

The Lifesaving 12 Lead ECG Part 1

Presented by:

Wayne W Ruppert, CVT, CCC, NREMT-P

Welcome !

Wayne Ruppert – Bio:

- 1978 First Responder (EMR Equivalent)
- 1980 EMT Pennsylvania
- 1982 1996 Paramedic (PA, NREMT, VA, FL)
- 1996 2012 Interventional Cardiovascular Technologist, Cardiac Cath Lab & Electrophysiology (EP) Lab
- 2012 2023 Cardiovascular Accreditations Regional Director, Bayfront Hospitals
 DDESENT: ALS Coordinator ModElect
- PRESENT: ALS Coordinator, MedFleet



54 γ/o male CAO x 4, anxious and restless. Clutching chest. Skin ashen, diaphoretic, cold C/O "susternal chest pressure" x 1 hour.



54 y/o male CAO x 4, anxious and restless. Clutching chest. Skin ashen, diaphoretic, cold C/O "susternal chest pressure" x 1 hour.







Paramedics Christ Megoulas and Wayne Ruppert, 2024 -- both still active – (but off duty, for this pic, LOL)!

- Systematics



Wayne Ruppert and Dr. James Irwin, St Joseph's Hospital, Tampa, 7/29/2004



Cardiac Cath Lab Advantage:



Correlation of ECG leads with SPECIFIC cardiac anatomic structures.

Electrophysiology Lab Case Studies



EP Catheters within the heart used for obtaining the <u>Electrogram</u> (the "internal ECG") Tracing and for Pace-mapping, an integral component of an EP study Author Wayne Ruppert conducting Pacemapping during EP study at the St Joseph's Hospital Heart Institute, Pediatric Electrophysiology Program, Tampa, FL in 2004

<u>The electrogram - the internal ekg</u>

THE ELECTROPHYSIOLOGY (EP) LAB









There is NO paper handout today.. You can DOWNLOAD this full PowerPoint and many other ECG resources at:

www.ECGtraining.org





There are multiple applications for the 12 Lead ECG, just as there are multiple facets for learning how to interpret 12 Lead ECGs. This course focuses on ECG diagnostic indicators of:

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- Acute Coronary Syndromes
 - STEMI
 - NSTEMI
 - Unstable Angina
 - Low Risk Chest Pain

There are multiple applications for the 12 Lead ECG, just as there are multiple facets for learning how to interpret 12 Lead ECGs. This course focuses on ECG diagnostic indicators of:

- Acute Coronary Syndromes
- Sudden Arrhythmia Death Syndromes (SADS)
 - Long QT Syndrome (LQTS)
 - Brugada Syndrome (BrS)
 - Hypertrophic Cardiomyopathy (HCM)
 - Arrhythmogenic Right Ventricular Dysplasia (ARVD)
 - Catecholinergic Polymorphic Ventricular Tachycardia (CPVT)
 - Wolff-Parkinson-White (WPW) Syndrome

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This course DOES NOT include many "traditional ECG course contents," such as Fascicular Blocks, Chamber Hypertrophy, & other "less lethal cardiac abnormalities." Our 3 day course covers all of this and more.

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 Case Studies from Cardiac Catheterization and Electrophysiology Labs, 1996 – Present

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 - ACC/AHA Guidelines
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 - ACC/AHA Guidelines
 - New England Journal of Medicine
- Two peer reviewed, published textbooks

In the CARDIAC CATHETERIZATION LAB, we read our patients' 12 Lead ECGs and then evaluate their coronary arteries and ventricular function during angiography. Stated in plain English, we rapidly learn how to correlate 12 lead ECG findings with what's really going on inside our patients' hearts. Seeing ECGs from this perspective adds a new dimension to understanding the complex pathophysiologies of cardiovascular disease.

This book prepares you to:

- INTERPRET 12 Lead ECGs.
- ASSIMILATE DATA derived from the 12 Lead ECG into a comprehensive patient evaluation process
 designed to maximize diagnostic accuracy, while taking into consideration the 12 Lead ECGs inherent
 LACK of SENSITIVITY and SPECIFICITY.
- IDENTIFY 13 PATTERNS associated with myocardial ischemia and infarction, including the most subtle ECG changes often missed by clinicians and the ECG machine's computerized interpretation software.
- CORRELATE each lead of the ECG with specific regions of the heart and the CORONARY ARTERIAL DISTRIBUTION that commonly supplies it. In cases of STEMI, this knowledge prepares you to ANTICIPATE the FAILURE OF CRITICAL CARDIAC STRUCTURES – often BEFORE THEY FAIL.

For those who need to master essential material quickly, this book has been written with an expedited learning' feature, *designed to make learning as easy as* 1 = 2 = 3;

- 1. READ the YELLOW HIGHLIGHTED TEXT
- 2. STUDY the GRAPHIC IMAGES, PICTURES and ECGs
- 3. CORRECTLY ANSWER the REVIEW QUESTIONS at the end of each section.

This is an invaluable resource for every medical professional who evaluates patients and reads their 12 lead ECGs:

- Fellows In Emergency, Cardiology, and Family Medicine
- Medical Residents
- Veteran Physicians wanting a good review in ACS patient evaluation
- Physician Assistants and Marse Practitioners
- Emergency Department Nurses
- Coronary Care Unit and Cantlac Telemetry Nurses
- Walk-in Clinic Physicians and Nurses
- Paramedica

"I think this book will be a wonderful addition to the textbooks that are already available, with a fresh perspective"

Joseph P. Ornato, MD, FACP, FACC, FACEP

- Professor and Chairman, Department of Emergency Medicine
- Medical College of Virginia/Virginia Commonwealth University - Medical Director, Richmond Ambulance Authority,
- Richmond, Virginia

"This book integrates academic ECG principles with real-world clinical practice by incorporation of well chosen cath lab case studies into its curriculum. This combination lats naders sue patients and their ECGs through the eyes of an experienced cath lab interventionalist, and provides a balanced approach to patient evaluation that compensates for the ECGs interent lack of sensitivity and specificity. I highly recommend this book for all Emergency Medicine and Cardiology Fellows. For experienced clinicians, it's a superh review."

Humberto Coto, MD, FACP, FACC

 Chief of Interventional Cardiology St. Joseph's Hospital Tampa, Florida



Published in 2010. Working on UPDATE.



by Wayne Ruppert

UNIVERSAL ACS PATIENT MANAGEMENT ALGORITHM --- See PAGE ONE ---

Select LEAD SET with HIGHEST ST ELEVATION and open to associated page ...



DOWNLOAD Free version – 40 pages

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To get the most from this class:

 Do not try to write down or memorize every point.

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- For now Simply LISTEN to everything that is said. If it "makes sense," then you're learning.
- In other words, "just go along for the ride."



Don't worry.

