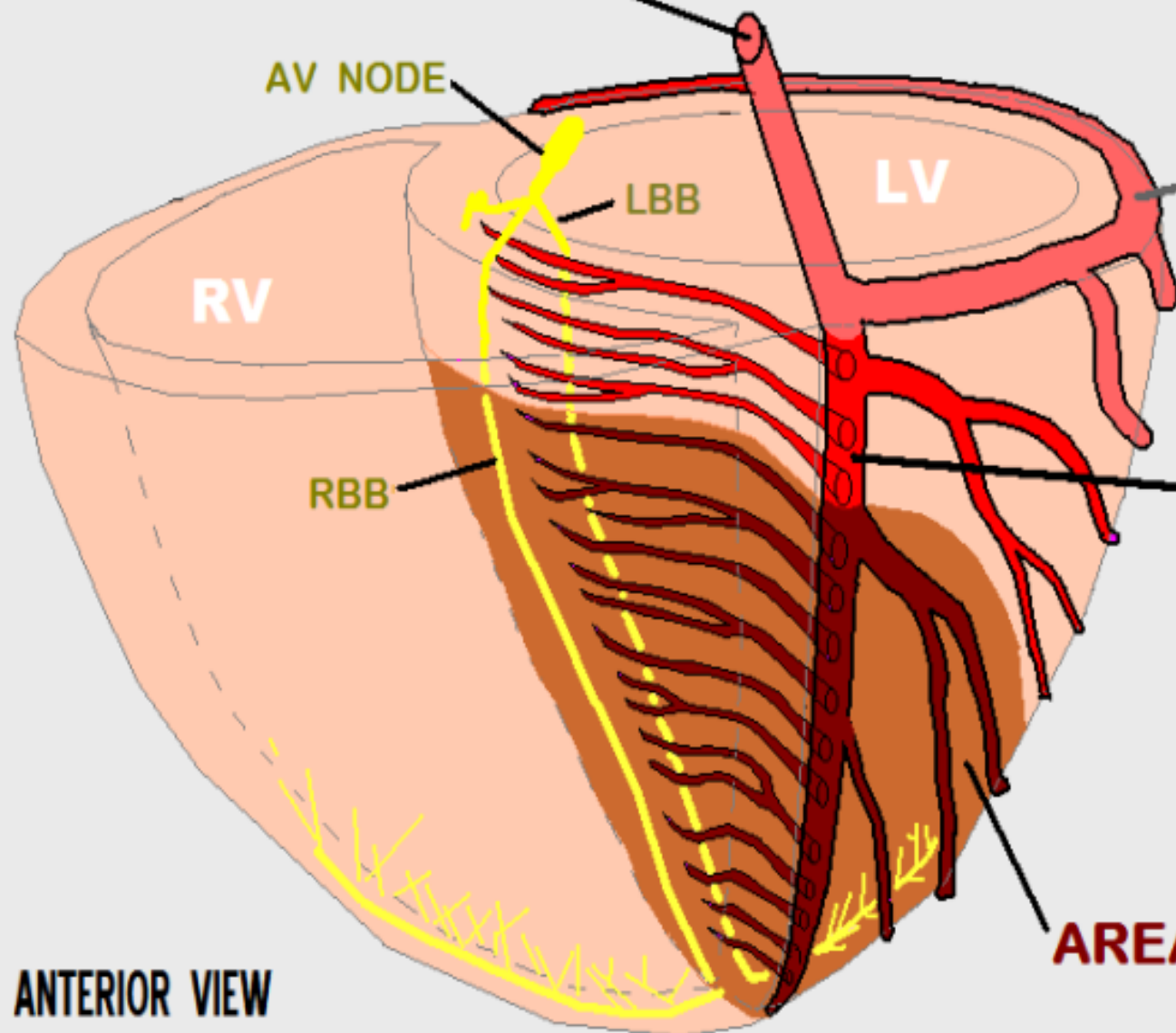
RV

RBB

LEFT ANTERIOR DESCENDING ARTERY

AREA OF INFARCT

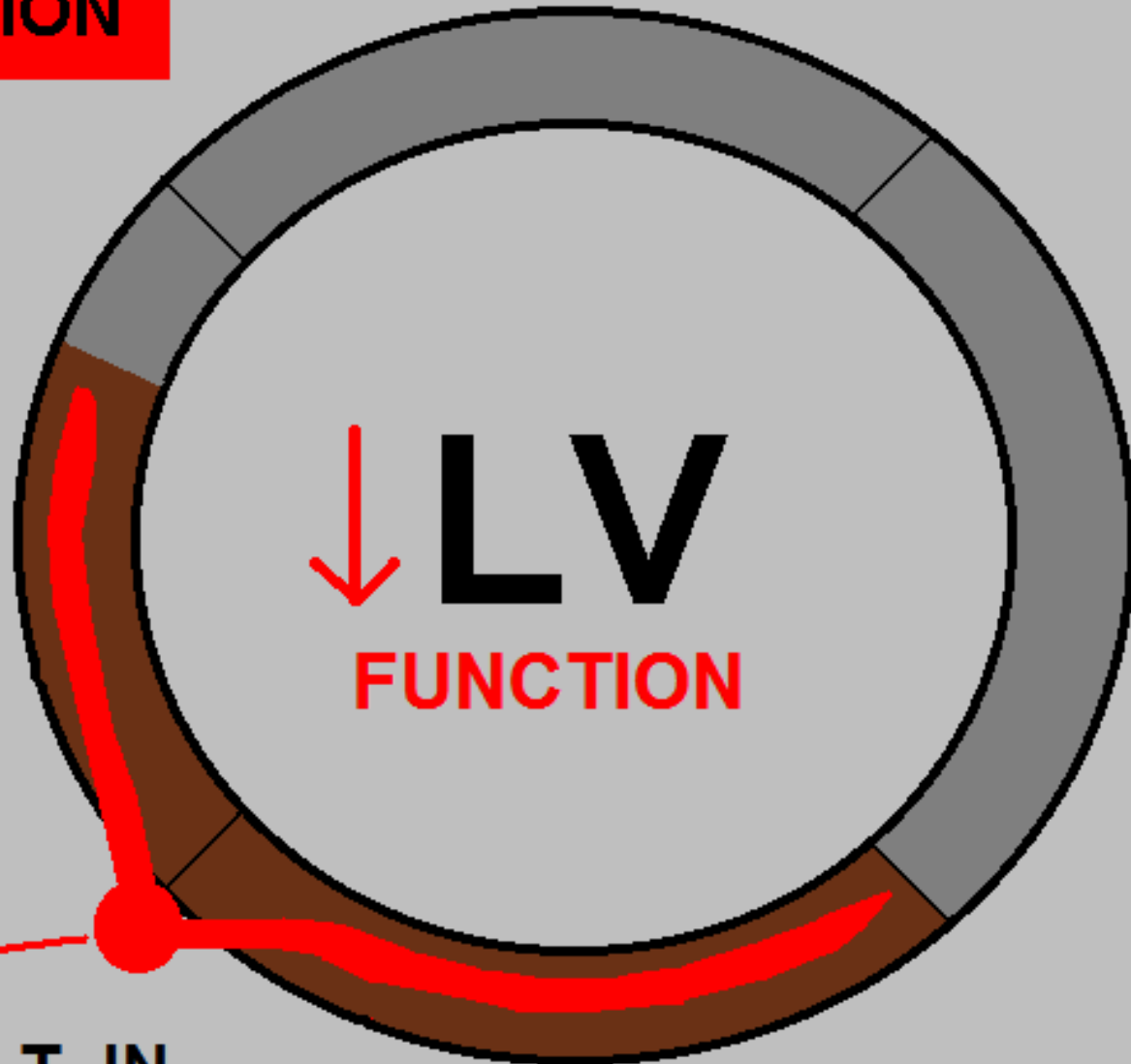
ANTERIOR VIEW





# LAD DISTRIBUTION

35 - 45 % of LV MUSCLE MASS



↓ LV  
FUNCTION

A  
BLOCKAGE  
OF THE  
LAD

CAN RESULT IN  
LV PUMP FAILURE --



CARDIOGENIC SHOCK  
PULMONARY EDEMA



Do not remove unit from outer bag until ready to use.  
Do not use if overwrap has been previously opened or  
damaged. The overwrap is a moisture and oxygen barrier.  
The inner bag maintains the sterility of the product.

# 400 mg Dopamine

(1600 mcg/mL)  
Dopamine Hydrochloride  
and 5% Dextrose Injection USP

250 mL

Each 100 mL contains 160 mg Dopamine Hydrochloride  
USP, 5 g Dextrose Hydrox, USP, 5 mEq/L, as an buffer  
added as a stabilizer. pH adjusted with Hydro Chloric acid.  
pH 3.5 (2.5 to 4.5). Osmolarity 269 mOsm/L. Sterile,  
sterile, nonpyrogenic, single dose container. Drug Intensity  
should not be made to this solution. Dosage: Intravenously  
as directed by a physician. See directions. Caution: Break  
for minute leaks by squeezing the inner bag firmly. If  
are found, discard solution. If a leak is found, use  
may be impaired. Do not use if a leak is found.  
in series connections. Do not  
administer simultaneously with blood  
and is not darker than slightly yellow.  
Room temperature (25°C). Avoid  
excessive heat. Protect from  
freezing. See insert.

**Baxter**

Baxter Healthcare Corporation  
Deerfield, IL 60015-1000  
Made in USA  
Viallet's Pharmaceutical  
For further information  
call 1-800-333-3333

200842  
NDC 0338-102-02



Do not remove unit from outer bag until ready to use.  
Do not use if overwrap has been previously opened or  
damaged. The overwrap is a moisture and oxygen barrier.  
The inner bag maintains the sterility of the product.

# 500 mg Total DOBUtamine

Hydrochloride in  
5% Dextrose Injection  
(2000 mcg/mL)

250 mL

Each 100 mL contains 200 mg Dobutamine Hydrochloride USP  
equivalent to 500 mg Dobutamine USP. Each 100 mL also contains  
5 g Dextrose Hydrox, USP, 5 mEq/L, as an buffer added as a stabilizer.  
pH 3.5 (2.5 to 4.5). Osmolarity 269 mOsm/L. Sterile, nonpyrogenic,  
single dose container. Drug Intensity should not be made to this  
solution. Dosage: Intravenously as directed by a physician. See  
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**Baxter**

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Viallet's Pharmaceutical  
For further information  
call 1-800-333-3333



# LEFT ANTERIOR DESCENDING ARTERY ( LAD )

---

- ANTERIOR WALL OF LEFT VENTRICLE

 **35 - 45 % OF LEFT VENTRICLE MUSCLE MASS**

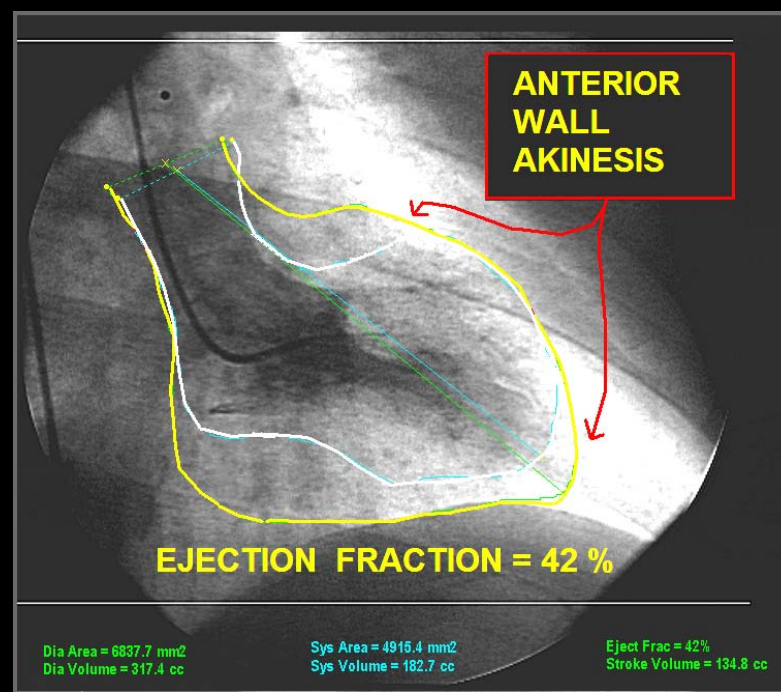
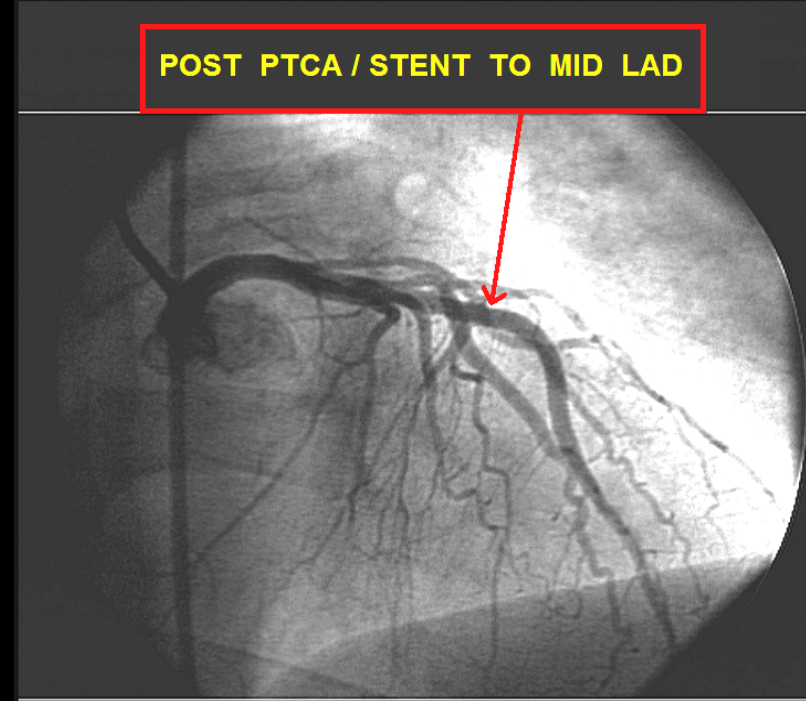
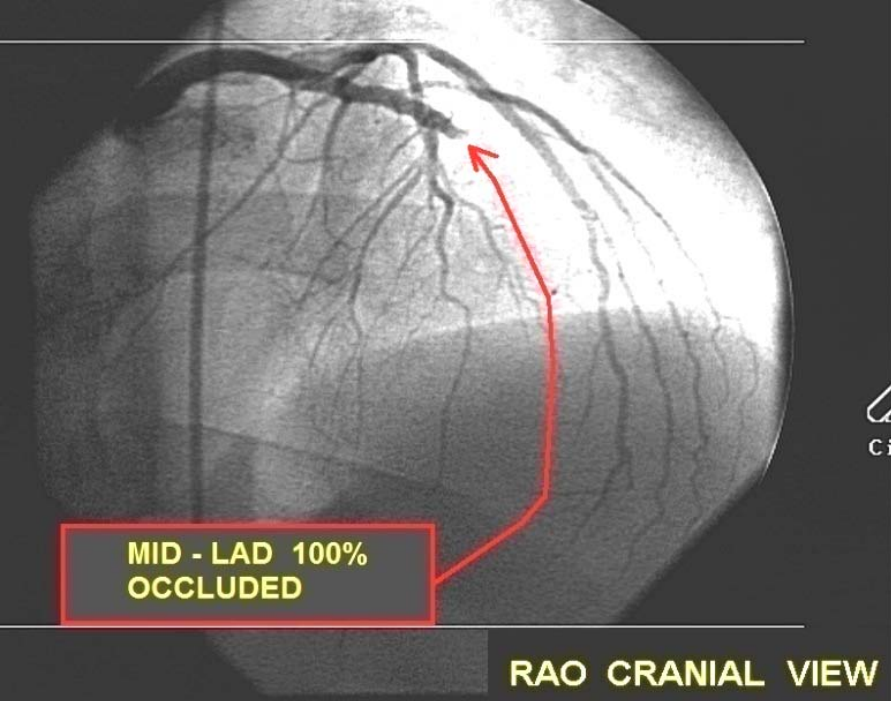
- SEPTUM, ANTERIOR 2/3

 **BUNDLE BRANCHES**

- ANTERIOR-MEDIAL PAPILLARY MUSCLE

<b>ANTICIPATED COMPLICATIONS of ANTERIOR-SEPTAL WALL STEMI &amp; POSSIBLE INDICATED INTERVENTIONS:</b>	
<b>- CARDIAC ARREST</b>	<b>BCLS / ACLS</b>
<b>- CARDIAC DYSRHYTHMIAS (VT / VF)</b>	<b>ACLS (antiarrhythmics)</b>
<b>- PUMP FAILURE with CARDIOGENIC SHOCK</b>	<b>INOTROPE THERAPY:</b> <b>-DOPAMINE / DOBUTAMINE / LEVOPHED</b> <b>- INTRA-AORTIC BALLOON PUMP</b> <b>(use caution with fluid challenges due to PULMONARY EDEMA)</b>
<b>- PULMONARY EDEMA</b>	<b>- CPAP</b> <b>- ET INTUBATION</b> <b>(use caution with diuretics due to pump failure and hypotension)</b>
<b>- 3rd DEGREE HEART BLOCK - NOT RESPONSIVE TO ATROPINE</b>	<b>TRANSCUTANEOUS or TRANSVENOUS PACING</b>








## CASE STUDY 3: STEMI

### CHIEF COMPLAINT and SIGNIFICANT HISTORY:

29 y/o male presents to the ER c/o "HEAVY CHEST PRESSURE" x 30 minutes. The patient states he was playing football with friends after eating a large meal. Pt. also c/o nausea. Denies DIB.

### RISK FACTOR PROFILE:

-  FAMILY HISTORY - father died of MI age 46
-  CURRENT CIGARETTE SMOKER
-  "MILD" HYPERTENSION - untreated
- ☒ CHOLESTEROL - unknown - "never had it checked."


**PHYSICAL EXAM:** Patient alert, oriented X 4, skin cool, dry, pale. Patient restless. No JVD, Lungs clear bilaterally. Heart sounds normal S1, S2. No peripheral edema.