This course will be NOWHERE NEAR as much fun as a roller coaster.

Don't worry.

This course will be NOWHERE NEAR as much fun as a roller coaster.

But it will move as fast.
Cardiac A & P "101"...

• Heart structure – basic 4 chambers

FOUR CHAMBERED PUMP



FOUR CHAMBERED PUMP...



FOUR CHAMBERED PUMP...

2 VENTRICLES

PRIMARY JOB:

"PUMP BLOOD TO THE LUNGS AND THE REST OF THE BODY"

WHEN FUNCTIONING PROPERLY, THE ATRIUM SUPPLY **APPROXIMATELY** WHAT PERCENTAGE OF THE **CARDIAC OUTPUT ?**

WHEN FUNCTIONING PROPERLY, THE ATRIUM SUPPLY APPROXIMATELY 10 - 20 % WHAT PERCENTAGE OF THE **CARDIAC OUTPUT ?**

THE CHAMBER MOST IMPORTANT TO KEEPING THE PATIENT ALIVE

(and the ONLY one you can't live without)

IS THE LEFT VENTRICLE WHICH WE WILL REFER TO AS THE PUMP



Cardiac A & P "101"...

- Heart structure basic 4 chambers
- Action Potential of Ventricular Muscle Cells

CARDIAC CELLS AT REST have POSITIVE charged IONS on the OUTSIDE of the cell membrane, and NEGATIVE charged IONS on the INSIDE

Ca++ Na+ Ca++ Na+ Ca++

CI- CI- K+ CI- K+ CI- K+ CI-



Ca++ Na+ Ca++ Na+ Ca++

... when the IONS shift ... that is, the POSITIVE IONS that were on the outside TRADE PLACES with the NEGATIVE IONS that were on the INSIDE



THIS (OF COURSE) IS KNOW AS ... DEPOLARIZATION

WHEN EVERYTHING IS WORKING PROPERLY, THE WAVE OF DEPOLARIZING CELLS CAUSES THE HEART TO CONTRACT, AND PUMP BLOOD TO THE LUNGS AND THE SYSTEMIC CIRCULATION

Ventricular Depolarization:

Is represented by the QRS Complex

QRS Complex = Ventricular Depolarization

... when the IONS shift ... that is, the POSITIVE IONS that were on the outside TRADE PLACES with the NEGATIVE IONS that were on the INSIDE



AFTER DEPOLARIZATION, THE CELLS RELAX. THE IONS RETURN TO THEIR ORIGINAL POSITIONS ---THIS PROCESS IS KNOWN AS **REPOLARIZATION**



Repolarization on the ECG:

- Is represented by the:
 - -J Point
 - -ST Segment
 - -T Wave

J Point, ST Segment & T Wave = Ventricular Repolarization



When ION CHANNELS are MALFORMED, the abnormal channel shape may DELAY the transfer of IONS

.... this can DELAY REPOLARIZATION, which will show on the ECG as "QT Prolongation"



Normal QT Interval

ABNORMAL (prolonged) QT Interval



When ION CHANNELS are MALFORMED, the abnormal channel shape may DELAY the transfer of IONS

.... this can DELAY REPOLARIZATION, which will show on the ECG as "QT Prolongation"



which can lead to Torsades . . . Cardiac Arrest . . . and SUDDEN DEATH



ROUTINE TEST OF ICD ELECTRICAL IMPULSE ADMINISTERED DURING ABSOLUTE REFRACTORY PERIOD -- INDUCES VENTRICULAR FIBRILLATION







Common cause: QTc > 600 ms

- Patients typically have little to no cardiac output when in this rhythm
- TdP may self-terminate or deteriorate into
 VENTRICULAR FIBRILLATION

Cardiac A & P "101"...

- Heart structure basic 4 chambers
- Action Potential of Ventricular Muscle Cells
- Electrical System overview







Sinus node

AV

Right bundle

branch

Left bundle branch

Purkinje fibers

Pacemaker site in the Ventricles: 20 - 40 beats / min









Cardiac A & P "101"...

- Heart structure basic 4 chambers
- Action Potential of Ventricular Muscle Cells
- Electrical System overview
- •Fibrous Skeleton of Heart

THE "SKELETON OF THE HEART"




WOLFF-PARKINSON-WHITE THE NORMAL ECG....



WOLFF-PARKINSON-WHITE EKG CHARACTERISTICS



WOLFF-PARKINSON-WHITE EKG CHARACTERISTICS



WOLFF-PARKINSON-WHITE EKG CHARACTERISTICS





25mm/s 10mm/mV 40Hz 005C 12SL 250 CID: 12

EID:18 EDT: 16:01 17-MAY-1997 ORDER:



25mm/s 10mm/mV 40Hz 005C 12SL 250 CID: 12

EID:18 EDT: 16:01 17-MAY-1997 ORDER:

Patient Profile: Wolff-Parkinson-White:

- Typically Pediatric / Young Adult
- May not know they have it
- May experience episodes of "palpitations" or "Very Fast Heartbeat."
- W-P-W may CAUSE A-fib with RVR. Patients may present with symptoms of "palpitations," "heart racing," "lightheadedness," or "passing out"

Patients with Bypass Tract Physiology (W-P-W) may present with:

Narrow QRS Tachycardia (SVT)

Orthodromic Bypass Tract Tachycardia





- SVT has numerous causes, including
 - Ectopic Atrial Tachycardia
 - AV Nodal Reentrant Tachycardia (Junctional)
 - Orthodromic Bypass Tract Tachycardia (WPW)
- EP study is often needed to diagnose etiology.

Patients with Bypass Tract Physiology (W-P-W) may present with:

- Narrow QRS Tachycardia (SVT)
- Wide QRS Tachycardia (mimics V-tach)

Antedromic Bypass Tract Tachycardia





Patients with Bypass Tract Physiology (W-P-W) may present with:

- Narrow QRS Tachycardia (SVT)
- Wide QRS Tachycardia (mimics V-tach)
- Atrial Fib with RVR and a WIDE QRS

37 y/o male

Chief Complaint: Lightheadedness, Palpitations, Shortness of Breath

HPI: Sudden onset of above symptoms approx. 1 hour ago

PMH: HTN (non-compliant)

37 y/o male

PE: Alert, oriented, restless, cool, pale, dry skin. PERL, No JVD, Lungs clear. Abd soft non tender, Extremities: WNL, no edema

Meds: None, NKDA

VS: BP 106/50, P 180, R 26, SAO2 93%

ST. JOSEPH'S HOSPITAL-

37 yr Male	r e Caucasian	Vent. rate PR interval	180	BPM	WID
Room:OP		QRS duration QT/QTc	148 284/491	ms ms	Abno
Loc:8	Option:16	P-R-T axes	* -77	103	

WIDE QRS TACHYCARDIA – POSSIBLE VT Right bundle branch block PATTERN Abnormal ECG





25mm/s 16mm/107 40Hz 565C 125L 72 CID: J

Physician correctly identified Atrial Fibrillation with Rapid Ventricular Response.