**VITAL SIGNS:** BP: 104/78, P: 76, R: 20, SAO2: 96%

**LABS:** INITIAL CARDIAC MARKERS - NEGATIVE

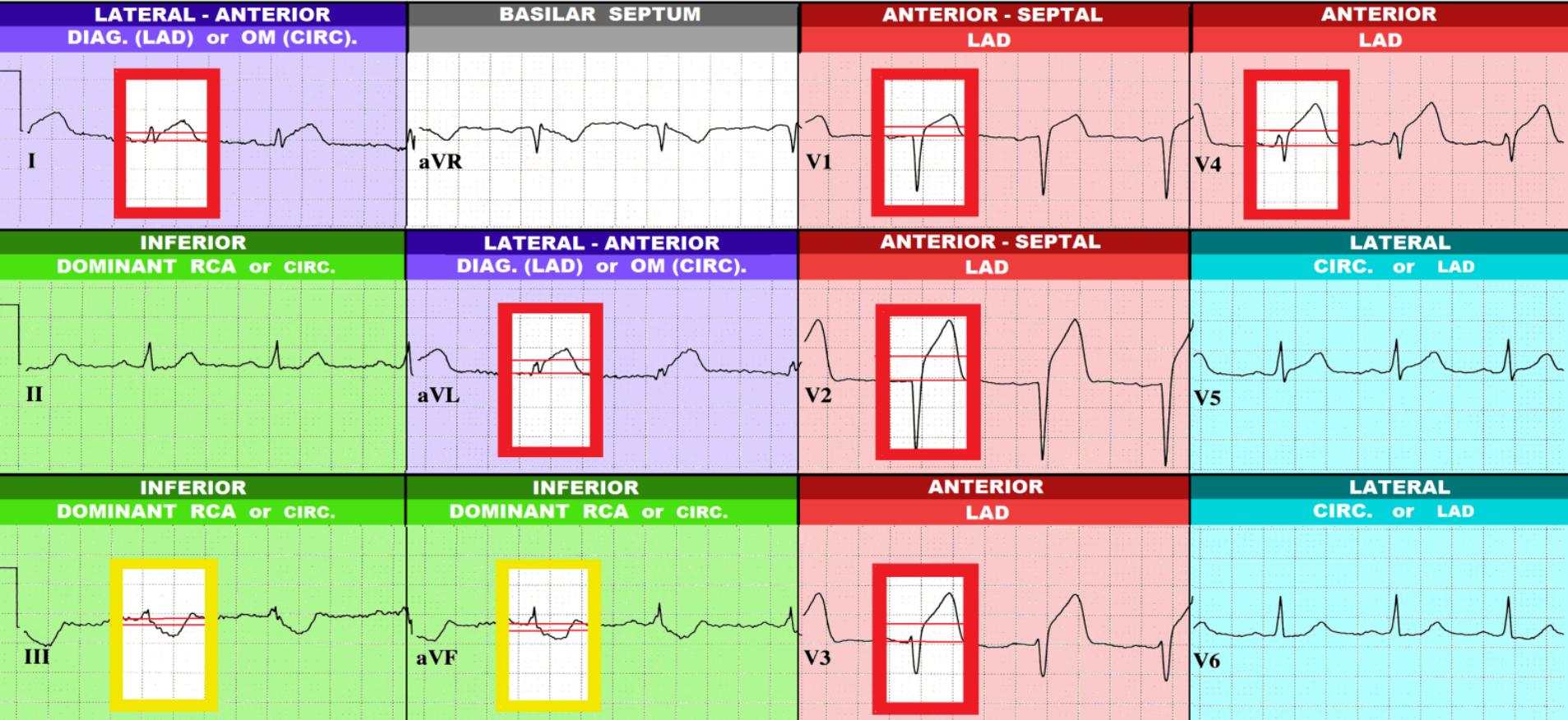


29 yr  
Male      Caucasian  
  
Loc:3      Option:20  
  
Vent. rate      75 BPM  
PR interval      176 ms  
QRS duration      90 ms  
QT/QTc      362/404 ms  
P-R-T axes      70 50 -11      14:07 Hours

 **EVALUATE the EKG for signs of ACS:**  
- ST SEGMENT ELEVATION / DEPRESSION  
- HYPERACUTE T WAVES  
- CONVEX / FLAT ST SEGMENTS  
- OTHER ST - T WAVE ABNORMALITIES

DOS::





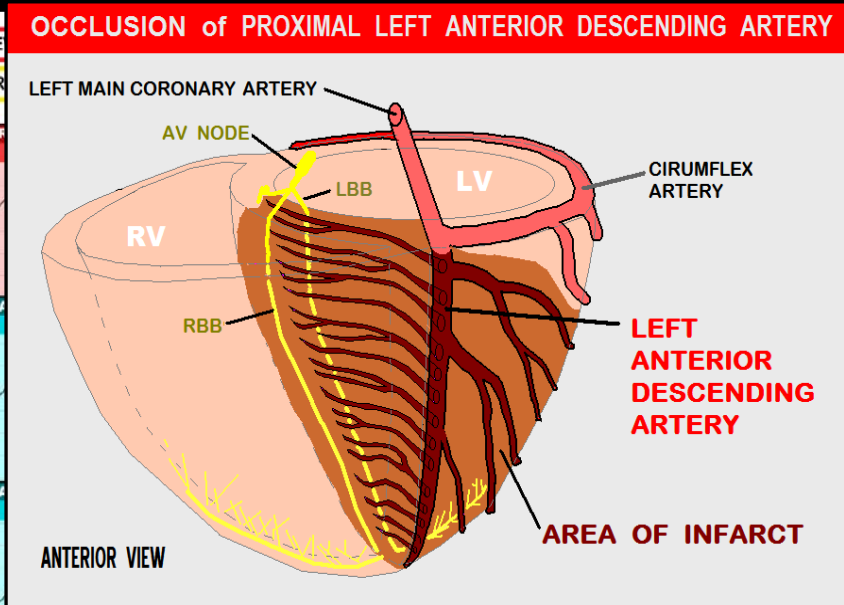
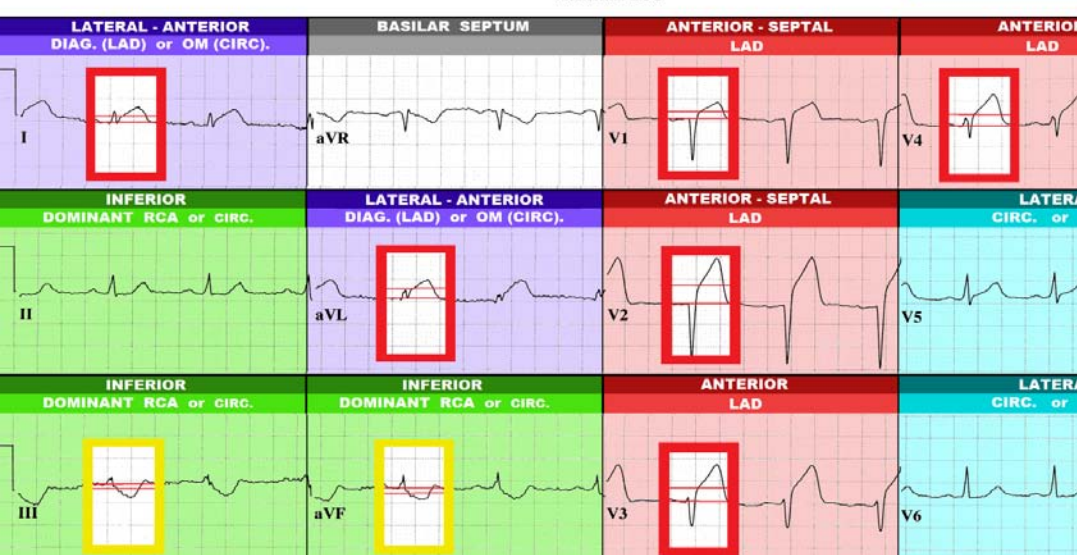
- **Reciprocal ST Depression is NOW PRESENT**
- **Additional ST Elevation is present in Leads I, AVL**



29 yr Male Caucasian Vent. rate 75 BPM PR interval 176 ms QRS duration 90 ms QT/QTc 362/404 ms P-R-T axes 70 50 -11 Normal sinus rhythm Septal infarct, possibly acute Anterolateral injury pattern \*\*\*\*\* ACUTE MI \*\*\*\*\* Abnormal ECG

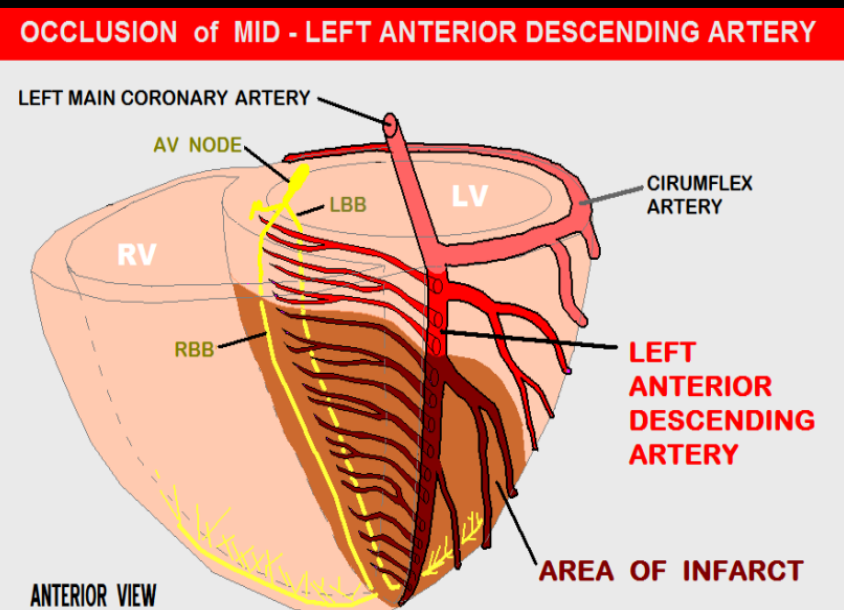
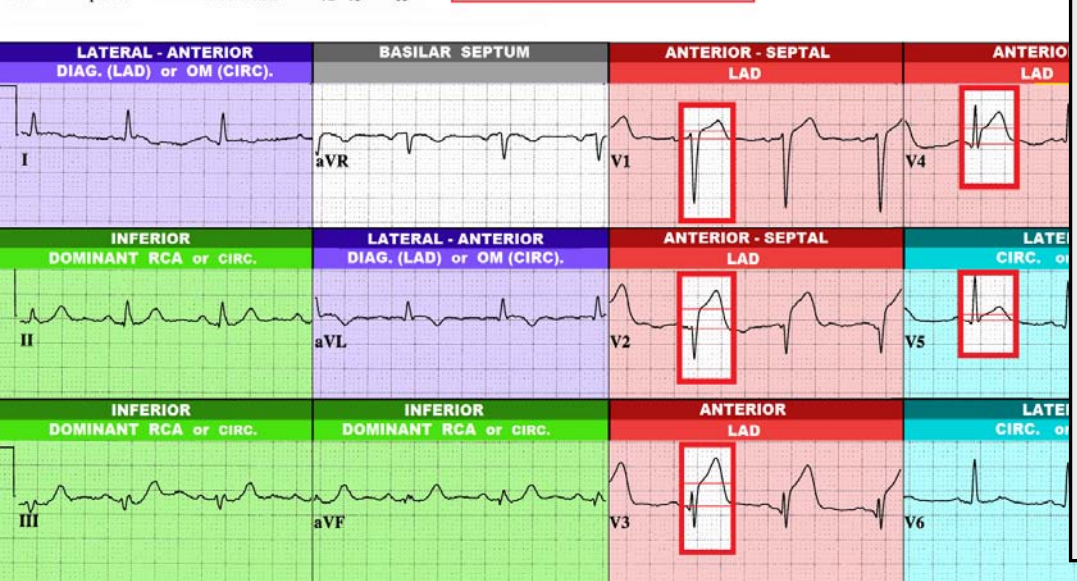
ST SEGMENT ELEVATION

ST SEGMENT DEPRESSION



72 yr Male Caucasian Vent. rate 75 BPM PR interval 162 ms QRS duration 98 ms QT/QTc 382/426 ms P-R-T axes 72 13 83 Normal sinus rhythm Anteroseptal infarct, possibly acute \*\*\*\*\* ACUTE MI \*\*\*\*\* Abnormal ECG

ST SEGMENT ELEVATION



# OCCLUSION of PROXIMAL LEFT ANTERIOR DESCENDING ARTERY

LEFT MAIN CORONARY ARTERY

AV NODE

LBB

LV

CIRUMFLEX ARTERY

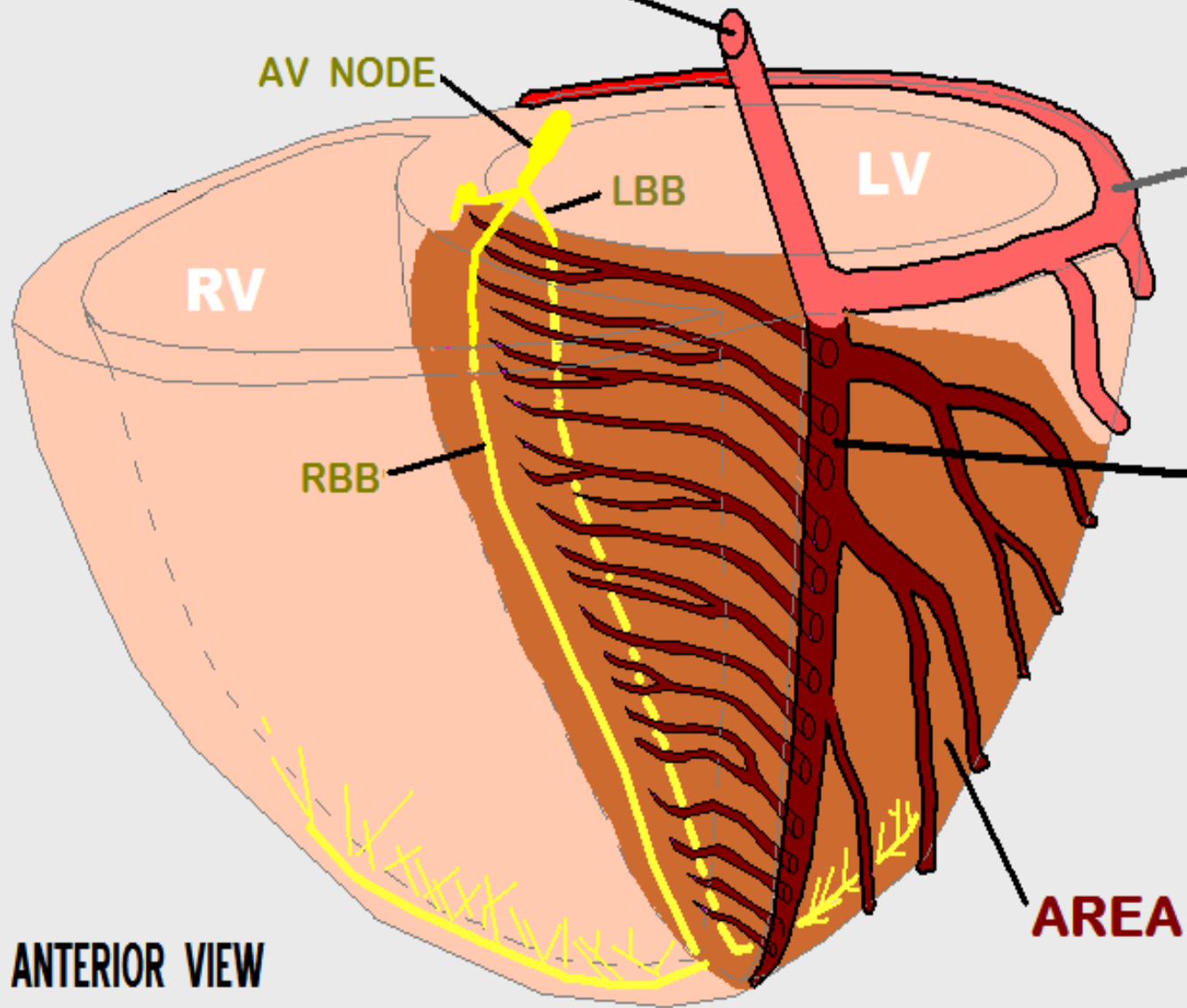
RV

RBB

LEFT  
ANTERIOR  
DESCENDING  
ARTERY

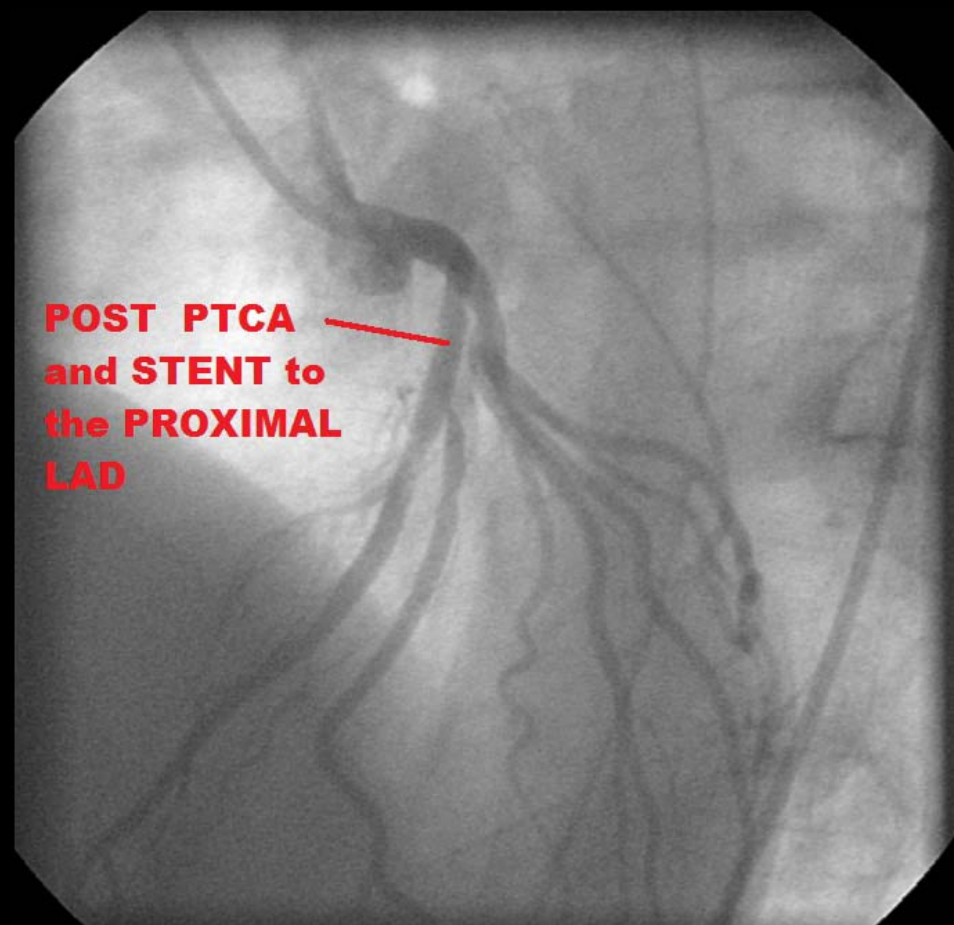
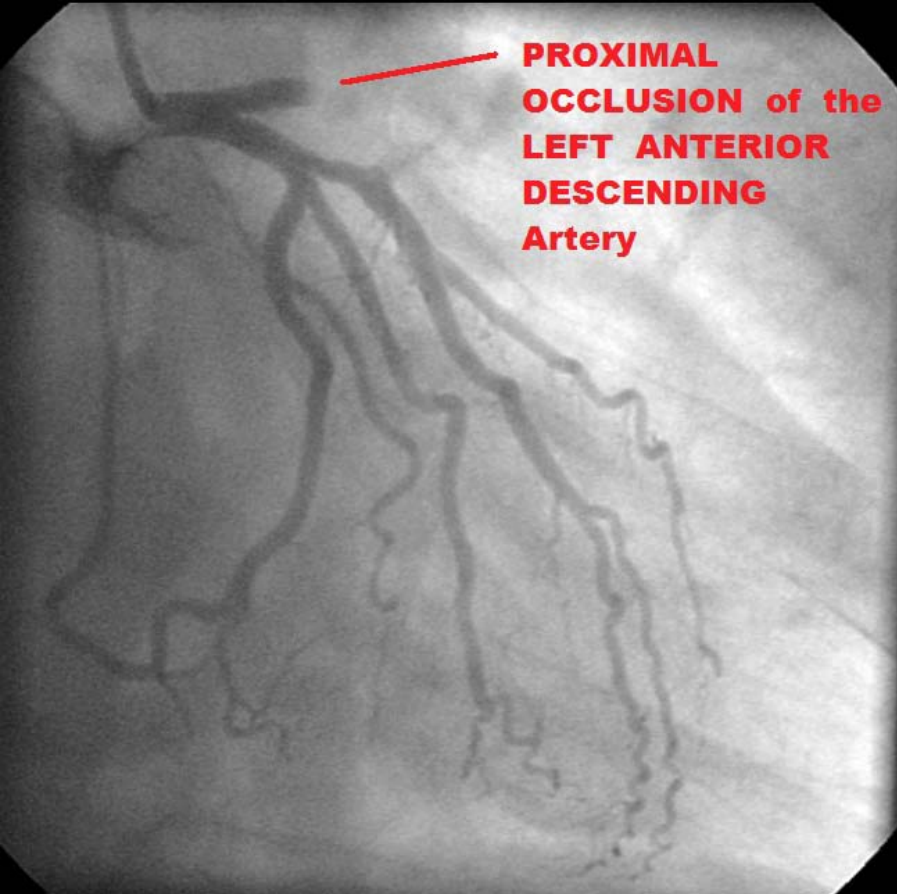
AREA OF INFARCT

ANTERIOR VIEW



<b>ANTICIPATED COMPLICATIONS of ANTERIOR-SEPTAL WALL STEMI &amp; POSSIBLE INDICATED INTERVENTIONS:</b>	
<b>- CARDIAC ARREST</b>	<b>BCLS / ACLS</b>
<b>- CARDIAC DYSRHYTHMIAS (VT / VF)</b>	<b>ACLS (antiarrhythmics)</b>
<b>- PUMP FAILURE with CARDIOGENIC SHOCK</b>	<b>INOTROPE THERAPY:</b> <b>-DOPAMINE / DOBUTAMINE / LEVOPHED</b> <b>- INTRA-AORTIC BALLOON PUMP</b> <b>(use caution with fluid challenges due to PULMONARY EDEMA)</b>
<b>- PULMONARY EDEMA</b>	<b>- CPAP</b> <b>- ET INTUBATION</b> <b>(use caution with diuretics due to pump failure and hypotension)</b>
<b>- 3rd DEGREE HEART BLOCK - NOT RESPONSIVE TO ATROPINE</b>	<b>TRANSCUTANEOUS or TRANSVENOUS PACING</b>





## CASE STUDY 7 - STEMI

### CHIEF COMPLAINT and SIGNIFICANT HISTORY:

46 yr. old MALE arrives in ER, C/O SUDDEN ONSET OF CHEST PRESSURE 45 MINUTES AGO. PAIN IS CONSTANT, PRESSURE-LIKE, AND NOT EFFECTED BY POSITION, MOVEMENT or DEEP INSPIRATION. ALSO C/O D.I.B.

### RISK FACTOR PROFILE:


-  CURRENT CIGARTE SMOKER x 18 YEARS
-  HYPERTENSION
-  HIGH LDL CHOLESTEROL

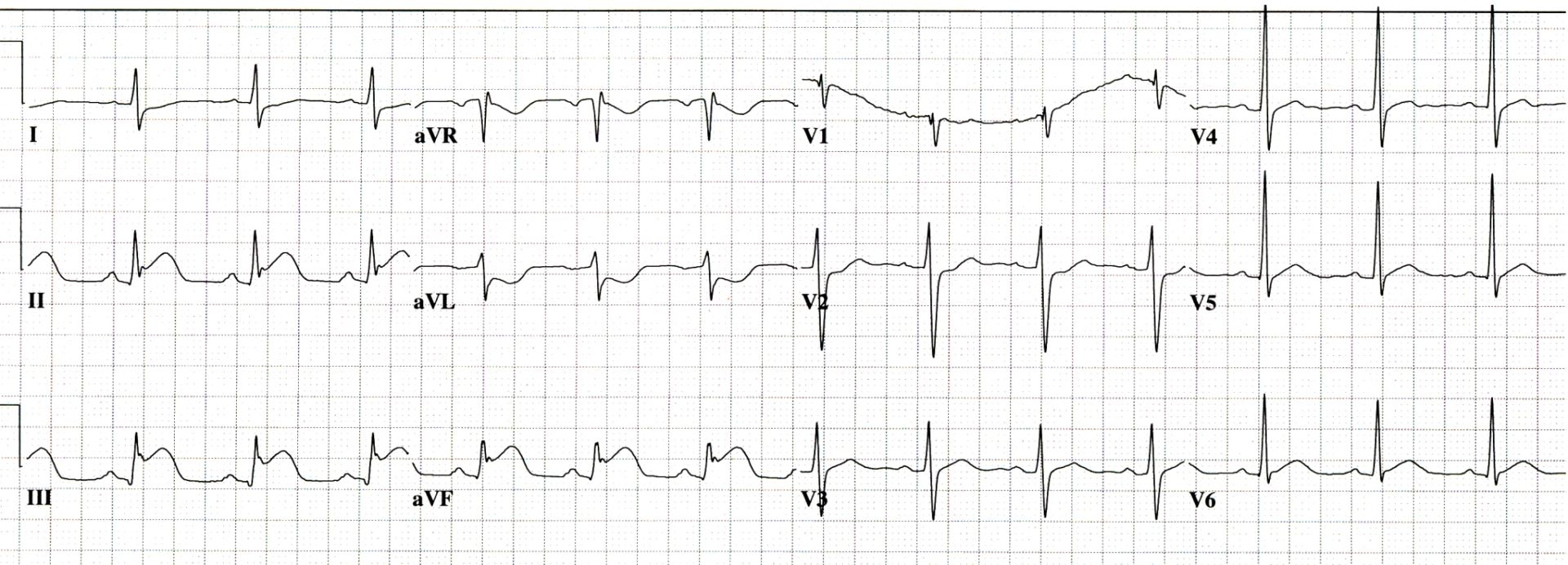
**PHYSICAL EXAM:** Patient is alert & oriented x 4, skin warm, dry, color normal. Non-anxious  
Lungs clear, normal S1, S2. No JVD, No ankle edema.

**VITAL SIGNS:** BP: 136/88 P: 88 R: 20 SAO2: 100% on 4 LPM O2

**LABS:** TROPONIN: < .04

46 yr  
Male      Caucasian      Vent. rate      82      BPM  
PR interval      168      ms  
QRS duration      96      ms  
QT/QTc      384/448      ms  
Loc:3      Option:23      P-R-T axes      76    81      88

-  **EVALUATE EKG for indicators of ACS:**
- ST SEGMENT ELEVATION / DEPRESSION
  - HYPERACUTE T WAVES
  - CONVEX ST SEGMENTS
  - OTHER ST SEGMENT / T WAVE ABNORMALITIES





46 yr  
Male

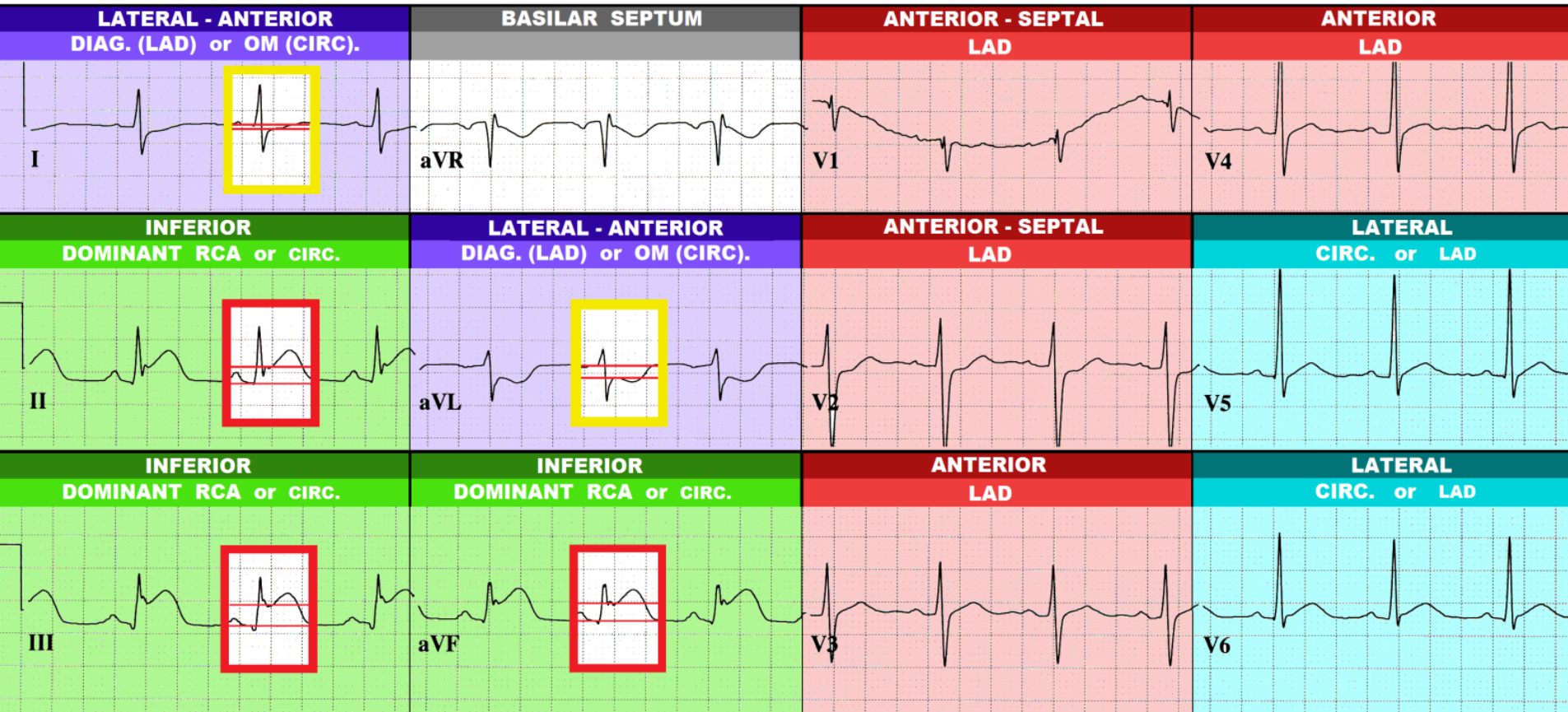
Caucasian

Vent. rate 82 BPM  
PR interval 168 ms  
QRS duration 96 ms  
QT/QTc 384/448 ms  
P-R-T axes 76 81 88

Normal sinus rhythm  
ST elevation consider inferior injury or acute infarct  
\*\*\*\*\* ACUTE MI \*\*\*\*\*  
Abnormal ECG

ST SEGMENT ELEVATION

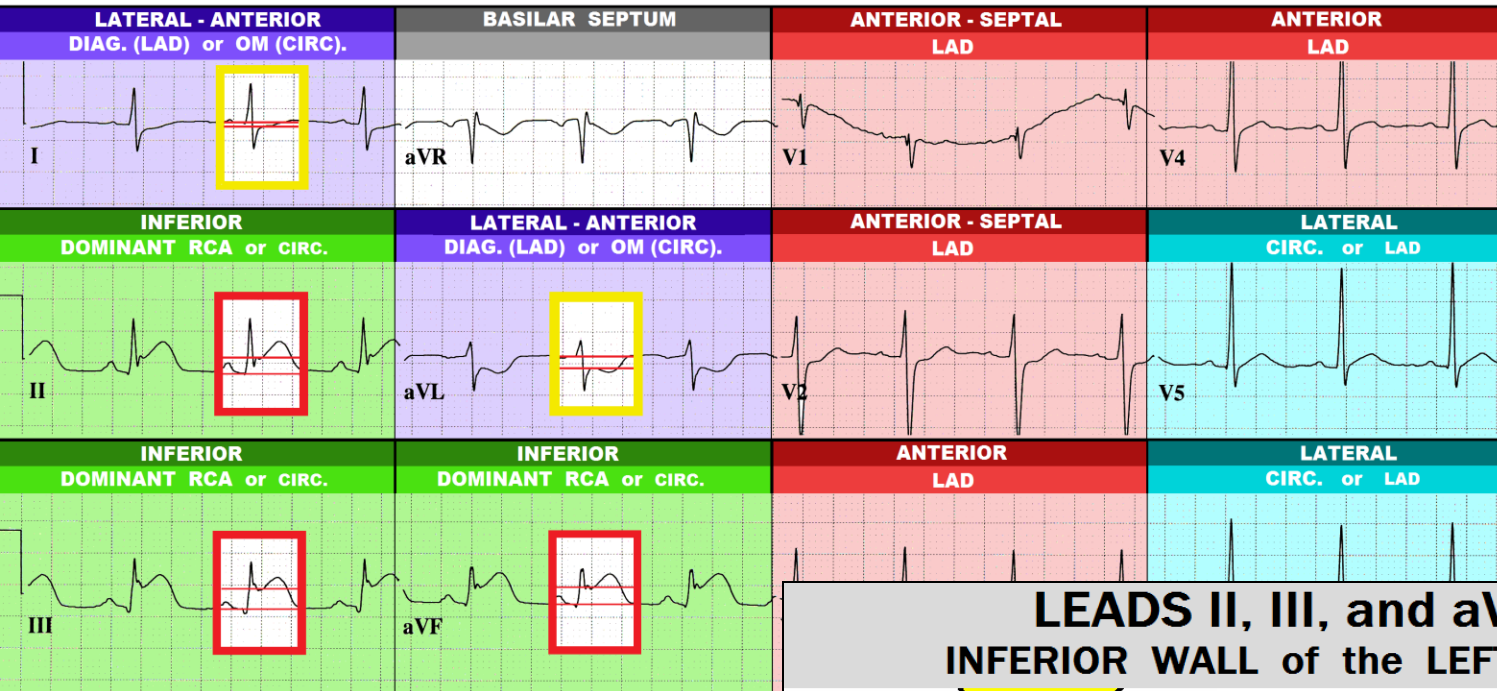
ST SEGMENT DEPRESSION



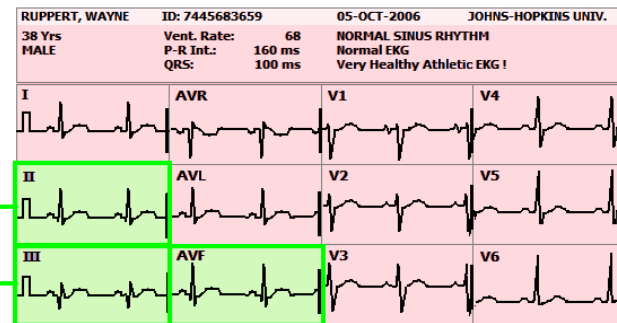
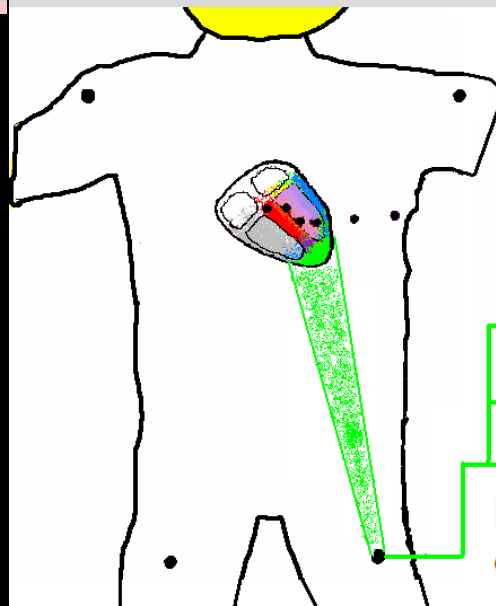
46 yr Male      Caucasian      Vent. rate 82 BPM      Normal sinus rhythm  
 PR interval 168 ms      ST elevation consider inferior injury or acute infarct  
 QRS duration 96 ms      \*\*\*\*\* ACUTE MI \*\*\*\*\*  
 QT/QTc 384/448 ms      Abnormal ECG  
 P-R-T axes 76 81 88

ST SEGMENT ELEVATION

ST SEGMENT DEPRESSION

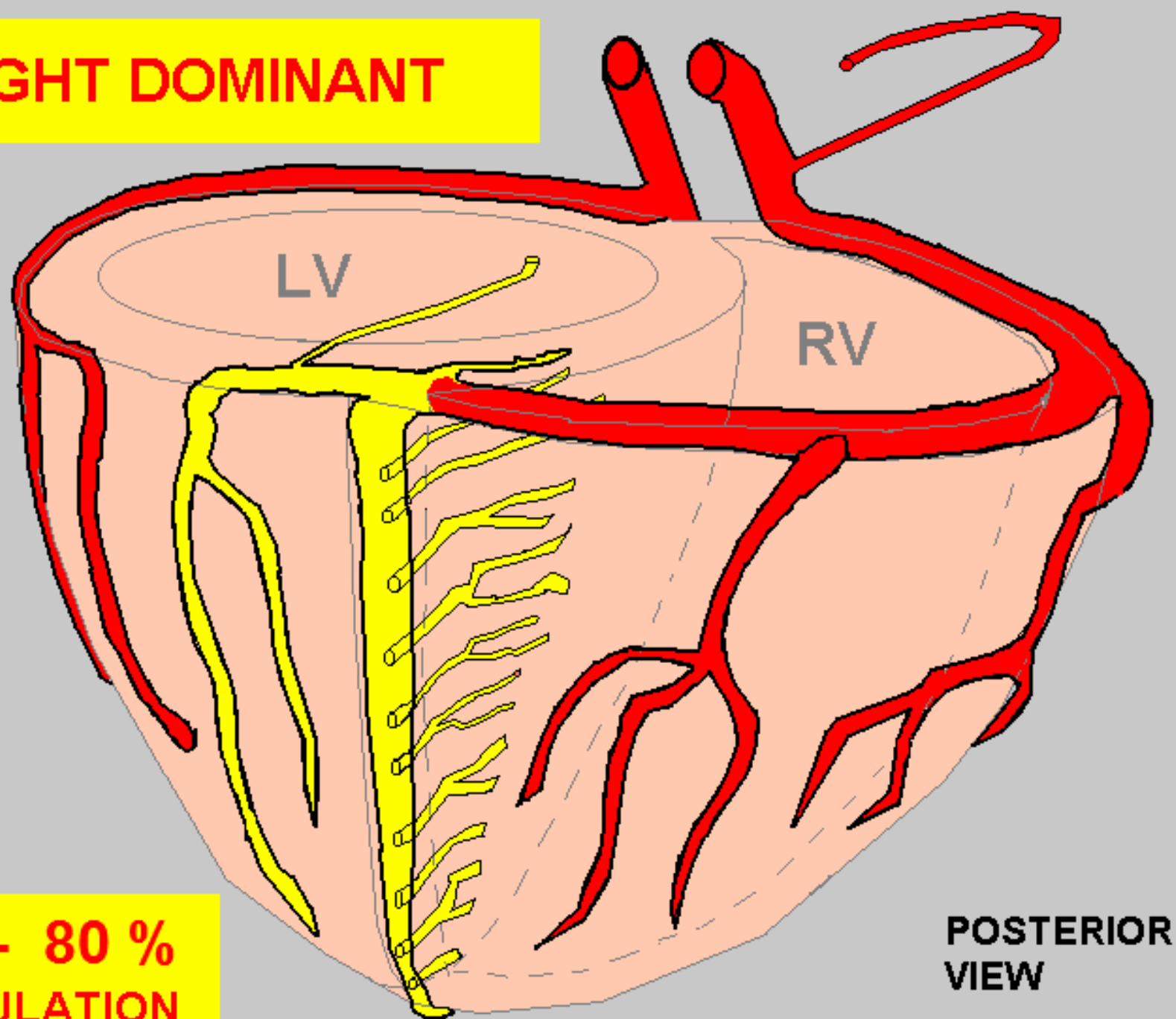


**LEADS II, III, and aVF VIEW**  
**INFERIOR WALL of the LEFT VENTRICLE**



**FED by the RCA ( 75 - 80 % pop )**  
**or the CIRCUMFLEX ( 10 - 15 % )**

**RIGHT DOMINANT**



**75 - 80 %  
POPULATION**





HELPFUL HINT... *MEMORIZE THIS!*



## RIGHT CORONARY ARTERY ( RCA )

RIGHT DOMINANT  
SYSTEMS

- ▶ RIGHT ATRIUM
- ▶ SINUS NODE ( 55% of the population )
- ▶ RIGHT VENTRICLE - 100 % of muscle mass
- ▶ LEFT VENTRICLE: 15 - 25 % of muscle mass
  - INFERIOR WALL
  - approx. 1/2 of POSTERIOR WALL
- ▶ AV NODE

<b>ANTICIPATED COMPLICATIONS of INFERIOR WALL STEMI secondary to RCA Occlusion &amp; POSSIBLE INDICATED INTERVENTIONS:</b>	
- CARDIAC ARREST	BCLS / ACLS
- CARDIAC DYSRHYTHMIAS (VT / VF)	ACLS (antiarrhythmics)
- SINUS BRADYCARDIA	ATROPINE 0.5mg, REPEAT as needed UP TO 3mg. (follow ACLS and/or UNIT protocols)
- HEART BLOCKS (1st, 2nd & 3rd Degree HB)	ATROPINE 0.5mg, REPEAT as needed UP TO 3mg, Transcutaneous Pacing, (follow ACLS and/or UNIT protocols)
- RIGHT VENTRICULAR MYOCARDIAL INFARCTION	<ul style="list-style-type: none"> <li>- The standard 12 Lead ECG does NOT view the Right Ventricle.</li> <li>- You must do a RIGHT-SIDED ECG to see if RV MI is present.</li> <li>- Do NOT give any Inferior Wall STEMI patient NITRATES or DIURETICS until RV MI has been RULED OUT.</li> </ul>
- POSTERIOR WALL INFARCTION	<ul style="list-style-type: none"> <li>- POSTERIOR WALL MI presents on the 12 Lead ECG as ST DEPRESSION in Leads V1 - V3.</li> <li>- POSTERIOR WALL MI is NOT PRESENT ON THIS ECG.</li> </ul>