However did NOT identify the Wolff-Parkinson-White component.

Patient was given Diltiazem – promptly converted to -VENTRICULAR FIBRILLATION.

37 y/o male

After the patient was defibrillated, sinus rhythm with good perfusion was restored.

A 12 Lead EKG obtained revealed

ST. JOSEPH'S HOSPITAL-

ROUTINE RETRIEVAL

37 yr Male	Caucasian	Vent. rate PR interval ORS duration	82 132 128	BPM ms	Normal si Ventricul
Room:OP Loc:8	Option:19	QT/QTc P-R-T axes	392/458 77 -44	ms 154	Abnorma

Normal sinus rhythm Ventricular pre-excitation, WPW pattern type A Abnormal ECG



25mm/s 10mm/mV 40Hz 005C 12SL 78 CID: 0

ST. JOSEPH'S HOSPITAL-

37 yr Male	Caucasian	Vent. rate PR interval QRS duration QT/QTc P-R-T axes	180 148	BPM ms ms 103	WIDE Right I Abnor
Room:Ol Loc:8	Option:16		284/491 * -77		

WIDE QRS TACHYCARDIA – POSSIBLE VT Right bundle branch block PATTERN Abnormal ECG



-NOTE IRREGULARITY OF RHYTHM - (SUGGESTIVE of A-FIB -LOOK FOR DELTA WAVES

17 year old male: W-P-W with Afib & RVR



FCG Wave-Mayer http://erg bidmr harvard eru Conwright 2005 Beth Israel Dearchess Med Ct

CHARACTERISTICS of W-P-W with Afib & RVR:

WIDE COMPLEX TACHYCARDIA
IRREGULARLY IRREGULAR R – R INTERVALS !!



NO AV NODAL BLOCKERS (e.g. Adenosine, Calcium CHANNEL BLOCKERST FOR WIDE GOMPLEX THE READES THAT COULD BE ATRIAL FIBRILLATION WITH Pre-Excitation (W-P-W)

Normal Sinus Rhythm



Normal Sinus Rhythm with Wolff-Parkinson White



Atrial Fibrillation



Atrial Fibrillation with Wolff-Parkinson White





Cardiac A & P "101"...

- Heart structure basic 4 chambers
- Action Potential of Ventricular Muscle Cells
- Electrical System overview
- Fibrous Skeleton of Heart
- Pathophysiology of Accessory Bypass Tracts (cause of Wolff-Parkinson-White Syndrome)
- Normal Pressures with Heart and Lungs
- Heart Sounds





"The Cardiac Catheterization Handbook,"

Morton J. Kearn, MD





HEART VALVES



THE ATRIO-VENTRICULAR VALVES

- ARE SECURED TO THE INFERIOR WALL OF THE HEART BY THE PAPILLARY MUSCLES



THE ATRIO-VENTRICULAR VALVES

VULNERABLE TO DAMAGE FROM TISSUE NECROSIS, SUCH AS FROM EXTENSIVE MI.


THE SEMI-LUNAR VALVES

PREVENT BACK-FLOW OF BLOOD AFTER SYSTOLE.

ARE NOT AS VULNERABLE TO DAMAGE FROM MI AS THE AV VALVES.





ABNORMAL EKG CHANGES THAT MAY PRESENT WITH ABNORMAL HEART SOUNDS:

- ACUTE MI
- CHAMBER HYPERTROPHY
- RECENT MI (NECROSIS)
- PERICARDITIS









- NormalHeartSounds
- Murmurs
 systolic
 - diastolic
- Friction Rubs



SCOTT DAVIDSON, RN auscultating heart sounds at St. Joseph's Hospital Heart Institute Tampa, FL

HEART SOUNDS ARE GENERATED BY THE SOUND OF THE HEART VALVES <u>CLOSING</u>.

THERE ARE TWO NORMAL HEART SOUNDS, KNOWN AS: S-1 and S-2

WE OFTEN DESCRIBE THESE HEART SOUNDS AS "LUB - DUP"

S-1 BEGINNING OF SYSTOLE.

SOUND OF THE MITRAL AND TRICUSPID VALVES CLOSING.



S-2 OCCURS AT THE END OF SYSTOLE (THE BEGINNING OF DIASTOLE).

IT IS THE SOUND OF THE AORTIC AND PULMONARY VALVES CLOSING.



MURMUR = "SWOOSH" SOUND CAUSED BY THE SOUND OF TURBULENCE.

S-1 MURMUR SOUNDS LIKE:

"SWOOSH-DUB . . . SWOOSH-DUB . . . SWOOSH-DUB SWOOSH-DUB . . . "

CAUSE OF SYSTOLIC (S 1) MURMUR

DAMAGE TO
 MITRAL and/or
 TRICUSPID
 VALVE(s)

CAUSES REGURGITATION



MOST SYSTOLIC MURMURS CAUSED BY MITRAL VALVE FAILURE.



ACUTE MITRAL VALVE RUPTURE USUALLY OCCURS 7-10 DAYS POST EXTENSIVE MI (e.g.: INFERIOR POSTERIOR LATERAL MI). **ACUTE Mitral Valve REGURGITATION** can be caused by **EXTENSIVE "Multi-Site"** Myocardial Infarction and Necrosis – which results in PAPILLARY MUSCLE **NECROSIS** and **PAPILLARY MUSCLE TEAR.**

Papillary muscles are attached to "multiple surfaces"

A Common Cause of ACUTE MITRAL REGURGITATION is:

"Patients who are 7-10 days POST-**EXTENSIVE MI,"** in cases where the "zone of infarction" is large (e.g. "inferior-posterior-lateral") and there was a delay in PCI resulting in large zone of necrosis.

ATRIO-VENTRICULAR VALVES





Symptoms of Acute Mitral Regurgitation

- SHOCK
- PROFOUND HYPOTENSION
- PINK, FROTHY SPUTUM
- PULMONARY EDEMA
- SYSTOLIC (S1) MURMUR

"SWOOSH – DUB.....SWOOSH – DUB.....SWOOSH – DUB..."

BASIC HEART SOUNDS ASSESSMENT

MURMUR = "SWOOSH" SOUND CAUSED BY THE SOUND OF TURBULENCE.



S-2 MURMUR SOUNDS LIKE:

"LUB-SWOOSH . . . LUB-SWOOSHLUB-SWOOSH LUB-SWOOSH . . . "

CAUSE OF DIASTOLIC (S2) MURMUR

DAMAGE TO
 AORTIC and/or
 PULMONIC
 VALVE(s)

CAUSES REGURGITATION



Chronic Valvular REGURGITATION (Leaky Valve) leads to elevated heart chamber pressures and DILITATION.