A standard

**12 LEAD EKG**

Does NOT show the

**RIGHT VENTRICLE**

To see the  
**RIGHT VENTRICLE . . .**

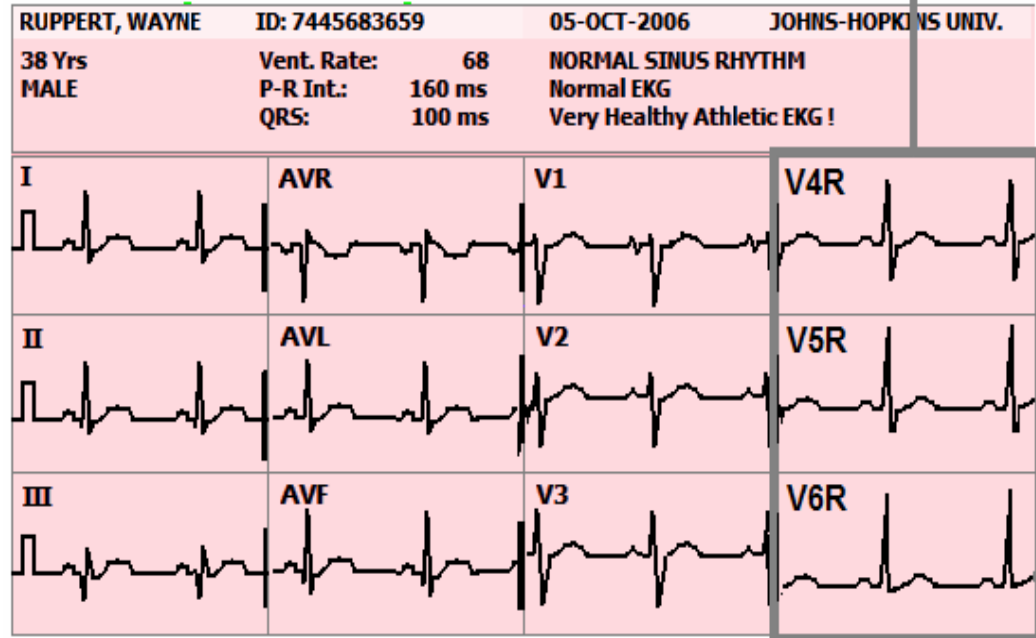
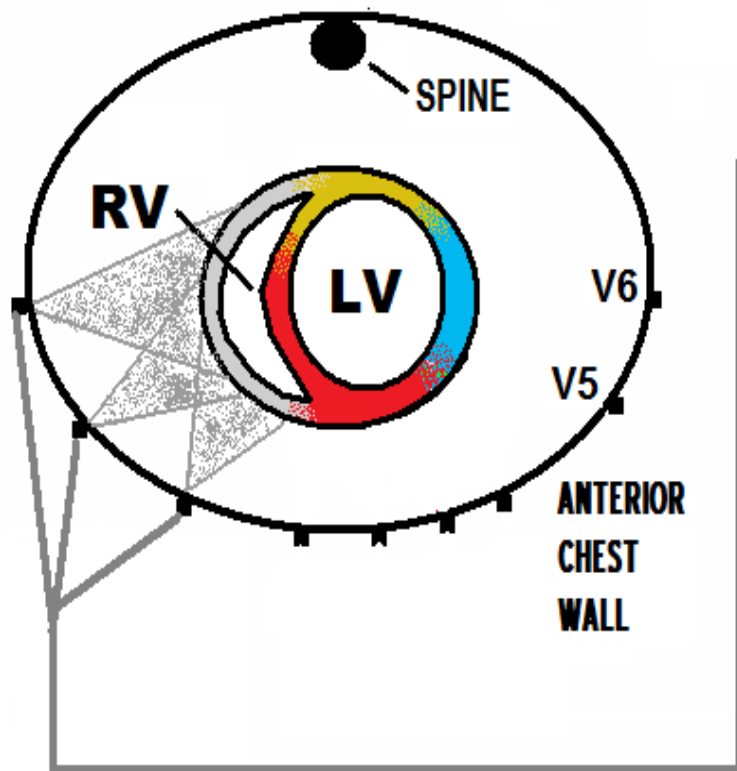
. . . such as in cases of  
**INFERIOR WALL M.I.**



You must do a

**RIGHT - SIDED EKG !!**

# V4R - V6R VIEW THE RIGHT VENTRICLE





46 yo

Male Caucasian

Room:

Opt:

Technician:

Vent. rate 87 bpm  
 PR interval 176 ms  
 QRS duration 94 ms  
 QT/QTc 330/397 ms  
 P-R-T axes 79 81 102

Normal sinus rhythm

~~Anterolateral infarct, possibly acute~~

Inferior injury pattern

\*\*\*\*\* Acute MI \*\*\*\*\*

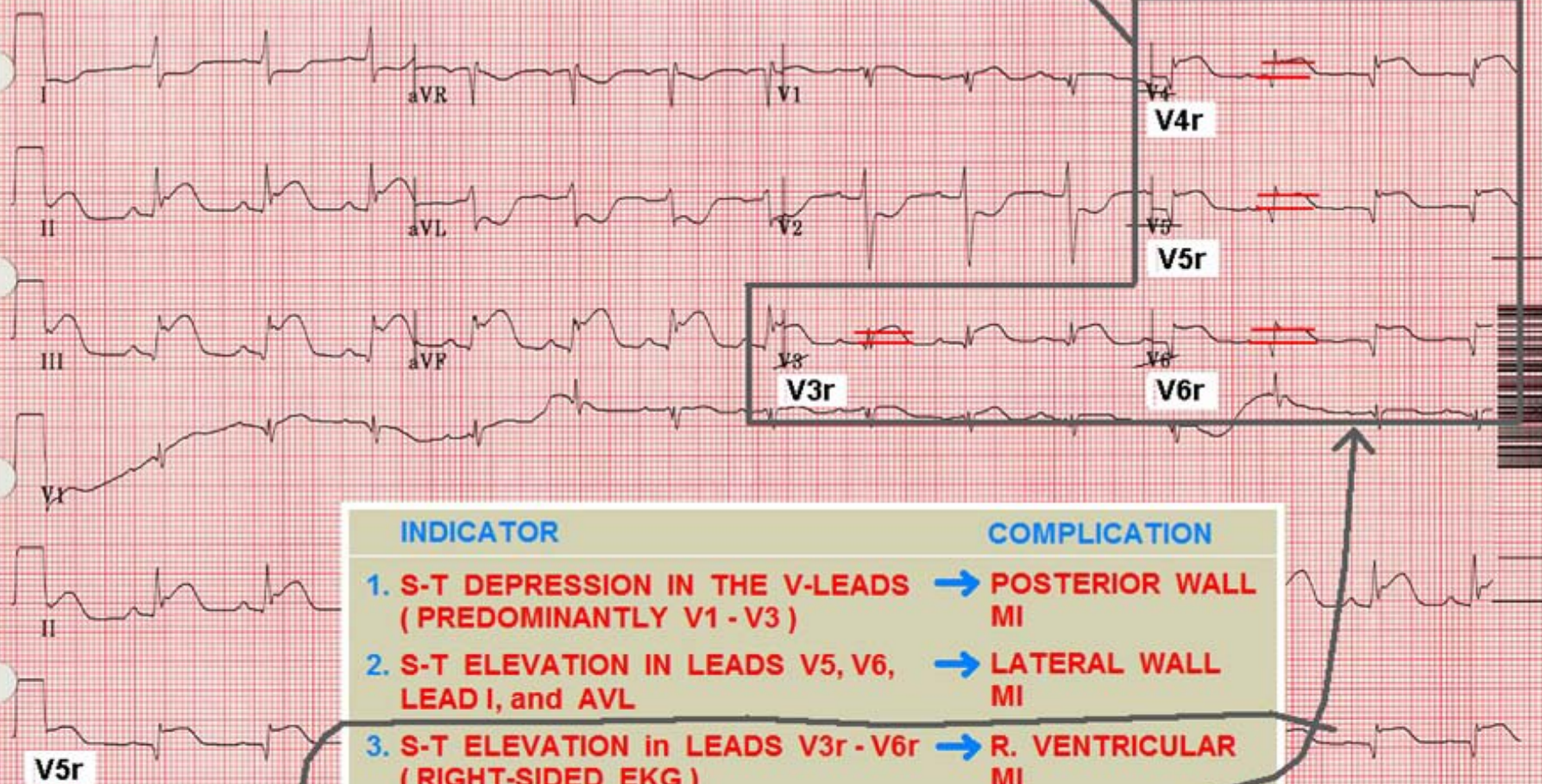
Abnormal ECG

**Right Ventricular Infarct**

V LEADS  
 R SIDE

Referred by:

Unconfirmed

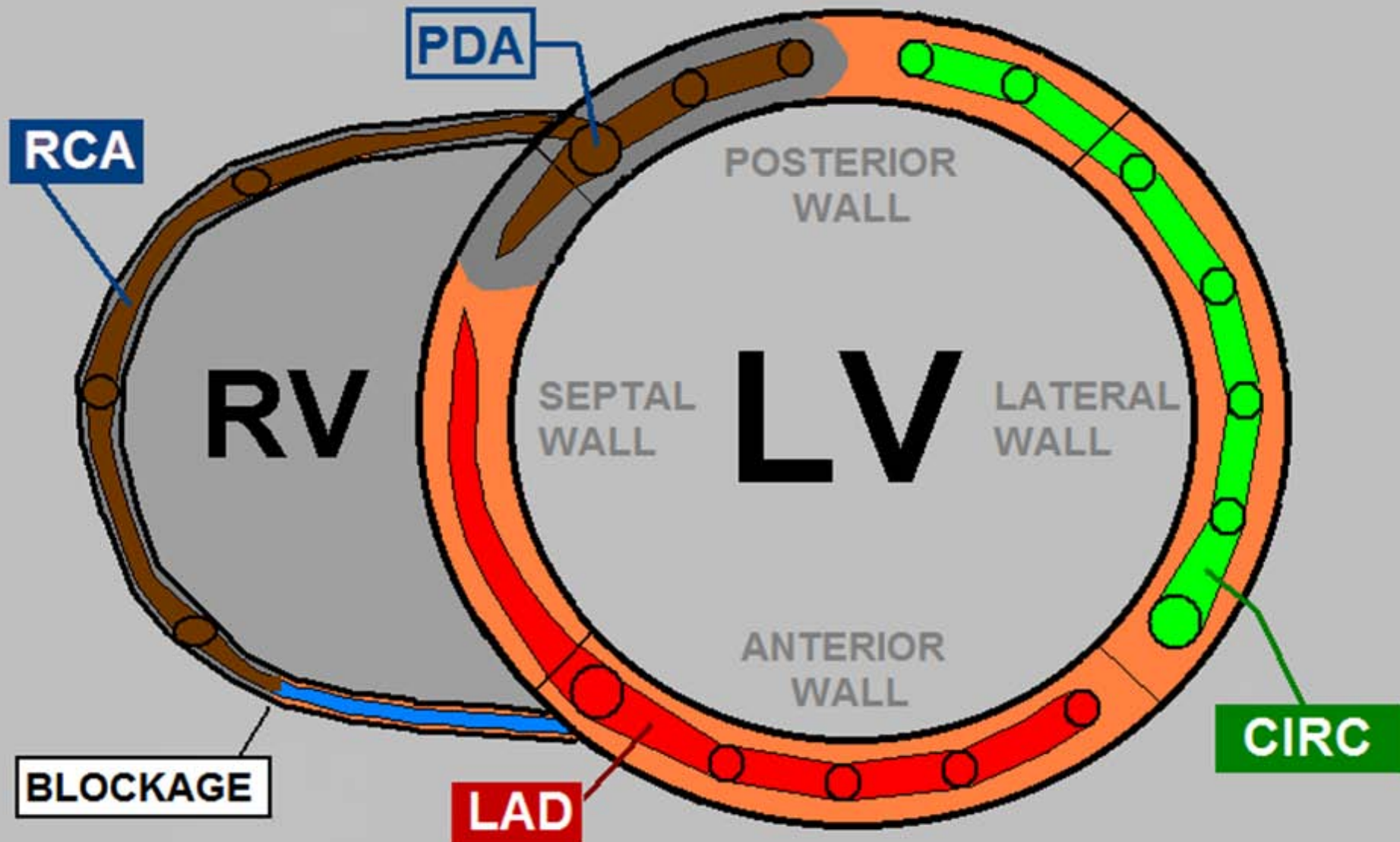




# INFERIOR - RIGHT VENTRICULAR MI

**DOMINANT RCA**

**75-80 % of POPULATION**



<b>ANTICIPATED COMPLICATIONS of INFERIOR - RIGHT VENTRICULAR WALL STEMI secondary to PROXIMAL RCA Occlusion &amp; POSSIBLE INDICATED INTERVENTIONS:</b>	
<b>- CARDIAC ARREST</b>	<b>BCLS / ACLS</b>
<b>- CARDIAC DYSRHYTHMIAS (VT / VF)</b>	<b>ACLS (antiarrhythmics)</b>
<b>- SINUS BRADYCARDIA</b>	<b>ATROPINE 0.5mg, REPEAT as needed UP TO 3mg. (follow ACLS and/or UNIT protocols)</b>
<b>- HEART BLOCKS (1st, 2nd &amp; 3rd Degree HB)</b>	<b>ATROPINE 0.5mg, REPEAT as needed UP TO 3mg, Transcutaneous Pacing, (follow ACLS and/or UNIT protocols)</b>
<b>- RIGHT VENTRICULAR MYOCARDIAL INFARCTION</b>	<b>- NITRATES and DIURETICS are CONTRA-INDICATED.</b> <b>- TREAT HYPOTENSION WITH FLUIDS. (It is Not uncommon to give 500-2000ml of NORMAL SALINE to stabilize BP.</b>
<b>- POSTERIOR WALL INFARCTION</b>	<b>- POSTERIOR WALL MI presents on the 12 Lead ECG as ST DEPRESSION in Leads V1 - V3.</b> <b>- POSTERIOR WALL MI is NOT PRESENT ON THIS ECG.</b>

If this patient becomes  
**HYPOTENSIVE . . . . .**

MI with HYPOTENSION ??

WET LUNG  
SOUNDS ??

NO

YES

RIGHT VENTRICULAR MI ?

YES

NO

POSTERIOR / LATERAL  
INVOLVEMENT ?

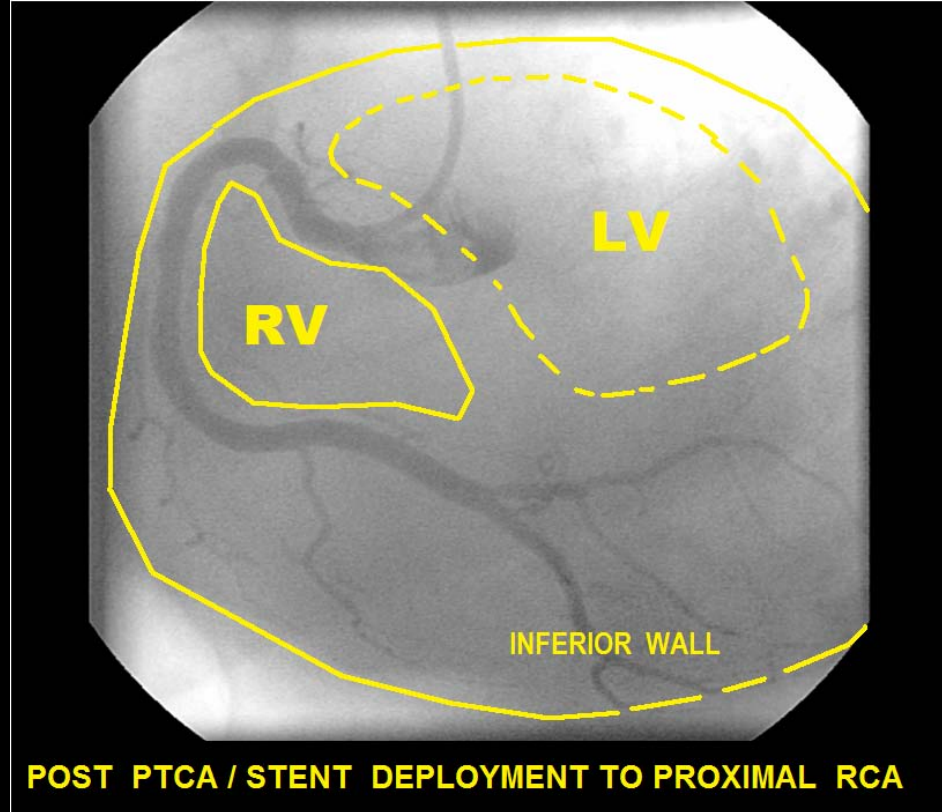
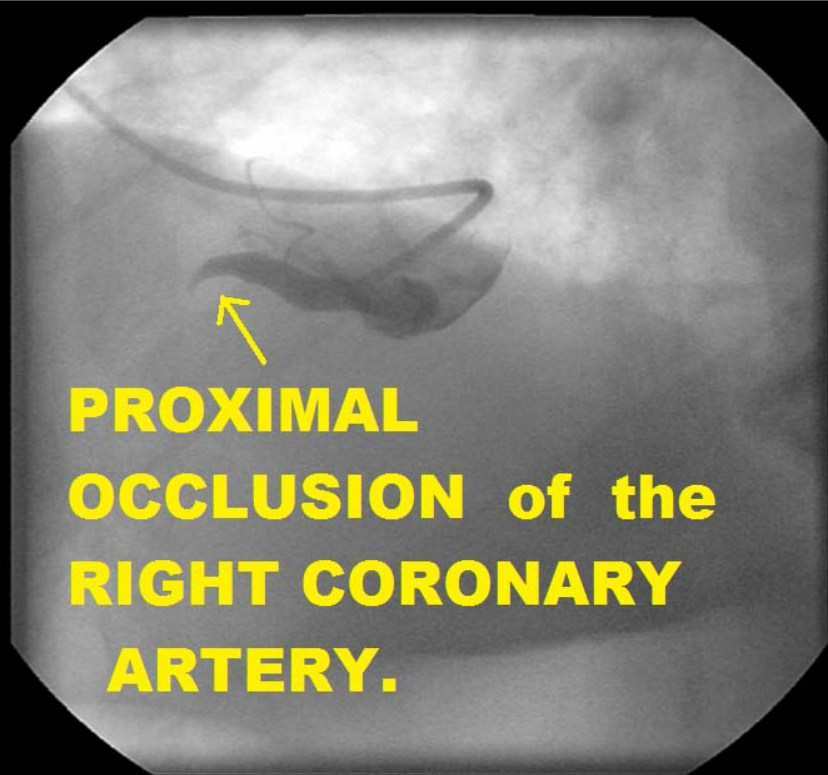
NO

YES

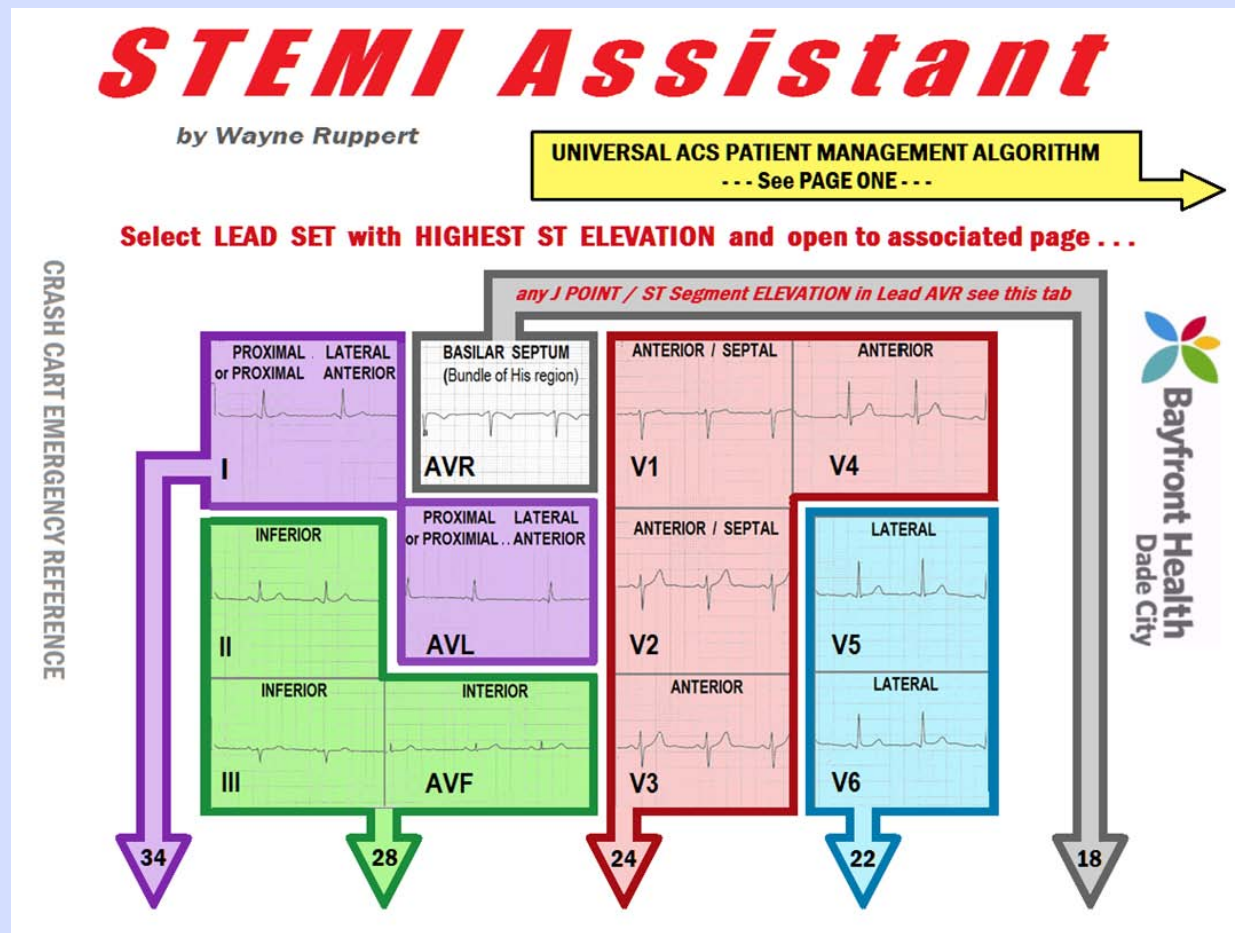
IV  
FLUIDS !

- FLUID CHALLENGE
- INOTROPES
- CONSIDER I.A.B.P

- INOTROPES
- CONSIDER ET INTUBATION
- CONSIDER I.A.B.P.



# *STEMI Assistant:* an Emergency Crash Cart Interactive Reference Manual - free Download



**STEMI Assistant – Information Video**



# Helpful STEMI ECG Resources

[1] [“Use of the Electrocardiogram in Acute Myocardial Infarction,” Zimetbaum, et al, NEJM 348:933-940](#)

[Abnormal ST Elevation Criteria: ACC/AHA 2009  
“Standardization and Interpretation of the ECG, Part VI  
Acute Ischemia and Infarction,” Galen Wagner, et al](#)

[ECG in STEMI – excellent powerpoint – quick  
reference, in-depth material](#)

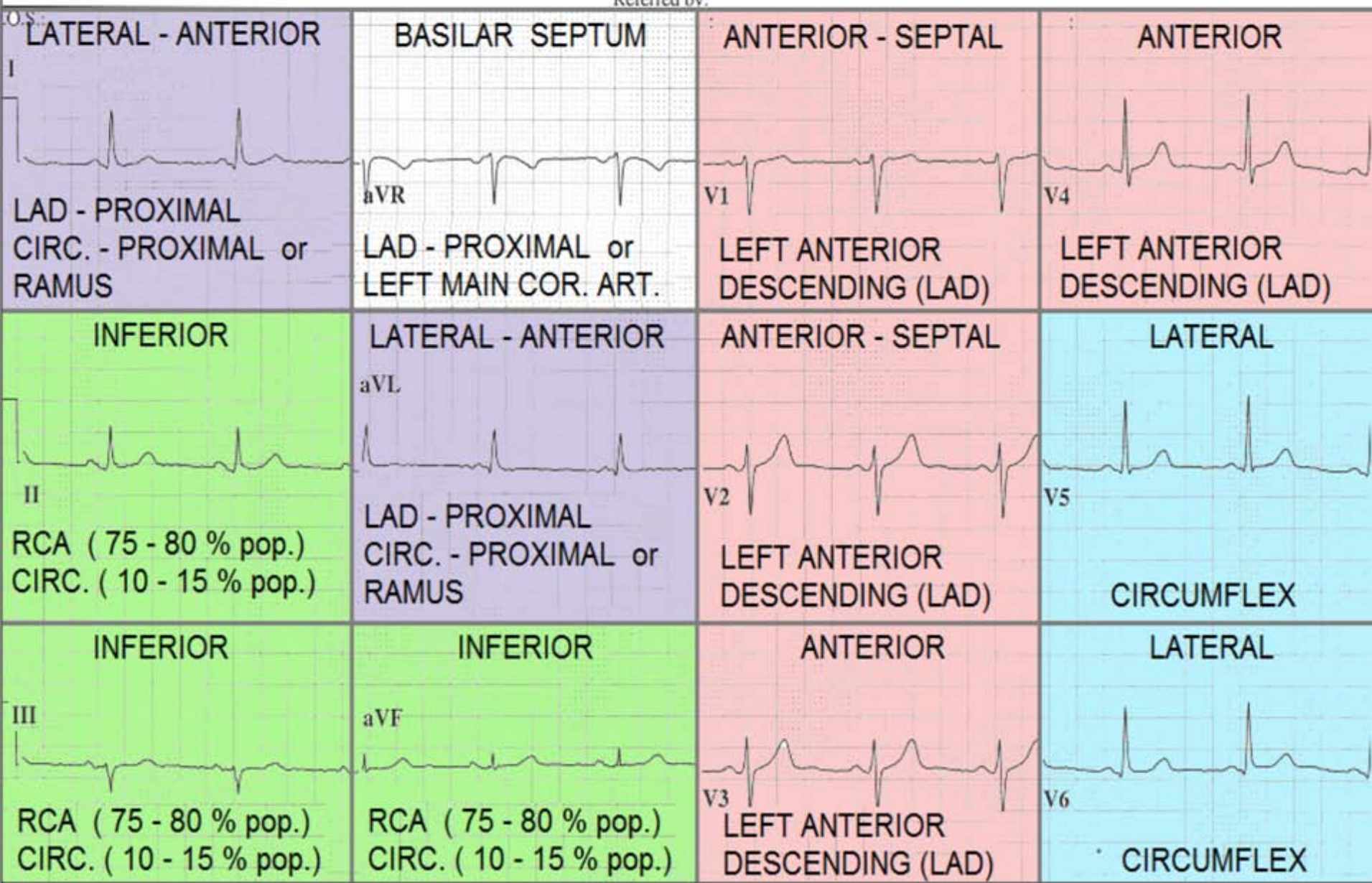
# **Helpful STEMI ECG Resources**

**[Download Non-ED STEMI Protocol - example](#)**

**[Download STEMI Alert ED Physicians Order Set](#)**

Vent. rate	64	BPM	Normal sinus rhythm
PR interval	130	ms	Normal ECG
QRS duration	96	ms	No previous ECGs available
QT/QTc	396/408	ms	
P-R-T axes	40 11 61		

Referred by:



# Correlation of Leads with ST Elevation and Cardiac Structures at Risk, based on STEMI in patients with Common Coronary Arterial Anatomy

	ECG Leads:	Associated Region:	Coronary Artery:	Structures at Risk:
All Patients	V1 - V4	Anterior and Septal walls of LV	Left Anterior Descending (LAD) Atery	- 35 - 45% of LV muscle mass - Bundle of HIS - Bundle Branches
RCA Dominant	V5 - V6	Lateral wall LV, approx. 50% Posterior wall	Circumflex (Cx) ( non - dominant )	- 20 - 30% LV muscle mass - Sinus Node (rare)
	II, III, AVF	Inferior Wall, approx. 50% Posterior wall	Right Coronary Artery (RCA)	- SA Node - Right Ventricle - AV Node
Cx Dominant	V5 - V6 + II, III, AVF	Lateral wall of LV Posterior Wall (all) Inferior Wall	Circumflex (Dominant)	- 45-55% LV muscle mass - SA Node (rare) - AV Node

# EVOLVING STEMI:

- ST SEGMENTS DROP
  - Q WAVES FORM
  - R WAVE PROGRESSION CHANGES
- ## IN PRECORDIAL LEADS.

### Q WAVE RULES - SUMMARY:

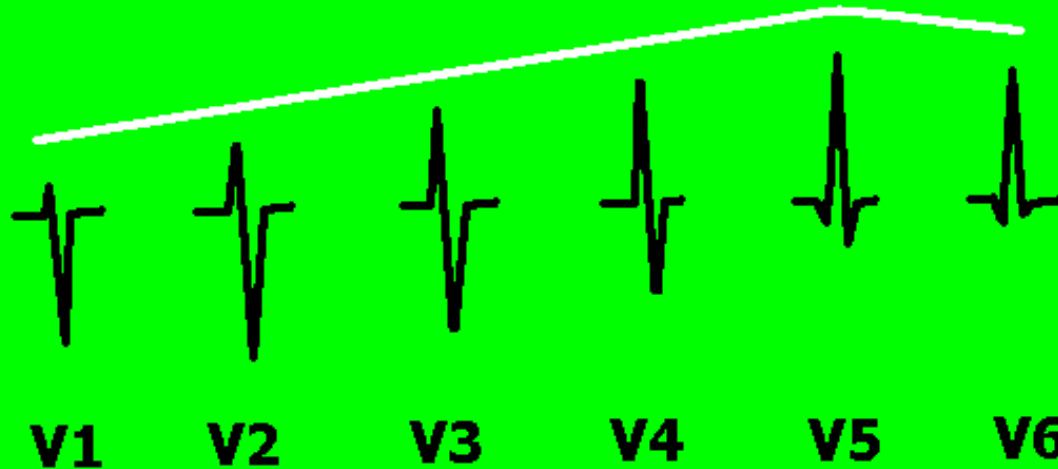
- Q WAVES SHOULD BE LESS THAN .40 WIDE ( 1 mm )
- Q WAVES SHOULD BE LESS THAN  $\frac{1}{3}$  THE HEIGHT OF THE R WAVE
- Q WAVES CAN BE ANY SIZE IN LEADS III and AVR
- THERE SHOULD BE NO Q WAVES IN LEADS V1, V2, or V3

# The NORMAL ECG

## ASSESSING AXIS ROTATION

**NORMAL**

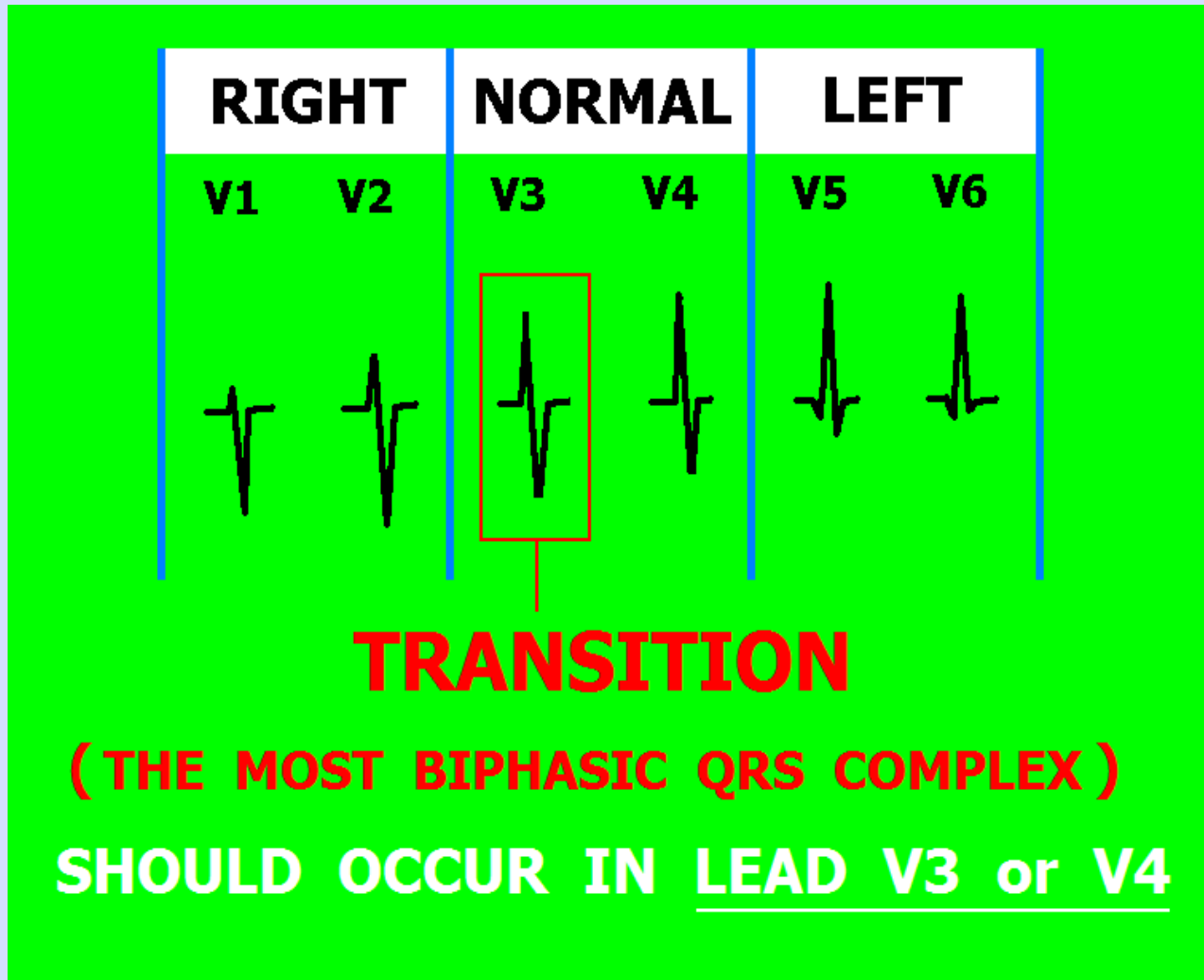
**R - WAVE PROGRESSION**



**R wave amplitude (size) gradually increases from V1 through V6 . . . .**



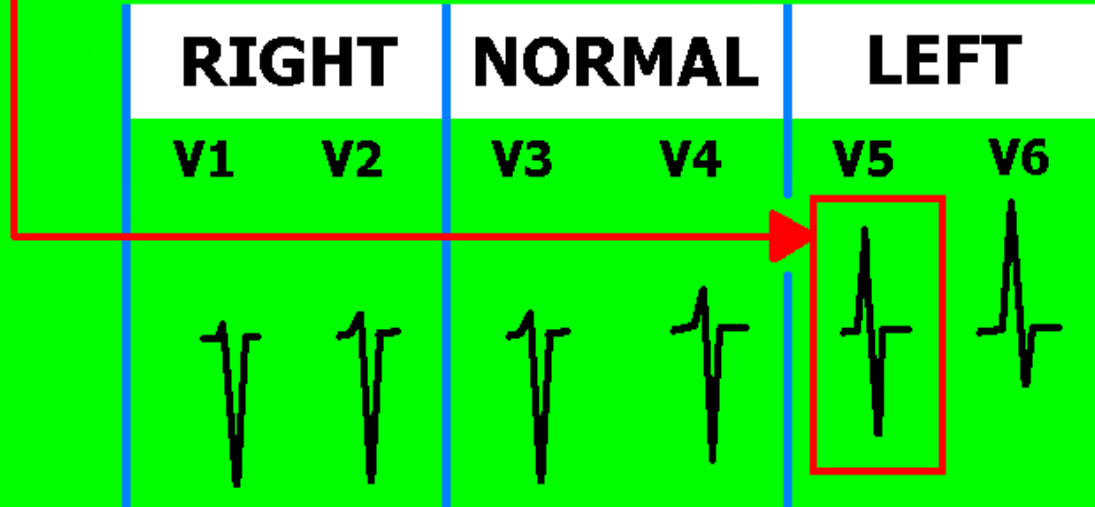
# The NORMAL ECG



In V3 or V4, the QRS complex becomes Biphasic.

# “Poor R Wave Progression” . . . .

## LATE TRANSITION - COMMON CAUSES



- LEFT BUNDLE BRANCH BLOCK
- OLD ANTERIOR WALL M.I.
- LEFT VENTRICULAR HYPERTROPHY
- WOLFF-PARKINSON-WHITE SYNDROME  
( R. ATRIUM - R. VENTRICLE BYPASS TRACT )

Anterior Wall necrosis (“old MI”) is a common cause of “Poor R Wave Progression”.

91 yr  
Female Caucasian  
Room:3  
Loc:1 Option:1

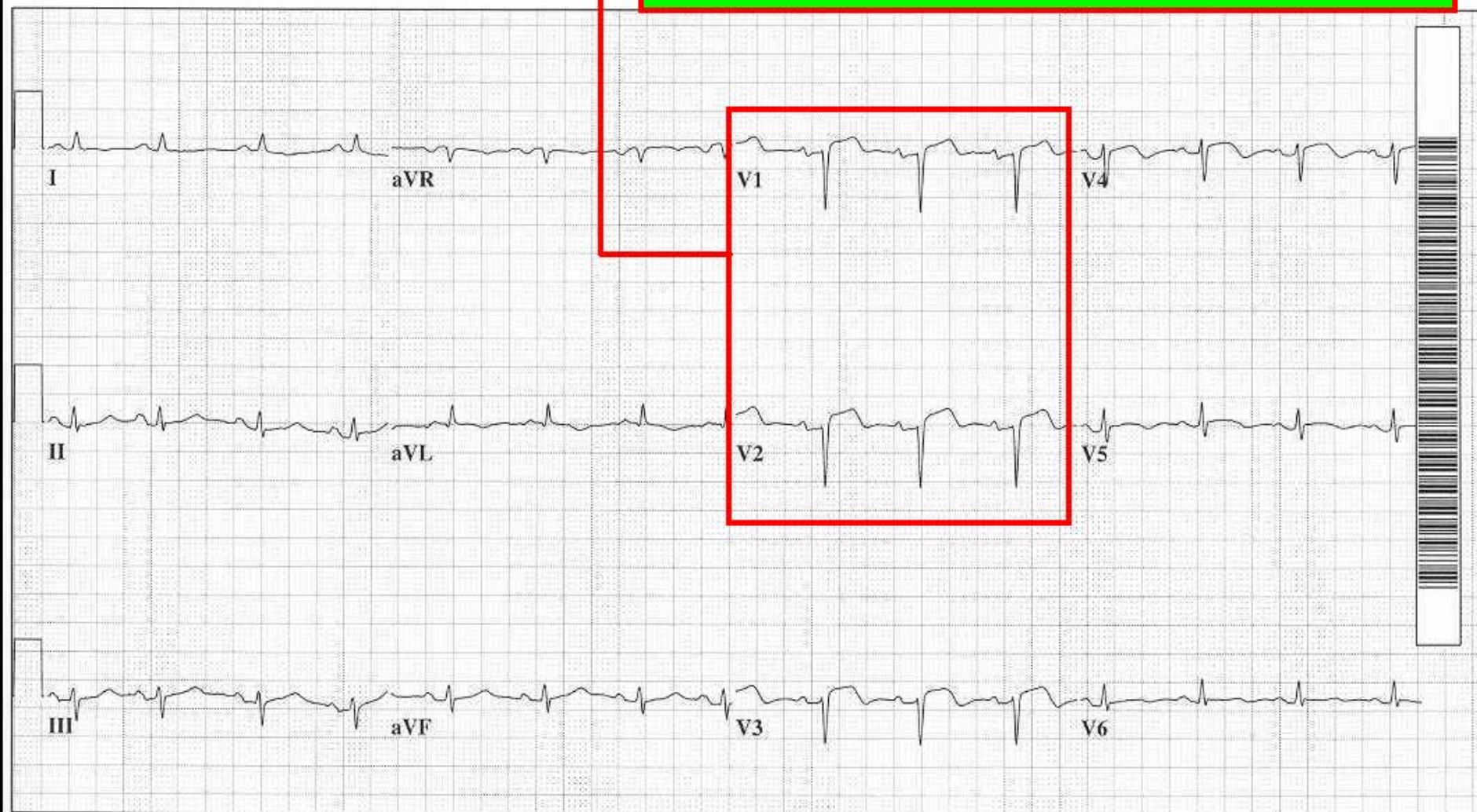
Vent. rate 87 BPM  
PR interval 156 ms  
QRS duration \* 80 ms  
QT/QTc 332/399 ms  
P-R-T axes 45 4 96