Chronic Valvular STENOSIS ("Creaky" Valve) leads to Cardiac Muscle STRAIN and HYPERTROPHY.

BOTH conditions, if untreated, eventually leads to **HEART FAILURE**.

Access University of Washington Department of Medicine

Heart Sound Simulator

PATIENT'S HEMODYNAMIC STATUS

+

SYMPTOMS

+ ECG



HEMODYNAMIC STATUS

- ABCs
- Shock

• SYMPTOMS

- Chest Pain / Pressure
- Other ACS Symptoms
- ECG
 - 12 Lead
 - Single Lead "rhythm strip"

• HEMODYNAMIC STATUS

– ABCs (Airway open? + Breathing? + Pulse?)

Start CPR

Apply ECG – determine rhythm- shockable?
 – SHOCKABLE: V-fib / V-tach / Torsades







Defib 120-200 BiPhasic

- IV Access
- Advanced Airway Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- Amiodarone 300mg OR Lidocaine 1.0 -1.5 mg/kg
 Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- <u>CONTINUE as per ACLS</u>....

Start CPR

Apply ECG – determine rhythm- shockable?
 – SHOCKABLE: V-fib / V-tach / Torsades

Torsades de Pointes . . . the QRS pattern resembles a "TWISTED RIBBON"





CONSIDER using Lidocaine in place of Amiodarone due to the increased possibility of QT PROLONGATION . . . Defib 120-200 BiPhasic

- IV Access
- Advanced Airway Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- Amiodarone 300mg - OR -
- Lidocaine 1.0-1.5 mg/kg
- Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- CONTINUE as per ACLS....

Start CPR

Apply ECG – determine rhythm- shockable?
 – NOT SHOCKABLE: Agonal Rhythm / Asystole / PEA



- Continue CPR
- IV/IO Access
- Advanced Airway
- Epinephrine 1mg IV
- Rule out reversible causes
- CONTINUE as per ACLS....

Start CPR

Apply ECG – determine rhythm- shockable?
 – NOT SHOCKABLE: Agonal Rhythm / Asystole / PEA



if the patient HAS A PULSE with AGONAL COMPLEXES IMMEDIATELY BEGIN TRANSCUTANEOUS PACING you will probably save the patient's life !

- Continue CPR
- IV/IO Access
- Advanced Airway
- Epinephrine 1mg IV
- Rule out reversible causes
- CONTINUE as per ACLS....

- HEMODYNAMIC STATUS
 - ABCs
 - Shock Assessment

SHOCK ASSESSMENT



SHOCK = INADEQUTE TISSUE PERFUSION

- STARTS THE INSTANT YOU SEE PATIENT

- ENDS WHEN YOU REACH THE PATIENT'S SIDE

SHOCK ASSESSMENT

LOC:	ANXIOUS RESTLESS LETHARGIC UNCONSCIOUS	AWAKE ALERT & ORIENTED
SKIN:	PALE / ASHEN CYANOTIC COOL DIAPHORETIC	NORMAL HUE WARM DRY
BREATHING:	TACHYPNEA	NORMAL
PULSE:	WEAK / THREADY TOO FAST or SLOW	STRONG
STATUS:	SHOCK SK	NORMAL

SHOCK is the CORRIDOR to DEATH



SHOCK – FIND CAUSE . . .

- HYPOVOLEMIC (internal or external bleeding)
- OBSTRUCTIVE (PE / tamponade)
- PSYCHOGENIC (sudden fear self-correcting)
- NEUROLOGICAL (spinal injury)
- INSULIN (hypoglycemia)
- SEPTIC (systemic infection)
- CARDIOGENIC (abnormal heart rate or contractility)

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CARDIOGENIC (abnormal heart rate or contractility)

*Initial Patient Workup:

- Determine CHIEF COMPLAINT
- STAT 12 Lead ECG (if indicated)
- Continuous ECG Monitoring
- Vital signs
- Verbal history
- O2 (if indicated)
- IV (if indicated)

* Appropriate order of events varies based on a case-by-case basis

*Initial Patient Workup:

- Determine CHIEF COMPLAINT
- STAT 12 Lead ECG (if indicated)
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Integrated ECG:

- HEMODYNAMIC STATUS
 - ABCs
 - Shock
- SYMPTOMS
 - Chest Pain / Pressure

Integrated ECG:

- HEMODYNAMIC STATUS
 - ABCs
 - Shock
- SYMPTOMS
 - Chest Pain / Pressure = STAT 12 LEAD ECG !!!

(within 10 minutes) !!

CHIEF COMPLAINT

KEY WORDS:

"CHEST: PAIN / HEAVINESS / PRESSURE/ FUNNY FEELING IN," etc.

SHORTNESS BREATH

DIZZINESS / LIGHTHEADEDNESS

ETC. ETC. ETC.

SYMTOMS OF MYOCARDIAL INFARCTION:

1. CHEST PAIN:

- Substernal can radiate to neck, shoulders, jaw, L or R arm
- Pain described as "Dull Pain" or "Pressure" or "Heaviness" but can be sharp
- Usually NOT effected by DEEP INSPIRATION, POSITION, or MOVEMENT

SYMTOMS OF MYOCARDIAL INFARCTION:

 CHEST PAIN
 SHORTNESS OF BREATH May or may not be present.

SYMTOMS OF MYOCARDIAL INFARCTION:

- 1. CHEST PAIN
- 2. SHORTNESS OF BREATH
- 3. NAUSEA
 - May or may not be present

SYMTOMS OF MYOCARDIAL INFARCTION:

- 1. CHEST PAIN
- 2. SHORTNESS OF BREATH
- 3. NAUSEA
- 4. COLD, CLAMMY, PALE SKIN and other signs of hypoperfusion may be present

- - - "Classic Symptoms" - - -

QUICK ASSESSMENT "SHORT FORM"

- SUBSTERNAL CHEST PAIN (HAVE PATIENT POINT TO WORST PAIN)
- DESCRIBED AS "DULL PAIN," "PRESSURE," or "HEAVINESS"
- DOES NOT CHANGE WITH DEEP BREATH

Integrated ECG:

HEMODYNAMIC STATUS

- ABCs
- Shock
- SYMPTOMS
 - Chest Pain / Pressure
 - Other ACS Symptoms

Integrated ECG:

- HEMODYNAMIC STATUS
 - ABCs
 - Shock
- SYMPTOMS
 - Chest Pain / Pressure
 - Other ACS Symptoms = STAT 12 LEAD ECG !!!
 - (within 10 minutes)!!

ATYPICAL SYMPTOMS of ACS

???