Normal sinus rhythm  
Possible Anterior infarct  
Abnormal ECG

Technician ID: EKG CLASS # WR03110848

## 2. OLD ANTERIOR WALL M.I.

- Q waves in V1, V2, V3 and/or V4
- other causes of LATE TRANSITION ruled out





# ACUTE ANTERIOR WALL STEMI

EKG #1 UPON ARRIVAL IN E.D. - CHEST PAIN x 40 MINUTES

APRIL 6, 2009 01:14 HOURS

49 yr  
Male Caucasian

Vent. rate 91 BPM  
PR interval 172 ms  
QRS duration 86 ms  
QT/QTc 350/430 ms  
P-R-T axes 41 17 -15

Normal sinus rhythm

Left atrial enlargement

Cannot rule out Inferior infarct, new

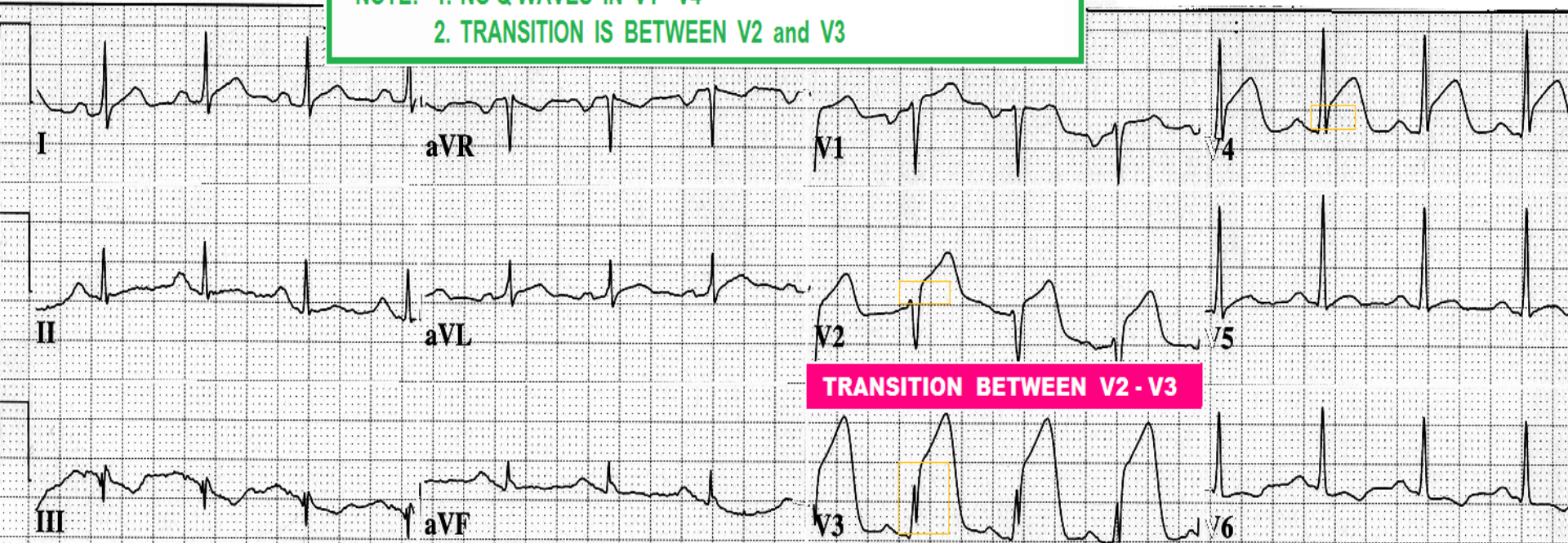
Anterior injury pattern

\*\*\*\*\* ACUTE MI \*\*\*\*\*

EKG TAKEN UPON ARRIVAL IN  
EMERGENCY DEPARTMENT.

- CHEST PAIN x 40 MINUTES  
- ST ELEVATION V1 - V4

NOTE: 1. NO Q WAVES IN V1 - V4  
2. TRANSITION IS BETWEEN V2 and V3



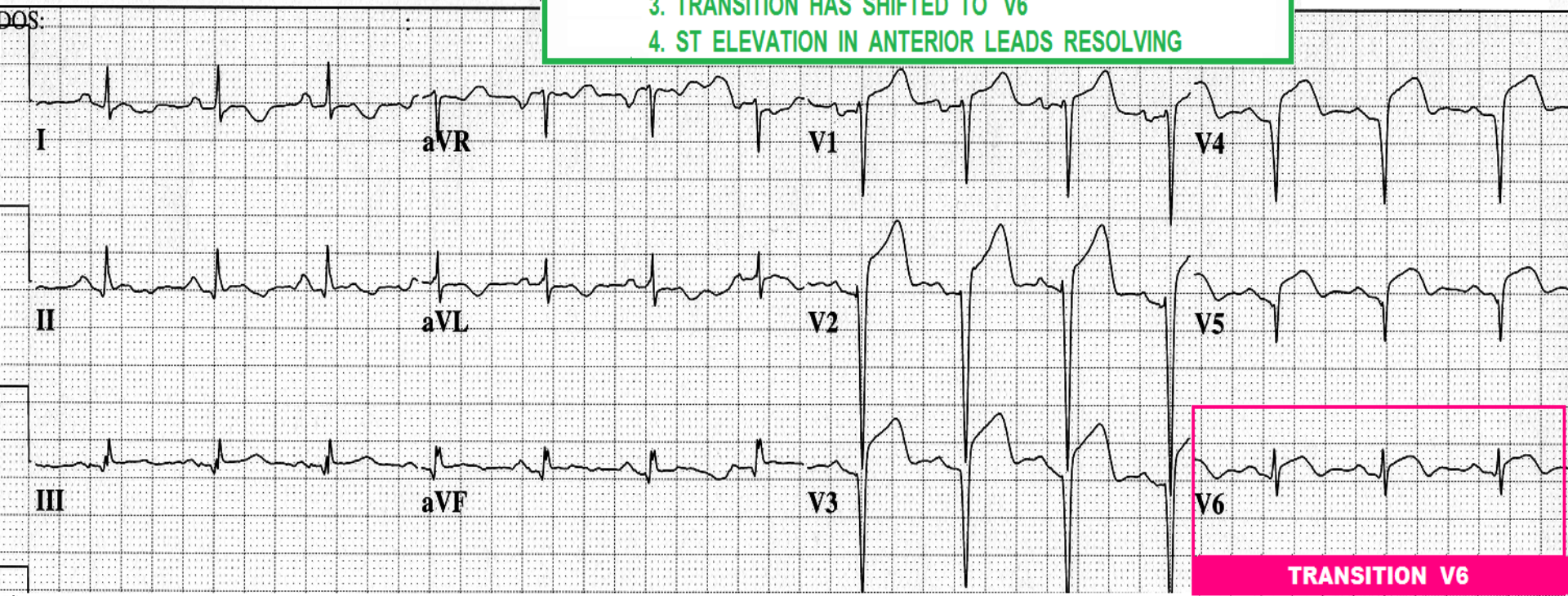


# EVOLVING ANTERIOR WALL STEMI

**EKG # 4**   **APPROXIMATELY 19 HOURS FROM ONSET OF SYMPTOMS**   **APRIL 6, 2009**   **19:36 HOURS**

49 yr	Vent. rate	86	BPM	Normal sinus rhythm
Male	PR interval	174	ms	Anterior infarct , possibly acute
Caucasian	QRS duration	78	ms	Lateral injury pattern
Room:CS1	QT/QTc	360/430	ms	***** ACUTE MI *****
Loc:5	P-R-T axes			

**NOTE:** 1. Q WAVES IN LEADS V2 - V5  
2. ST ELEVATION NOW IN V5  
3. TRANSITION HAS SHIFTED TO V6  
4. ST ELEVATION IN ANTERIOR LEADS RESOLVING





# FULLY EVOLVED ANTERIOR WALL MI

POST - INFARCTION EKG

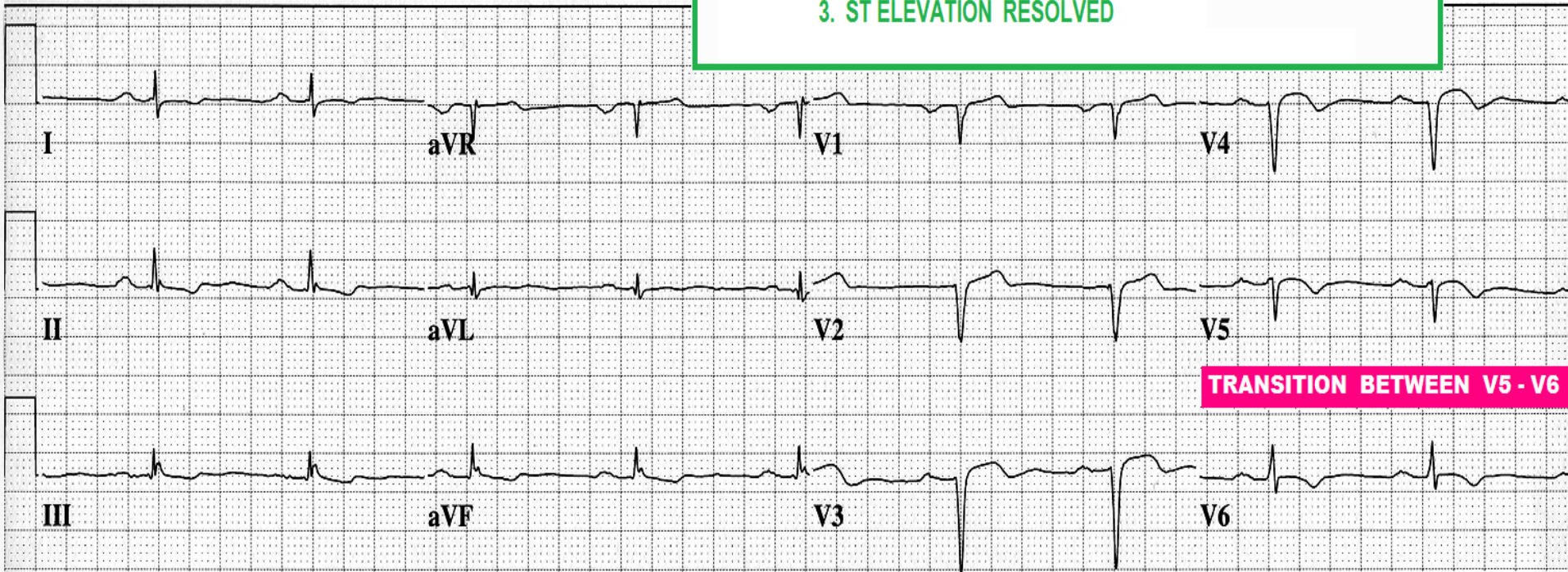
TAKEN 1 YEAR AFTER ANTERIOR WALL MI

50 yr  
Male      Caucasian  
Room:  
Loc:      Option:

Vent. rate      57 BPM  
PR interval      216 ms  
QRS duration      96 ms  
QT/QTc      392/381 ms  
P-R-T axes      40 58 -120

Sinus bradycardia with 1st degree A-V block  
Anterolateral infarct  
T wave abnormality, consider inferior ischemia  
Abnormal ECG

NOTE: 1. QS COMPLEXES NOW SEEN IN V1 - V4  
2. TRANSITION NOW BETWEEN V5 and V6  
3. ST ELEVATION RESOLVED



TRANSITION BETWEEN V5 - V6



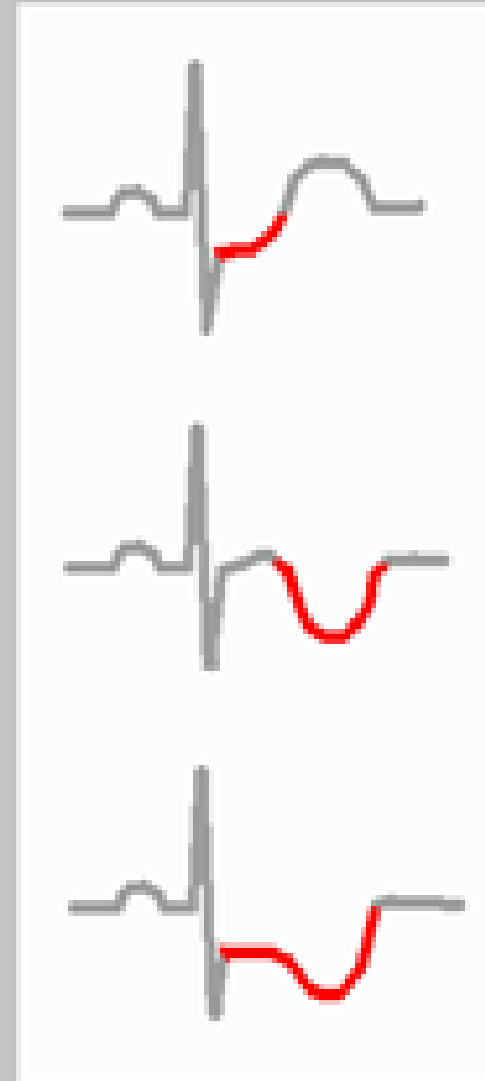
# ISCHEMIA

## HELPFUL PATTERNS . . .

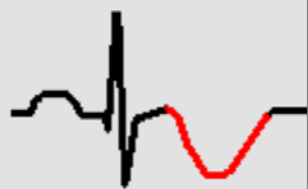
**J POINT DEPRESSION  
( > 1 mm )**

**INVERTED T WAVES**

**J POINT DEPRESSION  
+ INVERTED T WAVES**

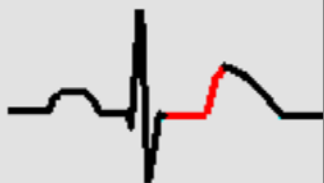


INVERTED  
T WAVE



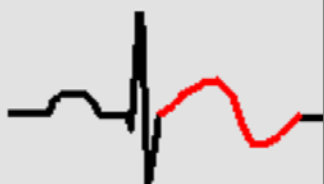
- **MYOCARDITIS**
- **ELECTROLYTE IMBAL.**
- **ISCHEMIA**

SHARP S-T  
T ANGLE



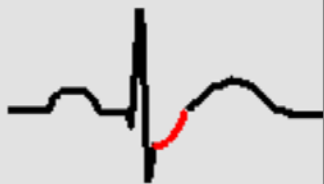
- **ACUTE MI (NOT COMMON)**
- **ISCHEMIA**

BI-PHASIC  
T WAVE  
(WELLEN'S)



- **SUB-TOTAL LAD LESION**
- **VASOSPASM**
- **HYPERTROPHY**

DEPRESSED J  
POINT with  
UPSLOPING ST




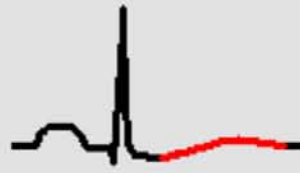
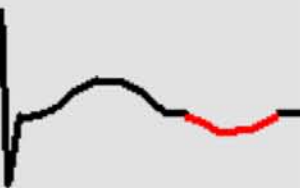
- **ISCHEMIA**

DOWNSLOPING  
S-T SEGMENT

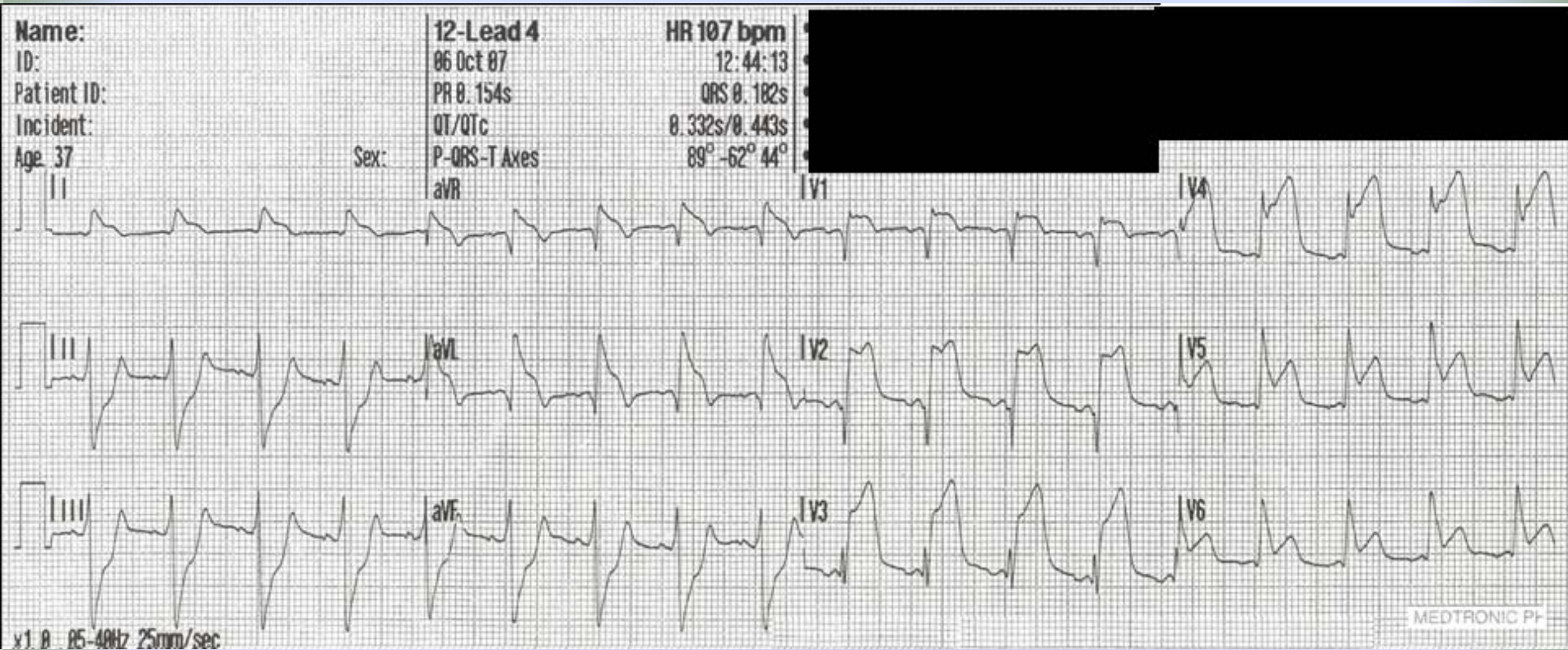


- **ISCHEMIA**

# Some less common, less reliable possible indicators of ACS:

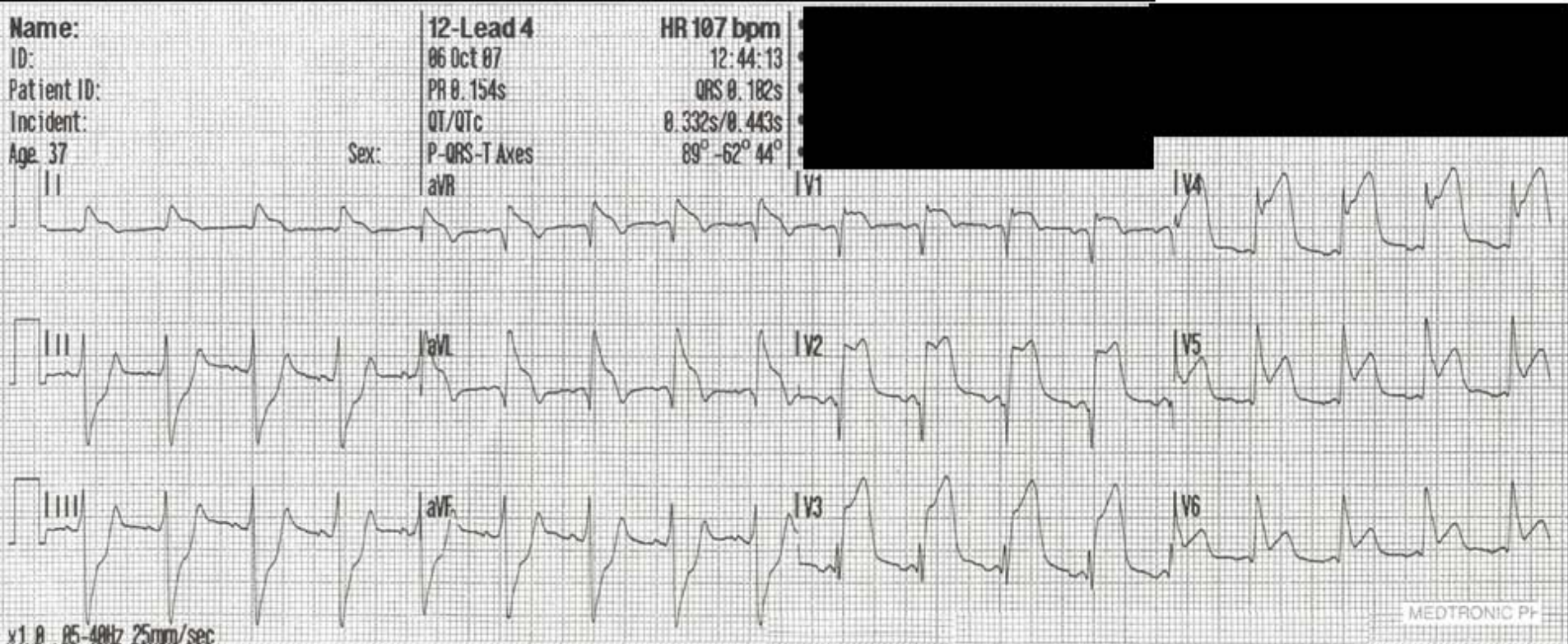
? FLAT S-T SEGMENT > 120 ms		- ISCHEMIA
? LOW VOLTAGE T WAVE WITH NORMAL QRS		- ISCHEMIA
? U WAVE POLARITY OPPOSITE THAT OF T WAVE		- ISCHEMIA