Acute MI patients who present without chest pain^{*} are SHREWD:

Stroke (previous history of) Heart failure (previous history of) Race (non-white) Elderly (age 751) Women Diabetes mellitus * The information listed in the table to the immediate left resulted from a study conducted by John G. Canto, MD, MSPH, et. al., of the University of Alabama. The study consisted of 434,877 patients diagnosed with AMI between 1994 and 1998 in 1,674 US hospitals. Study results were published in the Journal of the American Medical Association (JAMA) on June 28, 2000, Vol. 283, No. 24, pages 3223-3229

Common atypical complaints associated with AMI without chest pain include:

Malaise (weakness) Indigestion Nausea Dizziness Syncope

Fatigue Abdominal pain Cold sweats Elevated heart rate Dsypnea

BOOK PAGE: 70

Effect of Having Multiple Risk Factors for AMI Without Chest Pain



NUMBER OF RISK FACTORS PRESENT

RISK FACTORS INCLUDE: Stroke (previous), Heart failure (previous), Race (non-white), Elderly (age 75+), Women, Diabtetes

DATA SOURCE: J. CANTO, MD, MSPH, et al, JAMA 2000; 283: 3223 - 3229

Integrated ECG:

HEMODYNAMIC STATUS

- ABCs
- Shock

SYMPTOMS

- Chest Pain / Pressure
- Other ACS Symptoms
- ECG
 - 12 Lead
 - Single Lead "rhythm strip"

- The 12 Lead ECG has been ordered
- Meanwhile we'll hook the patient to the ECG monitor

THE EKG MACHINE

STANDARD 12 LEADS - USES 10 WIRES (6 CHEST and 4 LIMB)

- I, II, III, and V1, V2, V3, V4, V5, V6 EACH CONSIST OF:

THE POSITIVE ELECTRODE



IS THE "EYE" . .



CURRENT MOVING TOWARD THE EYE (POSITIVE ELECTRODE)



RECORDS AN "UPWARD" DEFLECTION



CURRENT MOVING AWAY FROM THE EYE (POSITIVE ELECTRODE)



RECORDS A "DOWNWARD" DEFLECTION

Traditional ECG Monitoring Lead Placement:



New (2014) Guideline Suggested ECG Monitoring Lead Placement



Traditional Continuous ECG Monitoring Lead: V1



New (2014) Guideline Suggested ECG Monitoring Leads: V2 or V3



Why not V1 ?



Why not V1 ? (often won't see STEMI !)



If you were only monitoring Leads II and V1, you would NOT detect this patient's STEMI !!

Why not V1 ? (may not detect critical QTc)



 We've established continuous ECG monitoring and we assess the rhythm . . .

• Heart Rate:

-Should be between 50-150

• Heart Rate:

-Should be between 50-150

DECREASED CARDIAC OUTPUT may be present when heart rate is:

- LESS THAN 50

- GREATER THAN 150

- Heart Rate
 - TOO SLOW (less than 50) with signs of shock:
 - SPEED UP THE HEART RATE
 - (follow ACLS and Protocols)



- **Usual treatment:**
- Atropine
- Pacemaker

Bradycardias & Heart Block

- There are several ECG Rhythms seen with "BRADYCARDIA"
- While you should be able to distinguish each rhythm, what is MORE IMPORTANT is that you simply "identify when the heart rate being TOO SLOW is causing the patient to be symptomatic (SHOCK) and that you. . .
- KNOW how to treat it.

- Heart Rate
 - TOO FAST (greater than 150) with signs of shock:
 - SLOW the heart rate
 (follow ACLS and Protocols)



Usual treatment: - Synchronized Cardioversion

Tachycardias

- Is the patient STABLE or UNSTABLE?
- QRS narrow or wide ???
 - Narrow = "not greater than 120 ms" (3 mm)
 - Wide = "greater than 120 ms (3 mm)

ALL UNSTABLE TACHYCARDIAS:

- SYNCHRONIZED CARDIOVERSION
 - As per agency PROTOCOL and/or ACLS
 - NARROW tachycardias = less initial energy
 - WIDE QRS tachycardias AND A-fib RVR = higher initial energy

ACLS TACHYCARDIA GUIDELINES



THIS RHYTHM IS: SINUS TACHYCARDIA



WE MUST CONSIDER UNDERLYING CAUSES :

ANXIETY/FEAR

AND TREAT THEM :

\rightarrow CALM PATIENT

HYPOVOLEMIA DEHYDRATION BLOOD LOSS

→ FLUID S
→ STOP BLEEDING
→ CONSIDER MEDICAL Tx
→ IDENTIFY & Tx DISORDER
RHTHYM CLUES



SVT is usually PAROXSYMAL -- ie: has a SUDDEN ONSET.

SINUS TACHYCARDIA usually has a "ramp - up " and "ramp - down " period -- a gradual change in HEART RATE.

THIS RHYTHM IS: SUPRAVENTRICULAR TACHYCARDIA (SVT)



MAIN IDENTIFICATION CHARACTERISTIC(S): HEART RATE TOO FAST, USUALLY > 150. P WAVES MAY BE "BURIED" IN THE PRECEDING T WAVES. Pt USUALLY C/O "SUDDEN ONSET of HEART RACING," or "PALPITATIONS."

TREATMENT / INTERVENTIONS :





MAIN IDENTIFICATION CHARACTERISTIC(S):

RATE -----RHYTHM ------P-R INTERVAL -----P: QRS RATIO ------QRS INTERVAL -----



MAIN IDENTIFICATION CHARACTERISTIC(S): WIDE QRS COMPLEXES (> 120 ms) HR USUALLY BETWEEN 150 - 200; ALL QRS COMPLEXES APPEAR SAME IN SHAPE and DEFELCTION; IF P WAVES SEEN, DISASSOTIATED w/ QRS

RATE	> 100 (usually 150 - 200)
RHYTHM	REGULAR
P-R INTERVAL	N/A
P: QRS RATIO	N/A
QRS INTERVAL	> 120 ms

V-Tach

- NO PULSE Follow Protocols / ACLS for "V-Fib / V-Tach"
- PULSE but UNSTABLE Synchronized Cardioversion
- STABLE Give MEDS as per Protocols / ACLS

THIS RHYTHM IS: POLYMORPHIC V - TACH



MAIN IDENTIFICATION CHARACTERISTIC(S): WIDE QRS COMPLEXES, MULTIPLE SHAPES AND FORMS, POSITVE AND NEGATIVE DEFLECTIONS, APPEARS TO ROTATE BETWEEN NEGATIVE AND POSITIVE (TWISTING OF POINTS)

RATE	200 - 300
RHYTHM	VARIES
P-R INTERVAL	N/A
P: QRS RATIO	N/A
QRS INTERVAL	VARIES

ECG Characteristics of TdP: The QRS Pattern of *Torsades de Pointes*

resembles



a piece of Twisted Ribbon !







DO NOT give PROCAINAMIDE, AMIODARONE, or SOTALOL to patients with TORSADES or POLYMORPHIC VT !!!

QTc Values:

Too Short:	< 390 ms
Normal	
-Males:	390 - 450 ms
-Females:	390 - 460 ms
Borderline High	
-Males:	450 - 500 ms
-Females:	460 - 500 ms
High (All Genders): 500 - 600 ms
Critical High	
(associated with T	[dP): 600 + ms

Reg Provider: Rafael Santiago-Ap







- Heart Rate TOO SLOW or TOO FAST
 - Wide QRS
 - Narrow QRS









• Heart Rate:

-Should be between 50-150

- Heart Rate:
 - -Should be between 50-150
- Decreased Contractility: – STEMI / Acute Coronary Syndrome (vascular)



- Heart Rate:
 - -Should be between 50-150
- Decreased Contractility:

 STEMI / Acute Coronary Syndrome (vascular)
 Myocarditis (muscle dysfunction)

- Heart Rate:
 - -Should be between 50-150
- Decreased Contractility:

 STEMI / Acute Coronary Syndrome (vascular)
 Myocarditis (muscle dysfunction)
 Often mimics STEMI on the ECG. Often
 "challenging" for advanced practitioners to diagnose.

Initial Patient Workup:

• If patient has ANY symptoms of ACS, get a

STAT 12 Lead ECG

EMS 12 Lead ECG



In-Hospital 12 Lead ECG



10 wires . . .

- 4 limb leads
- 6 chest ("V") leads





EKG PAPER - THE VERTICAL AXIS:

- SMALL BOXES =
 1mm SQUARES —
- THE VERTICAL
 AXIS REPRESENTS
 AMPLITIUDE
 (VOLTAGE)
- IN VERTICAL
 DIRECTION, THERE
 ARE 5 SMALL
 BOXES IN EACH
 LARGE (5mm) BOX
- 1 mv CALIBRATION SPIKE = 10 mm ——



EKG PAPER - THE HORIZONTAL AXIS:

THE HORIZONTAL AXIS REPRESENTS TIME...

STANDARD SPEED FOR RECORDING ADULT EKGs = 25 mm / SECOND

EACH 1mm BOX = .04 SECONDS, or 40 MILLISECONDS (40 ms)

5 SMALL BOXES = .20 SECONDS, or 200 MILLISECONDS (200 ms)



If you're going to use your ECG monitor to evaluate the patient's:

- J Points
- ST Segments
- T Waves

It MUST be in the "DIAGNOSTIC" mode

(Not the normal "Monitoring" mode)......





MONITOR mode bandwidth: 1.0 – 30 Hz

DIAGNOSTIC mode bandwidth: 0.5 - 40 Hz

MONITOR mode bandwidth: 1.0 – 30 Hz

DIAGNOSTIC mode bandwidth: 0.5 - 40 Hz

A 12 Lead ECG is ALWAYS recorded in "DIAGNOSTIC Mode"

Obtaining the 12 Lead ECG



STANDARD LEAD PLACEMENT ---12 LEAD ECG

4 th INTERCOSTAL SPACE

V4 is at 5th INTERCOSTAL SPACE. V5 & V6 are on the SAME HORIZONTAL PLANE.

- PATIENT SHOULD LAY AS FLAT AS POSSILVE
- LIMB LEADS SHOULD BE PLACED AS DISTALLY AS POSSIBLE

Leads V1 & V2 on 12 Lead ECG:

- Proper lead placement of precordial Leads V1 and V2 are 4th intercostal space on opposite sides of the sternum.
- Incorrect placement of Leads V1 and V2 will result in: reduction of R wave amplitude (resulting in poor R wave progression) leading to misdiagnosis of previous anterior / septal infarction.

CORRECT Lead placement:





COVIDIEN Kendall

HEF 30768678

INCORRECT Lead placement:





AHA/ACC/HRS Scientific Statement

Recommendations for the Standardization and Interpretation of the Electrocardiogram Part I: The Electrocardiogram and Its Technology

1 1

the often profound alterations in waveforms that can result from precordial electrode misplacement.^{85,86} A common error is superior misplacement of V_1 and V_2 in the second or third intercostal space. This can result in reduction of initial **R**-wave amplitude in these leads, approximating 0.1 mV per interspace, which can cause poor R-wave progression or erroneous signs of anterior infarction.⁸⁷ Superior displacement of the V_1 and V_2 electrodes will often result in rSr' complexes with T-wave inversion, resembling the complex in lead aVR. It also has been shown that in patients with low diaphragm position, as in obstructive pulmonary disease,^{88,89}

Correct Lead Placement



Incorrect Lead Placement


CORRECT Lead placement:



What part of the HEART does each lead SEE ?

THE POSITIVE ELECTRODE



IS THE "EYE" . . .



AREAS VIEWED by 12 LEAD ECG



II, III, AVF

THE POSITIVE ELECTRODE

IS THE "EYE" . . .

Lead AVR Views the BASILAR SEPTUM (region of the Bundle of His)





LEADS I and aVL VIEW the LATERAL - ANTERIOR WALL



V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE



V1, V2 - ANTERIOR / SEPTAL V3, V4 - ANTERIOR



HOW EKG VIEWS INDICATIVE CHANGES



STEMI

ST Segment Elevation Myocardial Infarction.





via RECIPROCAL CHANGES.

ST Depression in Leads V1 – V4:



Direct view of ISCHEMIA (anterior wall)





- Direct view of ISCHEMIA (anterior wall)
- Direct view of NSTEMI (anterior wall)

Non-STEMI (NSTEMI)

Non-ST Segment Elevation Myocardial Infarction. "sub-endocardial MI" . . . "partial wall thickness"







- Direct view of ISCHEMIA (anterior wall)
- Direct view of NSTEMI (anterior wall)
- Reciprocal view of STEMI (opposite side of heart - posterior wall)

HOW EKG VIEWS RECIPROCAL CHANGES



HOW EKG VIEWS INDICATIVE CHANGES



HOW EKG VIEWS RECIPROCAL CHANGES



If we put ECG leads on the BACK of a PATIENT who is having an ACUTE POSTERIOR WALL MI....



V5 - V6 VIEW THE LATERAL WALL of the LEFT VENTRICLE



LEADS II, III, and aVF VIEW INFERIOR WALL of the LEFT VENTRICLE





AREAS VIEWED by 12 LEAD ECG

AVR	BASILAR SEPTAL

AVL, I LATERAL ANTERIOR

V1, V2 ANTERIOR

SEPTAL

POSTERIOR (recip.)

V3, V4	ANTERIOR

V5, V6 LATERAL

II, III, AVF INFERIOR



THE CORONARY









to understanding the PHYSIOLOGICAL CHANGES that occur during ACUTE MI."