# Let's review . . . .



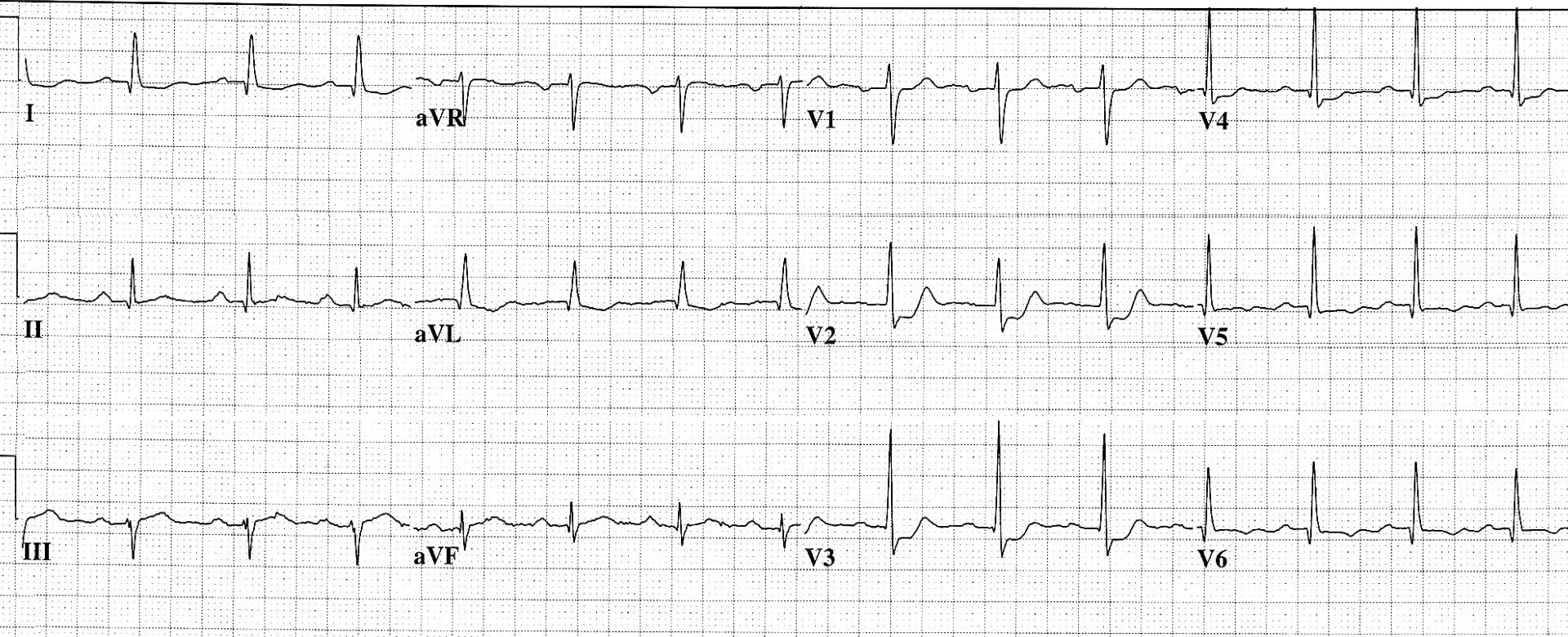
1. ECG abnormality(ies)?
2. Possible diagnosis?
3. Action / Intervention?





1. ECG abnormality(ies)? **ST Elevation Leads I, AVR AVL, V1, V2, V3, V4, V5 & V6. ST Depression II, III and AVF**
2. Possible diagnosis? **Acute Anterolateral Wall STEMI secondary to Left Main Coronary Artery occlusion (widow-maker MI).**
3. Action / Intervention? **STAT CATH LAB vs STAT Thrombolytics. Prepare for Cardiac Arrest**

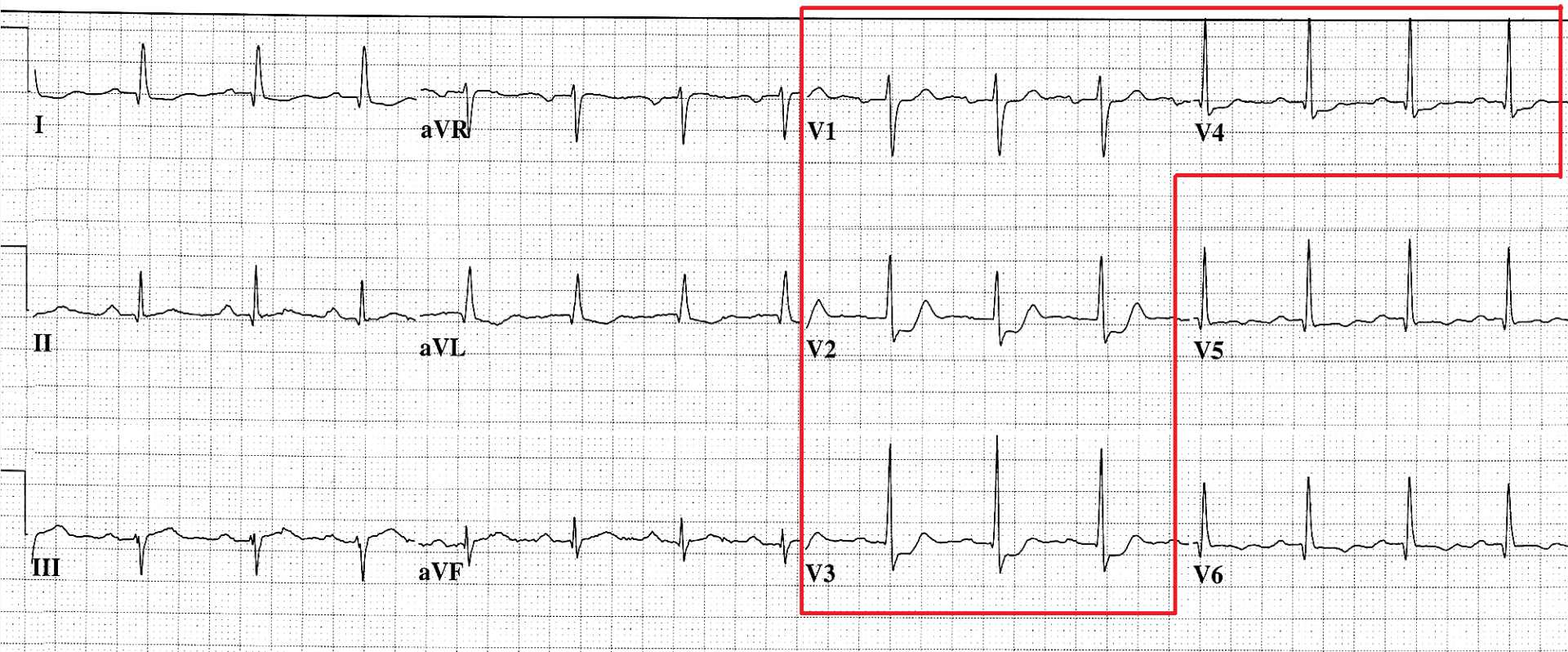
63 yr		Vent. rate	88	BPM
Male	Hispanic	PR interval	200	ms
		QRS duration	94	ms
Room: VAM		QT/QTc	352/425	ms
Loc: 3	Option: 23	P-R-T axes	63 2	118



1. ECG abnormality(ies)?
2. Possible diagnosis?
3. Action / Intervention?



63 yr		Vent. rate	88	BPM
Male	Hispanic	PR interval	200	ms
		QRS duration	94	ms
Room: VAM		QT/QTc	352/425	ms
Loc: 3	Option: 23	P-R-T axes	63 2	118



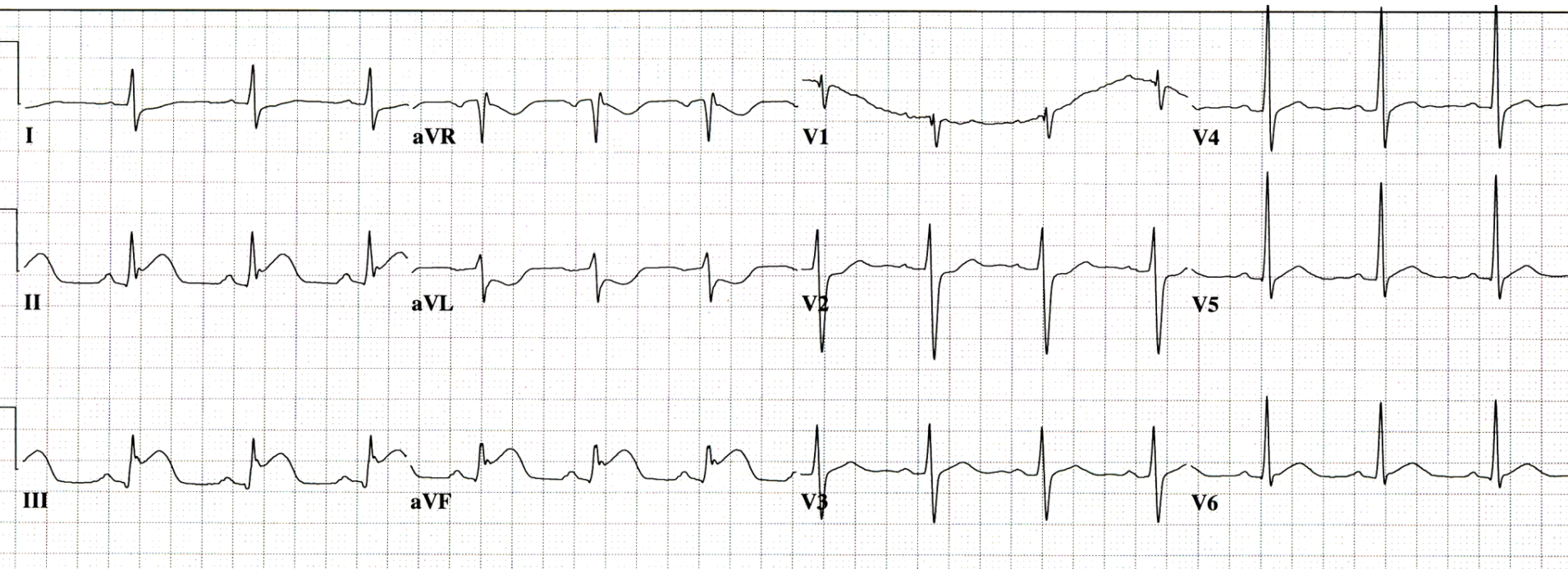
1. ECG abnormality(ies)? **ST Depression V1-V4**
2. Possible diagnosis? **Anterior ischemia vs. Posterior wall STEMI**
3. Action / Intervention? **Posterior ECG (V7-V9)**

46 yr Male      Caucasian      Vent. rate 82 BPM  
PR interval 168 ms  
QRS duration 96 ms  
QT/QTc 384/448 ms  
Loc:3      Option:23      P-R-T axes 76 81 88



**EVALUATE EKG for indicators of ACS:**

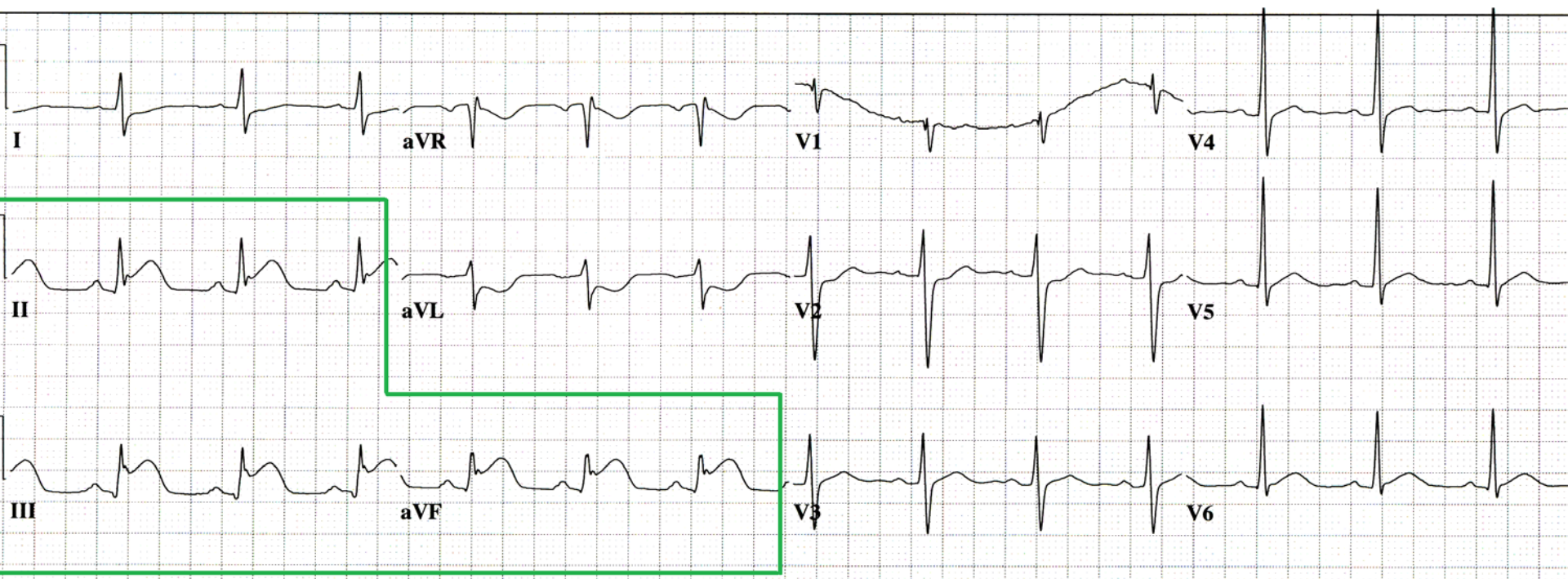
- ST SEGMENT ELEVATION / DEPRESSION
- HYPERACUTE T WAVES
- CONVEX ST SEGMENTS
- OTHER ST SEGMENT / T WAVE ABNORMALITIES



1. ECG abnormality(ies)?
2. Possible diagnosis?
3. Action / Intervention?

46 yr		Vent. rate	82	BPM
Male	Caucasian	PR interval	168	ms
		QRS duration	96	ms
		QT/QTc	384/448	ms
Loc:3	Option:23	P-R-T axes	76 81	88

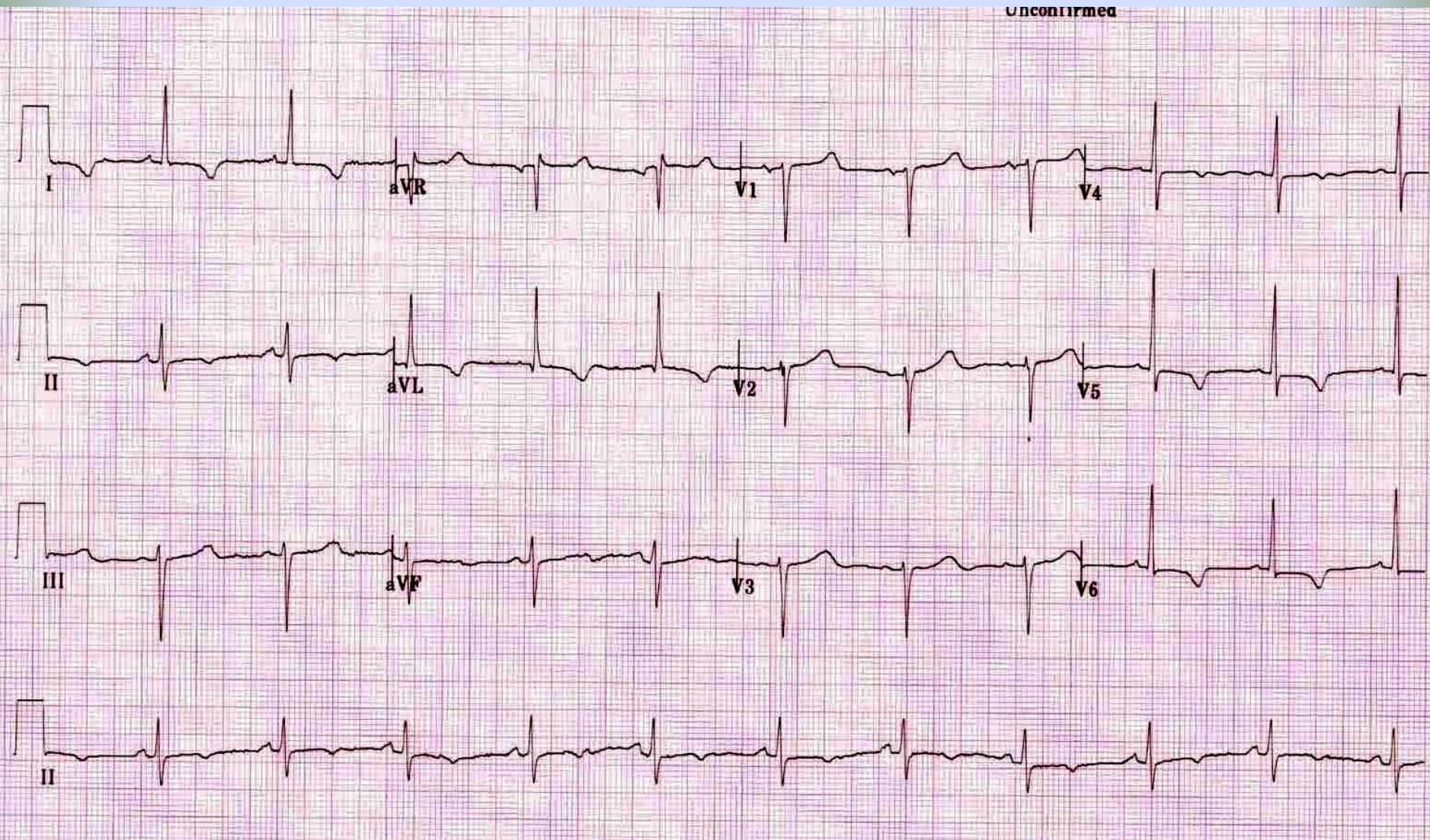
**ST-Segment Elevation in Leads II, III and AVF**  
**Consistent with: INFERIOR STEMI**



1. ECG abnormality(ies)? **ST Elevation, Leads II,III & AVF**
2. Possible diagnosis? **Inferior Wall STEMI**
3. Action / Intervention? **1. Do R-sided ECG, *prepare for Atropine administration, external pacing, cardiac arrest, STAT cath lab visit !***



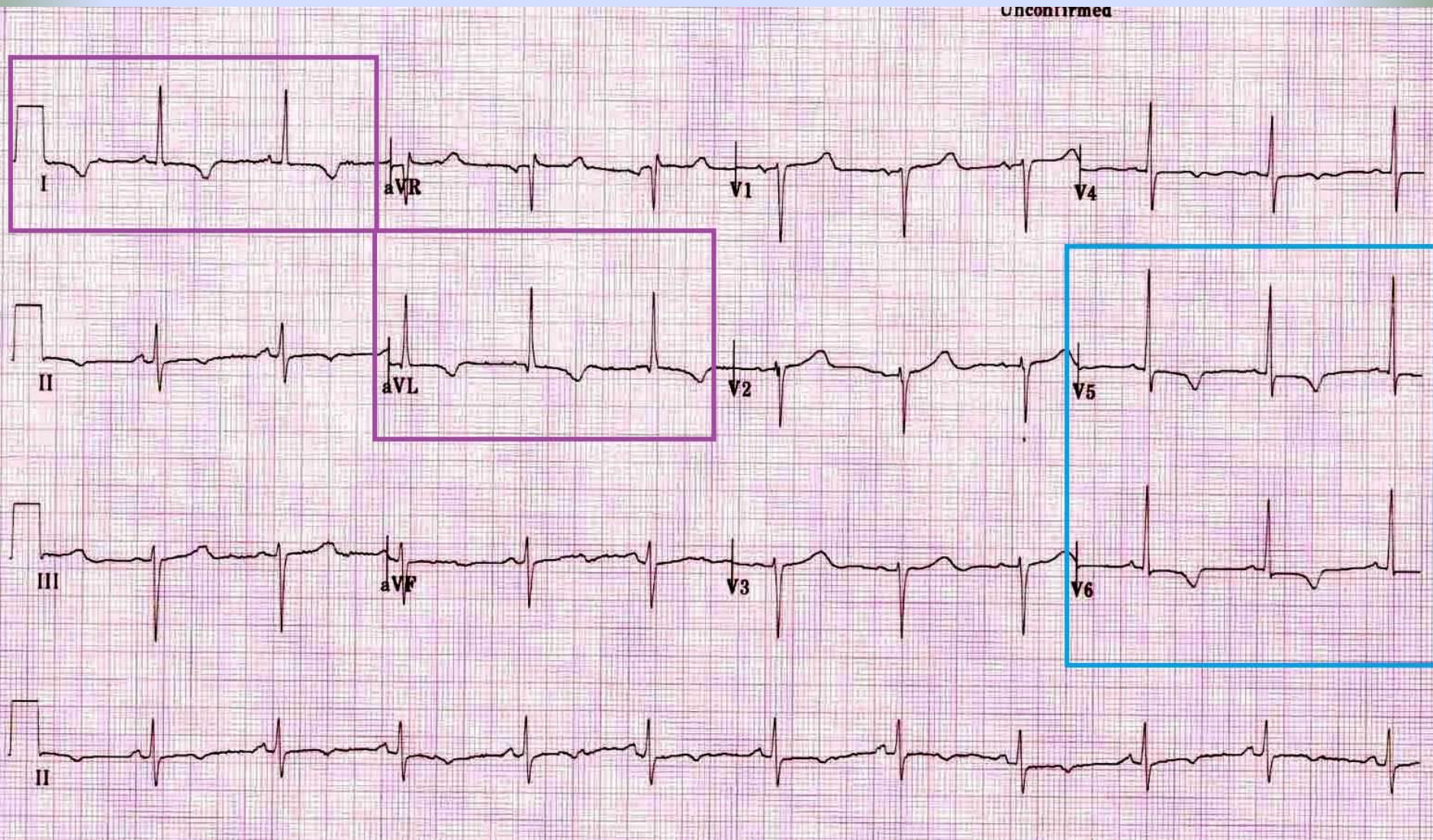
# What leads show signs of possible ACS?