"INVALUABLE ASSET for ALL MEDICAL PROFESSIONALS who provide direct care to STEMI patients !"

The 12 Lead ECG becomes your "erystal ball !!"



INTERPRET THE EKG, THEN:

IDENTIFY THE AREA OF THE HEART WITH A PROBLEM . . . RECALL THE ARTERY WHICH SERVES THAT REGION . . . RECALL OTHER STRUCTURES SERVED BY THAT ARTERY ... ANTICIPATE FAILURE OF THOSE STRUCTURES . . . • INTERVENE APPROPRIATELY !

V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE



V1, V2 - ANTERIOR / SEPTAL V3, V4 - ANTERIOR



Which Coronary Artery typically Supplies the ANTERIOR WALL? 267





cutaway view of the

LEFT ANTERIOR DESCENDING ARTERY (LAD)

SUPPLIES APPROX. 35 - 45% of the LV MUSCLE MASS





LEFT ANTERIOR DESCENDING ARTERY (LAD)

BUNDLE OF HIS
BUNDLE BRANCHES ()
35 - 45 % OF LV MUSCLE MASS
ANTERIOR WALL
SEPTAL WALL (anterior 2/3)



via RECIPROCAL CHANGES.



POSTERIOR WALL BLOOD SUPPLY



V5 - V6 VIEW THE LATERAL WALL of the LEFT VENTRICLE



Which Coronary Artery typically Supplies the LATERAL WALL? 276


cutaway view of the

CIRCUMFLEX ARTERY (CX) DISTRIBUTION

SUPPLIES 20 - 30 % of the LV MUSCLE MASS





LEADS I and aVL VIEW the LATERAL - ANTERIOR WALL





OCCLUSION of OBTUSE MARGINAL ARTERY



OCCLUSION of RAMUS ARTERY



OCCLUSION of DIAGONAL ARTERY



46 yr	Vent. rate	109	BPM
Female	PR interval	132	ms
	QRS duration	82	ms
Room:ER	QT/QTc	346/465	ms
	P–R–T axes	60 11	-32

Sinus tachycardia

Left ventricular hypertrophy with repolarization abnormality

ST elevation consider lateral injury or acute infarct

*** ** ** ** * ACUTE MI ** ** **



ST Segment elevation ONLY in Leads I and aVL

ST SEGMENT ELEVATION

ST Elevation isolated to Leads I and aVL - usually indicates the "Culprit Artery" is most likely One of the following:

- RAMUS BRANCH
- 1st DIAGONAL off of LAD
- 1st OBTUSE MARGINAL off of CIRCUMFLEX







Lead AVR Views the BASILAR SEPTUM (region of the Bundle of His)





When LEAD AVR shows ST Elevation: **STEMI:** consider occlusion of the Left Main Coronary Artery.



OCCLUSION of the LEFT MAIN CORONARY ARTERY



TOTAL OCCLUSION of the LEFT MAIN CORONARY ARTERY

The LEFT MAIN CORONARY ARTERY

SUPPLIES 75 - 100 % of the LEFT VENTRICULAR MUSCLE MASS



When LEAD AVR shows ST Elevation: **STEMI:** consider occlusion of the Left Main Coronary Artery.

When LEAD AVR shows ST **Elevation**: **NSTEMI** and **Unstable Angina** consider LMCA **Occlusion – or TRIPLE VESSEL DISEASE**

In patients without STEMI, ST **Elevation in AVR, when seen** with global indications of ischemia (ST Depression in 8 leads or more), is indicative of advanced multi-vessel disease or significant Left Main **Coronary Artery stenosis**



67 yr		Vent. rate	67	BPM	
Female	Hispanic	PR interval	188	ms	
		QRS duration	106	ms	
Room:S7		QT/QTc	458/483	ms	
Loc:3	Option:23	P-R-T axes	27 -3	-111	

ST SEGMENT ELEVATION

ST SEGMENT DEPRESSION



GLOBAL ISCHEMIA

- ST Elevation Lead aVR
- ST Depression in 8 or more other Leads
- Indicates either SUB-TOTALLY OCCLUDED LEFT MAIN CORONARY ARTERY – or – TRIPLE VESSEL DISEASE.
- MOST PATIENTS WITH THIS ECG PRESENTATION REQUIRE OPEN HEART SURGERY.

Critical Triple Vessel Disease = STAT Coronary Artery Bypass Surgery



RIGHT CORONARY ARTERY filling retrograde via COLLATERAL ARTERIES.

COLLATERAL CIRCULATION from SEPTAL PERFORATORS to RCA DISTRIBUTION.



SUB-TOTAL OCCLUSION IF CIRCUMFLEX ARTERY.

cutaway view of the

LEFT MAIN CORONARY ARTERY (LMCA)

GP SUPPLIES APPROXIMATELY 75% OF LV MUSCLE MASS



LEADS II, III, and aVF VIEW INFERIOR WALL of the LEFT VENTRICLE



Which CORONARY ARTERY usually supplies the INFERIOR WALL ??



– 🕺 — 🔶 HELPFUL HINT ... MEMORIZE THIS I 🛛 🔶 🕺 **RIGHT CORONARY ARTERY (RCA) RIGHT DOMINANT** SYSTEMS RIGHT ATRIUM SINUS NODE (55% of the population) RIGHT VENTRICLE - 100 % of muscle mass LEFT VENTRICLE: 15 - 25 % of muscle mass - INFERIOR WALL - approx. 1/2 of POSTERIOR WALL AV NODE

DOMINANT RIGHT CORONARY ARTERY - Most common arterial anatomy (75-80% of population) So if the Right Coronary Artery Is DOMINANT in 75 – 80% of the POPULATION, what accounts for the Other 20 – 25% ??







LEADS II, III, aVF



Pat ID			01/20/2021 07:46:46 08/17/1955 65 yrs		Bayfront Health Dept	Seven Rivers ED ED
RX DX				Account #	Room Tech	EDWR mg
Rate		54	Sinus or ectopic atrial rhythm		Req Provider:	Xandus Chen
PR		329	Atrial premature complex			
QRSd		139	Prolonged PR interval			
QT		437	Nonspecific intraventricular condu	tion delay		
QTc		415	Inferoposterior infarct, acute (LC	c)		
	Axis		Anterolateral infarct, acute			
P		-83	Baseline wander in lead(s) V3,V4			
QRS T		80 77	NO PREVIOUS ECG AVAILABLE FOR COMP	ARISON		

- Abnormal ECG -



CIRCUMFLEX ARTERY (CX)

- NON-DOMINANT CX: CX = 15 - 30% OF LV MASS

- DOMINANT CX:

CX = 15 - 30% OF LV MASS + PDA = 15 - 25% OF LV MASS TOTAL 30 - 55% OF LV MASS



Normal sinus rhythm Normal ECG No previous ECGs available



The 12 Lead ECG Has TWO major BLIND SPOTS **The POSTERIOR WALL**

&

RIGHT



When do we need to see the Right Ventricle?

 All Patient with INFERIOR WALL STEMI (ST Elevation in Leads II, III, aVF).
When you see an EKG with ST Elevation in Leads II, III and AVF (Inferior Wall STEMI) – you cannot tell if the blockage is in the PROXIMAL RCA – or the DISTAL RCA.





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To see the RIGHT VENTRICLE ...

... such as in cases of INFERIOR WALL M.I.

You must do a RIGHT - SIDED EKG!





To do a RIGHT - SIDED EKG . .

MOVE leads V4, V5, and V6

to the corresponding placement on the RIGHT SIDE of patient's chest...

V4R - V6R VIEW THE RIGHT VENTRICLE







SA NODAL



When do we need to see the Posterior Wall?

When do we need to see the Posterior Wall?

 Any time a patient presents with symptoms of ACS and the 12 Lead ECG shows ST Depression in Leads V1, V2, V3 and/or V4.

Pat ID		2019 22:07:54 46 yrs	Caucasian Female	Bayfront Health Seven Rivers ED Dept ED		
RX DX			Account #		Room Tech	LDC
Rate	131	Sinus tachycardia			Req Provider:	CHARLES NOLES
PR	128	Probable inferior infarct	, old			
QRSd	92	Posterior infarct, acute	(LCx)			
QT	317	ST depression V1-V3, sug	gest recording posterion	leads		
QTc	468	NO PREVIOUS ECG AVAILABL	FOR COMPARISON			
Axis						
P	65					
QRS	83					
т	132					

- Abnormal ECG -



Whenever you see **STDEPRESSION** in Leads V1 - V4

you must do a **POSTERIOR LEAD ECG** (V7 - V9)

to see if you Patient is having a POSTERIOR WALL STEM

Whenever your patient's ECG exhibits ST DEPRESSION in any of the ANTERIOR LEADS (V1-V4), CONSIDER the possibility of POSTERIOR WALL STEMI !!

... To DIGANOSE Posterior Wall STEMI, we should see LEADS V7 – V9 !!





HOW TO REPOSITION 6 CHEST LEADS to OBTAIN 3 R VENTRICLE and 3 POSTERIOR LEADS





⇐ The 12 Lead ECG

The 18 Lead ECG \Rightarrow







POSTERIOR WALL MI usually accompanies INFERIOR and/or LATERAL WALL MI !!!

POSTERIOR WALL MI usually accompanies **INFERIOR** and/or LATERAL WALL MI !!! . . . On rare occasions, we see isolated cases of POSTERIOR WALL MI



"ROAD TO FOREVER," Rt 385, Oklahoma panhandle, 1994

PUTTING IT ALL ON PAPER . . .

WAVEFORMS and INTERVALS ...



THE P WAVE

 SHOULD BE UPRIGHT, CONVEX-SHAPED DOME IN ALL LEADS EXCEPT AVR and V1





P Wave Axis

- P waves with abnormal axis ("not pointing in the right direction") may signify ectopic atrial beats.
- When P waves are inverted in most leads with an abnormally short P-R interval (<120ms) the origin of the rhythm may be the AV node (Junctional Rhythm).

Inverted P waves & short P-R interval:



THE P-R SEGMENT



NORMAL P-R INTERVAL



P - R INTERVAL TOO SHORT . . . LESS THAN 120 mSEC

THINK:

ECTOPIC ATRIAL ACTIVITY
PRE-EXCITATION (WPW)
JUNCTIONAL (nearly on top of QRS, possibly inverted)

P - R INTERVAL TOO LONG GREATER THAN 200 mSEC

THINK:

- HEART BLOCK

- MAY BE POSITIVE, NEGATIVE, OR BI- PHASIC, BASED ON THE LEAD VIEWED
- TOTAL WIDTH SHOULD BE LESS THAN 120 ms / or .12



THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS

THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS

THE FIRST DEFLECTION, IF IT POINTS DOWNWARD, IS NAMED THE "Q WAVE"

THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS

THE FIRST POSITIVE DEFECTION IS KNOW AS THE 'R' WAVE

THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS



THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS

R

S

Q

AND IS THE <u>ONLY</u> TRUE "QRS" COMPLEX

SOME OF THE OTHER VARIATIONS INCLUDE ...

WHAT ARE THESE COMPLEXES ??





QRS INTERVAL


QRS COMPLEX TOO WIDE WIDER THAN 120 mSEC

THINK:

- BUNDLE BRANCH BLOCK
 VENTRICULAR COMPEX (ES)
- PACED RHYTHM
- L VENTRICULAR HYPERTROPHY
- **ELECTROLYTE IMBAL.** $(\uparrow K + \downarrow C_a ++)$
- DELTA WAVE (PRE-EXCITATION)

When the QRS is WIDE (> 3mm):

 If you KNOW the Rhythm is originating ABOVE the Ventricles (such as NSR or any Supraventricular Rhythm) – you should determine if the QRS has a RIGHT or LEFT Bundle Branch Block morphology. Normal Sinus and Other "Supraventricular Rhythms" with WIDE QRS (> 120 ms)

 Determine LEFT vs. RIGHT Bundle Branch Block Pattern





Simple "Turn Signal Method" . . .

THE "TURN SIGNAL METHOD" for identifying BUNDLE BRANCH BLOCK

USE LEAD V1 for this technique

To make a **RIGHT TURN**

you push the turn signal lever **UP**....

THINK:

V1

V1

"QRS points UP = RIGHT BUNDLE BRANCH BLOCK"



To make a **LEFT TURN** you push the turn signal lever **DOWN**

THINK:

"QRS points DOWN = LEFT BUNDLE BRANCH BLOCK"



09:16:40

74 yr		Vent. rate	64	BPM
Female	Caucasian	PR interval	188	ms
		QRS duration	152	ms
		QT/QTc	472/486	ms
Loc:7	Option:35	P-R-T axes	78 3	106
		EKG #WD02020050		

Normal sinus rhythm Left bundle branch block Abnormal ECG When compared with ECG of 28–MAY–2003 06:36,

Technician: WW

USE LEAD V1 for this technique



DIAGNOSING BUNDLE BRANCH BLOCK

USING LEADS V1, V2, and V5, V6:

LOCATING RsR' or RR' COMPLEXES:



RIGHT BUNDLE BRANCH BLOCK



LEFT BUNDLE BRANCH BLOCK

From: "Rapid Interpretation of ECGs" by Dale Dubin, MD



MOM and DAD at Lee's Diner, York, PA 2006