# 12 Lead ECG

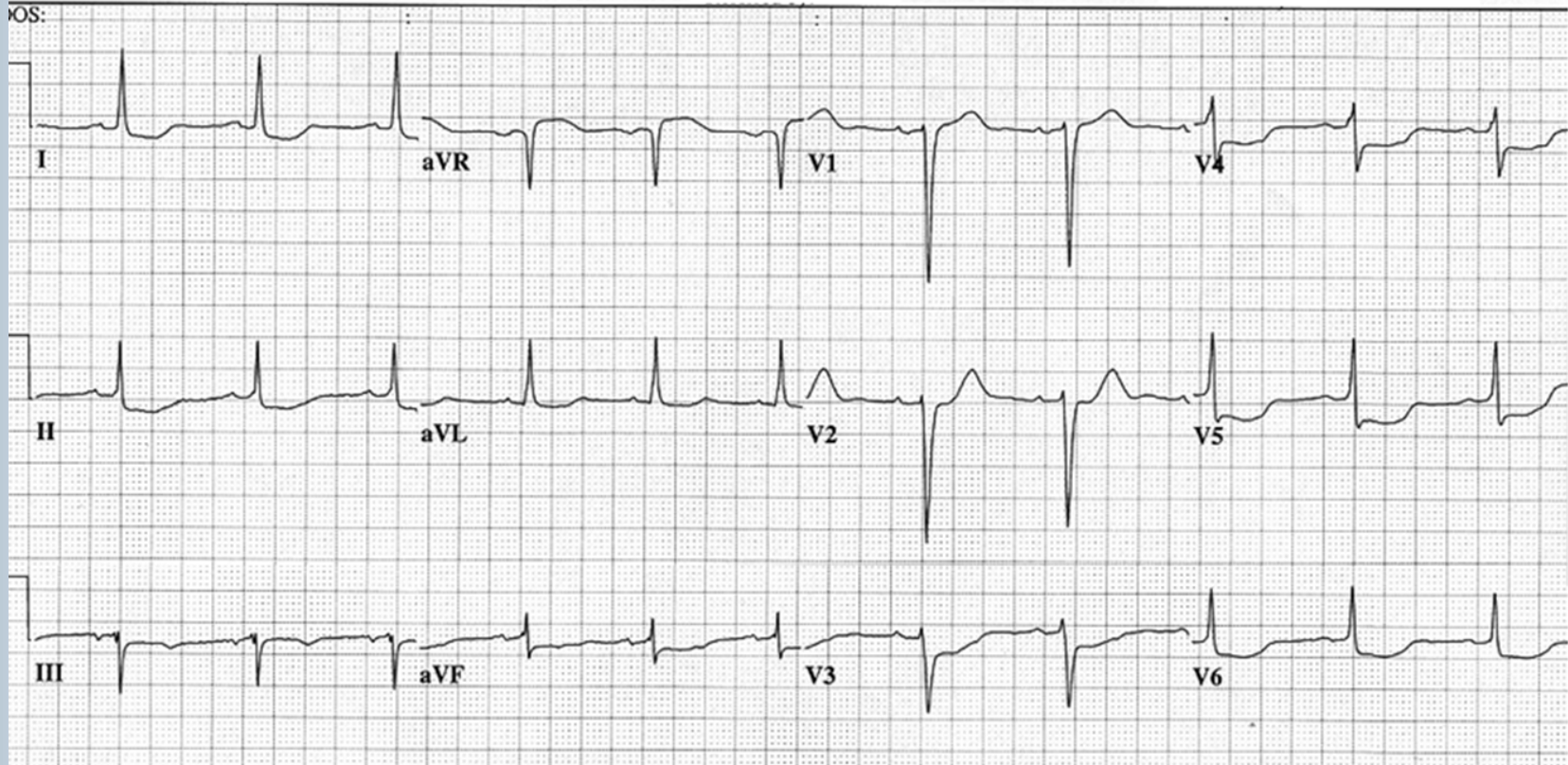
## shows ISCHEMIC CHANGES Lateral Wall:





67 yr  
Female Hispanic  
Room: S7  
Loc: 3 Option: 23

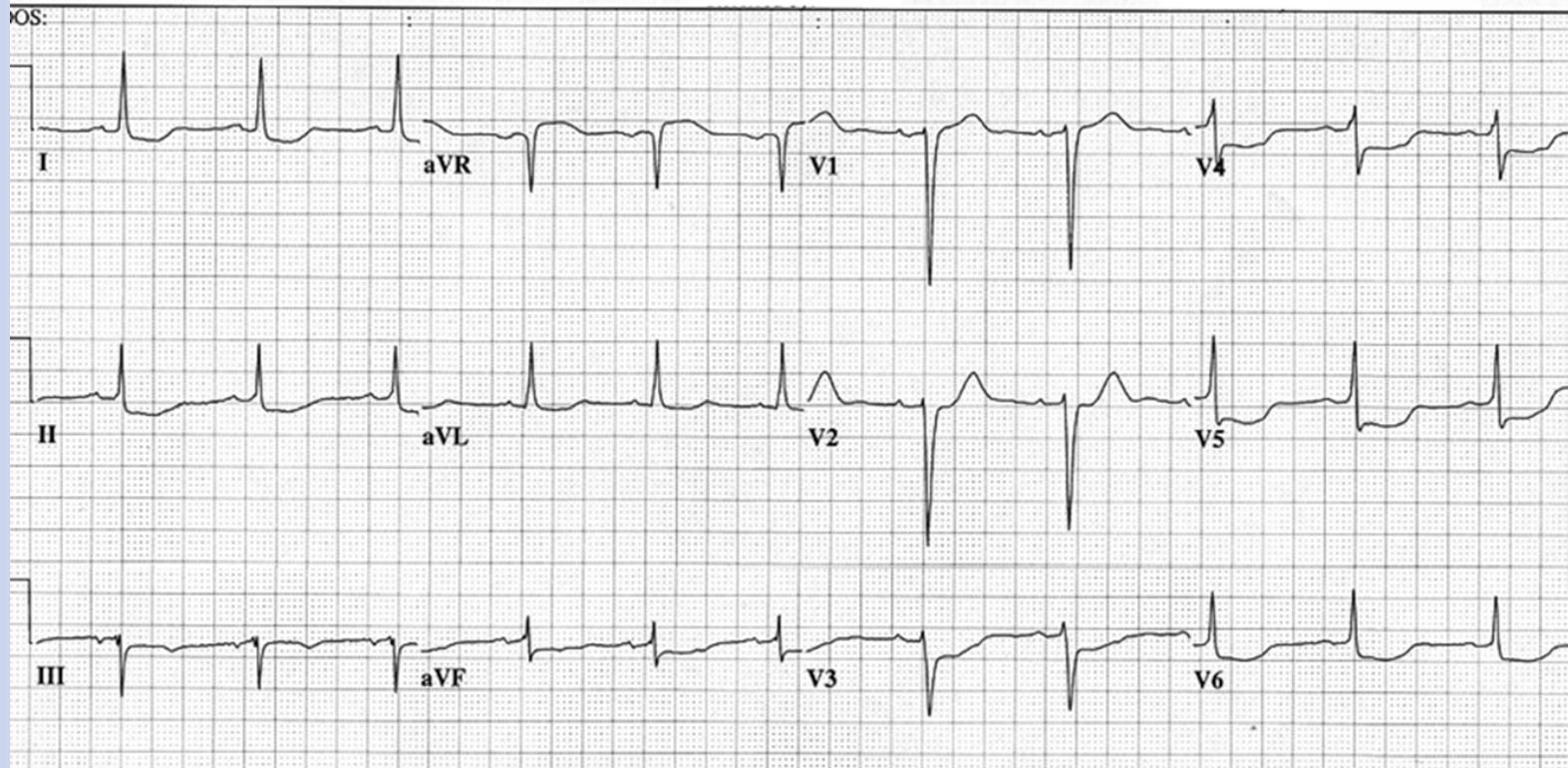
Vent. rate 67 BPM  
PR interval 188 ms  
QRS duration 106 ms  
QT/QTc 458/483 ms  
P-R-T axes 27 -3 -111



1. ECG abnormality(ies)?
2. Possible diagnosis?
3. Action / Intervention?



67 yr		Vent. rate	67	BPM
Female	Hispanic	PR interval	188	ms
		QRS duration	106	ms
Room:S7		QT/QTc	458/483	ms
Loc:3	Option:23	P-R-T axes	27 -3 -111	



1. ECG abnormality(ies)? **ST Elevation Lead AVR, Global ST Depression (I, II, III, AVL, AVF, V2, V3, V4, V5, V6)**
2. Possible diagnosis? **possible LMCA or 3x vessel disease.**
3. Action / Intervention? **Troponins, Continuous ST monitoring, cath lab visit STAT or ASAP (based on sympt.)**

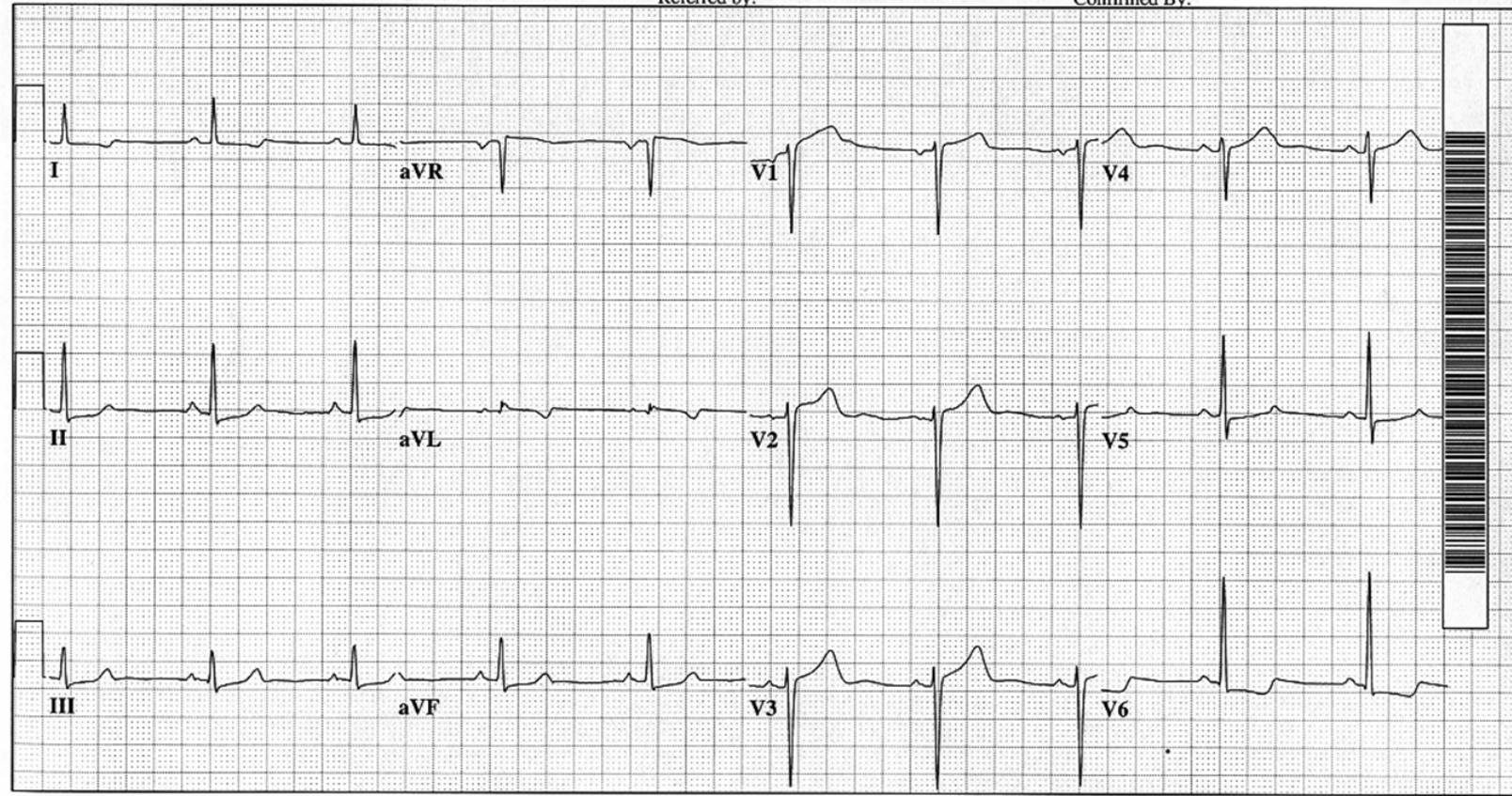
45 yr  
Female Caucasian

Vent. rate	58	BPM
PR interval	148	ms
QRS duration	80	ms
QT/QTc	448/440	ms
P-R-T axes	57 48	105

Loc:1 Option:1

Referred by:

Confirmed By:

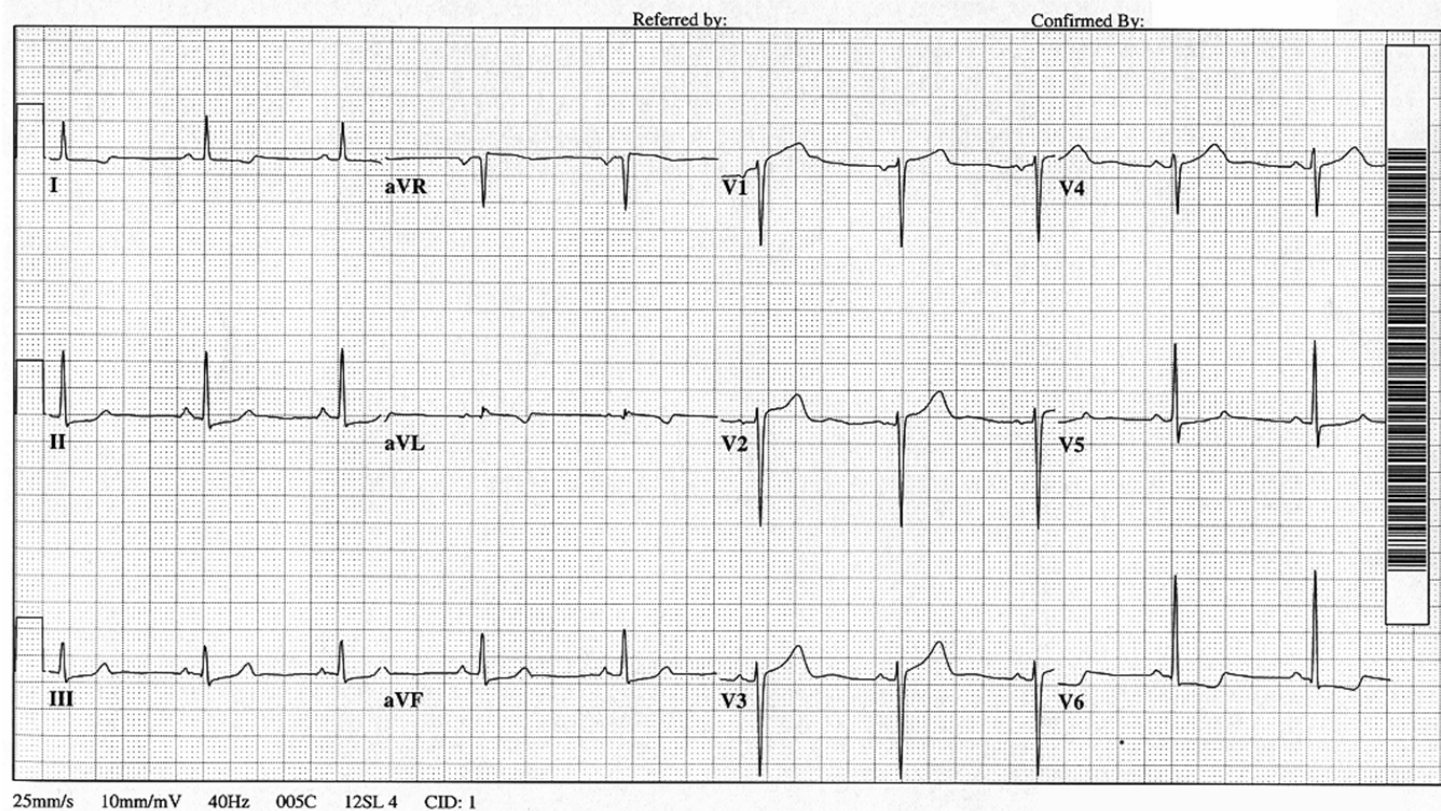


25mm/s 10mm/mV 40Hz 005C 12SL 4 CID: 1

1. ECG abnormality(ies)?
2. Possible diagnosis?
3. Action / Intervention?



45 yr		Vent. rate	58	BPM
Female	Caucasian	PR interval	148	ms
		QRS duration	80	ms
		QT/QTc	448/440	ms
Loc:1	Option:1	P-R-T axes	57 48	105



1. ECG abnormality(ies)? **Inferior (II, III, AVF) ST Depr (ischemia?), I & AVL T wave inversion, V5 ST Depr**
2. Possible diagnosis? **Inferior / Lateral ischemia**
3. Action / Intervention? **Serial ECGs / Troponins, additional diagnostic testing, cath lab**

***Once an appropriate testing method is developed to validate ECG interpretation competency, it may be possible that this course, or others that are similar, can be a route to credential nurses to “interpret” Serial ECGs.***

***End of Current Program  
Version 1***

***Version 2  
under construction***



***Your thoughts, ideas, comments  
and feedback are welcome . . .***

## Author's correspondence information:

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Office: 352-521-1544



“NOWHERE”, NEW MEXICO, 1994